2024-2025 HANDBOOK

CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE

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CIACSPORTS.COM | 203.250.1111

CIAC MISSION STATEMENT

THE CIAC BELIEVES THAT INTERSCHOLASTIC ATHLETIC PROGRAMS AND COMPETITION ARE AN INTEGRAL PART OF A STUDENT'S ACADEMIC, SOCIAL, EMOTIONAL AND PHYSICAL DEVELOPMENT. THE CIAC PROMOTES THE ACADEMIC MISSION OF SCHOOLS AND HONORABLE COMPETITION. AS SUCH, THE CIAC SERVES AS THE REGULATORY AGENCY FOR HIGH SCHOOL INTERSCHOLASTIC ATHLETIC PROGRAMS AND EXISTS TO ASSURE QUALITY EXPERIENCES THAT REFLECT HIGH ETHICAL STANDARDS AND EXPECTATIONS FOR FAIRNESS, EQUITY AND SPORTSMANSHIP FOR ALL STUDENT-ATHLETES AND COACHES. THE CIAC PROVIDES LEADERSHIP AND SUPPORT FOR MEMBER SCHOOLS THROUGH THE VOLUNTARY SERVICES OF DEDICATED SCHOOL ADMINISTRATORS, ATHLETIC DIRECTORS, COACHES AND CONSULTANTS.

CONNECTICUT ASSOCIATION OF SCHOOLS

CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE

HANDBOOK

2024-2025

30 Realty Drive
Cheshire, CT 06410
Telephone (203) 250-1111 / Fax (203) 250-1345
Web site – www.casciac.org

Member of the National Federation of State High School Associations

Member of the National Association of Secondary School Principals

Member of the New England Council of Secondary Schools

Member of the Association of Middle Level Education

Member of the National Association of Elementary School Principals

Member of the Council on Standards for International Educational Travel

ATTENTION

CIAC COMMUNICATION PROTOCOL
RULES, REGULATIONS AND INTERPRETATIONS

CIAC member principals and athletic directors are expected to know, understand and communicate the CIAC rules and regulations to their student-athletes, their parents/guardians and to other appropriate school personnel.

The CIAC Board of Control is the official body charged with the responsibility of interpreting its rules and regulations. The CIAC Executive Director or his/her designee(s) will provide official decisions, where appropriate, specific to the CIAC Code of Eligibility to high school principals, assistant principals and athletic directors only. Interpretation of unusual or complex situations must be received in writing from a member school principal and may be reviewed by the CIAC Board of Control. Student eligibility inquiries will be referred to the Eligibility Committee for a ruling. Inquiries to the CIAC office from parents, student-athletes, coaches and the public requesting an interpretation of the rules and regulations will be referred back to the member school principal or his/her designee.

Member school principals and athletic directors are encouraged to call the CIAC to seek clarification on any rule or regulation prior to offering an interpretation to student-athletes, parents or others.

Official interpretations can only be offered by the CIAC Board of Control or the executive staff of CIAC. Principals, athletic directors and coaches should only rely on interpretations given by those persons.

USE OF THIS HANDBOOK

ORGANIZATION

Before each section is a table of contents for that specific section.

Located in the back of this Handbook is an index which lists by topic each item found in the book.

The use of the table of contents before each section and/or the index in the last portion of the Handbook, should aid the reader in locating information quickly.

There are ten sections and appendixes contained in this Handbook and are listed as follows:

Sections

1.0	CAS Constitution
2.0	CIAC Story / By-law Changes
3.0	CIAC By-laws
4.0	Athletic Administration
5.0	Scheduling and Season Limitations
6.0	Eligibility
7.0	Fees and Finance
8.0	National Federation
9.0	Personnel
10.0	Policy Statements

Appendix

A.	CIAC Membership Agreement
B.	CIAC Rules of Eligibility
	Athletes' Rights of Due Process
	Confidentiality
C.	Transfer Waiver Form
D.	Forfeit Form
E.	Grievance Procedures for Section 504 of the Rehabilitation Act of 1973
F.	Cooperative Team Application
G.	Certifications/Coaching Certifications
H.	Heat Illness Form
I.	Sports Participation Figures

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The CAS-CIAC is an Equal Opportunity Employer

Additional copies of Handbook are accessible online @ www.casciac.org

THE CONNECTICUT ASSOCIATION OF SCHOOLS, INCORPORATED
"SERVING SCHOOLS AND PRINCIPALS"
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ARTICLES OF INCORPORATION

CONSTITUTION

2024-25

CAS Mission Statement:

The Connecticut Association of Schools provides exemplary programs and services that promote excellence in the education of all children.

Amended and Restated
Articles of Incorporation and Bylaws of

The Connecticut Association of Schools, Inc.

Revised 5/20

1.0 CAS CONSTITUTION

THE CONNECTICUT ASSOCIATION OF SCHOOLS CONSTITUTION

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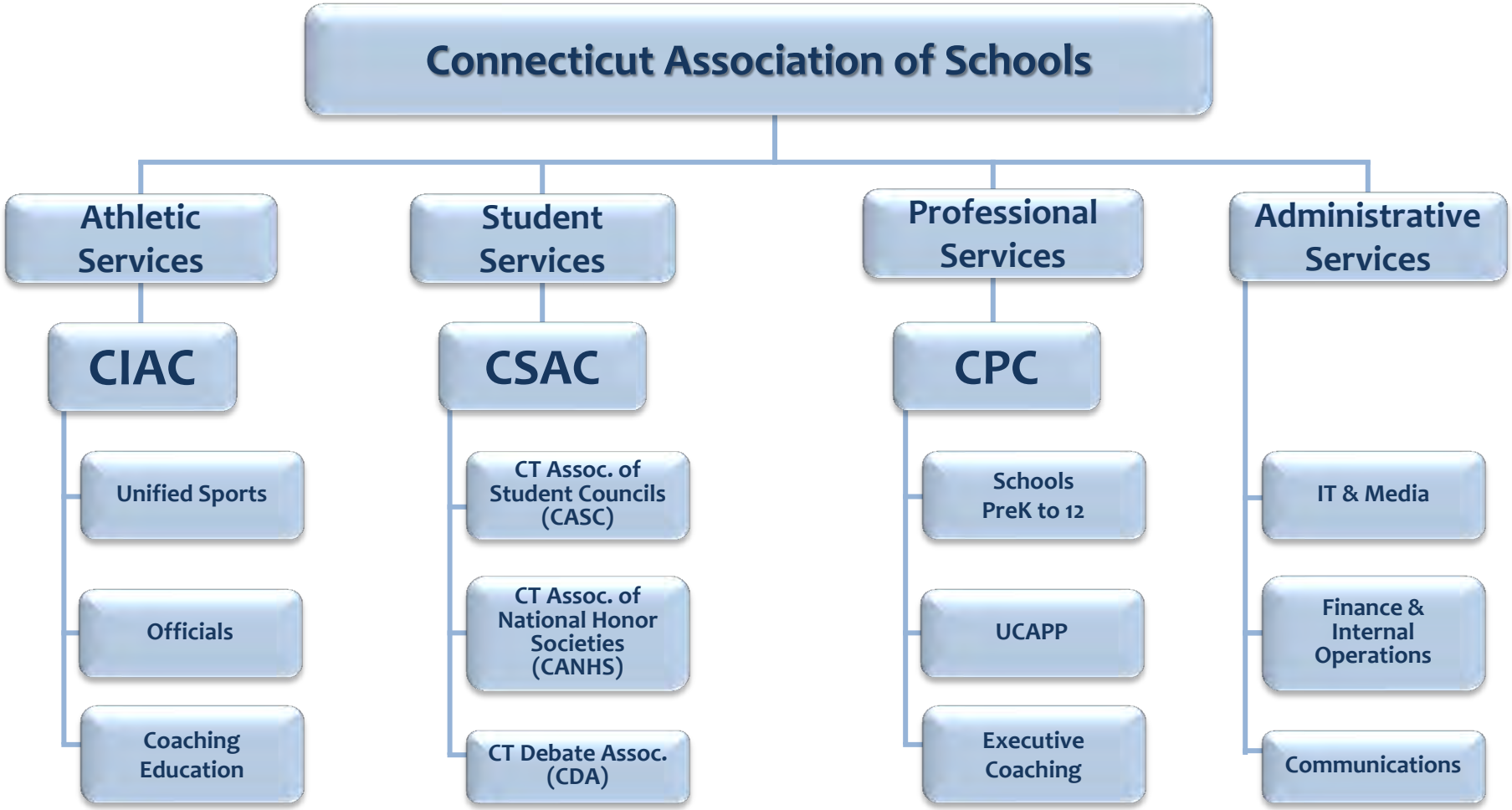
Connecticut Association of Schools Organizational Chart

August 2013



CIAC: Connecticut Interscholastic Athletic Association
CSAC: Connecticut Student Activities Council
CPC: Connecticut Principals' Center

1.0 CONSTITUTION

ARTICLE I – NAME

The name of this corporation shall be The Connecticut Association of Schools, Inc. (CAS). The Constitution of the Connecticut Association of Schools, Inc., as here amended shall be deemed the Article of Incorporation of the Corporation.

ARTICLE II – PURPOSE

Section A. The nature of the activities to be conducted and the purposes to be promoted or carried out by the Association shall be exclusively charitable, scientific, and educational within the meaning of Section 501(c)(3) of the Internal Revenue Code of 1986 (the "Code"), as the same may be amended from time to time, and shall include the following:

1. To advocate for and further the interests of elementary, middle level and high school education through cooperative action; to promote strong educational leadership; to provide leadership for member schools in the areas of curriculum, staff improvement and student learning; to encourage and facilitate worthwhile activities and useful learning experiences for Connecticut youth and recognize and celebrate excellence among students, teachers, administrators, and schools; and to maintain, through appropriate activities, associations, committees, boards of control and properly established organizations of this Association, effective supervision and uniform regulation and control of all inter-school student programs.

2. To engage in any lawful act or activity for which a corporation may be organized under the Non-Stock Corporation Act of the State of Connecticut.

Section B. The Association is non-profit and shall be a non-stock corporation under the Non-Stock Corporation Act of the State of Connecticut.

ARTICLE III – MEMBERSHIP

Section A. Classes of Membership

1. **Class I Institutional Members**

   Any public or non-public elementary, middle level or high school which is approved by the State Board of Education for certification and tuition purposes. Upon approval of its application for membership and payment of dues and assessments established for the purpose, such school shall be admitted to general membership in the Connecticut Association of Schools, provided however, that membership in the Connecticut Interscholastic Athletic Conference (CIAC), while a board of control within the Connecticut Association of Schools, shall be considered separate, requiring an additional application and payment of additional dues and assessments levied by the Connecticut Association of Schools for such membership.

   No school may be considered for membership in the Connecticut Interscholastic Athletic Conference (CIAC) which has not been admitted to general membership in the Connecticut Association of Schools, Inc.

   Principals and assistant principals of member schools shall by virtue of such membership be eligible for membership in one of the three membership levels (elementary, middle and high) within the Connecticut Association of Schools as well as the CAS Center for Leadership and Innovation and shall be eligible for appointment to membership on boards and committees of the Connecticut Association of Schools except as otherwise stipulated in this Constitution.

2. **Class II Members**

   The sole Class II member shall be the Connecticut Schools Corporation or its successor organization. The Class II member shall have the right to vote on amendments to the Constitution and on all fundamental changes of the Connecticut Association of Schools, Inc.

3. **Associate Individual Member**

   The following shall be eligible for non-voting, associate individual membership and may be appointed to committees as non-voting consultants:

   a. Principals of non-member schools which would qualify for institutional membership under Article III, Section A.

   b. Administrative assistants concerned primarily with Connecticut elementary, middle level or secondary education.

   c. Members of departments of education in Connecticut colleges and universities.

   d. Members of the State Department of Education having direct involvement in elementary, middle level or secondary education.

   e. Honorary members as elected by the Connecticut Association of Schools.

   f. Retired principals or assistant principals.

   g. Aspiring principals enrolled in graduate programs in school administration and/or teachers holding administrative certification.

4. **Associate Institutional Members**

   Any public or non-public elementary, middle or high school which is approved by the state board of education for certification and tuition purposes shall be eligible for non-voting associate institutional membership. Upon approval of its application for membership and payment of dues and assessments established for the purpose, such school shall be admitted to limited membership in the Connecticut Association of Schools. Participation for principals, assistant principals and teachers from Associate Institutional Member Schools shall be limited to:

   a. CAS professional development workshops, conferences and seminars at member rates.

   b. CAS committee appointments.

5. **Life Member**

   Any principal of a member school or any associate individual member may be granted non-voting life membership upon retirement by vote of the Legislative Body or by two-thirds vote of the Board of Directors of the Connecticut Association of Schools.

1.0 CONSTITUTION

Section B. Admission to Membership

Schools shall be admitted to membership by a majority vote of either the Board of Directors of the Connecticut Association of Schools or the Legislative Body.

Section C. Termination of Membership

A member school may resign from the Connecticut Association of Schools by submission to the president of written intention to do so.

Section D. Legal Action

1. **Legal Action Against the Association by a Member School**

   Any institutional or associate individual member which initiates legal action to overturn, stay or enjoin the final and binding decision of the Board of Directors of the Connecticut Association of Schools, and is subsequently unsuccessful in seeking such an award will be liable for all costs and attorneys' fees incurred by the Connecticut Association of Schools in defending against such action. Further, should the Connecticut Association of Schools be forced to initiate legal action to collect the aforementioned costs and attorneys' fees, the institutional or individual associate member shall be additionally liable for the Connecticut Association of Schools costs and attorneys' fees resulting from the collection action.

2. **Legal Expenses Incurred by the Association in Due Process Proceedings**

   Any institutional or individual associate member which, in the exercise of due process, employs legal counsel to initiate and/or conduct hearing procedures which then require a board of control or the Board of Directors of the Connecticut Association of Schools to engage legal counsel to assist in or moderate procedures or to defend an action of a board of control or the Board of Directors of the Connecticut Association of Schools, and is subsequently unsuccessful in its attempt to overturn, alter or stay a ruling of a board or association, shall be liable for all costs and attorneys' fees incurred by an association or board in the matter at issue. Further, should the Connecticut Association of Schools be forced to initiate legal action to collect the aforementioned costs and attorneys' fees, the institutional or individual associate member shall be additionally liable for the Connecticut Association of Schools costs and attorneys' fees resulting from the collection action. Notwithstanding other costs as otherwise described in this article, no student or legal guardian shall be assessed any legal fees or costs incurred by the Board of Directors of the Connecticut Association of Schools or a board of control for any appeal initiated by and processed by an individual student or individual legal guardian.

Section E. The BULLETIN the Official Organ of the Connecticut Association of Schools

The Board of Directors, through the central office of the Connecticut Association of Schools, shall cause to be prepared periodically through the school year and distributed to both institutional and individual associate members of the Connecticut Association of Schools, and to other recipients as determined by the Board of Directors, an official publication of the Connecticut Association of Schools which shall be known as THE BULLETIN, subscription to which shall be a benefit of membership.

1.0 CONSTITUTION

ARTICLE IV – ORGANIZATION

Section A. Governance Structure

The Connecticut Association of Schools shall be comprised of three divisions: Division of Student Services, Division of Administrative Services, and Division of Professional Services. Each division shall be comprised of various boards, committees and/or associations which perform those duties and responsibilities necessary to carry out the objectives of the division. These divisions shall be governed by boards of control which, in turn, shall be governed by the Board of Directors of the Connecticut Association of Schools.

1. **Division of Student Services**

    a. **Purpose**. The Division of Student Services shall be responsible for all programs and activities which directly serve and/or further the interests of member school students. Such programs and activities include, among others, interscholastic athletics, non-athletic student activities, leadership and educational programs, and recognition programs.

    b. **Composition**. The Division of Student Services shall be comprised of the Connecticut Interscholastic Athletic Conference and the Connecticut Student Activities Conference which, in turn, shall be comprised of and work in conjunction with various boards, committees and/or associations which perform those duties and responsibilities necessary to carry out the objectives of the division.

2. **Division of Administrative Services**

    a. **Purpose**. The Division of Administrative Services shall encompass all those activities and services which are necessary for the overall operation of the Connecticut Association of Schools but which do not directly relate to student or professional development services. Such activities and services shall include, among others, communications and publications; internal operations; financial development; and governance and legislative activities.

    b. **Composition**. The Division of Administrative Services shall include Communication and Information Services; Finance and Internal Operations, the Financial Development Committee; the Legislative Committee, and the various governance committees of the Association.

3. **Division of Professional Services**

    a. **Purpose**. The Division of Professional Services shall encompass all those activities and services which are designed for the specific purpose of meeting the professional needs of school principals, assistant principals and aspiring administrators.

    b. **Composition**. The Division of Professional Services shall be comprised of the Center for Leadership and Innovation Advisory Board and the elementary, middle and high school boards of control which, in turn, shall be comprised of and work in conjunction with various boards, committees and/or associations which perform those duties and responsibilities necessary to carry out the objectives of the division.

1.0 CONSTITUTION

Section B. Officers of the Connecticut Association of Schools

1. **Positions**

   The officers of the Connecticut Association of Schools shall be as follows:

   - President
   - President-elect
   - Secretary-Treasurer
   - Vice President representing Elementary Schools
   - Vice President representing Middle Schools
   - Vice President representing High Schools

   These officers shall be recommended by the Nominating Committee and elected by the Legislative Body. Each such officer shall be the principal of an institutional member school.

2. **Terms of Office**

   The term of office of the president, president-elect and vice presidents shall be one year. No person shall serve as president or president-elect for more than two consecutive terms of one year each. In no event shall the total amount of service by one individual serving as a vice president exceed ten consecutive years. The terms of office shall be from July 1 through June 30 of the following year, or until their successors have been duly qualified for office. The team of office for the position of CAS Secretary-Treasurer shall be two (2) years. The individual serving as Secretary-Treasurer is eligible to serve three consecutive two-year terms.

3. **Duties**

   President. The president shall preside at all meetings of the Legislative Body and of the Board of Directors of the Connecticut Association of Schools, sit ex-officio on all committees and boards, call the annual and special meetings as needed, and otherwise perform the duties usually performed by presiding officers.

   President-elect. The president-elect shall assume the duties of the president in his/her absence and perform such duties as may be delegated by the president.

   Secretary-Treasurer. The secretary-treasurer shall keep records of all meetings, conduct correspondence and prepare records as he/she may be instructed. The secretary-treasurer shall also be responsible for the receipt and deposit of all association funds and the payment of all approved Connecticut Association of Schools obligations. He/she shall receive all financial statements and revenues from the boards of control and submit such audited reports as may be required of him/her by the board of directors of the Connecticut Association of Schools.

   a. An assistant treasurer may be chosen by each board of control. He/she shall be responsible for the management of all income and expenses of activities approved by the board of directors of the Connecticut Association of Schools until such time as the activity has been completed. At that time a financial statement and all funds shall be deposited with the treasurer of the Connecticut Association of Schools. The assistant treasurer is not an officer of the Connecticut Association of Schools.

b. Any funds appropriated for the use of any board of control or committee in carrying out its functions shall be processed in a manner determined by the board of directors of the Connecticut Association of Schools.

Vice President. The vice presidents, along with each of the other officers, shall serve as members of the executive committee of the Connecticut Association of Schools. As such, they shall make annual budget recommendations to the CAS Board of Directors which will be based upon careful consideration of the operational and organizational needs of the Connecticut Association of Schools as well as each board of control. Members of the executive committee shall also be responsible for working with the executive director to establish goals and objectives and to set financial and programmatic priorities at the beginning of each school year. A vice president shall assume the duties of the treasurer and/or president-elect upon the resignation, incapacity, or death of either or both until an interim treasurer and/or president-elect is/are elected by the board of directors of the Connecticut Association of Schools.

Section C. The Board of Directors of the Connecticut Association of Schools

1. **Composition**

a. The voting members of the Board of Directors of the Connecticut Association of Schools shall consist of:

i. The officers of the Connecticut Association of Schools.

ii. The immediate past president.

iii. One representative from each of the three classes of high schools that comprise the high school membership: large, medium and small. These classes shall be determined by the board of directors of the Connecticut Association of Schools based on the total enrollment of grades 9-12 based upon the schools reported enrollment of October 1 of the previous school year. Each class will consist of approximately one-third (1/3) of the institutional member schools so determined. Such representatives shall be principals of institutional member schools.

iv. Two representatives of middle level schools that comprise the middle school membership. Such representatives shall be principals of institutional member schools.

v. Five representatives of elementary schools that comprise the elementary school membership. Such representatives shall be principals of institutional member schools.

vi. One assistant principal representing any of the three levels of membership (elementary, middle or high).

vii. The chairperson, or alternate, of each board of control sponsored by the Association (CIAC, CSAC, High School, Middle School, Elementary School, and the Center for Leadership and Innovation).

b. Consultants without vote shall include the executive director of the Connecticut Association of Schools; the associate and assistant executive directors of the Connecticut Association of Schools; the director of the division of Curriculum and Professional Development, State Department of Education; a representative of the Connecticut Association of Public School Superintendents; and such other consultants as the CAS Board of Directors may determine.

c. A majority of these directors must be directors of the Connecticut Schools Corporation. Seventeen (17) members of the Board of Directors, holding the positions hereinafter named, shall serve as directors on the Board of Directors of the Connecticut Schools Corporation: the president; the president-elect; the vice presidents; the secretary-treasurer; one assistant principal representative; two elected high school representatives; one elected middle school representative; one elected elementary school representative and the chairs of each board of control sponsored by the Association (CIAC, CSAC, High School, Middle School, Elementary School, and the Center for Leadership and Innovation).

d. All directors from C.1.a.ii-vii. will be elected for two year terms. These directors shall not serve consecutively more than two terms of two years each. If an individual serving on the board changes jobs mid-year and is no longer eligible to fill the position for which he/she was initially elected or appointed, he/she will be allowed to serve out the remainder of the school year. However, he/she will not be allowed to continue to serve the following year even if his/her term has not yet expired.

2. **Executive Committee**

a. **Committee Composition**. The officers of the Connecticut Association of Schools, and the chair and treasurer of the Connecticut Interscholastic Athletic Conference Board. The Executive Director of the Association shall serve as a non-voting consultant.

b. **Committee's Duties and Powers**. The Executive Committee shall: have general supervision of the affairs of the Association between the meetings of the Board of Directors; fix the hour and place of meetings; make annual budget recommendations to the CAS Board of Directors which will be based upon careful consideration of the operational and organizational needs of the Connecticut Association of Schools as well as each board of control; be responsible for working with the executive director to establish goals and objectives and to set financial and programmatic priorities at the beginning of each school year; and, perform other duties as are specified in these bylaws. None of its acts shall be in conflict with action taken by the Board of Directors.

c. **Meeting of the Executive Committee**. Will be called by the president of the Association.

3. **Duties and Responsibilities**

The duties of the Board of Directors of the Connecticut Association of Schools shall be to:

a. Provide a clearinghouse for professional activity among the institutional and associate individual members.

b. Be in charge of the programs of all Connecticut Association of Schools meetings.

c. Act as a liaison with the State Department of Education, the National Association of Secondary School Principals, National Middle School Association, National Association of Elementary School Principals, and all other national, regional, or state organizations as occasion demands.

d. Appoint a representative to the College Entrance Examination Board for a single term of three years.

e. Make appointments as may be needed, including standing committees.

f. Fill, until the next election, any vacancies occurring on the CAS Board of Directors.

g. Determine the fiscal year for the Connecticut Association of Schools.

h. Annually cause a budget for the Connecticut Association of Schools to be prepared and submitted to the Legislative Body for approval, said budget to include budgets submitted by each board of control and approved and/or amended by the CAS Board of Directors together with such further proposed expenditures as the CAS Board of Directors shall deem essential to operate the Connecticut Association of Schools and its office.

i. Maintain a reserve fund sufficient to support the activities operated by each board of control for the ensuing year.

j. Decide the manner of approval and payment of Connecticut Association of Schools bills; provide for the auditing of accounts and for the bonding of individuals in a fiduciary capacity.

k. Receive reports and financial statements of all Connecticut Association of Schools sponsored activities.

l. Recommend the annual dues and assessment for all classes of members to the Legislative Body.

m. Determine the manner by which monies appropriated from Connecticut Association of Schools funds for the use of any board of control in carrying out its functions shall be processed.

n. Make recommendation to the Legislative Body.

o. Assume all duties, powers and responsibilities of the Legislative Body between annual meetings, subject to the approval of the Legislative Body at the annual special meeting.

p. Appoint the executive director, determine his/her duties, tenure of office and remuneration.

q. Cause, when requested by a board of control to do so, the Legislative Body to be divided for discussion and action on proposed legislation which will have primary effect on the members so divided.

r. Cause the boards of control to establish and update bylaws covering matters under their jurisdiction.

s. Approve bylaws of all boards of control except the CIAC Board of Control.

t. Any changes in the CIAC Board of Control bylaws will be approved by the CIAC membership at the Annual Meeting of the Connecticut Association of Schools except that changes needed in the course of the year may be made by the CIAC Board of Control to be ratified by the CIAC membership at the Annual Meeting.

Section D. Executive Director

1. The executive director shall act as the executive agent of the Connecticut Association of Schools, and shall be responsible to the CAS Board of Directors.

2. The executive director of the Connecticut Association of Schools shall be the same person as the executive director of the Connecticut Schools Corporation.

Section E. The Legislative Body

1. **Composition**

The Legislative Body shall consist of two classes of voting members as set forth in Article III of this Constitution. Class I members shall be the institutional members of the Connecticut Association of Schools. The sole Class II member shall be the Connecticut Schools Corporation or its successor organization. The principal shall be the sole representative of his/her school and shall have one vote. If unable to attend a meeting of the Legislative Body he/she may designate in writing that the assistant principal or other building administrator of equivalent rank will act as alternate in his/her place. No delegate or alternate shall represent more than one school unless he/she is the appointed principal of each school. The voting representative of the Class II member shall be the president of the Class II member or his/her designee.

Institutional member schools which affiliate with the Connecticut Interscholastic Athletic Conference (CIAC) through additional application and payment of additional dues shall, in any business before the Connecticut Association of Schools, have four (4) additional votes, for a total of five (5) votes which shall be cast by the principal or his/her alternate. Such schools shall be termed CIAC member schools.

The sole Class II member, the Connecticut Schools Corporation, shall have the right to vote only on all amendments to the Constitution and on all fundamental changes to the Connecticut Association of Schools.

2. **Duties and Powers**

The duties of the Legislative Body shall be to:

a. Meet annually in May or June, at the call of the president of the Connecticut Association of Schools.

b. Meet at such other times as may be ordered by the Board of Directors of the Connecticut Association of Schools, or upon the written request of any board of control or of five member schools to the CAS Board of Directors or the president. Such special meetings must be called by the president within two weeks after the request has been received.

c. Receive reports of officers and committees, and sponsored activities.

d. Determine the annual dues and assessment for all classes of members, which shall be due and payable on September 1 of each school year. Those not paid by October 1 shall be notified by return registered letter from the treasurer of the Connecticut Association of Schools. Subsequent to November 1 of that year, a school whose dues are not paid shall be termed delinquent and membership shall be automatically suspended until such dues are paid, or unless the principal certifies that the payment of dues is in process.

e. Act upon the total annual budget recommendations as proposed by the CAS Board of Directors for each board of control, and the office of the Connecticut Association of Schools without respect to individual items contained therein.

f. Elect officers of the Connecticut Association of Schools, members of the CAS Board of Directors, chairperson and members of board of control, and a nominating committee for the ensuing year.

g. Perform such other duties not otherwise expressly delegated as may be necessary for the welfare of the Connecticut Association of Schools.

Section F. Board of Control / Advisory Boards

1. **Purposes**

a. **CSAC and CIAC**. There shall be boards of control as provided in Articles V and VI, to encourage, supervise, regulate and control interscholastic activities and programs. The conduct and control of all interscholastic programs shall be vested in boards of control, the members of which shall be elected by the Legislative Body.

b. **High School, Middle School and Elementary School**. There shall be one board of control for each educational level – elementary, middle and high school – to enable principals to experience a wide spectrum of professional development, to seek excellence in schools through strong, effective school leadership, to ensure educational equity for every child, to assist principals in meeting the needs of their stakeholders in a changing educational environment, to help the public understand the importance of the role of the principal, to examine educational and social issues faced by schools and to help principals in their resolution, to assure educational success for every child and to represent school principals to other agencies of the state, to the legislature and to the public.

"Principals" as used in this section includes assistant principals.

c. **The Center for Leadership and Innovation**. There shall be a CAS Center for Leadership and Innovation Advisory Board to advise and govern the Center in regards to its goals, objectives, programs, directions, and growth. This board shall work in conjunction with the elementary, middle and high school boards to provide professional development programs and activities and other professional growth experiences on behalf of the members of the three membership levels. This board shall consist of no more than two members each as recommended from the three membership levels within the Connecticut Association of Schools.

1.0 CONSTITUTION

2. **Terms of Office**

   a. **Terms of Office (Except the CIAC Board of Control).** Chairpersons and members of the boards of control except the CIAC Board of Control shall be elected for two-year terms. No member shall serve more than two consecutive terms of two years. The chairperson of each board of control must have served as a member of that board of control. In no event shall the total amount of service by one individual as member and chairperson exceed eight consecutive years, except that the past chairperson of the CIAC shall serve until succeeded.

   b. **Terms of Office (CIAC Board Only).** The chairperson and elected members of the CIAC Board of Control shall be elected for two-year terms. No elected member shall serve more than two consecutive terms of two years each except that members of the CIAC Eligibility Committee may serve three consecutive terms of two years each. In no event shall the total amount of service by one individual elected to the Board as member and as chairperson exceed eight consecutive years, except that the past chairperson of the CIAC shall serve until succeeded. The assistant chairperson, secretary and treasurer of the CIAC Board shall be appointed by the CIAC Board of Control. The chairperson, assistant chairperson, secretary and treasurer of the CIAC Board of Control must have served as a member of the CIAC Board of Control. The assistant chairperson, secretary and treasurer and any non-voting member appointed by the Board of Control shall serve at the pleasure of the Board.

3. **Membership**

   Voting members of all boards of control shall be the principals and assistant principals of institutional member schools. Each board except the CIAC Board of Control may recommend up to two additional members to serve as elected members with voting privileges, such members to be assistant principals. The CIAC Board of Control will recommend one assistant principal at-large to serve as an elected member with full voting privileges.

4. **Bylaws**

   Each board of control shall establish its own bylaws, provided they are not in conflict with this Constitution as interpreted by the Board of Directors, and such bylaws shall be made available to the member schools.

5. **Enforcement**

   Each board of control shall establish procedures for the enforcement of its regulations consistent with this Constitution and for the penalties pertaining thereto.

6. **Duties and Responsibilities**

   Boards of control shall have such duties and responsibilities as outlined in their respective bylaws. They shall also have duties and responsibilities not otherwise expressly provided for in their bylaws if those duties and responsibilities are necessary to carry out their objectives.

7. **Committees**

   Each board of control may establish such committees as it may deem necessary.

Section G. Standing Committees

There shall be standing and special committees based upon the needs of the Association. The executive director is authorized to appoint chairs and members of these committees.

Section H. Nominating Committee

1. **Composition**

   a. There shall be elected at the Annual Meeting of the Legislative Body a Nominating Committee which shall prepare nominations to be presented at the next Annual Meeting.

   b. The Nominating Committee shall consist of one member from each class of high schools as established in the Constitution, two members from the middle level membership, four members from the elementary level membership, and three members at-large from the high school membership. The chair shall be appointed from among the Committee membership by the CAS Board of Directors at its first regular meeting following the Annual Meeting of the Connecticut Association of Schools.

2. **Duties and Responsibilities**

   The Nominating Committee shall meet at least one month before the next Annual Meeting and prepare and submit a slate of all CAS officers, chairs and/or officers and members of boards of control, and a nominating committee for the ensuing year, after receiving recommendations from the several groups concerned.

   The Nominating Committee shall make every effort to ensure that the composition of the association's boards proportionately reflects the diversity of its membership with respect to factors such as race, gender, region and district demographics.

   The nominations of the Nominating Committee shall be sent in writing to each institutional member of the Connecticut Association of Schools at least two weeks before the Annual Meeting. Other nominations may be made from the floor of the Annual Meeting by members of the Legislative Body.

3. **Terms of Office**

   The chair and elected members shall be elected for two-year terms. No member shall serve more than two consecutive terms except that the chair may serve beyond the first four years and is limited to two terms as chair beyond other service.

Section I. Awards and Recognition Committee

1. **Composition**

   a. There shall be elected at the Annual Meeting of the Legislative Body an Awards and Recognition Committee that shall be granted the authority to oversee all awards and recognition programs.

b. The Awards and Recognition Committee shall consist of a chair and one of each of the following: active assistant principal, active elementary principal, active middle level principal, active high school principal, retired assistant principal, retired elementary principal, retired middle level principal, and retired high school principal. The board is allowed a minimum of two (2) and a maximum four (4) at-large representatives. At-large representatives must be active administrators and the additional two at-large positions should only be filled when it is necessary to preserve a majority of active members. The chair shall be an active administrator and shall be appointed by the CAS Nominating Committee.

2. **Duties and Responsibilities**

The Awards and Recognition Committee shall be responsible for overseeing all awards and recognition programs. The committee shall be charged with approving all awards programs, including their selection criteria and nominating procedures, to ensure that all recognition programs are in line with the association's mission and purpose.

The Awards and Recognition Committee shall annually select the recipients of the following awards: CAS/NASSP High School Principal of the Year, CAS/NASSP Middle School Principal of the Year, CAS Assistant Principals of the Year (elementary, middle and high), Distinguished Friends of Education, Citations, and Letters of Commendation.

The Awards and Recognition Committee has the authority to assign responsibility for the selection of all other award recipients to any appropriate board, committee, or body.

3. **Terms of Office**

The chair and elected members shall be elected for two-year terms. No member shall serve more than two consecutive terms except:

All retired administrators serving on the Awards and Recognition Committee at the time of its official establishment (2001-02 school year) are not subject to the new term limits and can serve indefinitely.

Section J. Conduct of Meetings

1. **Rules of Procedure**

All meetings of the Connecticut Association of Schools and its boards of control shall be conducted in accordance with the latest edition of Robert's Rules of Order.

2. **Quorum**

a. A quorum for the transaction of business of the Legislative Body shall be ten percent (10%) of the institutional membership; and

b. A quorum for the transaction of business of all other meetings shall be one-half (50%) of the membership of the committee or board.

3. **Voting Rights**

   a. In any business before the Annual Legislative Meeting of the Connecticut Association of Schools, all general member schools shall have one (1) vote.

   b. In any business before the Annual Legislative Meeting of the Connecticut Association of Schools, all CIAC member schools shall have four (4) additional votes, for a total of five (5) votes.

4. **In-Person Meetings Versus Teleconferencing, Emailing and/or Virtual Meetings to Conduct Committee, Board and Legislative Business**

   a. When deemed necessary or advantageous by a staff member or a committee or board, business may be conducted electronically via tele-, web- or video-conference, email or the Internet.

   b. By order of the CAS Board of Directors, the annual meeting may be conducted using web- or video-conferencing and/or secure electronic ballots. In such instances, all proposals requiring action by the membership shall be posted online and/or distributed electronically to members no less than two weeks prior to the date of the annual meeting. All voting must be completed online within ten (10) days after the annual meeting. A majority of the electronic votes cast shall be required for the passage of any proposal.

ARTICLE V – INTERSCHOLASTIC ATHLETICS

Section A. Board of Control

1. **Composition**

   The Board of Control shall consist of a chairperson, assistant chairperson, secretary, treasurer, two members from each class of senior high schools, the seven members of the Committee on Eligibility, one assistant principal at-large and the immediate past chairperson of the Board of Control, all of whom shall be voting members. The Board of Control may establish such other non-voting members as it deems necessary. All members must be high school principals except for the assistant principal at-large position.

2. **Duties and Responsibilities**

   The Board of Control shall:

   a. Establish and update bylaws and other written regulations and policies as needed. Such bylaws and regulations are not to be in conflict with the CAS Constitution or Articles of Incorporation. Any change in the bylaws will be approved by the CIAC membership at the Annual Meeting of the Connecticut Association of Schools except that changes needed in the course of the year may be made by the CIAC Board of Control to be ratified by the CIAC membership at the Annual Meeting.

   b. Be responsible for the encouragement, sponsorship, operation and management of only those interscholastic athletic activities which are specified as being controlled by the CIAC. The list of CIAC-controlled athletic activities will be published annually in the CIAC Code of Eligibility.

c. Fill temporary vacancies in its membership.

d. Be responsible for the formulation, interpretation and publication of rules of eligibility.

e. Be the final authority in specific cases of complaint and controversy regarding eligibility, in which instance the Committee on Eligibility shall be entitled to one vote.

f. Establish and be responsible for fiduciary control of all activities under its sponsorship.

Section B. Committee on Eligibility

1. **Composition**

There shall be a committee on eligibility composed of seven members, one from each of the three classes, three elected at-large and one elected at-large assistant principal, all of whom shall have a vote on the CIAC Board of Control

2. **Duties and Responsibilities**

The Eligibility Committee shall:

a. Receive and act upon all questions of eligibility and of interpretation of the eligibility code adopted by the Legislative Body at its annual meeting.

b. Establish definitive grievance procedures.

c. Recommend exceptions to the Eligibility Committee Review Board.

Section C. Eligibility Committee Review Board

1. **Composition**

There shall be an Eligibility Committee Review Board composed of ten member principals and/or assistant principals and two consultants. The Board shall include the following voting members: the past CIAC Chairman; the present chairman of the Eligibility Committee; two class L representatives, two class M representatives, and two class S representatives who previously served on the CIAC Eligibility Committee or the CIAC Board; two members who presently serve or have served on the CIAC Eligibility Revision Committee; the present CIAC athletic director consultant; and the CIAC superintendent consultant.

The CIAC Board of Control has the discretion to appoint a CIAC member principal or assistant principal to fill any vacancy whenever a position cannot be filled in accordance with the above terms.

2. **Duties and Responsibilities**

The Eligibility Committee Review Board shall:

a. Render final decisions on all appeals of the CIAC Eligibility Committee, except that the CIAC Board of Control reserves the right to take only those cases which it believes involves issues of critical and conflicting opinion among the CIAC Eligibility Committee and the CIAC Review Board or which as a result of other compelling reasons deserves the attention of the CIAC Board of Control.

b. To review and act upon all eligibility waivers/exceptions which have been recommended by the CIAC Eligibility Committee.

ARTICLE VI – STUDENT ACTIVITIES

Section A. CSAC Board of Control

1. **Composition**

   The CSAC Board of Control shall consist of one representative from each of the three high school classifications, two representatives each from the middle schools and the elementary schools and five members-at-large. Two of the five at-large members may be assistant principals. A principal shall serve as Chairperson.

2. **Duties and Responsibilities**

   The Board of Control shall:

   a. Establish and update bylaws and other written regulations and policies as needed to regulate and govern the board. Such bylaws, policies, and regulations are not to be in conflict with the CAS Constitution or Articles of Incorporation.

      All such bylaws, regulations and policies require the approval of the membership of the Connecticut Association of Schools and the CAS Board of Directors.

   b. Encourage and supervise the operation and management of all non-athletic activities which involve schools from more than two school districts.

   c. Approve regulations pertaining to the control of all non-athletic activities.

ARTICLE VII – CONTROL

Section A. General

1. Institutional members of this Association participating in any interscholastic activity or contest shall be subject to the rules and regulations established by the appropriate Board of Control for that activity or contest.

2. Only institutional members may participate in an interscholastic activity sponsored by the Board of Control.

3. The Board of Directors shall act as a Board of Control for any activity not already placed under the Board of Control.

Section B. Suspension and Reinstatement

1. **Suspension**

   During any school year the Board of Directors by a two-thirds vote of the authorized voting membership may suspend a member school for a time definite after a hearing at which satisfactory evidence of failure to abide by the Constitution and Bylaws of the Connecticut Association of Schools has been established.

2. **Reinstatement**

   A school that has been suspended may be reinstated prior to the time definite at the discretion of the Board of Directors by a two-thirds vote of the authorized voting membership.

Section C. Appeals

A member school dissatisfied with a decision of a Board of Control or Association of Schools, with the exception of eligibility cases, may within fourteen days after distribution of the written decision, appeal in writing to the CAS Board of Directors, whose decision shall be final and binding upon all parties.

ARTICLE VIII – BENEFIT OF NET EARNINGS

No part of the net earnings of the Connecticut Association of Schools shall inure to the benefit of or be distributable to the directors, officers or other persons, except that the Connecticut Association of Schools shall be authorized and empowered to pay reasonable compensation for services rendered and to make payments and distributions in furtherance of the purposes set forth in Article II hereof. No substantial part of the activities of the Connecticut Association of Schools shall be the carrying on of propaganda, or otherwise attempting to influence legislation, and the Connecticut Association of Schools shall not participate in or intervene in (including the publishing or distribution of statements), any political campaign on behalf of any candidate for public office. Notwithstanding any other provisions of this Constitution, the Connecticut Association of Schools shall not carry on any other activities not permitted to be carried on (a) by a corporation exempt from Federal Income Tax under Section 501(c)(3) of the Code or (b) by a corporation, contributions to which are deductible under Section 170(c)(2) of the Code.

ARTICLE IX – DISSOLUTION OR TERMINATION

Upon any dissolution or termination of the existence of the Connecticut Association of Schools, all of its assets shall, after payment of the lawful debts of the Corporation and the expenses of its dissolution and termination, be delivered, conveyed and paid over (subject to any restrictions imposed by any applicable will, deed, grant, conveyance, agreement, memorandum, writing or other governing document) to the Connecticut Schools Corporation, so long as it is at that time an organization that qualifies as an exempt organization under Section 501(c)(3) of the Code, or if at the time of dissolution or termination of existence of the Corporation, the Connecticut Schools Corporation is not in existence or does not qualify as an exempt organization under Section 501(c)(3) of the Code, to one or more charitable, scientific or educational organizations located in the State of Connecticut and qualified as exempt organizations under Section 501(c)(3) of the Code, in such proportions and for such exclusively charitable, scientific or educational purposes as the Board may determine.

1.0 CONSTITUTION

ARTICLE X – INDEMNIFICATION

The CAS Board of Directors is authorized, pursuant to the Non-Stock Corporation Act of the State of Connecticut, as amended, regardless of the adverse interest of any or all members of the Board, to indemnify and reimburse any person made a party to any action, suit or proceeding, whether civil, administrative or criminal, other than an action by or in right of the Corporation, by reason of the fact that he/she (or a person whose legal representative or successor he/she is), is or was a member of the Board, officer, employee or agent of the Corporation, for expenses, including attorneys' fees and such amount of any judgment, money decree, fine, penalty or settlement of any such action, suit or proceeding, or any appeal therein, provided that such person and the person whose legal representative he or she is acted in good faith and in a manner he/she reasonably believed to be in the best interests of the Corporation and, with respect to any criminal action or proceeding, that he/she has no reasonable cause to believe his/her conduct was unlawful. The foregoing right of indemnification shall be in addition to, and not exclusive of, all other rights to which he/she or such person whose legal representative or successor he/she is, may be otherwise entitled to at law.

ARTICLE XI – IMMUNITY OF DIRECTORS OR OFFICERS

Any person who serves as a director or office of the Corporation and who is not compensated for such services on a salary or pro-rated equivalent basis shall be immune from all civil liability for damage or injury occurring on or after October 1, 1987, resulting from any act, error or omission made in the exercise of such Person's policy or decision-making responsibilities if such person was acting in good faith and within the scope of such person's official functions and duties, unless such damage or injury was caused by the reckless, willful or wanton misconduct of such person.

ARTICLE XII – REFERENCES TO CODE

References to Sections of the Code shall be deemed references to the Internal Revenue Code of 1986, as the same shall be amended from time to time, and to the corresponding provisions of any further United States Internal Revenue Law.

ARTICLE XIII – AMENDMENTS

Section A. Proposal

1. An amendment may be submitted by an institutional member school through its representative to the Secretary of the Connecticut Association of Schools at least one month prior to the next meeting of the Legislative Body. It is mandatory that the CAS Board of Directors submit any such proposed amendments, with or without recommendation, to member schools at least two weeks before the meeting of the Legislative Body. A proposed amendment may be altered or modified on the floor of the meeting.

2. Amendments may be submitted by the CAS Board of Directors in accordance with the provisions of the previous section of this article.

Section B. Adoption

1. Adoption of amendments to this Constitution shall require a two-thirds vote of those present at any regularly called meeting of the Legislative Body.

2. Amendments shall take effect on July 1 next following approval and adoption.

2.0 THE CIAC STORY

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2.0 CIAC STORY

2.1 WHOM TO SPEAK TO IN THE CENTRAL OFFICE

Financial Matters --	Dr. Lungarini, Mrs. Novicelli
CIAC, CIAC Handbook --	Dr. Lungarini, Mr. Simon, Mr. Scavone, Mr. Velardi, Mr. Rondon
Special Programs, Banquets, Conferences --	Mrs. Packtor
Tournament Forms, Deadlines --	Mrs. Sylvester
Tournament Regulations --	Mr. Simon, Mr. Scavone, Mr. Velardi, Mr. Rondon
Tickets --	Mrs. Herrmann-Brown
Rulebooks --	Mrs. Herrmann-Brown
Eligibility Questions --	Mr. Simon, Mr. Scavone, Mr. Velardi, Mr. Rondon
Transfer Notifications --	Mr. Simon
Unified Sports Questions --	Mr. Hale, Mr. Niski, Mr. Trifone, Ms. Davey
CIAC Officials' Association --	Mr. Scavone
Coaches Certification & Recertification --	Mr. Balsamo, Mrs. Herrmann-Brown
Athletic Program Evaluation --	Dr. Lungarini
Marketing and Corporate Sponsorships --	Mr. Cobb, Ms. Guarino
Media --	Mr. Holt, Ms. Kaminski
Transgender Policy --	Dr. Lungarini

CIAC STAFF – GENERAL COMMITTEE RESPONSIBILITIES

Gregg Simon --	Cooperative Team – Officials Committee – Sportsmanship – Eligibility Review Board – Liaison to CIAC Board of Control – CIAC Hearings – Scholar-Athlete Banquet – Hall of Honor – Will oversee all CIAC committees – Transfer Notifications – New AD Workshop – Sportsmanship Conference
Dan Scavone --	Seasons Limitations – New AD Workshop – CIAC Officials Association Advisory Board – NFHS Sanctioning
Joe Velardi --	Sportsmanship – Sports Medicine - Health and Physical Education

CIAC STAFF – SPORT COMMITTEE RESPONSIBILITIES

<u>Fall Season</u>

Gregg Simon	--	B/G Soccer – Football
Dan Scavone	--	Field Hockey
Joe Velardi	--	G Swimming – G Volleyball, B Fall Golf
Henry Rondon	--	B/G Cross Country

<u>Winter Season</u>

Gregg Simon	--	B/G Basketball
Dan Scavone	--	Wrestling
John Niski	--	Bowling
Henry Rondon	--	B/G Indoor Track, Ice Hockey
Joe Velardi	--	B Swimming, G Gymnastics

<u>Spring</u>

Gregg Simon	--	B/G Tennis
Dan Scavone	--	B/G Lacrosse
Henry Rondon	--	B/G Outdoor Track, Baseball, Softball
Joe Velardi	--	B/G Golf, B Volleyball

2.0 CIAC STORY

2.2 WHAT IS THE CIAC?

The Connecticut Interscholastic Athletic Conference is part of the Connecticut Association of Schools, a private, non-profit corporation. The CIAC directs and controls both boys and girls athletics in the secondary schools of Connecticut. The Conference is administered on a daily basis by an Executive Director and the assistants, plus an office support staff. The CIAC is the only Association which governs interscholastic athletic programs for secondary schools in Connecticut. It has serviced its membership since 1921.

2.3 WHAT ARE THE PURPOSES OF THE CIAC

Interscholastic athletics for both boys and girls in Connecticut are considered to be an integral segment of the total educational program. They should supplement, rather than serve as a substitute for the traditional physical education and intramural programs in our member schools. The purposes of the organization are:

1. To supervise, direct and control interscholastic athletics in Connecticut so that they make the maximum contribution to the physical, mental, emotional, social and moral growth of member school participants.

2. To administer specific athletic programs by means of a constitution, by-laws, tournament regulations and efficient organization.

3. To establish the responsibility for the administration of CIAC-controlled interscholastic athletics and to carry out this responsibility within the letter and spirit of the rules.

4. To develop intelligent recognition of the proper place of interscholastic athletics in the education of our youth.

5. To nurture more cordial relationships among member schools, coaches and officials by encouraging optimum standards of sportsmanship and citizenship.

6. To offer a program of interscholastic athletics that will provide for equitable competition among schools.

2.3.a. CIAC MISSION STATEMENT

The CIAC believes that interscholastic athletic programs and competition are an integral part of a student's academic, social, emotional and physical development. The CIAC promotes the academic mission of schools and honorable competition. As such, the CIAC serves as the regulatory agency for high school interscholastic athletic programs and exists to assure quality experiences that reflect high ethical standards and expectations for fairness, equity and sportsmanship for all student-athletes and coaches. The CIAC provides leadership and support for member schools through the voluntary services of dedicated school administrators, athletic directors, coaches and consultants.

2.0 CIAC STORY

2.3.b. WHO MAY JOIN THE CIAC?

The CIAC is open to any public school whose application by the Chief Officer of the School District certifies that the school meets the statutory and regulatory requirements of the State Board of Education, and any non-public school which has been approved by the State Board of Education according to the Board's "Criteria and Procedures for Non-Public School Approval". All potential new members must complete the application for membership.

2.3.c. HOW IS THE CIAC GOVERNED?

The CIAC is governed by a Board of Control which is comprised of five officers, six representatives – two from each of three classifications of schools – three members of the Eligibility Committee and one assistant principal at-large. The Board meets monthly during the school year.

2.3.d. HOW MANY SCHOOLS BELONG?

Currently one hundred eighty-four (184) secondary schools enjoy membership in the CIAC. One hundred fifty (150) middle level schools are accorded associate membership status. Middle level school participation in interscholastic athletics has increased rapidly in the past few years as more and more schools discover the value of competition.

2.4 MEMBERSHIP BENEFITS

Membership in the CIAC entitles a school to schedule games with other regular members; to stage high school invitational tournaments under the sanction of the CIAC; to enter post-season championship playoffs in the 27 CIAC approved sports, and to receive all of the services rendered by the CIAC office.

Each member school has the responsibility of knowing and adhering to all CIAC rules and regulations and administering its athletic programs according to those rules. Schools or leagues may make rules more restrictive than those of CIAC but may not relax CIAC requirements.

2.5 HOW FUNDS ARE DERIVED AND EXPENDED IN THE CAS-CIAC OPERATION

Each member school pays dues to CAS based on school classification. Currently, dues are $5,200 per CIAC member school, $675 per middle level school and CAS only schools. Elementary school dues are $200.

In addition, the CIAC meets some of its expenses through the sale of tickets to tournament contests as well as by the assessment of entry fees on schools for participation in various tournaments.

2.6 WHAT VALUES MAY BE DERIVED FROM PARTICIPATION IN CIAC PROGRAMS?

An athlete who participates in the CIAC interscholastic sports program of post-season playoffs and sanctioned invitational competition has an opportunity to complement his/her academic education through association with his/her peers in a well-organized and regulated program which promotes physical fitness.

2.0 CIAC STORY

In addition, the athlete learns the value of good sportsmanship and citizenship and gains self-reliance and understanding of the necessity for self-discipline and hard work to attain success.

Here are some reasons most commonly offered in support of interscholastic athletics from a survey by the National Association of Secondary School Principals:

1. Interscholastic athletics develop good school competition.
2. Under proper auspices, they provide wholesome competition.
3. They teach the value of sportsmanship and teamwork.
4. They emphasize desirable social conduct and social adjustment.
5. They promote pupil interest in school life.
6. They provide an outlet for abundant energy.

2.7 WHAT ARE THE CIAC-CONTROLLED SPORTS?

BOYS

Fall	Winter	Spring
Cross Country	Basketball	Baseball
Football	Ice Hockey	Golf
Soccer	Indoor Track	Lacrosse
Golf	Swimming	Outdoor Track
	Wrestling	Tennis
		Volleyball

GIRLS

Cross Country	Basketball	Golf
Field Hockey	Gymnastics	Lacrosse
Soccer	Indoor Track	Softball
Swimming		Tennis
Volleyball		Outdoor Track

2.8 SPORTS COMMITTEES

In the interest of a smoothly operating organization, the CIAC central office asks each chairperson to comply with the procedures outlined below.

2.8.a. COMMITTEE MEETINGS

Committee meetings will be held consistent with 1.0, Art. IV, Section J.4. (pg. 23). Time and date of committee meetings are the responsibility of the chairperson. Notices will be sent by the central office upon request. The Cheshire office may be reserved for meetings by making arrangements with central office administrative personnel – telephone (203) 250-1111 / fax (203) 250-1345 / email – casciac.org.

It is important that concise but accurate minutes be kept of all important actions taken. A copy of these minutes is to be on file in the CIAC central office. In addition, a copy of the minutes will be distributed to each committee member.

2.8.b. FINANCES

1. An annual tournament financial report, showing income and expenses, must be completed on the official CIAC financial report form and reported to the board of control.

2. The CIAC board of control at its meeting of April 10, 1981, voted as follows: "Sports committee chairmen are advised that all decisions made by their committees which have an impact on the approved sport budget for the current fiscal year must be submitted to the CIAC board of control for approval before implemented."

3. Proper and consistently uniform methods of income and expense accounting are required in order to ensure accurate budget preparation for the following year and to satisfy standard audit requirements. For these reasons, the following is requested of all chairpersons of sports committees:

   - Send ALL INCOME RECEIVED to the Executive Director. This will be deposited and credited to the activity involved. Cash income is NOT to be used to pay expenses at the site. When sending bills or income to the Executive Director, please make certain that the account number is clearly indicated in every instance. In addition, please use the proper forms for itemizing income and expenses. All expenses incurred in the operation of CIAC activities – including tournament personnel – will be paid through the CIAC central office. No cash disbursements are allowed.

2.8.c. CHANGE TO CIAC SPORT COMMITTEE RULES – PROCESS

1. Unless there is a change initiated for the safety and welfare of student-athletes, any request for a change that affects a sport committee must be referred to that committee for review. The committee will decide to do one of the following:

   - Fully support the request endorsing it to become an official CIAC proposal.
   - Deny the request therefore preventing any change to the sport.
   - Approve a review of the requested change so the CIAC can gather information so the committee can further study the impact of the changes requested. The committee should continually meet to discuss the information being gathered and the impact of the proposed change. Note: The CIAC continually receives requests for changes to sports rules, however, those requests for change should be considered an idea and not an official CIAC proposal. Once the idea is properly vetted by the committee it can be denied any further consideration or if overwhelmingly supported by the committee, can become an official CIAC proposal.

2. Once an official CIAC proposal is developed the CIAC staff may survey any stakeholders that could be affected by the requested change. This may include CAAD, CHSCA, CAPSS, CSDE, CSMS, CABE and all coaches of the sport, all school principals, all athletic directors, and any other CIAC committees that govern the aspects of the requested change or outside groups that may need to weigh-in. The responses of the various groups and any further modifications to the original request will be submitted back to the sport committee for review.

3. The CIAC sport committee will then decide whether to make a recommendation to the CIAC board of control to implement the official CIAC proposal. The committee must consider an implementation date that allows for adequate time for notification and best serves the CIAC member schools.

2.0 CIAC STORY

2.8.d. SPORT COMMITTEE MEMBERSHIP

Sport committee membership can be found online at www.casciac.org/committee.

2.9 WHAT SERVICES DOES THE CIAC PROVIDE?

PROTECTS and safeguards the welfare of the athlete through the enforcement of eligibility and tournament regulations.

CONDUCTS athletic program evaluations for member schools.

EMPLOYS tournament directors for 27 tournament sports who have the responsibility to properly administer and supervise the operation of CIAC tournaments.

PROVIDES rule updates to schools and officials associations in all sports in which high school rule books are published. Rulebooks are provided to high schools every other year.

SUPPORTS A WEBSITE of all CAS-CIAC activities.

PURCHASES awards which are given to teams and schools which earn CIAC championships and runner-up positions and to individuals who place highly in CIAC sports championships.

REGULATES and controls tournaments and meets; promotes good rapport between schools; sanctions international, national and regional sports competition.

MAINTAINS membership and works actively with the following organizations: New England Athletic Council, AAU, Connecticut Association of Health, Physical Education and Recreation; New England Lawn Tennis Association; Connecticut High School Coaches Association; Connecticut Association of Athletic Directors; CIAC Officials' Association; Connecticut Medical Society; Connecticut Association of Boards of Education; Connecticut Association of Public School Superintendents; all of the Connecticut officials groups; the National Federation of State High School Associations; the National Association of Secondary School Principals; and the Middle Level Education Association.

CONDUCTS championship playoffs in 27 controlled sports for boys and girls.

2.10 CHANGES TO CIAC BY-LAWS (Changes in ***bold italics*** – deletions in ~~strikeout~~) (As adopted by the membership, May 2024)

Proposed Changes to Article XII – In-Season/Out-of-Season Rules (found on pages 80-95 of the current CIAC Handbook

Explanation of Change: In addition to clarifying components of the existing out-of-season coaching regulation, the proposed changes to Article XII allow some restricted summer coaching opportunities for all CT districts and communities. The changes, which were brought forth via a joint proposal from the CT Association of Athletic Directors (CAAD) and the CT High School Coaches Association (CHSCA) and were approved by the CIAC Board of Control, aim to level the playing field between communities that have significant financial resources and those that do not.

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Rationale for Change: Over time, the CIAC regulations governing athletic activities in the summer have contributed to a competitive divide in our state. School districts that have greater financial resources at their disposal are able to provide more opportunities for their athletes during the summer months, thus creating an imbalance in the preparation of our athletes for the CIAC sports seasons. The proposed changes create an equity of access among ALL CIAC member schools, thus opening opportunities for under-resourced communities.

NOTE: THERE ARE NO PROPOSED CHANGES TO ARTICLE XII, SECTION 1.0 – DURING AUTHORIZED CONTEST SEASON (In-Season Rules)

2.0 OUT-OF-SEASON – *DURING THE SCHOOL YEAR* ~~(BOTH DURING THE SCHOOL YEAR AND DURING THE SUMMER~~) (***The following regulations pertain to any out-of-season activity that occurs only during the school year except for 2.1.e3 below)***

2.1 **Individual and Team Sports**

a. Member schools may permit student-athletes whose name appeared on the CIAC eligibility list for the sport in the preceding season and have CIAC eligibility remaining in the sport to participate in non-school contests as individuals or as members of a non-school team.

b. Member schools may not permit their coaches to coach or instruct their **member school athletes** whose names appeared on the CIAC eligibility list for the sport in the preceding season and have CIAC eligibility remaining in the sport which they coach **except under the exceptions listed in item 2.1.e. below**.

c. Member schools may not organize or permit coaches to organize, supervise or operate athletic practices or interscholastic athletic contests for their school or potential team members. A school or coach may not organize and conduct practices with any incoming ninth graders or students not on the eligibility list prior to the start of the sport season.

d. Coaches may not run fundraisers or collect money for out-of-season practices, events, leagues or other activities. Member schools may not provide school-owned uniforms, worn by the student in non-school contests, or insurance coverage to students or coaches. Member schools may allow use of equipment that does not identify the name or logo of the school if it is deemed necessary for safety reasons.

e. Member school coaches may only coach or instruct member school athletes in the sport which they coach if they completely **MEET ALL** the parameters of **one of the five** numbered sections below:

1) The student-athlete is the coach's son or daughter;

2) The member school coach is a **bona fide paid employee** of, and was issued an IRS form W-2 or 1099 showing a minimum of $2,000 in salary for coaching service by a **recreational institution** whose program is designed to provide opportunity to play the sport, have fun, socialize and/or use the sport as a means of diversion.

It may not include the teaching of skills and/or the provision of instruction or coaching to increase or improve individual and/or team play in the program to any extent greater than such minimal instruction necessary to enable participants to play the sport competently as a recreational activity.

Said recreational institution must have **registration open** to all boys and/or girls of the appropriate age group in the community, not limited to a group of skilled individuals or members of a select team, and where membership on a team or in an activity is not predicated on an individual's ability or skill in the sport. The recreational institution must also charge members a registration fee to belong.

3) The member school coach is coaching **one non-school team per year *(including during the summer provided the student-athletes involved in the non-school program are not also involved in the 2/week summer session activities)*** out-of-season which meets all of the conditions listed as 3.1 – 3.g below:

a) The number of athletes on the non-school, out-of-season team who were on the eligibility list the previous season and have CIAC eligibility remaining does not exceed the following minimums:

Girls Team Sports			Boys Team Sports		
Sport	# Reg Season	# Out-of-Season	Sport	# Reg Season	# Out-of-Season
Field Hockey	11	6	Football	11	6
Soccer	11	6	Soccer	11	6
Volleyball	6	3	Basketball	5	3
Basketball	5	3	Ice Hockey	6	3
Softball	9	5	Baseball	9	5
Lacrosse	12	6	Lacrosse	10	5
			Volleyball	6	3

Note: The number on the chart above apply only to coaches working with non-school out-of-season teams as defined in this section. Coaches may not work with players from his/her team outside of the defined non-school team setting. For example, a basketball coach not participating in a non-school team may not work on shooting with three of his players during the summer.

b) The group of athletes on the previous year's eligibility list on the non-school team roster remains fixed for the season and athletes from the previous year's eligibility list with remaining CIAC eligibility are not rotated on or off the team.

c) The season for the out-of-season non-school team is published and defined and the duration of the schedule does not go beyond either the length of the CIAC competition season schedule for the sport or twelve (12) weeks (whichever is less). The weeks of the season must be consecutive.

d) The season for the out-of-season non-school team terminates no less than fifteen (15) calendar days prior to the CIAC designated date for the start of practice for that sport.

e) No more than ten (10) days of pre-season practice with the out-of-season non-school team is conducted. Practice with the out-of-season non-school team during the defined ***non-school*** season is permissible.

f) The non-school team is a team which is not sponsored or organized by the school and for which the school assumes no liability. However, the school and athletic administration of the school are responsible for assuring their coaches are in compliance with all CIAC out-of-season coaching rules including the non-school out-of-season team requirements.

g) Schools must be aware of all non-school teams involving coaches and athletes from their school and maintain information for each non-school league team involving their athletes and coaches including a listing of students on the eligibility list from the previous season participating, the name of the coach the athletes will be playing for, and the schedule of competitions. Said information must be provided to the CIAC if requested.

~~4) A member school coach who is a **bona fide paid employee** of, and was issued an IRS form W-2 or 1099 showing a minimum of $2,000 in salary for coaching service from a **summer club** may coach in the sports of golf, swimming, and/or tennis, if all the conditions 4.1-4.3 below are met:~~

~~a) The club offers the sport(s) of swimming, tennis, golf and participation by high school age students in club activities is based on full club membership in the club;~~

~~b) Membership is not based on age, race, creed or ethnicity;~~

~~c) There is a membership fee to belong and the club is incorporated as a business under the statutes of the State of Connecticut;~~

~~d) The coach does not coach or instruct his/her athletes as an exclusive team unit;~~

~~e) The contact period between coach and his/her athletes terminates no less than fifteen (15) calendar days prior to the CIAC designated starting practice date for that sport (fall sports).~~

4) Member schools may permit their coaches of individual sports to coach any of their athletes who have qualified for a national level competition that is sanctioned by the CIAC and National Federation. This would be limited to one competition. Schools may provide equipment and facilities. Schools may also provide insurance coverage and financial assistance for the competition.

2.2 **Camps Which Team the Skills of a Specific CIAC Sport (Camp** – An organized non-school program, usually held in the summer months, whose purpose is improving the skill level of athletes in a specific sport. The camp must have liability insurance, open registration and there must be a registration fee to participate.) *CIAC run and operated camps and clinics only are exempt.

a. Member schools may permit students to attend during non-school time provided the following standards are met:

1) Attendance is limited to non-school time.

2) Students may not wear school-owned uniforms or equipment which identifies the school.

3) The camp is not organized, supervised or operated by the school.

4) Booster clubs that are financially independent of the school and the school does not control and/or administer those funds may finance camp expenses.

5) Member schools or coaches employed by member schools may not finance camp expenses.

6) Refer to exception 2.a.b. – Coaching restrictions.

7) A member school coach working in the camp as a volunteer, employee, or employer during the summer, or portion thereof, ***may not coach their athletes at any time during that camp.*** ~~As a coach where his/her athletes attend, may coach if the following conditions are met:~~

- ~~The contact period between coach and his/her athletes is not more than ten (10) days.~~
- ~~The coach does not coach or instruct his/her team as an exclusive team unit.~~
- ~~The number of potential athletes from a member school team and those with remaining eligibility does not exceed ten percent (10%) of the total number of athletes in attendance at the camp during a specific time period.~~

2.3 **Student Clinics** (Student Clinics are clinics in which the students attending physically participate in the athletic activity)

a. Member schools may permit students to attend during non-school time provided the following standards are met:

1) Attendance is limited to non-school time.

2) Students may not wear school-owned uniforms or equipment that identifies the school.

3) The student clinic is not organized, supervised or operated by the school. (Whereas a clinic other than a "student clinic" has the students attending as observers only.)

b. Clinics shall be limited to no more than one day unless prior approval is granted by CIAC.

2.4 **Coaching Clinics** (Coaching clinics are clinics where the coach is a presenter or lecturer to a group of coaches and/or students who are NOT a member of his/her school team.)

a. Member schools may permit their coaches to use their athletes and school-owned equipment in clinics, not student clinics, when the coach is a presenter and the athletes are used to demonstrate what is being presented. There may be no more than three (3) such clinics per year. School time may not be used. Using players as instructors or demonstrators is permitted at student clinics where participants are NOT from the school's athletic team. Students may wear school uniforms.

b. Clinics shall be limited to no more than one day unless prior approval is granted by CIAC.

2.5 **Try-outs for School Teams**

a. Member schools may not permit students with athletic eligibility remaining in a sport to try-out for a school-sponsored team prior to the first practice date of the CIAC authorized season. **Schools may not organize out-of-season practices or try-outs for any prospective team member not on the eligibility list from the previous year.**

2.6 Physical Fitness Programs (Conditioning)

a. Member schools may conduct physical fitness programs in accordance with the following standards:

1) Physical fitness programs may be conducted indoors or outdoors, as long as there is no coaching and instruction of sport techniques and skills. Cardiovascular conditioning derived from running type activities is permitted.

2) Equipment used in playing a sport is prohibited in physical fitness programs.

3) Weight machines and indoor weight rooms may be utilized in physical fitness programs.

4) Out-of-season physical fitness programs may be conducted for a select group of athletes. Member schools must assure that students are not coerced to participate and that these programs do not hinder or interrupt any of the students other educational, athletic, or family commitments. These programs must be school sponsored and under the direct supervision of the school

5) Mandatory attendance at out-of-season physical fitness programs is not permitted.

2.7 Open Gymnasium / Playing Fields / Natatorium

a. Member schools may conduct "Open Gyms," "Open Fields," "Open Natatoriums" for their students ONLY in accordance with the following standards.

1) Opening gymnasium, fields or a natatorium of a school district for **recreational purposes** is permitted provided it is not for a select group of athletes. (Recreational Purposes – are designed to provide an opportunity to "play" the sport, have fun, socialize, be a means of diversion, and experience the joy of participation. Conversely, the teaching of skill, and/or the provision of instruction or coaching to increase or to improve individual and/or team play, should not be present.)

2) Member schools may not open the gymnasium, fields or natatorium of a school during the non-CIAC sport season including the summer for a sport for a select group of students to practice individual skills.

3) **Member school must discontinue the "Open Gym / Playing Fields / Natatorium" when 50% or more of the participants are members of that school's sport team.**

4) Opening the gymnasium, fields or natatorium of a member school for school team competition during the non-CIAC season including the summer for a sport is not permitted.

5) Member schools may not permit their high school coaches to coach or instruct member school athletes in an "Open Gym," "Open Fields," or "Open Natatorium" program.

2.8 Penalties for Coaching Out-of-Season

a. For coaching out-of-season, the Board of Control shall consider:

- Fining $250 per incident up to $750.
- Assigning two-year probation period for the specific sport.
- Requiring the coach to take the appropriate coaching module.
- If the violation was willful or intended, or if the coach showed disregard for the "out-of-season" rule, the Board may also assign the coach a "disqualification period" of 20% of the scheduled contests for the season in question at all levels. If the period is assigned, it will begin at the next scheduled contest for the sport that the coach is assigned unless otherwise determined by the Board of Control.

If there is a second offense in the same sport, the Board shall consider:

- Assigning the coach a period of disqualification from 50% of regular season contests and the sport will be assigned "prohibition" for one year in the state tournament. If the coach leaves the program, "prohibition" will be eliminated but the penalty period of "disqualification and prohibition" stays with the coach.

CIAC IN-SEASON AND OUT-OF-SEASON *(DURING THE SCHOOL YEAR)* QUESTIONS

1.Q. **Are volunteer or unpaid coaches granted any special immunity with respect to out-of-season coaching rules?**

A. *No. A volunteer coach is considered the same as all coaches on the coaching staff of a specific sport and must abide by all CIAC rules and regulations. In fact, according to the State Department of Education regulations, all volunteer coaches who coach or instruct athletes must be certified.*

2.Q. **May a coach call an out-of-season meeting of his/her players to provide off-season "self-help" suggestions or workout programs to help athletes improve their conditioning and/or skills?**

A. *Yes. One meeting between coach and players for the purpose of providing off-season suggestions or workout programs is permitted. However, the meeting may not be designed to offer coaches the opportunities to instruct athletes on improvement of skills.*

3.Q. **May CIAC member schools permit their coaches to inform their players, through announcements, posters, letters, of sports specific opportunities, such as camps, clinics, leagues, etc.**

A. *Yes, but coaches may not organize, supervise, coach or instruct member school athletes out-of-season except as provided for through exceptions to 2.1.b.*

~~4.Q. **May a coach (including a volunteer coach) call an out-of-season school team meeting for the purpose of organizing summertime practices or captain's practices?**~~

~~A. *No. Rule 2.a.c. states: Member schools may not organize or permit coaches to organize, supervise or operate athletic practice which includes captain's practices.*~~

4.Q. **May an individual who is not a member of the coaching staff for that sport and who has not worked with a team during the season organize an out-of-season practice?**

A. *Yes. These individuals are not school coaches and have no coaching connection with the team. However, there may be no involvement with the school coaching staff.*

~~6.Q. **May a coach who has been hired by a school, but not yet coaches in that school, coach and instruct his/her member school athletes from that school during the summer prior to assuming his/her coaching duties?**~~

~~A. *No. A new coach must comply with the CIAC out-of-season regulation. A new coach and a returning coach are treated the same.*~~

~~7.Q. **May a freshman coach who has no contact with the varsity team, coach or instruct next year's varsity team in a summer league?**~~

~~A. *No. All coaches on the staff (volunteer, freshman, JV or varsity) for that sport are prohibited from coaching "member school athletes" as defined in 2.1.b.*~~

~~8.Q. **May a coach (including volunteer coaches) who worked exclusively with soccer goalies during the season, coach the school soccer team during the summer?**~~

~~A. *No. All coaches (including volunteer coaches) must comply with the CIAC out-of-season regulation.*~~

5.Q. **May a coach conduct an out-of-season non-mandatory workout for members of his/her team where well designed aerobic, stretching, plyometrics, other physical fitness activities and interval training techniques are used?**

A. *Yes. But the training techniques cannot be sports specific and must comply with regulation 2.5.4. which in part states that the equipment of the sport may not be used.*

6.Q. **May a coach mandate out-of-season conditioning for all of his/her athletes?**

A. *No. Coaches are not allowed to <u>mandate</u> out-of-season conditioning or practices.*

7.Q. **What is a non-school team?**

A. *A non-school team is one which is not sponsored or organized by the school and for which the school assumes no liability.*

8.Q. **May a non-school team be comprised of only those athletes which make up the school team the previous season?**

A. *Yes. A non-school team can be made up of only those athletes from the previous season. However, if the high school coaches or their school are involved in organizing, coaching or instructing those athletes it would be a school team practicing out-of-season.*

~~13.Q. **May a JV baseball coach also coach his own players in the summer on a Babe Ruth team?**~~

~~A. *Yes. However, if any of those players have eligibility remaining he may not coach more than five member school baseball players on that team as specified on the chart in 2.1.b.3.*~~

9.Q. **Does my son or daughter count as one of the maximum number specified by CIAC that I may coach or instruct in a non-school team ~~during the summer~~?**

A. *Yes. However, a coach may coach his son or daughter any time as an individual.*

~~15.Q. **As a long time high school coach, may I organize and supervise a summer camp which consists of my athletes from last year as long as I do not coach or instruct them as an exclusive team unit and they don't exceed more than 10% of total number of participants?**~~

~~A. *Yes. As long as he/she is not coaching or instructing any of those athletes as an exclusive team unit.*~~

~~16.Q. **May a coach play on the same summer team with some of his players or participate in a tennis or golf match without causing a violation?**~~

~~A. Yes. As long as there is no coaching or instruction.~~

10.Q. **May a coach lend a helmet to a player for an out-of-season event?**

A. *Yes. All equipment must not identify the school name or school logo.*

~~18.Q. **May a booster club finance camp expenses for member school athletes?**~~

~~A. *Yes. But only if the booster club is financially independent of the school. The answer would be no if school personnel were involved with the management and disbursement of booster club funds.*~~

~~19.Q. **May a coach who is both a girls and boys swim coach, coach in a summer camp with 10% of his/her girls team and 10% of his/her boys team at the same time, not as exclusive team units?**~~

~~A. Yes. The regulation is an exclusive team regulation.~~

~~20.Q. **As a freshman volleyball coach may I work at a camp where there are 100 total athletes enrolled and 10 of those athletes are freshman from my high school team while at the same camp the varsity coach is working there and 10 varsity players are also attending?**~~

~~A. *No. The 10% camp rule relates to the entire team enrollment and not by level. The most athletes from that team that can attend in a camp of 100 athletes would be 10.*~~

11.Q. **May a member school coach coach one non-school team per year provided no more than the number of member school athletes specified in the chart (found in 2.1.b.3.) are on the out-of-season team roster?**

A. *Yes. However, the roster must remain fixed.*

~~22.Q. **May five different football coaches from the same staff each coach a separate team of six of their players with eligibility remaining in a summer passing league?**~~

~~A. Yes. The regulation states a football coach may coach a maximum of six (6) of his member school athletes in a non-school team setting, and since the teams are separate, each coach would be in compliance with the regulation. It would be a violation if any of these non-school teams combined, since the number of member school athletes would then exceed the limit of six, regardless of the number of coaches on the staff.~~

12.Q. **May a basketball coach instruct three of his/her member school athletes out-of-season?**

A. *No. It would be considered an out-of-season practice if the coach coached any of his athletes. In order for the coach to be in compliance with the regulation all coaching and instructing must be in a non-school team setting.*

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13.Q. **After the date of the school's first contest for a given sport, may a freshman, JV, or varsity team member practice or play with an outside team?**

A. *No. After the date of the school's first contest participation in any of these activities would constitute a violation. However, there are some exceptions to the rule for students that participate "unattached" in the individual sports of golf, gymnastics, swimming, tennis, indoor track and outdoor track. Please refer to the exception to Rule 1.1.a. for select sports only on page 81 in the CIAC Handbook.*

14.Q. **After the first contest for a given sport may an athlete tryout for an outside team or attend a showcase or audition for a professional team in the same branch of athletics?**

A. *No. After the date of the school's first contest in that sport the athlete would be in violation of the in-season rules and would lose their eligibility if they participate.*

15.Q. **A student opts to play junior hockey rather than play for the high school team. In January he leaves the junior team and wants to join the high school team. Is this permissible under CIAC eligibility rules?**

A. *No. After the date of the school's first contest in the high school hockey season, a student who practices or plays with an outside team cannot join the high school team.*

16.Q. **After the first contest designated for indoor or outdoor track, may a team member participate in a "road race"?**

A. *Yes. Provided that the road race is three miles or more and is held on the road and not on the track.*

17.Q. **During the season, may an athlete obtain individual lessons in the skills of his or her sport (i.e. pitching lessons)?**

A. *Yes. Lessons are permissible as long as they are not provided by their member school coach.*

18.Q. **In the off season, may a coach give individual lessons in the skills of the sport that he/she coaches to one or more of their member school athletes?**

A. *No. Coaches are permitted to give lessons, but not to members of his or her team.*

19.Q. **May an open gym be conducted for only those students that plan to try out for the basketball team?**

A. *No. An open gym may not be held for a select group of athletes. For an open gym to be an allowable activity, it must be open to all students and no coaching or instructing is permitted.*

20.Q. **May the basketball coach supervise an open gym provided it is open to all students from that school and no coaching or instruction takes place?**

A. *Yes. An open gym as described in the question is a legal activity provided that 50% or less of the participants are members of the school team.*

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21.Q. **May a member school's wrestling coach provide an out-of-season "open mat" program that allows athletes from other member schools to attend in addition to members of his/her own team?**

A. *No. Regulation 2.1.c. clearly states, "Member schools may not organize or permit coaches to organize, supervise or operate athletic practices or interscholastic athletic contests for his/her member school athletes." Furthermore, this activity does not meet the definition of "open gymnasium."*

22.Q. **May a member school coach organize or instruct at a clinic out-of-season where his/her athletes attend and participate?**

A. *No. Member school coaches cannot give individualized lessons or instruction out-of-season.*

23.Q. **When may a student-athlete participate with an outside team in the same team sport?**

A. *a. After his/her team plays its final game and does not qualify for the CIAC tournament.*
b. *After his/her final regular season contest if he/she is not on the CIAC tournament roster.*
c. *After his/her team (if on the tournament roster) is eliminated from the CIAC tournament.*

If a student-athlete participates with an outside team, he/she may not return to his/her high school team the remainder of that season without being in violation.

~~35.Q. **May a volunteer freshman coach work with middle school eighth graders prior to the start of their (during the summer) freshman year to help them improve their basketball skills?**~~

~~A. *No. However, he/she could work with middle school students before their eighth grade year ends while serving as a high school freshman coach.*~~

24.Q. **May a coach work at a recreational institution or a sports facility earning more than $2,000 and coach or instruct his/her own athletes?**

A. *No. Regardless of the amount of remuneration received, to work at a recreational institution or at an indoor or outdoor sports facility, there can be no coaching or instructing and skill development of a coaches own athletes.*

~~37.Q. **May a coach organize a summer club earning more than $2,000 and coach or instruct his/her own athletes?**~~

~~A. *No. Regardless of the amount of remuneration received, the interpretation of a summer club is one similar to a country club offering varied activities and requiring a family membership fee. The coach cannot form a club.*~~

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3.0 OUT-OF-SEASON – DURING THE SUMMER (The following regulations pertain to any out-of-season activity that occurs only during the prescribed summer months)

3.1 Individual and Team Sports

a. Member schools' coaches may allow their coaches to coach their member school athletes during the summer months beginning on the Monday following the designated spring state championship weekend (prior to Decathlon) and concludes no later than the second Saturday of August provided ALL the following conditions are adhered to:

1. ***Coach is restricted to no more than two (2) days per week per sport.***
2. ***Each day may not exceed two (2) total hours of practice time per day OR the amount of time needed to complete an official single game/contest. (Note: Multi-contest events, round robin tournaments, double header games, etc. are not permitted.)***
3. ***Although NOT required, coaches may receive compensation provided it is not directly or indirectly derived from fees charged to student-athletes. However, coaches may collect fees from member school student-athletes to cover administrative costs such as transportation, entry fees, insurance, officials, etc.***
4. ***Any person providing instruction during this summer activity must comply with all CIAC Coaching Credential Requirements and Mandates.***
5. ***Any summer activities conducted by member schools, or their coaches cannot be mandatory for their student-athletes.***
6. ***School districts may allow the use of school equipment, transportation, and insurance ONLY for these two (2) per week activities.***
7. ***None of the above exception/conditions (1-6) may be used simultaneously with any other part of the existing restrictions for the out-of-season regulation.***
8. ***In the sport of football full contact is prohibited.***

CIAC OUT-OF-SEASON (DURING THE SUMMER) QUESTIONS

1.Q. May a coach continue to have conditioning workouts in addition to two (2) practice sessions per week?

A. Yes, provided that the established restrictions for conditioning are follows.

2.Q. May more than one coach on the same sport staff each coach a different session two days per week?

A. No, the two day per week is PER SPORT, not per coach.

3.Q. May a member school coach enter the entire member school team in a summer league and coach them in that summer league?

A. Yes, provided the summer league begins after the Monday following the end of the spring sports and concludes no later than the second Saturday of August AND the total number of games or practices per week does not exceed two sessions that are no more than two hours each (OR the amount of time needed to complete an official single game/contest) AND the coach does not receive compensation directly or indirectly from fees charged to the student-athletes

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4.Q. May a member school coach host their own camp during the summer months?

A. Yes, provided it begins after the Monday following the end of the spring sports and concludes no later than the second Saturday of August AND the total sessions per week does not exceed two sessions that are no more than two hours each AND the coach does not receive compensation directly or indirectly from fees charged to the student-athletes.

5.Q. May a member school coach hold two events/practice sessions per week on the same day?

A. Yes, provided the accumulated time does not exceed two hours per day. However, a coach may not host a second session of two hours in the same day in the same sport. Also, an athlete may attend a second session for a different sport on the same day.

6.Q. Does the two days per week have to be the same two days each week?

A. No, the days can be different each week which would better accommodate multi-sport athletes. The start of each week begins on Sunday.

7.Q. May a member school basketball coach who has been coaching a non-school team with only three players from his member school eligibility list on the non-school roster now coach their entire team on the non-school team?

A. Yes, provided the summer team activities begins after the Monday following the end of the spring sports and concludes no later than the second Saturday of August AND the total number of games or practices per week does not exceed two sessions that are no more than two hours each (OR the amount of time needed to complete an official <u>single</u> game/contest) AND the coach does not receive compensation directly or indirectly from fees charged to the student-athletes.

8.Q. May a member school coach host or take their entire team to a camp for one week during July and coach their member school athletes?

No, this proposed "coaching in the summer" language does not carry over to the camp regulation which have restrictions which has always prohibited this.

9.Q. May a member school coach host other member school programs, joint practices, games, or scrimmages as long as they follow all the parameters of the two per week summer rule?

A. Yes, teams may get together for instruction, practice, and competition, however in the sport of football full contact is prohibited.

10.Q. If my member school administration will allow summer coaching but will not fund insurance, how do I protect myself and my student-athletes?

A. Coaches who coach in the summer independent of the member school can be covered by liability insurance as a member of the CHSCA and can also purchase student accident insurance for a minimal amount per athlete.

11.Q. May a member school, their coach or their booster club collect funds from their student-athletes for the purpose of covering the administrative costs such as registration, transportation, or insurance for these allowable two per week summer activities?

A. Yes, provided none of the funds collected will be paid to the coach, and funds collected are used specifically for the two per week permissible activities outlined above and the funds cannot be collected for weeklong camps or clinics which have those restrictions.

12.Q. As a member school coach, I work at a summer camp where my student-athletes attend. May I coach them during the camp?

A. No, a coach would have to make sure someone else, not from their staff, is coaching their athletes in attendance in addition to the other requirements specified in Rule 2.2.a. (1-6).

13.Q. In the question above can an individual coach their member school athletes at a weeklong camp for only two days of that camp?

A. No, the summer coaching rule that allows a coach to coach two days per week cannot be mixed or comingled with an existing rule that prohibits coaching.

14.Q. May a coach still coach a non-school team as described in Rule 2.a.(3.a.) with X amount – 50% rounded up of players with eligibility remaining for team sports)?

A. If the non-school team operates during the summer months as defined in this proposal, than the X formula does not have to be followed and the coach can coach their entire team as long as the program is limited to no more than twice a week for no more than two hours each day (OR the amount of time needed to complete an official <u>single</u> game/contest). It starts after the Monday following the end of the spring championships and concludes no later than the second Saturday of August and the coach is not being compensated from funds directly or indirectly from the student-athletes. If the non-school team operates during the school year (September-June), then the answer is yes but the number of athletes with eligibility remaining must comply with rule 2.1.(3.a.).

15.Q. What if an individual coaches more than one sport?

A. The limitations are two days a week <u>per sport</u>, therefore a coach would be able to have events twice a week for each different sport provided each session is for no more than two hours each day (OR the amount of time needed to complete an official <u>single</u> game/contest). It starts after the Monday following the end of the spring championships and concludes no later than the second Saturday of August and the coach is not being compensated from funds directly or indirectly from the student-athletes.

16.Q. May incoming 9th graders participate in the two per week summer activities?

A. Yes, by CIAC rule date of entry into high school is defined as the first date of enrollment as a grade 9 student taking four (4) or more high school subjects.

17.Q. May a coach decide to coach a summer non-school team using the X factor in the existing CIAC rule 2.1.(3.a.) with the prescribed number of student-athletes with eligibility remaining on that non-school team roster AND also conduct team activities twice a week?

A. No, the addition of this new rule does not allow the comingling of two different summer regulations. The coach may do one or the other but not both. However, if the coach does not allow the designated X factor athletes as prescribed in rule 2.a.(3.a.) to attend the two days per week activities it may be permissible.

18.Q. May a coach decide to coach a summer non-school team using the X factor in the existing CIAC rule 2.a.(3.a.) with the prescribed number of student-athletes with eligibility remaining on that non-school team roster AND also conduct team activities twice a week?

A. No, the addition of this new rule does not allow the comingling of different summer regulations. The coach may do one or the other but not both, however, keep in mind the coach may coach their entire member school team on a non-school team as long as it begins after the Monday following the end of the spring sports and concludes no later than the second Saturday of August AND the total number of games or practices per week does not exceed two sessions that are no more than two hours each day (OR the amount of time needed to complete an official <u>single</u> game/contest) AND the coach does not receive compensation directly or indirectly from fees charged to the student-athletes. Furthermore, it would be permissible for a member school coach to coach a non-school as long as none of their member school athletes on that non-school roster.

19.Q. May a coach schedule one practice day per week for two hours and also schedule a single one (1) game/contest on another day in the same week?

A. Yes, and the day of the scheduled single (1) game, the time is not bound by the two hour limitation.

20.Q. May a coach continue to perform their duties during an official game/contest if there is an overtime situation?

A. Yes, provided it was a scheduled single (1) game/contest.

21.Q. May a baseball coach hold a practice session equivalent to the amount of time it would take to complete a 7 inning game?

A. No, a practice session cannot exceed two hours per day.

22.Q. May a coach exceed the two hour limitation if they are engaged in a scrimmage?

A. No, only an official single game can exceed the two hour limitation.

23.Q. May a coach conduct a camp, a clinic or an open gym activity during the summer provided they adhere to all 8 conditions set forth in 3.1.a. above?

A. Yes, provided the summer team activities begins after the Monday following the end of the spring sports and concludes no later than the second Saturday of August AND the total number of games or practices per week does not exceed two sessions that are no more than two hours each (OR the amount of time needed to complete an official <u>single</u> game/contest) AND the coach does not receive compensation directly or indirectly from fees charged to the student-athletes.

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3.0 CIAC BY-LAWS

CIAC BOARD OF CONTROL 2024-2025

Officers

Chair	Matt Ryan, East Hartford High School
Vice Chair	Ralph Mayo, Greenwich High School
Secretary	Kim Longobucco, Newtown High School
Treasurer	Christopher Cipriano, Notre Dame Catholic High School, Fairfield
Past Chair	

Class Representatives

L	Dana Paredes, West Haven High School
	Dane Brown, Warren Harding High School, Bridgeport
M	Gary Franklin, N.W. Reg. High School, Winsted
	Stacy Butkus, Wilcox Tech. High School, Meriden
S	Christopher Eckert, Nathan Hale Ray High School, East Haddam
	Kate Lawson, Portland High School
AP At-large	Dana Mulligan, AP, Woodland Reg. High School, Beacon Falls

Eligibility Committee

Chair / S	James Wygonik, Lyme-Old Lyme High School
L	Dan Donovan, Danbury High School
M	Kevin Durkin, Abbott Tech. High School, Danbury
At-large	Kristen St. Germain, Wheeler High School, No. Stonington
	Matt Peel, Plainfield High School
	Anthony Salutari, Daniel Hand High School, Madison
AP At-large	Miquel Pickering, Amity Reg. High School, Woodbridge

Consultants

CAS	Amy Yost, Cook Hill Elementary School, Wallingford
CAPSS	Greg Shugrue, The Gilbert School, Winsted
CABE	TBD
SDE	TBD
Sports Medicine	Dr. Carl Nissan
Officials	Dan Scavone
CATA	Marc Aceto
Unified Sports	Robert Hale

Connecticut High School Coaches Association

President	Bill Vanderrest, Coventry High School
Vice President	Amanda Forcucci, Hamden High School
Executive Director	Len Corto
Treasurer	Joseph Monroe

Connecticut Association of Athletic Directors

President	Mark Berkowitz, Weston High School
Executive Director	Fred Balsamo
Consultant	Damian Frassinelli, Stafford High School

3.0 CIAC BY-LAWS

THE CONNECTICUT ASSOCIATION OF SCHOOLS
BY-LAWS
Of the
ATHLETIC BOARD OF CONTROL
CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE

ARTICLE I – NAME

The Board of Control for interscholastic athletics shall be the Connecticut Interscholastic Athletic Conference, Incorporated.

ARTICLE II – PURPOSE

The purpose of this Conference shall be to provide a central, voluntary, non-profit organization through which the public and parochial secondary schools of the State may cooperate for the following ends:

Section A. To develop intelligent recognition of the place of athletics and sports in the education of our youth;

Section B. To establish and unify policies of administration in interscholastic athletics and sports;

Section C. To offer a system that will provide for equitable competition;

Section D. To encourage the organization of inter-school athletics and play for all students as a part of the educational program;

Section E. To assist member schools in securing competent officials and to promote the use of female officials at CIAC tournament games;

Section F. To organize a force of opinion to keep interscholastic athletics within proper bounds that will expressly encourage all that is honorable and sportsmanlike in all branches of athletics and sports.

ARTICLE III – MEMBERSHIP

Section A. Any general membership of the Connecticut Association of Schools, Inc. as defined in Article III, Section A.1. of the CAS Constitution shall, upon approval of additional application and payment of additional dues and assessments levied by the Association for such purposes, be admitted into membership in the Connecticut Interscholastic Athletic Conference, Inc. (CIAC).

CIAC member school must participate in all CIAC-sponsored sports that are offered by the member school. Failure to comply may result in action by the CIAC Board of Control including termination of membership or appropriate action as determined by the Board.

Section B. Authority and Responsibility of Member Schools Regarding CIAC Bylaws and Regulations

As the voting representative to the Association and as a condition of membership, member school principals will be responsible for the following:

1. Knowing and adhering to the rules and regulations of CIAC**.**

2. Requiring appropriate school personnel to attend CIAC rules and regulations workshops on an annual basis.

3. Educating athletic directors, guidance faculty and other appropriate faculty and staff on the rules and regulations of CIAC.

4. Requiring mandatory meetings at the start of each season with coaches, student-athletes and their parents (guardian) to review CIAC rules and regulations.

5. Developing a written athletic handbook and contract for all student-athletes which delineates CIAC rules of eligibility and is signed by the student-athlete and parent prior to participation.

6. Requiring all members of the certified coaching staff to attend pre-season game rules interpretation meetings in their sport at the local, regional or state level.

7. Reporting all violations of CIAC rules and regulations in a timely manner.

8. Establishing a protocol for processing eligibility questions from student-athletes, parents, and coaches within their school

9. Requiring all newly appointed athletic directors to attend the CIAC summer workshop on CIAC rules and regulations.

10. Meeting financial obligations for CIAC dues by September 15 annually.

11. Filing a signed annual membership agreement by September 15.

12. Meeting financial obligations for all CIAC tournament fees by the stated deadlines.

13. Meeting all financial obligations to game officials within thirty (30) days of the event.

14. Ensuring that its regional or local board of education is in compliance with the legislation requiring the implementation of a state-and CIAC-approved concussion education plan. Such plan shall utilize written materials, online training videos or in-person training and shall address, minimally, the signs and symptoms of a concussion; the means of obtaining proper medical treatment for a person suspected of sustaining a concussion; the nature and risks of concussion; the danger of continuing to play after sustaining a concussion; the proper method of allowing a student-athlete who has sustained a concussion to return to play; and current best practices in the prevention and treatment of a concussion. Parents and student-athletes must also sign a unified consent form indicating that they have been made aware of and understand the material contained in such plan.

Failure to comply with all of the above responsibilities may result in action by the CIAC Board of Control including termination of membership, removal from CIAC tournaments, or other appropriate actions as determined by the Board. Failure to meet financial obligations to game officials within sixty (60) days of the event will result in loss of game officials unless otherwise directed by the CIAC Board of Control.

3.0 CIAC BY-LAWS

Section C. Violation of Bylaws, Regulations, Rules of Standards of Courtesy, Fair Play and Sportsmanship, Code of Ethics or Handbook Provisions

1. The Board of Control shall have the power to assess and to enforce such penalties, including fines, against member schools, principals, athletic directors, coaches and/or members of the coaching staff, as it deems suitable for violations of its Bylaws, Regulations, Rules, Standards of Courtesy, Fair Play and Sportsmanship, Code of Ethics, or any other standard of conduct or any other provision of this Handbook. Any such penalties will be administered in accordance with established due process procedures. A charge for any of the above violations may be brought against a member school, principal, athletic director, coach and/or member of the coaching staff by another member school or by the executive director of CAS-CIAC. Charges made by a member school must be submitted in writing to the executive director by the principal of the school making the charge. Charges made by the executive director must also be in writing.

2. The executive director shall transmit a copy of the charge or protest to the principal of the school or other such person against which or against whom the charge or protest has been made. The executive director shall also provide a copy of the charge or protest to the CIAC Board of Control's chairperson.

3. There shall be a hearing before the CIAC Board of Control, if requested in writing by the charging party or by the party charged or against which a protest has been made, at which the charging party shall have an opportunity to present the facts of its charge or protest and the party charged or against which a protest has been made shall have an opportunity to present its response to the charge or protest. The Board of Control shall not be required to hold a hearing in the case of a self-reported violation. The Board of Control may in its sole discretion provide a hearing to a member school, if requested in writing by the member school's principal, with respect to any penalty, fine or other sanction, assessed by the Board of Control without a hearing in response to the member school's self-reported violation, if a hearing is requested within fourteen (14) days after distribution of the Board of Control's decision assessing the penalty, fine or other sanction. The Board of Control may in its sole discretion elect to proceed with a hearing, (1) even if not requested by the charging party or by the party charged or against which a protest has been made and (2) even in the case of a self-reported violation. The Board of Control may in its sole discretion permit a member school to withdraw a self-reported violation prior to the imposition of a penalty, fine or other sanction, if the member school can show a good and sufficient reason for the self-reported violation to be withdrawn. A member school may not withdraw a self-reported violation once a penalty, fine or other sanction has been imposed by the Board of Control.

4. The executive director, upon notification from the chairperson, shall give due notice of the time and place of the hearing to all schools and/or persons concerned.

5. Decisions of the Board of Control made under Section C. are final, except that the CAS Board of Directors may review such decisions made by the Board of Control under Section C. as it may determine in its sole and exclusive discretion warrant its attention and review as a result of compelling reasons. If dissatisfied with the Board of Control's decision, a member school or other person against which or whom a charge or protest has been made may within fourteen (14) days after distribution of the written decision request in writing the CAS Board of Directors to exercise its discretion and review the Board of Control's decision. The request shall state the compelling reasons warranting review, the reasons for dissatisfaction with the Board of Control's decision and the relief sought. The CAS Board's decision shall be final and binding upon all parties.

6. All member schools of the Conference shall be notified in writing of any case of suspension of a member school.

Section D. Termination of Membership – Suspension

A school may be suspended from the Conference by a two-thirds vote in favor of suspension by the VOTING MEMBERSHIP of the Board of Control upon satisfactory evidence of failure to abide by the [Bylaws], regulations and Eligibility Rules of the Conference. The period of suspension shall be determined by the Board of Control, but the length of suspension shall be no more than one year.

Section E. Reinstatement

A school that has been suspended will automatically be reinstated as a member of the Conference at the conclusion of the term of suspension or sooner by a two-thirds vote in favor of reinstatement by the VOTING MEMBERSHIP of the Board of Control.

Section F. Legal Action

1. **Legal Action Against the CIAC Board of Control by a Member School**

   Any institutional or individual associate member which initiates legal action to overturn, stay or enjoin an eligibility ruling not appealable beyond the CIAC Board of Control, and is unsuccessful in seeking such an award, will be liable for reasonable costs and attorneys' fees incurred by the Association in defending against such action. Further, should the Association be forced to initiate legal action to collect the aforementioned costs and attorneys' fees, the institutional or individual associate member shall be additionally liable for the Association's reasonable costs and attorneys' fees resulting from the collection action.

2. **Legal Expenses Incurred by the Board of Control or CAS Board of Directors in Due Process Proceedings**

   Any institutional or individual associate member which, in the exercise of due process, employs legal counsel to initiate and/or conduct hearing procedures which then require the CIAC Board of Control or the CAS Board of Directors to engage legal counsel to assist in or moderate procedures or to defend an action of the Board of Control or the Board of Directors, and is subsequently unsuccessful in its attempt to overturn, alter or stay a ruling of either Board, shall be liable for reasonable costs and attorneys' fees incurred by either Board in the matter at issue. Further, should the Association be forced to initiate legal action to collect the aforementioned costs and attorneys' fees, the institutional or individual associate member shall be additionally liable for the Association's reasonable costs and attorneys' fees resulting from the collection action.

3. Notwithstanding other costs as otherwise described in Sections F.1. and F.2. of this Article, no student-athlete or legal guardian shall be assessed any legal fees or costs incurred by the CAS Board of Directors of the CIAC Board of Control for any appeal initiated by and processed by an individual athlete or individual legal guardian.

3.0 CIAC BY-LAWS

ARTICLE IV – ORGANIZATION

Section A. The Legislative Body

The Legislative Body shall consist of the principals of the Connecticut Association of Schools institutional member schools which are members of the Conference. The principal shall be the sole representative of the school to the Legislative Body, and shall have four votes. He/she may, if unable to attend a meeting of the Legislative Body, designate in writing that the assistant principal or other building administrator of equivalent rank will act as alternate in his/her place. No delegate or alternate shall represent more than one school unless he/she is the appointed principal of each school.

Section B. The Board of Control

1. Shall interpret the [Bylaws] regulations of the Conference;

2. Shall, in case of controversy, constitute a Board of Review which shall hear all complaints and protests and render decisions for violation of the [Bylaws], regulations and Eligibility Rules of the Conference, and if any one of the members of the Board of Control is a party to the controversy, he/she shall temporarily surrender his/her rights as a member of the Board of Control while the Board is hearing such controversy;

3. Shall have power to approve rules and regulations submitted by the respective committees for conduct of tournaments or championship contests sponsored by the Conference;

4. Shall have the power to determine at the end of any athletic season the relative standing of teams;

5. Shall have power to pay salaries and other financial obligations as provided in the budget;

6. Shall appoint a standing committee on officials and define its functions;

7. Shall fill all vacancies until the next legislative meeting of the Connecticut Association of Schools, Inc.;

8. Shall be composed as delineated in Article V, Section A.1. of the Constitution of the Connecticut Association of Schools, Inc.;

9. Shall have the sole authority to designate which association or associations of officials shall be recognized as a governing authority over officials in each interscholastic sport;

10. Shall have the sole authority to designate which association or associations of officials shall represent the officials in each interscholastic sport for purposes of negotiating fees and working conditions;

11. Shall have the sole authority to negotiate or set regular season and tournament fee schedules and working conditions for officials of all CIAC-sponsored interscholastic sports; member schools shall adhere to all published CIAC officials fees schedules and working conditions;

12. Shall have the sole authority to register game officials for interscholastic competition, and shall have the sole authority to determine requirements for membership, conditions for revocation, probation or suspension of registration. A school shall use only persons registered with the CIAC Officials' Association and on the approved list established by CIAC for purposes of officiating interscholastic contests controlled by CIAC, at all levels of play.

Section C. Officers

The executive officers of the Conference shall be a Chairman, a Past Chairman, a Vice Chairman, a Secretary and a Treasurer. The Chairman shall be elected by the Legislative Body at the Annual Meeting of the Connecticut Association of Schools, Inc. Each officer shall serve for two years or until his/her successor has been selected. There shall be no limitation of the number of teams which the Assistant Chair, Secretary and Treasurer may serve provided it complies in total time with Article IV, Section E, paragraph 2, of the Constitution of the Connecticut Association of Schools, Inc.

1. **Chairperson –** The Chairperson shall have power to call meetings of the Board of Control and preside over them. He/she is ex-officio member of all committees and is official representative of the Conference to the Board of Directors of the Connecticut Association of Schools, Inc.

2. **Vice Chairperson –** The Vice Chairperson shall assume the duties of the Chairperson in his/her absence.

3. **Secretary –** The Secretary shall keep a record of the proceedings, conduct necessary correspondence and keep official records of all tournaments and championship contests conducted by the Conference.

   The Secretary shall assume the duties of the Treasurer upon the resignation, incapacitation or death of the latter until an interim Treasurer is elected by the Board of Control.

4. **Treasurer –** The Treasurer shall handle the finances of the Conference as provided under Article IV. Section A, subsection 3, Treasurer of the CAS Constitution (Articles of Incorporation). He/she shall receive all funds and pay by check all bills which have been approved by the Board of Control. He/she shall give bond to insure the proper discharge of his/her duties, in such amounts as may from time to time be determined by the Board of Control. The premium for the bond shall be paid by the Conference.

Section D. Consultants

1. The Board of Control shall invite as other consultants at least one member from each of the following:

   a. The State Department of Education
   b. The Connecticut Association of Public School Superintendents
   c. The Connecticut Association of Boards of Education
   d. The Connecticut High School Coaches Association
   e. The Higher Education Community
   f. The Connecticut Association of Athletic Directors, Inc.
   g. The Connecticut State Medical Society Committee on the Medical Aspects of Sports
   h. The CIAC Officials' Association
   i. Additional consultants the Board of Control deems advisable
   j. The Connecticut Athletic Trainers Association (CATA)
   k. Unified Sports

Section E. Sports Committee Composition and Voting

1. Committee members other than the Committee on Eligibility may, but need not be, members of the Board of Control.

2. Each CIAC sport committee that conducts state tournaments or meets shall include the following voting members as appointed by the CIAC Board of Control:

   a. School administrators as appointed by Executive Director

   b. Two athletic directors appointed by the Connecticut Association of Athletic Directors (CAAD)

   c. One delegate from each tournament classification as recommended by the Connecticut High School Coaches Association (CHSCA)

   d. One official as appointed by the governing board for the respective sport.

   There is a limit of two terms of four years for each appointed coach. Rotation of terms shall be staggered, where possible, for the purpose of maintaining a continuity of purpose.

   It is preferred that coach and athletic director members of CIAC sports committees serve a specific tournament role; e.g. tournament director, assistant tournament director, coordinator of officials or another role that would serve a particular tournament responsibility.

   Each sports committee will be allowed to appoint one additional non-voting ex officio member as recommended by the CHSCA. Those terms may not exceed ten continuous years of service. Exceptions to the ten year time limit may be granted if approved by the CIAC, CHSCA and CAAD.

   An Annual review of CIAC sports committee rosters and committee performance will be conducted collaboratively by the CIAC, CHSCA and CAAD.

3. The committee in charge of each sport may recommend in writing the weekly and season limitations for that sport. All such recommendations are to be submitted to the Seasons Limitations Committee and the CIAC Board of Control for approval at the end-of-season for each respective sport.

   Recommended limitations are to include:

   - The opening day of practice
   - The minimum number of practice days that are required prior to the first interscholastic contest
   - The maximum number of games that may be played per week exclusive of postponed games, games played in CIAC-sponsored tournaments and one league playoff game. (Note: A maximum of one league playoff contest may be excluded from the weekly limitations per season. See 4.0 Athletic Administration.) (Subject to change)
   - The maximum number of contests that may be scheduled per season, exclusive of contests played with alumni (one per season), contests in CIAC-sponsored tournaments, and league sponsored and administered playoff contests.

4. It shall be the duty of the committee in charge of each sport to report in writing to the Board of Control any infractions of the rules governing the sport under its direction.

Section F. Meetings

1. Regular meetings of the Board of Control shall be held at such times as may be determined by the Board of Control. A majority of the voting members of the Board of Control shall constitute a quorum for the transaction of business.

2. A special meeting of the Board of Control may be called by the Chairperson, and upon the written request of two member schools must be called by the Chairperson within two (2) weeks.

3. The officers shall conduct all meetings of the Conference and Board of Control in accordance with Roberts Rules or Order when such are not in conflict with the CAS Constitution and these [Bylaws] regulations.

Section G. Reports

The Chairperson shall present an annual report to the Legislative Body of the Connecticut Association of Schools, Inc., at the annual meeting.

Section H. Executive Director

1. The executive director shall act as the executive agent of the Connecticut Association of Schools and the Connecticut Interscholastic Athletic Conference and shall be responsible to the CAS Board of Directors and the CIAC Board of Control.

2. The executive director of the Connecticut Interscholastic Athletic Conference shall be the same person as the executive director of the Connecticut Association of Schools and the Connecticut Schools Corporation.

3. The CIAC executive director, or his/her designee, will provide official decisions and interpretations, where appropriate, specific to the CIAC code of eligibility to high school principal, assistant principals and athletic directors only.

ARTICLE V – FISCAL YEAR

The fiscal year of the Conference shall correspond to that of the Connecticut Association of Schools, Inc. (July 1 through June 30).

ARTICLE VI – AMENDMENTS TO [BYLAWS] REGULATIONS

Section A. Procedural Aspects

Procedural aspects of the [Bylaws] regulations for the Conference may be altered, amended or repealed by the Board of Control members present and voting at any duly called and held meeting of the Board of Control.

Section B. Substantive Aspects

A change in the [Bylaws] regulations may be submitted by any voting member school through its representative, to the Executive Director of the Conference at least one month previous to the next meeting of the Board of Control. It is mandatory that the Board of Control consider any such proposed amendment and act upon it. It is mandatory that the Board of Directors submit any such proposed amendment, with or without recommendation, to member schools at least two weeks before the meeting of the Legislative Body. A proposed amendment may be altered or modified on the floor of the meeting, provided the subject matter thereof shall remain substantially the same as that described in the written notice of amendment.

Changes in the [Bylaws] regulations made during the year by the Board of Control must be submitted to the Legislative Body at its annual meeting for vote.

ARTICLE VII – TOURNAMENTS, MEETS AND GAMES

Section A. CIAC Member Schools MAY ENTER the Following Tournaments, Meets and Games When:

1. Tournaments, meets and games are scheduled by the Connecticut Interscholastic Athletic Conference; and when or if such competition may require minimum loss of school time;

2. Tournaments, meets and games are scheduled by and among member schools except sectional, state or area tournaments and meets which are restricted to member public schools only, or to member private schools only because of the nature of their membership;

3. Meets and games are scheduled by a member school with public and private schools which are members in good standing in the state high school athletic association recognized by the National Federation of State High School Associations;

4. Member schools permit athletes in individual sports to participate “unattached” and where selection for participation is based on performance of an individual, and when such competition is limited to a maximum of three (3) days;

5. Multi-state tournaments, meets or games involve no more than a total of half of the National Federation states (26) and only those that abide by regulations of the National Federation governing interstate competition and have been sanctioned by each of the involved state associations through the National Federation;

6. Applications for sanctioning of any interstate athletic contests outside of National Federation Section I must be submitted online to the National Federation. Refer to the section in this handbook for additional information on sanctioning. The National Federation web site is www.nfhs.org;

7. Interstate tournaments, meets and games within National Federation Region I are approved by each member state’s athletic association and funding methods and expenditures are approved by the local school’s Board of Education (LEA) and where such competition is limited to two calendar days of which only one is a school day;

8. Interstate tournaments, meets or games beyond National Federation Region I are approved by each member school's Board of Education (LEA), and funding methods and expenditures are approved by the Board of Education;

9. Any interstate tournament, meet or game does not violate any current CIAC seasonal or weekly limitation regulation;

10. A CIAC-sponsored interscholastic athletic team travels no more than one time per sports season beyond the National Federation Region I area.

Section B. CIAC Member Schools MAY NOT Participate in any of the Following Tournaments, Meets and Games:

1. Tournaments, meets and games sponsored by non-educational groups or individuals unless sanctioned by the NFHS and CIAC. Participation in meets, games or tournaments is prohibited unless a member school, conference, or group of member schools is the sponsor. No member school shall participate in any tournament, game or other contest from which any non-school organization derives a financial profit from ticket sales or other directly related revenue source;

2. Tournaments, meets and games which are post-season contests (in determining the meaning of the term post-season, "season" shall be defined as printed in the Eligibility Rules of the Conference) with the exception of those sponsored by CNESSPA;

3. Tournaments, meets and games played on Sundays, either home or away.

   EXCEPTIONS: The CIAC Executive Director or his/her designee, upon request from a sport committee, may grant permission to pre-schedule the final or semi-final game of a state tournament on a Sunday. Further, the Board approves the use of Sundays after 12:30 p.m. for regular season and league tournament make-up games in all sports upon the mutual agreement of both schools. Further, the Board allows the CAS-CIAC Executive Director to schedule the final or semi-final game of a state tournament before 12:30 p.m. when circumstances dictate an earlier start. Should local board of education policy prohibit a member school from CIAC tournament participation on a Sunday, reasonable attempts will be made to offer an alternate competition date.

4. Tournaments, meets and games which are intersectional beyond New York, New Jersey and New England and tournaments, meets and games which involve teams from more than six (6) states, except for tournaments, meets and games which are permitted in Section A. 5, 7 and 8 of this Article;

5. Football games played after Thanksgiving Day, unless they are postponed regularly scheduled contests or CIAC football playoff games which must be held no later than the third Saturday after Thanksgiving Day.

Section C. Conference members must request and secure permission in writing from the CIAC Board of Control to participate in any tournament, meet or game not specifically permitted by Section A. or not specifically forbidden by Section B. above.

Section D. Violators of this Article may be suspended from the CIAC as provided for in Article III, Section C. of these Bylaws, or may be penalized in some other less severe manner by a majority vote of the full membership of the Board of Control.

Section E. Divisions for CIAC Tournament Play

1. After the 9-12 enrollments as of October 1 for the current school year are received and tabulated by the Executive Director, the sports committees shall determine the tournament or championship meet divisions for the following school year.

2. The CIAC Board of Control has empowered the CIAC sport committees to establish the process for moving up a division in that sport. If committees allow schools to move up a division, the change of division form is located on the CIAC Eligibility Center under Sports Options.

3. Certain sports have had special competitive divisions established. A member school requesting a change in division must abide by the guidelines established by the sports committees of these specific sports.

Section F. Objectives and Regulations for Determining Tournament Divisions

Objectives

1. To provide post season competition for teams and/or individuals that meet the standards of qualification as established by sports committees and approved by the CIAC Board of Control.

2. To promote team sports competition organized into a tournament divisional structure based on size of school or quality of program.

3. To promote post season competition designed to provide opportunities for athletes who are fully subscribed members of a CIAC high school interscholastic team.

4. To promote post season competition given constraints of reasonable financial and human resources.

Regulations

1. No team division qualifying standard shall go below a 40% win record in the sports of field hockey, soccer, volleyball, softball, football, or lacrosse. The sports of baseball, girls basketball and ice hockey have approval from the CIAC Board of Control to modify the qualifying standard.

2. No open or elite tournament formats for team sports.

3. Gender equity shall be an important principle when establishing tournament formats.

4. Any sport committee request to move to a lower qualifying standard from a previously adopted standard must be approved by the CIAC Board. Supporting rationale must accompany each request and be of sufficient merit to convince the Board that such a move meets the objectives of the CIAC.

5. All sports committees shall develop a tournament format that when fully implemented will attempt to approximate an equal number of teams or participants in each division.

6. All sports committees will develop a tournament format which will require only the number of divisions necessary to accommodate the number of teams that qualify for the tournament. To request an increase in the number of divisions, it is necessary to show that the existing divisional alignment cannot accommodate additional teams without playing several qualifying games.

7. All sports committees will be required to justify the number of divisions when there is evidence that the existing number of teams making the tournament can be accommodated in fewer divisions.

8. All sports committees have the latitude to promote opportunities which will enhance the overall quality of their tournament as long as such opportunities conform with the heretofore listed regulations. Such opportunities must be made part of the published tournament regulations and be consistently applied to all teams that make the tournaments. Any change in tournament structure which departs from the usual procedure of determining divisions by size of school must be approved by the CIAC Board of Control.

   Individual Sports – Cross Country, Track, Golf, Swimming, Wrestling, Indoor Track, Tennis, Gymnastics

   Team Sports – Field Hockey, Soccer, Volleyball, Basketball, Softball, Football, Ice Hockey, Baseball, Lacrosse

Section G. Good Will Trips Abroad

The matter of school teams going abroad on "good will" trips has long been a concern to the CIAC Board of Control. Too often they come about as the brain-child of a commercial entrepreneur with little or no regard to the loss of school time which results in conflicts with the policies and regulations of the CIAC regarding such participation and the expense to students and their families. The creation of such trips by commercial entrepreneurs for profit has always been frowned upon and should continue to be.

However, such good will trips sponsored by school groups or other non-profit organizations for wholesome and worthwhile purposes which advance the education of young people in ways which at-home classroom instruction could not hope to do should be allowed so long as they comply with the following criteria.

1. The trip should have purposes which are truly educational beyond the taking of students to a foreign country to engage in athletic contests. These purposes should include first-hand observation of the culture and customs of the host country; opportunities to spend time with native hosts in home, school and other societal settings which provide insight into the country, travel and sightseeing within the host country, language study and experience.

2. The purpose of the trip should also advance the interests of the United State and of world understanding and peace in promoting good will among young people of differing races, languages, regions, etc.

3. The trip should not require excessive expense on the part of students or their families, or excessive fund raising efforts which conflict with out-of-school study time and other school related pursuits. The local Board of Education or other governing body must make this determination.

4. The advantages to be gained by such a trip must significantly outweigh any loss of school time which might occur. The local board of education or other governing body must make this determination. Arrangements should be made for students to make-up missed school assignments or carry same on while abroad.

5. Approval for the trip must be obtained from the National Federation of State High School Associations. A National Federation application for sanction of International Athletic Competition must be completed sixty (60) days prior to the trip. A follow-up National Federation International Competition Report Form must be completed for that sport. (Call CIAC office)

6. If such a trip occurs during the CIAC athletic season, any athletic events engaged in must come under and comply with the weekly and seasonal game limitations of the CIAC. These games will not count for CIAC tournament qualification.

7. If the trip occurs outside of the team's athletic season, no more than a maximum of three (3) athletic contests will be played. No practice sessions will be permitted. However, it will be the responsibility of the school administration to make sure that all athletes are properly conditioned prior to any participation in organized competition.

8. Such trips cannot take place later than sixty (60) days prior to the team's next season of play.

ARTICLE VIII – ELIGIBILITY

Section A. The rules of eligibility shall be those which have been adopted by the Athletic Board of Control and shall be considered part of the [Bylaws] regulations under Article IX. In the event no rules changes are approved by the Board of Control, the rules in effect shall remain in full force and effect until new ones have been duly approved.

Section B. Committee on Eligibility

1. The member of the Eligibility Committee who shall serve as Chairperson shall be designated each year by the Board of Control.

2. All questions on interpretation of the eligibility code must be submitted in writing and only by principals of member schools.

3. All protests must be submitted by the principal to the Executive Director on the official protest form. The protest must be postmarked within five (5) school days of the alleged infraction.

4. The Eligibility Committee shall be empowered to make recommendations for exceptions to the eligibility code when, in its opinion, such exceptions are for just cause and to further the objectives of the CIAC. The Committee specifically reserves the right to require medical reports and/or other relevant information.

5. All member schools of the Conference involved in any case which has been considered by the Eligibility Committee shall be notified in writing of the decision of that Committee.

6. A member school dissatisfied with a decision of the Eligibility Committee may, within seven (7) days after said decision, request in writing that the Eligibility Review Board review the decision. Requests for exceptions to Article IX, Section II.C. (commonly known as the "transfer rule" of the Code of Eligibility) will be considered by the Eligibility Review Board only after the actual transfer has taken place. A member school principal, on behalf of the student-athlete, has the right to request the Board of Control to review the Eligibility Review Board's decision. Appeals of decision of the CIAC Eligibility Review Board are final except that the CIAC Board of Control reserves the right to review and act upon only those cases which it believes involve issues of critical and conflicting opinion among the Eligibility Committee and the Eligibility Review Board or which, as a result of other compelling reasons, deserve the attention of the CIAC Board of Control. This decision shall be final and binding upon all parties.

    a. Appeals are to be made in writing to the Executive Director or his/her designee of CAS.

    b. The Executive Director or his/her designee shall notify all the schools involved in the appeal.

    c. The Executive Director or his/her designee, upon notification from the Chairperson of the Board of Control, shall give due notice to all schools concerned of the time and place of the hearing.

    d. The school against which a charge or protest has been filed shall have the privilege of presenting its case to the Board of Control.

7. All requests for exception to the Eligibility Rules initiated by a student-athlete or his/her parents or legal guardian SHALL be referred by the principal of the member school to the CIAC Eligibility Committee.

Section C. Restitution

If a student is ineligible according to CIAC rules but is permitted to participate in interscholastic competition contrary to such CIAC rules but in accordance with the terms of a court restraining order or injunction against his/her school and/or the CIAC and said injunction is subsequently voluntarily vacated, stayed, reversed or [it is] finally determined by the courts that injunctive relief is not or was not justified, in any one or more of the following actions shall be taken against such school in the interest of restitution and fairness to the competing schools:

1. Require that individual or team records and performances achieved during participation by such ineligible student shall be vacated or stricken.

2. Require that team victories shall be forfeited to opponent.

3. Require that team or individual awards earned by such ineligible student be returned to the Association.

ARTICLE IX – RULES OF ELIGIBILITY AND CONTROL FOR BOYS AND GIRLS HIGH SCHOOL ATHLETICS IN CONNECTICUT

Section A. The Eligibility Rules are provided electronically to each member school. **Complete rules of eligibility will be found in Appendix B of this Handbook.**

3.0 CIAC BY-LAWS

Section B. Transgender Participation

The CIAC is committed to providing transgender student-athletes with equal opportunities to participate in CIAC athletic programs consistent with their gender identity. Hence, this policy addresses eligibility determinations for students who have a gender identity that is different from the gender listed on their official birth certificates.

The CIAC has concluded that it would be fundamentally unjust and contrary to applicable state and federal law to preclude a student from participation on a gender specific sports team that is consistent with the public gender identity of that student for all other purposes. Therefore, for purposes of sports participation, the CIAC shall defer to the determination of the student and his or her local school regarding gender identification. In this regard, the school district shall determine a student's eligibility to participate in a CIAC gender specific sports team based on the gender identification of that student in current school records and daily life activities in the school and community at the time that sports eligibility is determined for a particular season. Accordingly, when a school district submits a roster to the CIAC, it is verifying that it has determined that the students listed on a gender specific sports team are entitled to participate on that team due to their gender identity and that the school district has determined that the expression of the student's gender identity is bona fide and not for the purpose of gaining an unfair advantage in competitive athletics.

Students who wish to participate on a CIAC gender specific sports team that is different from the gender identity listed on the student's current school records are advised to address the gender identification issue with the local school district well in advance of the deadline for athletic eligibility determinations for a current sports season. Students should not be permitted to participate in practices or to try out for gender specific sports teams that are different from their publicly identified gender identity at that time or to try out simultaneously for CIAC sports teams of both genders.

Nothing in this policy shall be read to entitle a student to selection to any particular team or to permit a student to transfer from one gender specific team to a team of a different gender during a sports season. In addition, the CIAC shall expect that, as a general matter, after the issue of gender identity has been addressed by the student and the school district, the determination shall remain consistent for the remainder of the student's high school sports eligibility. The CIAC has concluded that this criteria is sufficient to preclude the likelihood that a student will claim a particular gender identity for the purpose of gaining a perceived advantage in athletic competition.

ARTICLE X – RECRUITMENT

A charge of recruiting may be brought against a member school by another member school or by the Executive Director of CAS-CIAC.

Recruitment Policy – The CIAC Board of Control has established the following policy with regard to the illegal recruitment of student-athletes by member schools:

Section A. General Principles

1. Recruiting is the use of undue influence and/or special inducement by anyone associated with a school in an attempt to encourage a prospective student to attend or remain at that school for the purpose of participating in interscholastic athletics.

2. Recruitment of students or attempted recruitment of students for athletic purposes, regardless of their residence, is a gross violation of the spirit and philosophy of the bylaws of the Connecticut Interscholastic Athletic Conference and is expressly forbidden.

3. Member schools are responsible for any violation committed by any person associated with the school, including principals, assistant principals, athletic directors, coaches, teachers, any other staff members or employees, <u>or any organizations, such as booster clubs</u>, having connection to the school. Member schools also are responsible for any violation committed by any person acting at the direction of the school or anyone associated with the school. Use of third parties such as students, parents, etc., is also a violation of this policy.

4. When a school is requested to disclose the specifics of acceptance or enrollment policies and procedures, it agrees to do so as a condition of membership. Note: Schools will not be randomly asked this; it may occur when accusations of recruitment are made and disclosure would eliminate any doubt about the procedure.

Section B. Undue Influence

1. The use of undue influence, which is the use of direct or indirect communication by anyone associated with a school with a prospective student-athlete in an attempt to solicit or encourage the enrollment of a prospective student-athlete in that school, is prohibited. Additionally, no one associated with a school may request any third party to solicit or encourage the enrollment of a prospective student-athlete in that school, for in that case the third party also becomes associated with that school.

2. Undue influence includes, but is not limited to:

   a. Initiating or arranging telephone, telegram or other written contact such as questionnaires, cards or letters, with a prospective student-athlete or member of his/her family for the purpose and intent of soliciting or encouraging the enrollment of the student in a school.

   b. Visiting or entertaining a prospective student-athlete or member of his/her family for the purpose and intent of soliciting or encouraging the enrollment of the student in a school.

   c. Providing transportation to a prospective student-athlete or member of his/her family to visit a school or to meet with anyone associated with a school for the purpose and intent of soliciting or encouraging the enrollment of the student in that school.

   d. Attending grade school, junior high or middle school games for the purpose of evaluating and recruiting specific prospective student-athletes.

   e. Requesting booster club members, students, parents or alumni from a school to discuss the merits of the school's athletic program with a prospective student-athlete or member of his/her family by phone, in person or through letters or other written communication.

   f. Any other contact with a prospective student-athlete or member of his/her family for the purpose and intent of soliciting or encouraging the enrollment of the student in a school.

   g. Offer or acceptance of the bypassing of the established policies and procedures for admittance / enrollment to a school.

3. No member school and no one acting on behalf of any member school may give any speech or give any slide, film or media presentation or distribute any written material, including advertisements in newspapers, magazine or other publications, which states or implies that a member school's athletic program is better than the athletic program of any other member school or that it would be more advantageous for any prospective student-athlete to participate in athletics at that member school as opposed to any other school.

4. When a student at a junior high, middle school or other high school, or the parent(s) or guardian(s) of that student contacts a coach about attending the coach's school, the coach must immediately refer the student, parent(s) or guardian(s) to the principal or other appropriate school personnel, who have the responsibility of seeking and processing prospective students.

5. Middle school athletes may not participate in high school athletics. A middle school athlete cannot practice, condition or train with a high school athlete or athletic program at any level.

Section C. Special Inducement

1. A student-athlete may not receive or be offered any remunerations of any kind or receive or be offered any special inducement of any kind which is not made available to all students who enroll in or apply to a school.

2. Special inducements include, but are not limited to:

   a. Offer or acceptance of money or other valuable consideration such as free or reduced tuition during the regular school year or summer school by any person associated with a school.

   b. Offer or acceptance of room, board, textbooks or clothing, or financial allotment for textbooks or clothing.

   c. Offer or acceptance of pay for work that is not performed or that is in excess of the amount regularly paid for such service.

   d. Offer or acceptance of free transportation by any person associated with a school.

   e. Offer or acceptance of a residence with any person associated with a school living with non-custodial parent.

   f. Offer or acceptance of any privilege not afforded to non-athletes. However, it is not a violation for youth groups to attend local games free of charge if they are part of a local program that is open to all students at that age level.

   g. Offer or acceptance of free or reduced rent for parents or guardians.

   h. Offer or acceptance of payment of moving expenses of parents or guardians or assistance with the moving of parents or guardians.

   i. Offer or acceptance of employment of parent(s) or guardian(s) in order to entice the family to move to a certain community if any person associated with the school makes the offer.

   j. Offer or acceptance of help in securing a college athletic scholarship.

Section D. Academic Recruitment Programs / Open Houses

1. This policy is not intended to prevent a member school from conducting academic recruitment programs or recruitment programs designed to attract students based upon the school's overall educational and extracurricular programs. However, such recruitment programs must be designed to present the overall educational and extracurricular programs of the school and not be used as a subterfuge for recruiting students for athletic purposes. Such general recruitment programs permissible under this article must be carried out under the following guidelines:

    a. With the permission of the principal, member schools may present speeches, slides, media presentations or other similar programs to students at elementary, junior high or middle schools with grades below the ninth from which the member school can normally expect enrollment so long as said speeches, slides, media presentations or other presentations are designed to attract students to attend the member school and are based upon the overall educational programs and not presented for the purpose of recruiting prospective athletes. No information can be distributed through such programs by the use of speeches, slides, media presentations or written material which in any way implies that the member school's athletic program is better than any other member school's athletic program or that it would be more advantageous for a prospective student-athlete if he/she participated at that member school as opposed to any other member school.

    b. Member schools may conduct an open house that is designed to attract students based upon the school's overall educational and extracurricular programs. No information distributed at a school's open house through any speech, media presentations or written material can imply that the school's athletic program is better than any other member school's athletic program or that it would be more advantageous for a prospective student-athlete if he/she participated at that member school as opposed to any other member school. The school's athletic director and member school coaches may be present as part of the administrative team and faculty that conducts an academic recruitment presentation or open house for the purpose of answering questions or making presentations consistent with the above. Coaches must strictly adhere to the CIAC recruitment regulation that prohibits the use of undue influence and/or special inducement by anyone associated with the school in an attempt to encourage a prospective student to attend that school for the purpose of participating in interscholastic athletics.

Section E. Athletic Programs / Activity Fairs

1. Specific athletic and sport information may be distributed not earlier than April 15 by coaches and others, at any venue, to eighth grade students and other students that have officially committed to attend a member school. Students considered in this group are those that have been officially assigned a program of studies; registered with the school for the next school year and have complied with all other school enrollment requirements. These students are then considered bona fide members of the member school and may be contacted by individual school personnel for specific athletic intentions.

2. Activity fairs or meeting solely for the purpose to disseminate or collect athletic information from the incoming freshman class may be held on or after April 15.

3. Prior to April 15, parent initiated individual visits to schools are permitted during school hours. Student hosts or others may not be assigned for athletic consideration.

Section F. Financial Assistance Programs

1. Member schools are permitted to maintain financial assistance programs for students which must be without regard to athletic potential. Financial assistance based even partially on athletic potential or performance is not permitted from the school or any individual or group associated with the school.

2. Financial assistance programs must be carried out under the following guidelines:

    a. Evaluation of the student's needs for financial assistance must be performed by a recognized organization independent of the school and approved by the CIAC Board.

    b. Member schools must make all records of financial assistance available to the CIAC for inspection upon request.

    c. No coach or any other unauthorized person associated with the school may suggest or promise that any part of tuition will be waived for a prospective student or that financial assistance may be granted for any reason, including financial need. The only person who may address the possibility of fee reduction or financial assistance is that person who has specific responsibility for admissions and financial assistance policies and procedures.

    d. Funds which have been donated to schools by businesses, organizations, clubs and individuals may be given as financial assistance to students through the normal financial assistance program of the school for all students, without regard to athletic potential.

Section G. Penalties

1. A member school found to be in violation of any provision of this policy:

    a. Will be assessed a financial penalty as well as all expenses incurred by the CIAC in its investigation, and required to forfeit all contests won in which a recruited student(s) participates and/or all points earned in any contests by a recruited student(s);

    b. May be placed on probation for a period of not less than one year in the sport(s) in which the violation(s) occurred;

    c. May be placed on prohibition, which means the school cannot participate in any CIAC-sponsored meets/tournaments, for a period of not less than one year in the sport(s) in which the violation(s) occurred; and/or

    d. May be placed on suspension from the CIAC and the school has the status of a non-member in all activities for a period of not less than one year.

2. A student who allows him/herself to be successfully recruited by a member school:

    a. May be declared ineligible for a period of time as determined by the Board of Control for interscholastic athletic competition at the school to which he/she was recruited; and

    b. May be declared ineligible for interscholastic athletic competition for a period not to exceed one year at any member school.

c. May be subject to other actions as deemed appropriate by the Board of Control.

3. When a coach is involved in athletic recruitment violations the Board of Control shall consider all punitive actions taken by the school to address the recruitment violation. In addition the Board may consider:

   a. Disqualification of the coach(es) involved from coaching responsibilities at any level of that CIAC sport or potentially any CIAC-sponsored sport for a minimum of one calendar year. Note: The period of disqualification for the coach(es) continues even if the coach(es) leaves the position where the infraction took place.

   b. Assigning a probation period not to exceed two years for the coach(es) upon return to coaching responsibilities of any CIAC sport in any CIAC member school.

   c. Requiring that the coach take the appropriate coaching module.

Section H. Protocol for Investigating and Determining a Charge of Recruitment

1. If a charge of recruiting is brought against a member school, the CIAC Board of Control shall appoint an investigating officer, whose duty it shall be to determine the facts in the case. This person shall be empowered to summon representatives of both the complainant and the school accused of recruiting to an informal fact finding meeting which shall be held within fifteen (15) days of receipt of the complaint.

   No parties may at this time be represented by counsel. The investigating officer shall attempt to resolve the matter at issue between the two schools. Where the findings of violation of the recruitment rule have been determined following the investigation, the investigating officer may rule in his/her discretion that the offending school:

   a. Be fined a definite amount;
   b. Be placed on probation pending future conduct for a definite time period;
   c. Be prohibited from participation in CIAC-sponsored meets or tournaments for a definite time period;
   d. Be suspended from the CIAC for a definite time period; or
   e. Be penalized by any combination of the above.

   If the schools accept the investigating officer's decision, it shall be so reported in writing to the CIAC Board, along with the investigating officer's findings of fact, the report shall be entered in the minutes of the Board, and the matter adjudicated and closed.

2. Should the efforts of the investigating officer fail, the CIAC Board of Control shall, within fifteen (15) days of the date of receipt of such report, establish a three-member panel to arbitrate the issue.

   The panel shall consist of three member principals, one member chosen by the complainant, one member chosen by the accused school, and a third member agreed upon by the two parties. The neutral member will serve as Chair. The panel shall be empowered to call both parties to a formal hearing, at which time parties shall not be represented by counsel, and which shall be conducted according to existing CIAC bylaws and precedent. The hearing must be held no later than 21 days after the appointment of the panel. The decision of the panel shall be reported to the CIAC Board of Control and the two parties involved within one week following the conclusion of the hearing.

3. Where a finding of violation of the recruitment rule has been determined by a three member panel, the panel may rule in its discretion that the offending school:

   a. Be fined a definite amount; or
   b. Be placed on probation pending future conduct for a definite time period; or
   c. Prohibited from participation in CIAC-sponsored meets or tournaments for a definite time period; or
   d. Be suspended from the CIAC for a definite time period; or
   e. Any combination of the above.

4. Should the findings and judgment of the panel be accepted by both parties, said findings and judgment shall be communicated by the panel in writing to the CIAC Board of Control, which shall enter the findings and judgment in the minutes of the Board, and the matter shall be declared adjudicated and closed.

5. Should the findings and judgment of the panel not be accepted by the parties, either may appeal to the CIAC Board of Control for a formal hearing before the Board. Such appeal must be made within fifteen (15) days following the announcement of the decision of the panel. If a request for an appeal hearing is not made within that time, the matter shall be considered closed and the judgment of the panel shall stand.

6. Upon appeal made in timely fashion, the Board of Control shall convene a formal hearing, where each party may be represented by counsel, to be held no later than 30 days from the day of receipt of the request. The hearing shall be conducted in accordance with existing CIAC bylaws and precedent in such cases.

   If any party elects to be represented by counsel, the other parties must be so informed in timely fashion.

7. The school appealing the finding and judgment of the panel shall be subject to the application of Article III, E.1. and 2. of the CIAC [bylaws], regulations (q.v.). (Note: This article provides that any school which sues CIAC and loses pays CIAC's legal fees and costs.)

8. Punitive fines not to exceed $10,000 may be imposed by the Board of Control against a school found to have engaged in recruiting as defined in Article IX, Section IV, C.2. and above. The superintendent of schools of the district shall be notified through the high school principal.

ARTICLE XI – COOPERATIVE TEAM SPONSORSHIP

Section A. – Formation of Cooperative Athletic Teams of Two or More Member High Schools

The CIAC Board of Control shall have the authority to approve the formation of cooperative athletic teams of two or more member high schools under the following conditions:

1. The determination of the proper set of circumstances which will allow multiple schools to form a cooperative team will depend significantly on the issue of competitor displacement. When the CIAC believes that a cooperative arrangement will cause an unreasonable displacement of potential competitors from one of the schools, the request to form a cooperative will be denied. Schools having sufficient numbers of competitors are advised not to request the formation of a cooperative team in that sport. It is only when two or more schools are experiencing difficulty in obtaining the desired number of competitors to form a team that the request for a cooperative team should be initiated. <u>Cooperative teams may not be formed for financial reasons</u>.

2. Cooperative teams will not be permitted to add a school(s) if the total number of players on the existing co-op team exceeds the maximum determined sport participation limit. (See chart pg. 73) Co-op programs exist until they have finished the phase-out period or if the agreement between the schools involved ceased for at least one full season.

3. Multiple team cooperative programs cannot exceed two (2) times the maximum determined sport participation limit in each sport.

4. The schools are located in the same geographical area.

5. All schools participating in the cooperative must be members of the CIAC, Inc.

6. A cooperative team will be placed in the appropriate tournament classification using combined enrollments as follows:

   a. 100% of the 9-12 boy or girl enrollment of the largest school in the co-op.

   b. The % of players from the remaining school(s) in the co-op will be calculated and that % of the co-op school(s) 9-12 boy or girl enrollment will be added to the largest school enrollment.

Example:	School A – 9-12 boy enrollment	500
	School B – 9-12 boy enrollment	250
		750
# of participants in co-op – 15		
10 from School A – 100% enrollment		500
5 from School B – 33% enrollment of 250		83
Total enrollment for tournament classification		583

7. The cooperative sponsorship agreement is usually established for a period of two consecutive school years. However, approval may be granted for a one year period.

8. The governing boards of all schools participating in the cooperative team agreement jointly make application to the CIAC Board of Control for approval of the cooperative team agreement.

9. Written assurance that a "no cut" policy will govern the cooperative. **Note: Any attempt to stifle team growth or to discourage turnout to maintain lower numbers in order to co-op is considered a cutting policy and is prohibited.**

10. Cooperative team application must be filed online in the "eligibility center." In addition to a completed application written approval from the league(s) of which the cooperating schools are members, or, in the event the cooperative team will not be affiliated with a league, written approval from a minimum of six schools included on the cooperative teams schedule must be submitted.

    Application deadlines for cooperative teams during any school year are: (Schools are encouraged to submit their applications well in advance of the deadline.)

    Fall Sports – May 1 **Winter Sports – September 15** **Spring Sports – January 15**

3.0 CIAC BY-LAWS

The principal of the host school will be designated as responsible for all CIAC-related correspondence concerning the cooperative team.

Note: The cooperative team application form must be completed and be accompanied by all necessary addenda.

11. The CIAC Co-op Committee reserves the right to investigate a co-op team which has a substantially different number of athletes reported on the co-op application than the number of athletes that actually participate in the co-op. The outcome of the investigation may result in recommendations to the CIAC Board of Control to take immediate action.

Section B. – Decision Making Power

Decisions to approve or disapprove all cooperative team applications are relegated to the Cooperative Team Committee by the CIAC Board of Control. The Cooperative Team Committee shall consist of the chairperson of the CIAC, a minimum of two high school administrators, one representative of CAAD and one representative of CHSCA, all with voting privileges. The Cooperative Team Committee will meet a minimum of three times per year to act on all requests.

Section C. – Sport Participation Limits

The following limits have been determined by each CIAC sport committee. When the number of potential participants in any school exceeds the limits listed below a cooperative team will not be approved.

Fall Sports (9-12) (10-12)	Winter Sports (9-12) (10-12)	Spring Sports (9-12) (10-12)
Cross Country .. 5 / 4	Basketball ……. 8 / 6	Baseball …… 14 / 10
Field Hockey ... 16 / 11	Gymnastics …… 3 / 2	Golf …….. 4 / 3
Football ……... 32 / 25	Ice Hockey …… 15 / 10	Lacrosse …… 16 / 11
Soccer …….. 16 / 11	B. Swimming … 14 / 10	Outdoor Track .. 14 / 10
G. Swimming .. 14 / 10	Indoor Track …. 10 / 7	Softball ……. 14 / 10
G. Volleyball ... 10 / 7	Wrestling …….. 15 / 11	Tennis ……... 7 / 5
Golf ……. 4 / 3		B. Volleyball … 10 / 7

Section D. – Forming a Cooperative Team Program Outside of Established Student-Athlete Limits

Schools/existing programs may apply to form a cooperative team even though one or more of the existing programs exceeds the prescribed listed limit provided the following requirements are met:

1. Schools must adhere to all CIAC student eligibility standards, seasonal and weekly limitations.

2. **Schools knowingly taking this path remove themselves from CIAC post-season competition**.

3. A win/loss record will be counted only for opponents of the “opt-out” program and to calculate any CIAC tournament pairings and power rankings.

4. Schools applying to opt out must submit to the CIAC Cooperative Team Committee a letter of approval from their league and each non-league opponent. They also must provide a statement from all of the schools involved in the co-op that their parents and student-athletes have been informed that they are applying for a team that will operate outside of CIAC rules that may cause a concern about student displacement within the team.

5. The opt-out accommodation is for one (1) year at a time and **there will be no phase out period**.

6. Once the opt-out accommodation request along with the required letters are received, the CIAC Cooperative Team Committee will screen the documentation and determine if it should be forwarded to the CIAC Board of Control for approval.

Section E - Dissolution of Cooperative Teams

1. When the decision of the CIAC co-op committee is to dissolve or discontinue a co-op program, there will be a maximum of a two (2) year phase-out, renewable yearly, and athletes will be eligible from their schools throughout the phase-out period. The cooperative team committee has the authority to reduce a phase-out period to one year if the number of participants from a school exceeds the maximum determined sport participation limit or the total number of participants in the co-op exceeds or is close to exceeding two times the maximum allowed in the specific sport. Eligibility is not restricted to only those athletes who were on the original co-op team roster at the time of discontinuation.

   Note: When a co-op team has been put into a phase-out and it can be demonstrated that the school(s) affected have in good faith begun a process of creating some type of sustainable ongoing program, in the same sport and independent of the co-op which will provide opportunity to those new incoming underclassmen, the schools involved <u>may</u> request an extension of the phase-out period to insure the students who were in the original co-op may finish out their high school athletic career as a part of the original co-op.

2. During the phase-out, all schools must agree to remain in the co-op agreement on a yearly basis. League approval is not required. During the phase-out period all athletes are to be notified by their school that a limited period of eligibility exists because the program is in a phase-out period.

3. A cooperative program which has completed a phase-out may apply for continued existence as a "non-CIAC competitive" program for the season immediately following the completed phase-out. The following requirements must be met:

   a. All CIAC student eligibility standards, seasonal and weekly limitations will be adhered to.
   b. Schools knowingly taking this path remove themselves from CIAC post-season competition.
   c. A win/loss record will be counted only for opponents of the "opt-out" program and to calculate any CIAC tournament pairings and power rankings.
   d. Schools applying to opt-out must submit to the CIAC Co-op Committee a letter of approval from their league and each non-league opponent.
   e. The opt-out accommodation is for one (1) year at a time.
   f. Once the opt-out accommodation request along with the required letters are received, the Co-op Committee will screen the documentation and determine if it should be forwarded to the CIAC Board of Control for approval.

   The Co-op Committee often deals with one or more schools which have exceeded the allowable number of participants thus forcing the program to enter into a phase-out period. This is done to create optimum opportunity, prevent a co-op program from gaining a competitive advantage and avoid the displacement of students. When this occurs, the Co-op Committee works diligently to try and find other opportunities to allow students left behind without a program to participate. In cases where an alternative program cannot be found, it sometimes becomes a very emotional issue. The proposed opt-out accommodation is being recommended to provide schools an option that allows them to remain unified despite a phase-out period.

4. Dissolving an active CIAC approved co-op lies solely between the schools involved. However, the cooperative team committee can deny a co-op application if ANY of the schools applying were previously part of a disbanded co-op that has left schools without a program in which to compete.

QUESTIONS AND ANSWERS CONCERNING COOPERATIVE TEAMS

1.Q. **When a school has a reasonably sufficient number of competitors to sponsor a team will that school be allowed to develop a cooperative arrangement with a school which does not have sufficient numbers to sponsor a team?**

A. *No. The determination of the proper set of circumstances which will allow two or three schools to form a cooperative team will depend significantly on the issue of competitor displacement. When the CIAC believes that a cooperative arrangement will cause unreasonable displacement of potential competitors from one of the schools, the request to form a cooperative will be denied. Schools having sufficient numbers of competitors are advised not to request the formation of a cooperative team in that sport. It is only when two or more schools are experiencing difficulty obtaining an adequate number of competitors to form a team that the request for a cooperative team should be initiated.*

2.Q. **How is the term "same geographical area" defined?**

A. *The term "same geographical area" will be defined by the boards of education forming each cooperative team. It is expected that the practical factors involved in arranging a co-op will create practical parameters to the geographical area any cooperative could serve.*

3.Q. **According to the regulations, league approval is required for each cooperative team. What constitutes league approval?**

A. *League approval is formal voted-upon action by a league, according to its own method of voting, granting formal approval by the league of the formation of a cooperative team involving one or more of its member schools.*

4.Q. **What requirements do schools which establish cooperative agreements have to meet with respect to defining the administrative details of a cooperative team?**

A. *Board of education must adopt a formal intergovernmental agreement with the other district(s) involved in the formation of any cooperative team they establish. This agreement must be formally adopted by the boards of education of all cooperating schools.*

5.Q. **If a school adds a boys' team by the formation of a cooperative team, must it also add a girls' sport team to its program?**

A. *Simply adding a team for one sex of students by forming a cooperative does not require corresponding action to add a team for the other sex of students. However, schools are bound by the provisions of Title IX. Questions with respect to Title IX regulations should be referred to the State Department of Education.*

6.Q. **May cooperative teams be formed with out-of-state schools?**

A. *No.*

7.Q. **May a cooperative team be formed with a school which is not a member of CIAC, Inc.?**

A. *No*

8.Q. **May a school form more than one cooperative team in the same sport?**

A. *No. A cooperative team will not be approved based upon level of play, such as a freshman team or JV team. Approval will be decided solely on permitting schools to engage in a sport cooperatively.*

9.Q. **May a school form a cooperative with one school in football, a different cooperative team with another school in cross country and even a third cooperative with yet another school in volleyball?**

A. *Yes. The provisions of this rule permit formations of different cooperative teams with different schools on a sport-by-sport basis. However, each cooperative team formed must undergo the complete process of approval by the boards of education, the league, and the CIAC Board of Control.*

10.Q. **In light of the requirement that cooperative teams may not limit participation opportunities, must a no-cut policy be established for each cooperative team that is formed?**

A. *Yes.*

11.Q. **May a school drop one sport, such as field hockey, in order to enter a cooperative team arrangement in another sport such as girls soccer?**

A. *Yes. The decision as to which sports to offer is exclusively the prerogative of each board of education.*

12.Q. **Is there a deadline for filing cooperative team applications with the CIAC Board of Control?**

A. *Yes. The deadline is May 1 for fall sports – September 15 for winter sports – and January 15 for spring sports.*

13.Q. **May a cooperative team be formed during a sport season, in order to accommodate participation in the CIAC tournament series that school year?**

A. *No. All cooperative team applications must be submitted on or before the date deadline for each sport season. Applications received after these dates will be denied or considered only for implementation no sooner than one year hence.*

14.Q. **Must a cooperative team meet all of the qualifying regulations of a specific sport before being permitted to compete in the state tournament?**

A. *Yes.*

15.Q. **If two schools form a boys' cooperative team with each school having boy enrollments in grades 9-12 of 500 and 250, what enrollment will be used to determine classification for that sport?**

A. *A cooperative team will be placed in the appropriate tournament classification using combined enrollments as follows:*

- *100% of the 9-12 boy or girl enrollment of the largest school in the co-op.*
- *The % of players from the remaining school(s) in the co-op will be calculated and that % of the co-op school(s) 9-12 boy or girl enrollment will be added to the largest school enrollment.*

Example:	*School A – 9-12 boy enrollment*	*500*
	School B – 9-12 boy enrollment	*250*
		750

# of participants in co-op – 15	
10 from School A – 100% enrollment	*500*
5 from School B – 33% enrollment of 250	*83*
Total enrollment for tournament classification	*583*

16.Q. **If two schools receive approval for a cooperative team, may they reapply their cooperative agreement and add a third school to the cooperative?**

A. *Co-op teams are not permitted to add a third school (if the total number of players on the existing co-op team exceed the maximum limit required per sport.*

17.Q. **If two schools form a cooperative agreement, and then after the season for that sport begins, interest wanes and there are not sufficient students participating to sustain the team, what are the eligibility implications for students who may have been participating in the cooperative team?**

A. *Students who begin participating on a cooperative team which is then disbanded after having competed in its first contest, may not compete in another CIAC sport during the remainder of the current sport season. Furthermore, if students from either of the schools enter the CIAC state tournament series as individuals in the sport for which the cooperative was established, they would have to be entered under the auspices of the cooperative team, not their own individual high school.*

18.Q. **A school after one year in a cooperative agreement is forced to discontinue the sport because of lack of support from the other schools in the cooperative. May that school petition to form a cooperative in the same sport with another school or schools?**

A. *Yes. In this case an appeal will be heard by the review committee to grant exception to the two year commitment.*

19.Q. **May two schools from a cooperative team then subsequently consolidate with each other the second year of the cooperative?**

A. *Yes. Consolidation of schools joined in a cooperative team agreement will simply supersede the cooperative agreement in such case.*

20.Q. **In the event two schools, each of which is a member of a different league, form a cooperative team, how will the requirements for league approval be administered?**

A. *According to the cooperative policy, cooperative teams must be approved by the leagues of which the participating schools are members. They must also be approved by the league in which the cooperative team will participate or by six schools on the cooperative team's schedule if it does not compete in a league.*

a. *If the cooperative team competes in a league of which one of the schools has been a member, both that league and the league of which the other school(s) in the cooperative has been a member(s) will be required to approve the cooperative team.*

b. *If the cooperative team competes in neither of the existing leagues but will compete in another league altogether, then both the previous leagues and the new league must approve formation of the cooperative.*

c. *If the schools forming the cooperative have been league members but will compete as an independent, then the leagues of which they have individually been members, along with the six schools on the cooperative team's schedule, must approve the formation of the cooperative.*

d. *If one school entering the cooperative has been a member of a league and the other has been an independent, and the cooperative will compete as an independent, approval of the cooperative team must be obtained from both the league of the one cooperating school and from six (6) schools on the cooperative team's schedule.*

21.Q. **How is the term six (6) school defined with request to requiring approval by six (6) schools on its schedule?**

A. *Six schools mean six different schools which appear on the cooperative team's schedule for the first season of play.*

22.Q. **If a cooperative team is dissolved or discontinued is the cooperative entitled to a phase-out period?**

A. *Yes. Schools in the cooperative will be granted a phase-out period of up to two years to allow schools an opportunity to co-op with another school or to budget the necessary funds to establish their own program. The cooperative team committee has the authority to authorize a one year phase-out if the number of participants in the cooperative exceeds or are close to exceeding two times the maximum allowed in the specific sport. Additionally, a school may request an extension of a phase-out if they demonstrated they have begun a program independent of the co-op to accommodate any incoming underclassmen interested in the sport.*

23.Q. **May a school seek to form a co-op program for financial reasons or because they are eliminating their existing program due to budgetary constraints?**

A. *No. The reasoning behind forming a co-op team is competitor displacement and is based solely on the number of athletes in the program and not financial hardships.*

24.Q. **May two schools that each have 25 returning football players in the upper three (3) grades totaling 50, form a co-op team?**

A. *Yes.*

25.Q. **May three schools that each have 25 returning football players in the upper three (3) grades totaling 75 form a co-op team?**

A. *No. Any three (3) teams cannot exceed the maximum number derived by a two (2) team co-op and in this case that would be 50. When using the (10-12) option, all numbers and calculations in forming the co-op must be associated with the maximum number for each school to be 25.*

26.Q. **May two schools forming a football co-op each use a different option with one using the (10-12) = 25 option and the other using the (9-12) = 32 option?**

A. *Yes. However, the total number of athletes 9-12 in the program may not exceed 64.*

27.Q. **At the conclusion of the hockey season I have 13 non-seniors on my roster but project I will only have 10 players without freshman for next season. Can I seek out another school to enter a co-op?**

A. *The number of athletes submitted to co-op using the "no freshman" option should correspond directly to the eligibility list at the end of the previous season unless substantial documentation can be provided that indicates students have left the school.*

28.Q. **May two schools already in an existing co-op disband in order to reconfigure adding a third team?**

A. *Schools may not disband in the middle of a co-op agreement but may disband at the end of their co-op agreement to reform with other schools.*

29.Q. **Can a co-op team that has been put into a phase-out and has finished the phase-out period and still has a number of athletes over the allowable limit apply for an extension?**

A. *No, however the co-op team can request to be put into a co-op "opt-out" period for one year at a time which allows the team to remain together with the condition they will remove themselves from CIAC post-season competition. This "opt-out" status will be granted provided they have received approval from their league and opponents that the existing co-op has not reached a level of ability that is too competitive giving them an unfair advantage during the regular season.*

30.Q. **Can a team that receives "opt-out" status vie for a league title or be involved in a league tournament?**

A. *Yes, the "opt-out" requirement is for CIAC post-season competition and the status within the league can be determined by the league.*

31.Q. **Can two or more schools form an initial cooperative team even if one or more of the schools involved are over the maximum number of student-athletes allowed?**

A. *Schools over the allowed maximum number that want to co-op together may do so by requesting that newly formed co-op be removed from the CIAC post-season tournament. This is to maintain a level playing field in CIAC post-season tournament play and to insure the reasoning is other than to gain an unfair competitive advantage.*

3.0 CIAC BY-LAWS

ARTICLE XII – IN-SEASON / OUT-OF-SEASON RULES

SPECIALIZATION

Students should have the opportunity to voluntarily engage in non-school sponsored sports activities provided such activities do not interfere with the student's educational development and the activities do not conflict with the principles of wholesome amateur athletics. The CIAC wishes to enhance that opportunity while at the same time discouraging the exploitation of student-athletes by overzealous individuals and organizations who attempt to impose an obligation on the student to participate in their programs at any cost. There has been growing evidence of commercialism of high school athletes. In far too many instances non-school sponsored sports events have been the "marketplace" where the students have been lured to display their "athletic wares." Experience has revealed that such events tend to divide the allegiance of the students, undermine their respect for their high school coaches, and encourage the type of adulation which gives the students an exaggerated notion of the importance of their own athletic prowess rather than reinforcing the idea that athletic ability is an endowed talent which students should use for the pleasure and satisfaction that they may derive from athletic competition. By the promulgation and enforcement of these rules the CIAC strives to eliminate these abuses.

"For purposes of this regulation, an individual officially becomes a coach and thus must abide by all CIAC rules and regulations, upon written or verbal acceptance of an offer (paid or unpaid) or employment by a board of education or its designated agent(s).

Also for purposes of this regulation, a coach (paid or unpaid) remains a coach in the position for which he/she was hired until a formal resignation by the coach is received by the proper school authority or he/she is officially notified of termination by the superintendent of his/her designated agent.

Yearly expiration of contracts do not constitute "official notification" under the definition of this regulation."

Adopted May 29, 1997

1.0 DURING AUTHORIZED CONTEST SEASON (In-Season Rules)

1.1 Individual and Team Sports

a. Participation as an individual or as a member on a non-school sponsored team in a sports competition, practice, showcase, try-out, camp or clinic at any level of play including professional in the same branch of athletics during the authorized contest season will render the athlete ineligible for all interscholastic athletics unless the athlete is reinstated by the CIAC Board of Control. (Season is defined as the date of the first contest for that school and concluding with either the CIAC final tournament game or the New England championships.)

Exceptions to Rule 1.1.a.

1. Participation in Olympic/Pan American Games/try-outs.

2. Participation in one national governing body (NGB) sponsored national tournament or international competition.

Note: In all sports the CIAC Board of Control may grant exceptions to athletes to participate in those contests legitimately organized for the sole purpose of preparing for and selection to the next Olympic Games or the Pan-American Games. An athlete may participate in one (1) National Governing Body (NGB) sponsored national tournament event or other NGB sponsored international competition during the sport season. These contests must be recognized by the United States Olympic Committee, the Pan-American Games and/or the NGB for the sport as having as its sole purpose the selection to the Olympic, Pan-American, national or international team. All decisions for participation will be made in accordance with the restricted competition provision of the U.S. Olympic Sports Act wherein state athletic associations shall have "exclusive jurisdiction" to conduct their programs without interference by any NGB.

3. Participation in a college audition – (Audition – when a student-athlete is invited by the college coach to visit the campus and participate in workouts individually or with team members to assess their skills prior to admission.)

4. Participation in clinics offered by a college – (Skill development programs that are not used to assess talent or used as a try-out for non-school teams.)

5. Participation in clinics offered by CIAC member schools or other state association member schools.

The following conditions must be met as part of the exceptions #3-5:

- Each event is limited to one (1) day in duration;
- The member school principal must grant permission if there is any loss of school time;
- The member school coach determines the event does not interfere with any functions of the in-season school program;
- Written consent is given by the school administration and athletic department prior to the student attending such activities.
- Member schools will inform the CIAC staff of students who are approved to attend.

6. A student-athlete may participate in practices or contests in cross country, golf, gymnastics, indoor track, outdoor track, swimming, and tennis as an individual (unattached – See 5.6.D.) and not as a member of a team during the authorized contest season without loss of interscholastic eligibility provided the following criteria are met:

- Compliance with weekly limitations for the specific sport. (Exception: golf)
- In cross country, gymnastics, swimming, indoor track, outdoor track and tennis, no more than four (4) unattached (See 5.6.D.) outside meets per season are permitted. In the sport of golf no more than eight (8). Athletes in these sports may practice but not compete as a member of a non-CIAC team during the season. Such practices may not interfere with or replace member school practices.
- Prior approval of athletic director, coach, principal and parent.
- Prior arrangements to complete academic lessons, assignments, tests, etc.

- Student and parent agree to not accept, directly or indirectly any awards, gifts, trips, merchandise, etc., which would be in violation of CIAC regulations.
- Athletes will not miss any CIAC-sponsored tournament contest for which he/she is eligible unless excused by the CIAC Board of Control. It is the philosophy of the conference that student-athletes owe loyalty to their school and team. During the regular season, the school administration will make the determination as to whether a student-athlete may be excused from a contest to attend an event as an "unattached" competitor.

  The outside event will be defined as a team event and, therefore, become a violation of the in-season rules, if any of the following criteria is met:

- The athlete's performance contributes to a team score.
- The athlete wears the same apparel, or the same style and color clothing as other athletes or wears a similar logo.
- The same group of students participate in a competition where they advance as a team.
- The athlete's name is part of a roster that is submitted to the event as a group.
- The athlete qualifies as an individual for an event but represents a club, organization, municipality, or state, along with others, in a competition.

1.2 **Camps and Showcases**

Students may not attend.

1.3 **Lessons**

A student-athlete is permitted to receive **individual** lessons with no other students present in his/her sport(s) during the season.

Questions and Answers

1.Q. **May a member school send its athlete(s) to a regional pole vault clinic during the spring track season at an out-of-state facility being hosted by experts unaffiliated with our school?**

A. *Yes, provided it is limited to one day and all the approvals mentioned above are given.*

2.Q. **May a member school allow its athletes to attend a clinic during the sports season hosted by a non-school program such as, but not limited to, AAU, American Legion or ODP soccer?**

A. *No, if the clinic is designed to assess talent for selection for a non-school team. Clinics offered by outside groups that are strictly for skill development could be legal. Please check with CIAC prior to allowing any participation.*

3.Q. **May a member school allow an athlete to attend a try-out or a showcase during the sports season hosted by a well-known national corporation?**

A. *No, try-outs and showcases are not allowed during the season.*

3.0 CIAC BY-LAWS

4.Q. **May a member school arrange to bring in a foul shooting expert into its basketball practice to provide a clinic during the basketball season?**

A. *Yes, if it is for the member school team it may be considered part of a practice session. However, if it's determined to be a clinic by the host school (other member schools are invited to attend) then it is permissible provided it is limited to one day and all the approvals mentioned above are given.*

5.Q. **May an athlete attend a one day clinic during the spring sports season with their summer team softball coach for the purpose of being evaluated?**

A. *No, athletes may not participate in a try-out / evaluation of any nature during the season.*

2.0 OUT-OF-SEASON DURING THE SCHOOL YEAR *(The following regulations pertain to any out-of-season activity that occurs only during the school year except for 2.1.e.3. below.)*

2.1 Individual and Team Sports

a. Member schools may permit student-athletes whose name appeared on the CIAC eligibility list for the sport in the preceding season and have CIAC eligibility remaining in the sport to participate in non-school contests as individuals or as members of a non-school team.

b. Member schools may not permit their coaches to coach or instruct their **member school athletes** whose names appeared on the CIAC eligibility list for the sport in the preceding season and have CIAC eligibility remaining in the sport which they coach **except under the exceptions listed in item 2.1.e. below**.

c. Member schools may not organize or permit coaches to organize, supervise or operate athletic practices or interscholastic athletic contests for their school or potential team members. A school or coach may not organize and conduct practices with any incoming ninth graders or students not on the eligibility list prior to the start of the sport season.

d. Coaches may not run fundraisers or collect money for out-of-season practices, events, leagues or other activities. Member schools may not provide school-owned uniforms, worn by the student in non-school contests, or insurance coverage to students or coaches. Member schools may allow use of equipment that does not identify the name or logo of the school if it is deemed necessary for safety reasons.

e. Member school coaches may only coach or instruct member school athletes in the sport which they coach if they completely **MEET ALL** the parameters of **one of the five** numbered sections below:

1. The student-athlete is the coach's son or daughter;

2. The member school coach is a **bona fide paid employee** of, and was issued an IRS form W-2 or 1099 showing a minimum of $2,000 in salary for coaching service by a **recreational institution** whose program is designed to provide opportunity to play the sport, have fun, socialize and/or use the sport as a means of diversion.

It may not include the teaching of skills and/or the provision of instruction or coaching to increase or improve individual and/or team play in the program to any extent greater than such minimal instruction necessary to enable participants to play the sport competently as a recreational activity.

Said recreational institution must have **registration open** to all boys and/or girls of the appropriate age group in the community, not limited to a group of skilled individuals or members of a select team, and where membership on a team or in an activity is not predicated on an individual's ability or skill in the sport. The recreational institution must also charge members a registration fee to belong.

3. The member school coach is coaching **one non-school team per year** (including during the summer provided the student-athletes involved in the non-school program are not also involved in the 2/week summer session activities) out-of-season which meets all of the conditions listed as 3.a – 3.g below:

   a) The number of athletes on the non-school, out-of-season team who were on the eligibility list the previous season and have CIAC eligibility remaining does not exceed the following minimums:

Girls Team Sports			Boys Team Sports		
Sport	# Reg Season	# Out-of-Season	Sport	# Reg Season	# Out-of-Season
Field Hockey	11	6	Football	11	6
Soccer	11	6	Soccer	11	6
Volleyball	6	3	Basketball	5	3
Basketball	5	3	Ice Hockey	6	3
Softball	9	5	Baseball	9	5
Lacrosse	12	6	Lacrosse	10	5
			Volleyball	6	3

Note: The number on the chart above apply only to coaches working with non-school out-of-season teams as defined in this section. Coaches may not work with players from his/her team outside of the defined non-school team setting. For example, a basketball coach not participating in a non-school team may not work on shooting with three of his players during the summer.

   b) The group of athletes on the previous year's eligibility list on the non-school team roster remains fixed for the season and athletes from the previous year's eligibility list with remaining CIAC eligibility are not rotated on or off the team.

   c) The season for the out-of-season non-school team is published and defined and the duration of the schedule does not go beyond either the length of the CIAC competition season schedule for the sport or twelve (12) weeks (whichever is less). The weeks of the season must be consecutive.

   d) The season for the out-of-seas non-school team terminates no less than fifteen (15) calendar days prior to the CIAC designated date for the start of practice for that sport.

   e) No more than ten (10) days of pre-season practice with the out-of-season non-school team is conducted. Practice with the out-of-season non-school team during the defined non-school season is permissible.

f) The non-school team is a team which is not sponsored or organized by the school and for which the school assumes no liability. However, the school and athletic administration of the school are responsible for assuring their coaches are in compliance with all CIAC out-of-season coaching rules including the non-school out-of-season team requirements.

g) Schools must be aware of all non-school teams involving coaches and athletes from their school and maintain information for each non-school league team involving their athletes and coaches including a listing of students on the eligibility list from the previous season participating, the name of the coach the athletes will be playing for, and the schedule of competitions. Said information must be provided to the CIAC if requested.

4. Member schools may permit their coaches of individual sports to coach any of their athletes who have qualified for a national level competition that is sanctioned by the CIAC and National Federation. This would be limited to one competition. Schools may provide equipment and facilities. Schools may also provide insurance coverage and financial assistance for the competition.

2.2 **Camps Which Teach the Skills of a Specific CIAC Sport (Camp** – An organized non-school program, usually held in the summer months, whose purpose is improving the skill level of athletes in a specific sport. The camp must have liability insurance, open registration and there must be a registration fee to participate.) *CIAC run and operated camps and clinics only are exempt.

a. Member schools may permit students to attend during non-school time provided the following standards are met:

1. Attendance is limited to non-school time.

2. Students may not wear school-owned uniforms or equipment which identifies the school.

3. The camp is not organized, supervised or operated by the school.

4. Booster clubs that are financially independent of the school and the school does not control and/or administer those funds may finance camp expenses.

5. Member schools or coaches employed by member schools may not finance camp expenses.

6. Refer to exception 2.a.b. – Coaching restrictions.

A member school coach working in the camp as a volunteer, employee, or employer during the summer, or portion thereof, may not coach their athletes at any time during that camp.

2.3 **Student Clinics** (Student clinics are clinics in which the students attending physically participate in the athletic activity)

a. Member schools may permit students to attend during non-school time provided the following standards are met:

1. Attendance is limited to non-school time.

2. Students may not wear school-owned uniforms or equipment that identifies the school.

3. The student clinic is not organized, supervised or operated by the school. (Whereas a clinic other than a "student clinic" has the students attending as observers only.)

b. Clinics shall be limited to no more than one day unless prior approval is granted by CIAC.

2.4 **Coaching Clinics** (Coaching clinics are clinics where the coach is a presenter or lecturer to a group of coaches and/or students who are NOT a member of his/her school team.)

a. Member schools may permit their coaches to use their athletes and school-owned equipment in clinics, not student clinics, when the coach is a presenter and the athletes are used to demonstrate what is being presented. There may be no more than three (3) such clinics per year. School time may not be used. Using players as instructors or demonstrators is permitted at student clinics where participants are NOT from the school's athletic team. Students may wear school uniforms.

b. Clinics shall be limited to no more than one day unless prior approval is granted by CIAC.

2.5 **Try-outs for School Teams**

a. Member schools may not permit students with athletic eligibility remaining in a sport to try-out for a school-sponsored team prior to the first practice date of the CIAC authorized season. **Schools may not organize out-of-season practices or try-outs for any prospective team member not on the eligibility list from the previous year.**

2.6 **Physical Fitness Programs (Conditioning)**

a. Member schools may conduct physical fitness programs in accordance with the following standards:

1. Physical fitness programs may be conducted indoors or outdoors, as long as there is no coaching and instruction of sport techniques and skills. Cardiovascular conditioning derived from running type activities is permitted.

2. Equipment used in playing a sport is prohibited in physical fitness programs.

3. Weight machines and indoor weight rooms may be utilized in physical fitness programs.

4. Out-of-season physical fitness programs may be conducted for a select group of athletes. Member schools must assure that students are not coerced to participate and that these programs do not hinder or interrupt any of the students other educational, athletic, or family commitments. These programs must be school sponsored and under the direct supervision of the school.

5. Mandatory attendance at out-of-season physical fitness programs is not permitted.

2.7 **Open Gymnasium / Playing Fields / Natatorium**

a. Member schools may conduct "Open Gyms," "Open Fields," "Open Natatoriums" for their students ONLY in accordance with the following standards.

1. Opening gymnasium, fields or a natatorium of a school district for **recreational purposes** is permitted provided it is not for a select group of athletes. (Recreational Purposes – are designed to provide an opportunity to "play" the sport, have fun, socialize, be a means of diversion, and experience the joy of participation. Conversely, the teaching of skill, and/or the provision of instruction or coaching to increase or to improve individual and/or team play, should not be present.)

2. Member schools may not open the gymnasium, fields or natatorium of a school during the non-CIAC sport season including the summer for a sport for a select group of students to practice individual skills.

3. **Member school must discontinue the "Open Gym / Playing Fields / Natatorium" when 50% or more of the participants are members of that school's sport team**.

4. Opening the gymnasium, fields or natatorium of a member school for school team competition during the non-CIAC season including the summer for a sport is not permitted.

5. Member schools may not permit their high school coaches to coach or instruct member school athletes in an "Open Gym," "Open Fields," or "Open Natatorium" program.

2.8 **Penalties for Coaching Out-of-Season**

a. For coaching out-of-season, the Board of Control shall consider:

- Fining $250 per incident up to $750.
- Assigning two-year probation period for the specific sport.
- Requiring the coach to take the appropriate coaching module.
- If the violation was willful or intended, or if the coach showed disregard for the "out-of-season" rule, the Board may also assign the coach a "disqualification period" of 20% of the scheduled contests for the season in question at all levels. If the period is assigned, it will begin at the next scheduled contest for the sport that the coach is assigned unless otherwise determined by the Board of Control.

If there is a second offense in the same sport, the Board shall consider:

- Assigning the coach a period of disqualification from 50% of regular season contests and the sport will be assigned "prohibition" for one year in the state tournament. If the coach leaves the program, "prohibition" will be eliminated but the penalty period of "disqualification and prohibition" stays with the coach.

CIAC IN-SEASON AND OUT-OF-SEASON DURING THE SCHOOL YEAR QUESTIONS

1.Q. **Are volunteer or unpaid coaches granted any special immunity with respect to out-of-season coaching rules?**

A. *No. A volunteer coach is considered the same as all coaches on the coaching staff of a specific sport and must abide by all CIAC rules and regulations. In fact, according to the State Department of Education regulations, all volunteer coaches who coach or instruct athletes must be certified.*

2.Q. **May a coach call an out-of-season meeting of his/her players to provide off-season "self-help" suggestions or workout programs to help athletes improve their conditioning and/or skills?**

A. *Yes. One meeting between coach and players for the purpose of providing off-season suggestions or workout programs is permitted. However, the meeting may not be designed to offer coaches the opportunities to instruct athletes on improvement of skills.*

3.Q. **May CIAC member schools permit their coaches to inform their players, through announcements, posters, letters, of sports specific opportunities, such as camps, clinics, leagues, etc.**

A. *Yes, but coaches may not organize, supervise, coach or instruct member school athletes out-of-season except as provided for through exceptions to 2.1.b.*

4.Q. **May an individual who is not a member of the coaching staff for that sport and who has not worked with a team during the season organize an out-of-season practice?**

A. *Yes. These individuals are not school coaches and have no coaching connection with the team. However, there may be no involvement with the school coaching staff.*

5.Q. **May a coach conduct an out-of-season non-mandatory workout for members of his/her team where well designed aerobic, stretching, plyometrics, other physical fitness activities and interval training techniques are used?**

A. *Yes. But the training techniques cannot be sports specific and must comply with regulation 2.5.4. which in part states that the equipment of the sport may not be used.*

6.Q. **May a coach mandate out-of-season conditioning for all of his/her athletes?**

A. *No. Coaches are not allowed to <u>mandate</u> out-of-season conditioning or practices.*

7.Q. **What is a non-school team?**

A. *A non-school team is one which is not sponsored or organized by the school and for which the school assumes no liability.*

8.Q. **May a non-school team be comprised of only those athletes which make up the school team the previous season?**

A. *Yes. A non-school team can be made up of only those athletes from the previous season. However, if the high school coaches or their school are involved in organizing, coaching or instructing those athletes it would be a school team practicing out-of-season.*

9.Q. **Does my son or daughter count as one of the maximum number specified by CIAC that I may coach or instruct in a non-school team during the summer?**

A. *Yes. However, a coach may coach his son or daughter any time as an individual.*

10.Q. **May a coach lend a helmet to a player for an out-of-season event?**

A. *Yes. All equipment must not identify the school name or school logo.*

11.Q. **May a member school coach coach one non-school team per year provided no more than the number of member school athletes specified in the chart (found in 2.1.b.3.) are on the out-of-season team roster?**

A. *Yes. However, the roster must remain fixed.*

12.Q. **May a basketball coach instruct three of his/her member school athletes out-of-season?**

A. *No. It would be considered an out-of-season practice if the coach coached any of his athletes. In order for the coach to be in compliance with the regulation all coaching and instructing must be in a <u>non-school team</u> setting.*

13.Q. **After the date of the school's first contest for a given sport, may a freshman, JV, or varsity team member practice or play with an outside team?**

A. *No. After the date of the school's first contest participation in any of these activities would constitute a violation. However, there are some exceptions to the rule for students that participate "unattached" in the individual sports of golf, gymnastics, swimming, tennis, indoor track and outdoor track. Please refer to the exception to Rule 1.1.a. for select sports only on page 71 in the CIAC Handbook.*

14.Q. **After the first contest for a given sport may an athlete tryout for an outside team or attend a showcase or audition for a professional team in the same branch of athletics?**

A. *No. After the date of the school's first contest in that sport the athlete would be in violation of the in-season rules and would lose their eligibility if they participate.*

15.Q. **A student opts to play junior hockey rather than play for the high school team. In January he leaves the junior team and wants to join the high school team. Is this permissible under CIAC eligibility rules?**

A. *No. After the date of the school's first contest in the high school hockey season, a student who practices or plays with an outside team cannot join the high school team.*

16.Q. **After the first contest designated for indoor or outdoor track, may a team member participate in a "road race"?**

A. *Yes, provided that the road race is three miles or more and is held on the road and not on the track.*

17.Q. **During the season, may an athlete obtain individual lessons in the skills of his or her sport (i.e. pitching lessons)?**

A. *Yes. Lessons are permissible as long as they are not provided by their member school coach.*

18.Q. **In the off season, may a coach give individual lessons in the skills of the sport that he/she coaches to one or more of their member school athletes?**

A. *No. Coaches are permitted to give lessons, but not to members of his or her team.*

19.Q. **May an open gym be conducted for only those students that plan to try out for the basketball team?**

A. *No. An open gym may not be held for a select group of athletes. For an open gym to be an allowable activity, it must be open to all students and no coaching or instructing is permitted.*

20.Q. **May the basketball coach supervise an open gym provided it is open to all students from that school and no coaching or instruction takes place?**

A. *Yes. An open gym as described in the question is a legal activity provided that 50% or less of the participants are members of the school team.*

21.Q. **May a member school's wrestling coach provide an out-of-season "open mat" program that allows athletes from other member schools to attend in addition to members of his/her own team?**

A. *No. Regulation 2.1.c. clearly states, "Member schools may not organize or permit coaches to organize, supervise or operate athletic practices or interscholastic athletic contests for his/her member school athletes." Furthermore, this activity does not meet the definition of "open gymnasium."*

22.Q. **May a member school coach organize or instruct at a clinic out-of-season where his/her athletes attend and participate?**

A. *No. Member school coaches cannot give individualized lessons or instruction out-of-season.*

3.0 CIAC BY-LAWS

23.Q. **When may a student-athlete participate with an outside team in the same team sport?**

A. *a. After his/her team plays its final game and does not qualify for the CIAC tournament.*
b. After his/her final regular season contest if he/she is not on the CIAC tournament roster.
c. After his/her team (if on the tournament roster) is eliminated from the CIAC tournament.

If a student-athlete participates with an outside team, he/she may not return to his/her high school team the remainder of that season without being in violation.

24.Q. **May a coach work at a recreational institution or a sports facility earning more than $2,000 and coach or instruct his/her own athletes?**

A. *No, regardless of the amount of remuneration received, to work at a recreational institution or at an indoor or outdoor sports facility, there can be no coaching or instructing and skill development of a coaches own athletes.*

3.0 OUT-OF-SEASON – DURING THE SUMMER *(The following regulations pertain to any out-of-season activity that occurs only during the prescribed summer months.)*

3.1 Individual and Team Sports

a. Member schools' coaches may allow their coaches to coach their member school athletes during the summer months beginning on the Monday following the designated spring state championship weekend (prior to Decathlon) and concludes no later than the second Saturday of August provided ALL the following conditions are adhered to:

1. Coaching is restricted to no more than two (2) days per week per sport.

2. Each day may not exceed two (2) total hours of practice time per day OR the amount of time needed to complete an official single game/contest. (Note: Multi-contest events, round robin tournaments, double header games, etc. are not permitted.)

3. Although NOT required, coaches may receive compensation provided it is not directly or indirectly derived from fees charged to student-athletes. However, coaches may collect fees from member school student-athletes to cover administrative costs such as transportation, entry fees, insurance, officials, etc.

4. Any person providing instruction during this summer activity must comply with all CIAC Coaching Credential Requirements and Mandates.

5. Any summer activities conducted by member schools, or their coaches cannot be mandatory for their student-athletes.

6. School districts may allow the use of school equipment, transportation, and insurance ONLY for these two (2) per week activities.

7. None of the above exception/conditions (1-6) may be used simultaneously with any other part of the existing restrictions for the out-of-season regulation.

8. In the sport of football full contact is prohibited.

CIAC OUT-OF-SEASON DURING THE SUMMER QUESTIONS

1.Q. **May a coach continue to have conditioning workouts in addition to two practice sessions per week?**

A. *Yes, provided that the established restrictions for conditioning are followed.*

2.Q. **May more than one coach on the same sport staff each coach a different session two (2) days per week?**

A. *No, the two (2) day per week is PER SPORT, not per coach.*

3.Q. **May a member school coach enter the entire member school team in a summer league and coach them in that summer league?**

A. *Yes, provided the summer league begins after the Monday following the end of the spring sports and concludes no later than the second Saturday of August AND the total number of games or practices per week does not exceed two (2) sessions that are no more than two (2) hours each (OR the amount of time needed to complete an official single game/contest) AND the coach does not receive compensation directly or indirectly from fees charged to the student-athletes.*

4.Q. **May a member school coach host their own camp during the summer months?**

A. *Yes, provided it begins after the Monday following the end of the spring sports and concludes no later than the second Saturday of August AND the total sessions per week does not exceed two (2) sessions that are no more than two (2) hours each AND the coach does not receive compensation directly or indirectly from fees charged to the student-athletes.*

5.Q. **May a member school coach hold two events/practice sessions per week on the same day?**

A. *Yes, provided the accumulated time does not exceed two (2) hours per day. However, a coach may not host a second session of two (2) hours in the same day in the same sport. Also, an athlete may attend a second session for a different sport on the same day.*

6.Q. **Does the two days per week have to be the same two days each week?**

A. *No, the days can be different each week which would better accommodate multi-sport athletes. The start of each week begins on Sunday.*

7.Q. **May a member school basketball coach who has been coaching a non-school team with only three (3) players from his member school eligibility list on the non-school roster now coach their entire team on the non-school team?**

A. *Yes, provided the summer team activities begins after the Monday following the end of the spring sports and concludes no later than the second Saturday of August AND the total number of games or practices per week does not exceed two (2) sessions that are no more than two (2) hours each (OR the amount of time needed to complete an official single game/contest) AND the coach does not receive compensation directly or indirectly from fees charged to the student-athletes.*

8.Q. **May a member school coach host or take their entire team to a camp for one week during July and coach their member school athletes?**

A. No, this proposed "coaching in the summer" language does not carry over to the camp regulation which have restrictions which has always prohibited this.

9.Q. **May a member school coach host other member school programs, joint practices, games, or scrimmages as long as they follow all the parameters of the two (2) per week summer rule?**

A. *Yes, teams may bet together for instruction, practice, and competition, however in the sport of football full contact is prohibited.*

10.Q. **If my member school administration will allow summer coaching but will not fund insurance, how do I protect myself and my student-athletes?**

A. *Coaches who coach in the summer independent of the member school can be covered by liability insurance as a member of the CHSCA and can also purchase student accident insurance for a minimal amount per athlete.*

11.Q. **May a member school, their coach or their booster club collect funds from their student-athletes for the purpose of covering the administrative costs such as registration, transportation, or insurance for these allowable two per week summer activities?**

A. *Yes, provided none of the funds collected will be paid to the coach, and funds collected are used specifically for the two per week permissible activities outlined above and the funds cannot be collected for weeklong camps or clinics which have those restrictions.*

12.Q. **As a member school coach, I work at a summer camp where my student-athletes attend. May I coach them during the camp?**

A. *No, a coach would have to make sure someone else, not from their staff, is coaching their athletes in attendance in addition to the other requirements specified in Rule 2.2.a. (1-6).*

13.Q. **In the question above can an individual coach their member school athletes at a weeklong camp for only two days of that camp?**

A. *No, the summer coaching rule that allows a coach to coach two days per week cannot be mixed or comingled with an existing rule that prohibits coaching.*

14.Q. **May a coach still coach a non-school team as described in Rule 2.1.(3.a.) (with X amount – 50% rounded up of players with eligibility remaining for team sports)?**

A. *If the non-school team operates during the summer months as defined in this proposal, then the X formula does not have to be followed and the coach can coach their entire team as long as the program is limited to no more than twice a week for no more than two (2) hours each day (OR the amount of time needed to complete an official <u>single</u> game/contest). It starts after the Monday following the end of the spring championships and concludes no later than the second Saturday of August and the coach is not being compensated from funds directly or indirectly from the student-athletes. If the non-school team operates during the school year (September-June), then the answer is yes but the number of athletes with eligibility remaining must comply with rule 2.a.(3.a.).*

15.Q. **What if an individual coaches more than one sport?**

A. *The limitations are two (2) days a week per sport, therefore a coach would be able to have events twice a week for each different sport provided each session is for no more than two hours each day (OR the amount of time needed to complete an official single game/contest). It starts after the Monday following the end of the spring championships and concludes no later than the second Saturday of August and the coach is not being compensated from funds directly or indirectly from the student-athletes.*

16.Q. **May incoming 9th graders participate in the two (2) per week summer activities?**

A. *Yes, by CIAC rule date of entry into high school is defined as the first date of enrollment as a grade 9 student taking four (4) or more high school subjects.*

17.Q. **May a coach decide to coach a summer non-school team using the X factor in the existing CIAC rule 2.1(3a) with the prescribed number of student-athletes with eligibility remaining on that non-school team roster AND also conduct team activities twice a week?**

A. *No, the addition of this new rule does not allow the comingling of two (2) different summer regulations. The coach may do one or the other, but not both. However, if the coach does not allow the designated X factor athletes as prescribed in rule 2.1(3a) to attend the two days per week activities it may be permissible.*

18.Q. **May a coach decide to coach a summer non-school team using the X factor in the existing CIAC rule 2.1(3a) with the prescribed number of student-athletes with eligibility remaining on that non-school team roster AND also conduct team activities twice a week?**

A. *No, the addition of this new rule does not allow comingling of different summer regulations. The coach may do one or the other, but not both. However, keep in mind the coach may coach their entire member school team on a non-school team as long as it begins after the Monday following the end of the spring sports and concludes no later than the second Saturday of August AND the total number of games or practices per week does not exceed two (2) sessions that are no more than two hours each day (OR the amount of time needed to complete an official single game/contest) AND the coach does not receive compensation directly or indirectly from fees charged to the student-athletes. Furthermore, it would be permissible for a member school coach to coach a non-school as long as none of their member school athletes on that non-school roster.*

19.Q. **May a coach schedule one (1) practice day per week for two hours and also schedule a single (1) game/contest on another day in that same week?**

A. *Yes, and the day of the scheduled single (1) game, the time is not bound by the two hour limitation.*

20.Q. **May a coach continue to perform their duties during an official game/contest if there is an overtime situation?**

A. *Yes, provided it was a scheduled single (1) game/contest.*

21.Q. **May a baseball coach hold a practice session equivalent to the amount of time it would take to complete a 7 inning game?**

A. *No, a practice session cannot exceed two hours per day.*

22.Q. **May a coach exceed the two hour limitation if they are engaged in a scrimmage?**

A. *No, only an official single game can exceed the two hour limitation.*

23.Q. **May a coach conduct a camp, a clinic or an open gym activity during the summer provided they adhere to all eight (8) conditions set forth in 3.1.a. above?**

A. *Yes, provided the summer team activities begins after the Monday following the end of the spring sports and concludes no later than the second Saturday of August AND the total number of games or practices per week does not exceed two sessions that are no more than two hours each (OR the amount of time needed to complete an official single game/contest) AND the coach does not receive compensation directly or indirectly from fees charged to the student-athletes.*

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4.0 ATHLETIC ADMINISTRATION

4.1 CIAC ATHLETIC PROGRAM EVALUATION

1. Schools may request an athletic program evaluation.

2. The cost for an evaluation will be paid for by the member school.

3. The CIAC will provide the evaluators and conduct the evaluation with the cooperation and involvement of the school being evaluated.

4.2.A. CIAC-CONTROLLED SPORTS (REGULATIONS FOR)

1. The CIAC-controlled sports are: Baseball, B/G Basketball; B/G Cross Country; G Field Hockey; Football; B/G Golf; Gymnastics; B Ice Hockey; B/G Lacrosse; B/G Indoor Track; B/G Outdoor Track; B/G Soccer; Softball; B/G Swimming; B/G Tennis; B/G Volleyball; Wrestling.

   In a CIAC-controlled sport all levels of play, be it varsity, junior varsity, freshman or club team, must comply with the rules of the CIAC Code of Eligibility.

2. The CIAC will consider controlling a sport when:

   A. 20% of the CIAC member school teams compete in the sport in the same season at the varsity level of play; or

      The number of CIAC member school athletes competing in the sport in the same season is equal to or greater than a number equaling 2% of the students of <u>that gender</u> enrolled in CIAC member schools in grade 9 through 12 in the preceding year based on October 1 enrollment figures submitted by member schools to the State Department of Education;

   B. There are enough volunteers from the ranks of member school administrators and coaches to form a CIAC sports committee;

   C. There is evidence of administrative expertise among the petitioners upon which the CIAC can draw for the management of the state tournament/championship.

3. Sports already under the control of CIAC which fall below the 20% and/or the 2% factor will be reviewed to determine if control should be maintained.

4.2.B. NON-CIAC CONTROLLED SPORTS (GUIDELINES)

Schools which sponsor interscholastic competition in sports which are <u>not</u> CIAC-controlled should observe the following guidelines for such competition.

1. If a member school non-CIAC controlled sports team competes interscholastically, members of such teams should comply with the CIAC Rules of Eligibility.

2. The season for a non-CIAC controlled sport should be that season which is generally accepted as the time of year when that sport is traditionally played. Normal weekly and seasonal limitations for that sport should be observed.

4.0 ATHLETIC ADMINISTRATION

4.2.C. MIDDLE SCHOOL PARTICIPATION IN HIGH SCHOOL ATHLETICS

1. Middle School athletes cannot participate in high school athletics. A middle school athlete cannot practice, condition or train with a high school athletic program at any level.

2. Specific athletic and sport information may be distributed to 8th grade school students not earlier than April 15 by coaches and others at any venue to only those students who have committed officially to attend a member high school. To be officially "committed" means that a student has received an official individual program of studies and registered with the school for the next school year and complied with all other district and/or high school enrollment regulations.

4.2.D. GENERAL ELIGIBILITY STANDARDS TO GUIDELINES FOR MIDDLE LEVEL INTERSCHOLASTIC ATHLETICS

casciac.org/pdfs/MLAthleticGuidelines.pdf

4.3 COMMUNICATIONS

4.3.A. COMMUNICATIONS WITH MEDIA

1. Establish a friendly atmosphere.
2. Be positive about your role and actions.
3. Base your judgment (if given) only on available facts and actual situations.
4. Be truthful – yet tactful.
5. Avoid expressions or comments that place blame or criticize officials.
6. Remain poised.
7. Be constructive with suggestions if asked – a few well thought out ideas are better than many. Don't answer a question that was never asked if it doesn't help your point.
8. Set a time limit on discussions.
9. End on a note of continuing cooperation.
10. Don't offer what is not asked.
11. If you believe the information should not be given, indicate that in your response in a professional manner.
12. Use press conference with support personnel when possible.
13. Act with candor, knowledge and charm.
14. Kill with kindness.

4.3.B. COMMUNICATIONS – UNDERSTANDING MEDIA

1. Help the reporter meet his deadlines. The reporter is rushed because news is not only perishable but also must be written to meet specific deadlines.
2. Understand the job of the reporter. Others on the newspaper's staff decide how much of the story to run or whether to use it at all, where to place it in the newspaper, and what headline to put on it.
3. If you have a good story, a follow-up, or a complaint, go directly to the reporter. You also may wish to talk to the editor, but first let your regular reporter in on your thoughts.
4. Avoid giving out information that is difficult to interpret or understand.
5. Always be as accurate, honest, and helpful as possible when working with reporters on stories.

4.0 ATHLETIC ADMINISTRATION

4.4 COPYRIGHT INTEREST IN TELECAST SPORTS EVENTS

The Connecticut Interscholastic Athletic Conference, Inc. shall own the copyright of all broadcasts (live and delayed), films, web casts, other electronic reproductions and recordings of events telecast pursuant to agreement. Notice of the Connecticut Interscholastic Athletic Conference copyright shall be included as part of every Connecticut Interscholastic Athletic Conference sports event telecast made pursuant to agreement. The notice shall consist of the symbol or the word "Copyright", followed by the year that the event is first telecast and the name "Connecticut Interscholastic Athletic Conference, Inc." and shall appear in the opening and closing credits.

4.5 DEFINITIONS

4.5.A. AMATEUR ATHLETIC GUIDELINES

An amateur athlete is one who participates in athletics solely for the physical, mental, social and educational benefits derived from such participation.

The following are the basic principles involved in the amateur code, which, if violated, could result in the loss of eligibility for the student-athlete:

A. Participation in any athletic activity under an assumed name is strictly prohibited.

B. Permissible awards/rewards include items that are symbolic in nature, including letters, sweaters, jackets, pins, trophies, rings, inscribed watches, etc. A student-athlete may accept a monetary award under the United States Olympic Committee's "Operation Gold" program without compromising his/her eligibility for CIAC competition. Operation Gold awards athletes for top place finishes in a sport's most competitive international competition of the year. No other award of monetary value may be granted to any student-athlete without prior approval by the CIAC.

C. Participation on an amateur sports team in which the student-athlete receives, directly or indirectly, any salary, gift cards, incentive payment, gratuity or expense allowance other than actual and necessary travel allowances, and room/board expenses for practice and games is prohibited. Beyond reasonable, travel, meal and lodging expenses, a student-athlete may accept sports-related paraphernalia with a monetary value not to exceed $500.00.

D. A student-athlete <u>may not</u> sign a contract or verbally commit with a professional sports organization (whether for financial consideration or not); or, receive a salary or any form of financial assistance from a professional sports organization.

E. A student-athlete may participate as an individual, or as a member of a team against professional athletes, or as a member of a team on which there are some professionals who are not currently under contract with a professional team and are not receiving payment for their participation; but he/she may not participate on a professional team.

F. Accepting a nominal standard fee or salary for instructing, supervising or officiating in an organized sports program or working in a recreation, playground, or camp activities shall not jeopardize amateur status. "Organized programs" include both school and non-school programs. Compensation for giving private lessons is permissible if circumstances parallel the above statement.

G. **Name, Image, and Likeness (NIL)**. A student-athlete may profit off the use of their own name, image, and likeness (NIL), and be represented by an attorney or sports agent, subject to their compliance with this policy. Such permissible activities include commercial endorsements, promotional activities, social media presence, product or service advertisements.

A member school may use a student-athlete's NIL in connection with official team activities. Otherwise, no one employed by a member school, including coaches and administrators, may be involved with a student-athlete's use of their NIL except as needed to enforce this policy.

Student-athletes are required to provide their member school copies of any endorsement, employment and representation agreements. Student-athletes are prohibited from entering into any agreement that conflicts with an agreement to which the member school is a party.

Student-athletes are prohibited from making any reference to, and will not otherwise use or authorize others to use the logos, insignia, or identifying marks of, a member school, the CIAC, and/or any CIAC or member school event, game or championship when engaging in any NIL activity. Student-athletes may not endorse or promote any third-party entities, goods, or services during CIAC school team activities. Student-athletes may not wear the apparel or display the logo, insignia, or identifying mark of an NIL partner during any CIAC school team activities.

Student-athletes are prohibited from engaging in any NIL activities involving the following categories of products and services:

- Adult entertainment products and services;
- Alcohol, tobacco, and nicotine products;
- Cannabis products;
- Controlled dangerous substances;
- Prescription pharmaceuticals;
- Gambling, including sports betting, the lottery, and betting in connection with video games, on-line games, and mobile devices; and
- Weapons, firearms, and ammunition.

Note: Compliance with this provision does not ensure maintenance of eligibility under the eligibility standards of other athletic organizations, such as, but not limited to, the NCAA, NAIA, NJCAA, etc. Student-athletes are encouraged to communicate with those organizations to ensure any activity complies with those eligibility standards.

Reinstatement of Amateur Eligibility – Rule III.C. of the CIAC Code of Eligibility states, "Violation of Rule II.F. shall mean that the pupil is suspended from all interscholastic athletics until he or she shall have been reinstated by the Board of Control of the CIAC."

4.5.B. ALL STAR COMPETITION (CIAC REGULATION)

The CIAC does not sanction or approve any athletic activity of an "All Star" nature. Any individuals from Connecticut schools who participate out-of-season will not jeopardize their eligibility if they are not identified with their schools, do not wear school uniforms or equipment and are not subsidized by their school.

4.5.C. CAPTAIN'S PRACTICE (DEFINITION)

The term "Captain's Practice" usually means the team's captain organizing and conducting practice sessions for that sport without adult supervision.

The CIAC does not in any way sanction, encourage or condone "Captain's Practice" in any sport. "Captain's Practice," depending on the member school's involvement, may be a clear violation of eligibility rule II.D. (seasons limitations) or certainly a violation of the spirit of Rule II.D.

There is also a serious practical consideration. CAS counsel advises that if it can be demonstrated that a school is allowing "Captain's Practice," the liability responsibility for an injured athlete may be quite serious; that the threat of a negligence suit would lie heavy.

4.5.D. COLLABORATIVE TEAM (Replaces Team of One)

If a school does not sponsor a team in a specific sport, but has student-athletes wishing to participate in that sport, an option available to schools is to form its own team and collaborate with a host school. **Your school is independent from the host school and is not participating on the host school team. For example … collaborative team athletes cannot participate in relays with members of the host team in swimming or track.**

The following regulations must be followed in order to sponsor collaborative teams:

1. Collaborative teams are permitted in the sports of cross country, gymnastics, golf, track and field, tennis, wrestling and swimming.
2. Collaborative teams must be confined to a single host school per sport. A host school is not limited in the number of collaborative schools it can accommodate.
3. Schools must declare that they are having a collaborative team each year by submitting the declaration form in the eligibility center.
4. All eligibility forms and entry forms required for participation must be submitted by the school which the collaborative athlete(s) attend(s). This differs from a co-op team, where the "host" school submits all forms for all athletes on the team.
5. Collaborative teams may practice with the host school. The host school may provide practice facilities, coaching staff, supplies, trainer services and other support necessary to carry out an interscholastic competitive season.
6. Collaborative teams may qualify for CIAC tournaments as their own school within the parameters of the tournament regulations for that sport. Collaborative teams cannot qualify for the CIAC tennis state tournament.
7. Financial compensation from collaborative schools to the host school will be determined between the schools.
8. The final date for submission of appropriate "Collaborative" forms is the date of the first contest in that sport. Schools may not change the school they are linked with after that date.
9. Appropriately certified coaches must be present at all practices and contests.
10. Each school is responsible for submitting their own tournament entries.
11. Paying officials in sports where collaborative teams are participating should be handled through schools.

4.0 ATHLETIC ADMINISTRATION

4.5.E. SCHOOLS OF CHOICE / SUCCESS IN TOURNAMENT

The CIAC Board of Control has provided the option to any team sport to adopt "success in tournament" for tournament placement if the sport committee so desired. The "success in tournament" formula will be applied to all schools of choice (Charter, Magnet, Parochial, Vocational Technical, Project Choice) as defined by CIAC rules (more than 25 gender-specific students attend from out-of-district).

4.5.F. SPORTS CLUB (DEFINITION)

Any athletic team that participates with the approval of the principal in any level of play in CIAC-controlled athletic contests on the interscholastic level other than a varsity, JV or freshman team.

CIAC member schools may form "SPORTS CLUBS" in any of the CIAC-controlled sports. The purpose of the "SPORTS CLUB" concept is to remove the pressure of winning and provide an opportunity for the players and coach to develop individual skills as well as offensive and defensive strategies associated with the sport. It is up to the member school to determine how many years the sport will be played on a "Club" basis.

To remove the pressure of winning, "SPORTS CLUBS" may not qualify for the CIAC tournament in the sport. Nor may a CIAC member school team playing on the varsity level count the game against a "SPORTS CLUB" toward qualifying for a CIAC tournament. Eligibility of individual athletes will be determined in the same manner as varsity, JV or freshman eligibility.

A "SPORTS CLUB" must comply with all of the rules and regulations for the sport. No athlete who participates on a CIAC-controlled sports club is eligible to participate in another CIAC sport during the same season.

Member schools forming a "SPORTS CLUB" must become aware of the following:

1. A "SPORTS CLUB" must submit a CIAC Eligibility form two days after the first contest.
2. All members of a "SPORTS CLUB" must be eligible to compete in accordance with the CIAC Code of Eligibility for that year.
3. "SPORTS CLUBS" must abide by the season and weekly limitations for the sports listed in the current CIAC Handbook.
4. "SPORTS CLUBS" may not qualify for the CIAC tournament in the sport.
5. Member schools playing "SPORTS CLUBS" may not count the game toward qualifying for the state tournament in the sport.

4.6.A. DISQUALIFICATION / EJECTION RULE – ATHLETE/COACH

The CIAC establishes guidelines and tone for acceptable and appropriate behavior at all CIAC contests including league tournaments and playoffs. Given this charge, it is CIAC's responsibility to be pro-active and responsive to the growing issues of sportsmanship and violence in sports. A strong consistent statement reflecting zero tolerance for violence in sports must become standard operating procedure for all schools. This is to be considered a minimum standard and schools may add additional consequences to student-athletes and coaches.

4.0 ATHLETIC ADMINISTRATION

The CIAC Disqualification / Ejection Rule is in effect for all CIAC contests including league playoffs and tournaments that engage officials who have been assigned by Board commissioners from CIAC registered officials organizations, or directly by the school or by the CIAC.

THERE IS NO APPEAL PROCEDURE THAT A SCHOOL MAY USE RELATIVE TO DISQUALIFICATIONS. Disqualification is a judgment call by an official and as such is not appealable. Until the official(s) leaves the site the game official(s) is in charge and may take any action deemed to be appropriate, even to the extent of reversing an earlier decision to eject a player or coach. Whenever possible, both schools (coaches on site) must be made fully aware of all final decisions on game disqualifications. **Once the game official(s) leaves the site of the contest all decisions on game disqualifications are final**.

The following policies for disqualification by an official shall apply in all sports:

1. Any student-athlete who physically assaults an official, coach, opposing player, spectator or other person in attendance at the event may be deemed immediately ineligible for the remainder of the season.

2. When an athlete is ejected from any CIAC contest the athlete is ineligible to participate in the next contest at the same level of play (even if the next contest does not occur until league or CIAC tournament play or next year). If one or more different level contests are scheduled prior to the next contest at the same level of play, the athlete shall be ineligible to participate in the next (but no more than one) contest at each level of play. **The ejected player cannot be in attendance at the game for which he/she is serving their suspension.**

3. When a player is ejected from a contest he/she can remain on the bench or sidelines as long as their presence does not interfere with the contest in any way. Never should an athlete be sent away from the site without adult supervision. Coaches are responsible for the care and safety of students and should not be placed in a position which does not allow them to provide reasonable care and supervision.

4. When a coach is ejected from any CIAC contest the coach is ineligible to participate in the next two contests at the same level of play (even if the next two contests do not occur until league or CIAC tournament play or next year). **If one or more different level contests are scheduled prior to the next two contests at the same level of play, the coach shall be ineligible to participate in the next two contests at each level of play. The ejected coach cannot be in attendance at the games for which he/she is serving their suspension**. In addition, all coaches who are disqualified at any level will be suspended for the next two games, take two NFHS coaching courses ("Teaching and Modeling Behavior" and "Sportsmanship") and the school will pay a $50 fine. In addition to the two-game suspension and fine, the CIAC reserves the right to review any incident that results in a coach's disqualification and may assess additional game suspensions up to and including a one-year ban. The fine and proof of taking the coaching courses must be submitted to the CIAC office before the coach can resume his coaching responsibilities.

5. When a member school's coach is ejected from a game for an infraction as prescribed by the rules, the game may not continue until the member school replaces the ejected coach with a certified coach. The coach must leave the premises. If this cannot be accomplished within fifteen (15) minutes after the ejection, the official in charge will declare a forfeit win for the opposing team.

6. Upon receiving a second disqualification for initiating a fight or retaliating in a fight (as determined by the game official), that student-athlete will be declared ineligible for the remainder of the season.

7. The school's first incident of non-compliance, for reasons other than defiance of the disqualification rules, will result in forfeiture, a $250 fine and the athlete or coach must serve the disqualification penalty; a school's second incident of non-compliance will prohibit the school from entry in the next CIAC tournament for that sport, or from the remainder of the current tournament if the disqualification occurs during a CIAC tournament or during the last regular season contest/day of competition. However, when a school willfully defies CIAC disqualification rules and regulations the school and/or coach will be subject to further action by the CIAC Board of Control.

8. **Any CIAC varsity team that accumulates five (5) or more disqualifications in more than one contest during the regular season including the league's tournament will be barred from CIAC post-season competition.** In the event that five or more disqualifications occur in a single game, CIAC staff will evaluate whether schools will be barred from CIAC post-season competition. All disqualifications must be reported to CIAC by the school and the officials group. Any misconduct or disqualification of a coach will count towards the team's total number of disqualifications. Multiple disqualifications during CIAC tournaments are subject to disciplinary action by the CIAC sports committee and the CIAC Board of Control.

   Note: Please see the girls lacrosse, ice hockey, soccer and wrestling sports packets for additional penalty regulations specific to these sports.

9. Disqualifications from the last contest of one season carry over to the next season in that sport for undergraduates and coaches, or the next season of participation in any sport for seniors.

10. If the CIAC or National Federation playing rules for a sport specify an additional penalty, the additional penalty will apply. The CIAC disqualification rule applies to all game or meet disqualifications with the exception of reaching the limit of personal fouls in basketball and lacrosse; reaching the limit of technical violations in wrestling; or being disqualified by the rules in ice hockey and lacrosse, which does not require a next game disqualification. This rule does not apply to individual event disqualifications such as in swimming or track and field.

11. Each game official will notify their assignor for that game who will notify the CIAC office via the online disqualification notification system. The athletic director or principal of the school having the disqualified player/coach must notify their next opponent. **The school is responsible to implement all CIAC disqualification rules even if the official does not report the disqualification in a timely manner**.

    - **Definition of ASSAULT** – An assault is defined as an attack which attempts to injure one physically.

    - **Definition of TAUNTING** – Taunting includes, but is not limited to any actions or comments by coaches or players which are intended to bait, anger, embarrass, ridicule or demean other players, coaches, or game officials. Included in this is conduct that berates, needles, intimidates or threatens based on gender, ethnic origin or background and conduct that attacks religious beliefs, size, economic status, speech, family, special needs, or personal matters. Examples of taunting that would lead to ejection include, but are not limited to, physical and verbal intimidation outside the spirit of the game ("trash talk"), reference to sexual orientation, "in-the-face confrontation" by one player to another, standing over, straddling a tackled or fallen player, etc.

- **PENALTY** – In all sports, game officials are to consider taunting a flagrant, unsportsmanlike foul that disqualifies the offending bench personnel or athlete from that contest/day of competition and the player or coach from the following contest/day of competition, i.e. the CIAC player/coach ejection rule will be invoked. A warning may be given, but is not required before ejection.

In soccer, an accumulation of two yellow cards in one game against the coaching personnel or team bench will constitute a red card against the head coach and all disqualification rules will apply. (Refer to soccer red card rules and the soccer tournament document.)

4.6.B. CONSEQUENCES FOR COACHES WHO CRITICIZE GAME OFFICIAL(S) IN A PUBLIC FORUM

Any coach who criticizes a game official(s) in a public forum will be subject to the following:

- First Offense * -- One game disqualification and the school is fined $250.
- Second Offense -- Two (2) game disqualification and the school is fined $500.
- Third Offense -- Disqualification for the remainder of the season ** and the school is fined $750.

***Each confirmed incident will be evaluated on a case-by-case basis by CIAC staff and appropriate action invoked, which includes the prescribed penalties listed above, or when deemed appropriate on the first offense, the CIAC can issue a warning letter that refers the matter to the school administration.**

**The coach will be disqualified for a minimum of five (5) games. If the season ends prior to completing the five (5) game disqualification the remaining games will carry over to the next season.

Additionally, the school administration will be required to file a report with the CIAC Board of Control delineating the steps the school and athletic administration have taken to address this issue to assure no reoccurrence.

When a coach is disqualified for such actions the following disqualification rules shall apply:

1. The coach will be disqualified from the next contest at the same level of play after notification from CIAC that an infraction has occurred (even if the next contest does not occur until league or CIAC tournament play or next year).

2. Coaches cannot be in attendance at the game(s) for which they are serving their suspension and may not participate in any pre-game warm-up activities at the site.

3. Disqualifications from the last contest of one season carry over to the next season in that sport for coaches.

4. The school's first incident of non-compliance, for reasons other than defiance of the disqualification rules, will result in forfeiture, a $250 fine and the coach must serve the disqualification penalty; a school's second incident of non-compliance will prohibit the school from entry in the next CIAC tournament for that sport, or from the remainder of the current tournament if the disqualification occurs during a CIAC tournament or during the last regular season contest/day of competition. However, when a school willfully defies this regulation the school and/or coach will be subject to further action by the CIAC Board of Control.

4.0 ATHLETIC ADMINISTRATION

Appeals Procedures: The CIAC will honor appeals of a coach disqualified for criticizing game official(s) in a public forum. Appeals to the CIAC filed by the school administration will be heard by a committee consisting of the following: CIAC chairperson or his/her designee, the CIAC Executive Director or his/her designee, CAAD Executive Director or his/her designee. Appeals will be honored when received in the CIAC office within 48 hours after notification from CIAC of the infraction.

4.6.C. QUESTIONS AND ANSWERS – DISQUALIFICATION/EJECTION REGULATION

1. **If an athlete is disqualified from a JV game, is that athlete eligible to participate in a varsity game following the JV game?**
   *No. The athlete is ineligible to play until he/she has been withheld from the next contest at that level of play. If the violation occurred in a JV game, the athlete does not regain eligibility until the JV contest has been played and he/she has been withheld. ***

2. **A student who was disqualified for unsportsmanlike conduct in the last game of the student's eleventh grade season transfers to another school for his/her senior year. Is that student disqualified from his/her first game at that level of play in that sport at the new school?**
   Yes. It shall be the responsibility of the sending school to inform the receiving school of the current disqualification.

3. **If a student is only disqualified from a track event, is that student disqualified from the next competition?**
   If a student is only disqualified from an event (and not disqualified from the meet for unsportsmanlike conduct), the student is not disqualified from the next competition or from that event in the next competition.

4. **When is the next game suspension for the varsity coach who is ejected for unsportsmanlike conduct while sitting with junior varsity team during a contest in the same sport?**
   The coach may not attend any games be they varsity, JV or freshman until the next two JV contests have been played.

5. **When is the next game suspension for the junior varsity coach who is ejected for unsportsmanlike conduct while sitting with the varsity team during a contest in the same sport?**
   The coach may not attend any games be they varsity, JV or freshman until the next two varsity contests have been played.

6. **When is the next game suspension for unsportsmanlike conduct for the person who serves as both junior varsity and varsity coach in a sport?**
   The coach is withheld from any level contest until two contests have been played at the level in which the disqualification occurred.

7. **If a player is disqualified from a contest for something other than what the rules define as unsportsmanlike conduct, does the next game disqualification apply?**
   Yes. If the playing rules for a sport specify disqualification for other violations, the playing rules apply, and the coach/player must sit out the next game.

8. **Does a "game misconduct penalty" in ice hockey require a next game disqualification?**
   No. National Federation ice hockey rule 4, section 5, specifically allows for removing a player for the duration of a contest without effect on subsequent games. National Federation ice hockey rule 4, section 6 describes the game disqualification which suspends the player from the remainder of the game and the next. For the second occurrence in a season, the player is removed from that game and the next two; for the third occurrence, that game and the next three; and so on.

9. **If a coach who is a parent of a team member is disqualified from a contest, is that coach allowed to attend the game as a parent?**
   No. Coaches who are also parents of team members are afforded no special consideration.

10. **If a game official or school representative has knowledge of a next contest suspension which was not enforced by a member school, what action can be taken?**
    The CIAC encourages the official or school administrator to contact the school for which there is concern to advise the administrator of the concern. A follow-up call to the CIAC is also appropriate. Using an ineligible player may cause the game to be forfeited.

11. **May a school amend the published schedule of a team to avoid imposing the next level of play contest disqualification on a day which an important league contest or a CIAC tournament is scheduled?**
    No. The athlete or coach is suspended from the next regularly scheduled game at that level of play, not games added or adjusted in order to serve the penalty before an important contest. Rescheduled postponed games can count as the next contest if they were scheduled prior to the infraction.

12. **While serving a suspension for a violation of the CIAC Disqualification/Ejection Rule, may the coach and/or athlete participate in or attend any game(s) in which the penalty is being served?**
    No. The ejected coach and/or athlete are prohibited from attending and being on the premises for all affected games during the suspension.

13. **May a scrimmage satisfy the next contest disqualification requirement?**
    No.

14. **When a coach is ejected or disqualified from a contest, where is he/she expected to be for the duration of the contest?**
    The coach is expected to vacate the premises. If a certified coach cannot be found to replace the ejected coach within fifteen minutes of the ejection, the game is forfeited.

15. **When an athlete is ejected or disqualified from a contest, where is he/she expected to be for the duration of the contest?**
    Players can remain on the bench or sidelines as long as their presence does not interfere with the contest in any way. Never should an athlete be sent away from the site without adult supervision. Coaches are responsible for the care and safety of students and should not be placed in a position which does not allow them to provide reasonable care and supervision.

16. **If an athlete in an individual sport (i.e. tennis), is removed during a match for unsportsmanlike conduct, are the points he/she earned during the meet removed from the team score?**
    No. Unless the rule book for the sport prescribes specific scoring procedures, all points earned by the athlete previously will remain part of the team score, but he/she will not receive points or awards in the event where a disqualification occurred.

17. **When does a freshman or junior varsity player sit out if they are ejected in the last game of the season?**
    The player must sit out the first game of the next season in that sport at the level of play they are participating in.

18. **If a player is disqualified from a meet on the first day of a two-day competition and therefore cannot qualify for the second day competition, does that second day count as the "disqualification" day.**
    No. A progressive tournament which is held over two or three days is considered a single meet. Therefore, he/she would have to sit out the next meet.

4.0 ATHLETIC ADMINISTRATION

4.7 HAZING

CIAC Definition: Hazing is defined as "any activity that humiliates, degrades, abuses or endangers a person's physical or emotional health for the purpose of initiation or membership in or affiliation with any organization, regardless of the person's willingness to participate."

Responsibility, integrity, citizenship, and a strong sense of school and team commitment are the foundations for appropriate participation in modern day school athletic programs. To achieve this goal, the CIAC Board of Control has voted to require all member schools to develop, implement and distribute to all coaches and athletes a policy on hazing

4.8 FORFEITS

Member schools will be required to submit regular season schedules for all sports controlled by CIAC in which member schools participate. Determination of forfeitures will be based on this schedule.

A forfeit game shall count as a victory for the team declared the winner and as a loss for the team declared a loser in determining tournament qualifications and ratings. For tournament qualifications only the following reasons for a forfeit shall be accepted.

1. **All forfeits must be approved by the CIAC.**

2. A team shall forfeit a game or games if through a violation it is required to do so under the CIAC Rules of Eligibility.

3. A team shall forfeit a game if the game official declares the game a forfeit as a result of a National Federation rule violation, or a team refuses to play after being instructed to do so by the game official.

4. Individual forfeit results may not be counted as wins for individuals receiving the forfeits.

5. Forfeitures will be honored when there is mutual agreement between the principals of the two schools involved in a game not played or terminated and the reasons for the forfeit have been approved by CIAC. If there is not mutual agreement and not playing the game impacts the tournament in any way, the CIAC sports committee Chair, in conjunction with CIAC staff and the tournament director will make the determination if the game should be forfeited. In the sport of football there must be an outcome to all games scheduled due to the tournament qualification point system.

   When a game is being forfeited both schools involved must record the result of the game on their schedule as a win or loss (depending on if the school is giving or receiving the forfeit) with the word "Forfeit" entered in the field for the score of the game.

   On the eve of a tournament when there is not sufficient time for normal administrative procedures (72 hours) if a question of team forfeiture arises the Executive Director or his/her designees, in consultation with the Chairman of the sports committee affected and the principals of the two schools will make an appropriate ad hoc decision in consideration of the best interests of the tournament as a whole.

Note: A copy of the CIAC Official Cancelled Game/Forfeiture Form is included in this Handbook as Appendix E.

4.9 INELIGIBLE COMPETITOR – CIAC TOURNAMENT ONLY

When it is discovered that a team has used an ineligible competitor in a CIAC team tournament, the tournament game/match shall be forfeited. The team using the ineligible player will be disqualified from the tournament and that team's last opponent will advance in its place. Teams eliminated prior to the last opponent will not be permitted to re-enter the tournament. This applies to the following CIAC sports: baseball, basketball, field hockey, football, ice hockey, lacrosse, soccer, softball, girls team tennis, and volleyball.

When it is discovered that an ineligible competitor participates in a CIAC individual type tournament meet or match, the competitor will be disqualified from the competition and his/her opponent will advance in his/her place. Teammates of the ineligible competitor, except relay team teammates, remain in the tournament and score points for their team. Team points earned by the ineligible competitor will be subtracted from his/her team's total score. Team rankings will be readjusted if warranted. Opponents eliminated prior to the last opponent may not re-enter the tournament. This applies to the following CIAC sports: cross country, golf, gymnastics, indoor track, outdoor track, tennis, swimming and wrestling.

4.10 LATE ENTRY POLICY

- No tournament entries will be accepted after the established deadline except those approved by the CIAC Board of Control.
- Corrections requested by a school to an entry form that was submitted by the established deadline but prior to seeding/pairing data being published on the web site, will be assessed a fee of $50 per correction to a maximum of $250.
- All requests for corrections must be submitted to the CIAC office.

Tournament Regulation Violations – If a school fails to comply with tournament regulations and such requires the CIAC tournament sports committee, central office staff, or the CIAC Board of Control to redo any portion of the tournament pairings or such non-compliance adversely impacts the management of the tournament, an administrative violation fee of $500 will be imposed upon the school before entry into the tournament will be allowed.

4.11 LEAGUES – ROLE OF CIAC WITHIN AND BETWEEN (POLICY STATEMENT)

CIAC is a voluntary organization of schools which through their membership subscribe to and agree to be bound by a common code of rules of eligibility and control which govern interscholastic sports competition. CIAC seeks thereby to insure equitable competition among schools and to maintain athletics in proper perspective with relation to the entire educational program. The CIAC Board of Control has been vested by the member schools with the authority to develop, supervise and conduct interscholastic competition, including state championships in the 27 boys and girls sports which it presently sponsors.

While the CIAC services, regulates and controls the interscholastic athletic activities of the member schools both individually and collectively, it has never, at any time in its history, had any involvement in either the formulation or governance of athletic leagues beyond the already established requirement that the league member schools abide by CIAC rules and regulations in league operation.

4.0 ATHLETIC ADMINISTRATION

While there have been, over the years, scattered instances where the intervention of CIAC in league operation has been solicited, such intervention has been declined for sound philosophical and practical reasons.

LEAGUE POSITION REAFFIRMED

Based upon the CIAC bylaws and long-standing CIAC policy, the Board of Control has no authority over a league as an entity. The Board of Control does have authority to discipline league member schools if they fail to abide by the CIAC rules and regulations in league operation.

League members by agreement, grant a league authority to regulate the league but subject to CIAC rules and regulations. League members are therefore subject to CIAC Board of Control sanction when they have participated in and/or condone violations of CIAC rules and regulations.

4.12 MEDICAL SERVICES (See Medical Handbook on CIAC Website)

4.12.A. SERVICES AND EQUIPMENT AT ATHLETIC CONTESTS

The provision of medical services and equipment at athletic contests during the regular season is the responsibility of the local school district.

4.12.B. PHYSICAL EXAMINATIONS FOR STUDENT-ATHLETES (POLICY STATEMENT)

Every athlete who participates in any CIAC-sanctioned activity (practice and/or contest) must be determined physically fit through a pre-participating evaluation performed within the past 13 months in accordance with reasonable and prudent written medical protocol as determined by his/her board of education or governing body.

A pre-participatory athletic physical has been developed and approved by the Connecticut Sports Medicine Committee, and is available for use upon request to the CIAC office.

1. **Is it necessary that a physical examination be performed each year?**
   A pre-participation physical evaluation must be performed within the past 13 months. As has been past practice, the scope of that evaluation is determined by the local board of education or, in the case of private schools, the governing body. It is the responsibility of the school medical authority to determine, in accordance with board of education (governing board) policy, whether or not a student is physically fit to participate in CIAC-sanctioned activities.

2. **Who may administer the pre-participatory examination/physical examination?**
   The administration of pre-participation physical evaluations may be performed by any individual who has been authorized to do so under local board of education policy. The CIAC leaves the responsibility of administering physical evaluations under local control as long as such policy is not in violation of any state statutes regarding physical examinations.

3. **Are schools responsible for ensuring that all athletes have an up-to-date physical for regular season and tournaments?**
   Yes. In fact, the CIAC requires all students to have a current physical (completed within the past 13 months) prior to any participation whatsoever. This includes regular season games and tournament games. Students whose physical expires prior to the end of the season must get a new one before continuing to participate in any way.

4. **Are "Club" sports included in this policy?**
   Yes. Club sports, by definition, are interscholastic in nature and, therefore, are subject to CIAC regulations.

4.12.C. ATHLETIC TRAINERS

The CIAC strongly recommends that the services of a certified athletic trainer be available to all the school's student-athletes. We strongly recommend a "full time" athletic trainer who would be on campus for all sport games and practices. The athletic trainer position has become the Standard of Care for interscholastic athletics.

Student safety is the paramount concern for all CIAC member schools. Increasingly, schools are burdened with a growing responsibility for both preventative care and emergency response. Professional educators are required to maintain up-to-date certification in their area of responsibility. The presence of a certified athletic trainer assures that the highest quality of medical care and safety is provided to kids.

Just recently, athletic departments have been tasked with training coaches and educating parents with additional preventative safety precautions (concussion, cardiac arrest, heat illness, etc.) Vital to athletic departments are Emergency Action Plans. Athletic trainers are critical for planning and executing Emergency Action Plans. These recent developments are in addition to all the medical care athletic trainers had previously been tasked with.

Because of the in-depth, high level training required to assure student safety, athletic directors and coaches can no longer be expected to bear the entire weight of responsibility for medical care. Every CIAC member school athletic program should have a full time athletic trainer.

4.12.D. WARNING STATEMENT TO PARENTS OF ATHLETES

School districts must do everything possible to educate parents and players to the potential for injury, especially concussion, and even death which can result from participation in school sports.

In order to increase this awareness on the part of parents and players alike, and to help to reduce risk of lawsuits charging negligence, this office suggests the inclusion in your athletic authorization forms of a warning message.

CIAC has available sample warning statements which may be obtained upon request.

4.0 ATHLETIC ADMINISTRATION

Sample Statement – In Season

I/we give our permission for _____ to participate in organized high school athletics, realizing that such activity involves the potential for injury which is inherent in all sports. I/we acknowledge that even with the best coaching, use of appropriate equipment and strict observance of rules, injuries are still a possibility. On rare occasions these injuries can be so severe as to result in total disability or even death. I/we acknowledge that I/we have read and understand this warning.

_____ _____

Parent / Guardian Athlete

Sample Statement – Out-of-Season

_____ High School
Out-of-Season Physical Fitness Program
Parent/Athlete Consent Form

Student's name_____ Grade_____ Sport_____

The CIAC allows a school to conduct non-mandated out-of-season conditioning programs provided students are not coerced to participate and as long as the programs do not interfere with any other educational, athletic or family commitments.

We feel the program we are offering can be very beneficial to your child's growth and development and encourage them to participate. However, this program is not an interscholastic athletic program, therefore, you should always make certain your child is medically able to participate in the rigors such a program demands. As parents you take full responsibility for the medical well-being of your child (listed above) and give them permission to participate in the _____ High School optional out-of-season conditioning program.

While off season conditioning is strongly encouraged it does not necessarily guarantee a spot on the roster.

_____

Signature of Parent/Guardian

As an athlete of _____ High School I am willing to participate in a planned out-of-season conditioning program of my own free will and I am willing to abide to the following:

- I will attend only at times specified by my coach.
- I will not bring equipment or use any school equipment (except weights) during these conditioning sessions.
- I will participate only under the supervision of a coach or certified adult.

_____

Signature of Athlete

4.0 ATHLETIC ADMINISTRATION

4.12.E. CHEMICAL HEALTH POLICY AND REGULATION

The CIAC recognizes the use of chemical substances as a significant health problem for many adolescents, resulting in negative effects on behavior, learning, and the total development of each individual. The misuse and abuse of chemical substances affects extra-curricular participation and the development of related skills. Misuse and abuse of chemical substances by family members, team members and other significant persons also has a negative effect on adolescents. The CIAC is committed to the ideal of fair play and equitable competition at all CIAC contests.

This ideal stands as the foundational concept which guides significant and long-standing regulations such as the age rule, recruitment, transfers, and others. These regulations exist to ensure that, as much as is possible, high school athletics are conducted in such a fashion that no individual athlete or team has an unfair advantage over its competitors. CIAC recognizes that the use and abuse by athletes of performance enhancing substances must be added to those behaviors which create an uneven playing field for student-athletes and all athletic programs.

The use of performance enhancing substances by an athlete can and does alter the outcome of athletic events and, in so doing, has a profound impact on other schools within the league and across the state. This policy has been developed to protect the health and safety of its member school student-athletes, and to assure that no participant might be pressured to use performance enhancing drugs for the purpose of remaining competitive, or to gain a competitive advantage.

The CIAC Chemical Health Policy sets an expectation that all member schools have a chemical health policy that requires all student-athletes playing in CIAC-controlled sports to be chemical free. CIAC activities provide coaches and other athletic department personnel a unique opportunity to observe, mentor, confront, and assist young people. The CIAC, therefore, strongly supports education and awareness training for adolescents in the use of chemical substances.

Each member high school shall develop a written policy and procedures for dealing with the use, sale, or possession of alcohol or controlled drugs and alcohol, as approved by its board of education or other governing body.

If no changes are made the previous policy will remain in effect. The written policy and procedures must address how violations affect student-athletes and must contain the seven statements listed below. The statements may be incorporated into existing policy on drugs, alcohol and tobacco, such as is mandated by state statute, or included in the athletic handbook for students and parents.

1. A statement which designates that the policy and procedures apply to all CIAC-controlled activities sponsored by the school and that participation in high school athletics is a privilege and not a right.
2. A statement that alcohol, stimulants, street drugs (including but not limited to marijuana, heroin, and cocaine) are addressed by the policy and procedures.
3. A statement that anabolic steroids, hormones and analogues, diuretics, and other performance enhancing substances are addressed by the policy and procedures and that the CIAC may impose sanctions beyond those applied by the LEA for use of these substances by athletes.
4. A statement that the school shall provide preventive and intervention educational programs for its student-athletes.
5. A statement which describes the types of prevention and intervention programs required for student-athletes prior to and during the sports season.
6. A statement which indicates which job functions in the school are responsible for the administration/ enforcement/monitoring of the policy or regulations. (Principal, assistant principal, teacher, guidance, health personnel)
7. A statement which outlines the methods to be employed to ensure that all athletes and their parents are fully apprised of the policy and procedures.

4.0 ATHLETIC ADMINISTRATION

This policy must be submitted to the CIAC upon request and will be made available to CIAC sports committees, CIAC Eligibility Committee, CIAC Eligibility Review Board, CIAC Board of Control, news media, and public in general.

4.12.F. SUPPLEMENTS

The CIAC fully endorses the policies of the National Federation of State High School Associations regarding the use of supplements by athletes.

School personnel and coaches will not dispense any drug, medication, or food supplement except as in accordance with Connecticut state law, district policy, and as prescribed by a student's physician, dentist, physician assistant or advanced practice RN. The order is to be on record in the school health office listing dose, time, and length of order, side effects and emergency contact. There will also be a signed parental consent on file.

The use of any drug, medication or food supplement in a way not described by the manufacturer should not be authorized or encouraged by school personnel and coaches. Even natural substances in unnatural amounts may have short-term or long-term negative health effects.

In order to minimize health and safety risks to student-athletes, maintain ethical standards, and reduce liability risks, school personnel and coaches may NEVER supply or recommend or knowingly permit students to use any drug, medication or food supplement for the specific purpose of enhancing their athletic performance.

4.12.G. STEROIDS

The National Federation of State High School Associations (NFHS), the national service organized to all 50 state high school athletic and activity associations as well as the District of Columbia, prohibits the abuse of anabolic steroids and other performance enhancing substances by high school student-athletes. Such use violates legal, ethical, and competitive equity standards, and imposes long-term health risks. Further, the NFHS supports prohibitions by educational institutions, amateur and professional organizations and governmental regulators on the use of anabolic steroids and other controlled substances, except as specifically prescribed by physicians for therapeutic purposes. The CIAC fully endorses this National Federation position on steroids.

4.12.H DRUG TESTING

The CIAC Chemical Health Policy does not include any form of mandatory drug testing by member schools. The CIAC strongly supports the concept of local authority in determining drug testing policies. Each board of education/governing body reserves the right to voluntarily implement a drug testing policy for its athletes. Drug testing of high school athletes has been demonstrated to be an effective deterrent to the use of steroids and other illegal drugs. With the use of proper safeguards drug testing is considered legal. The CIAC recommends member schools use the NCAA and the USOC list of banned performance enhancing substances and practices when designing and implementing a drug testing policy. The Connecticut Association of Boards of Education (CABE) has sample drug testing policies LEA's may wish to consider.

4.12.I. PERFORMANCE ENHANCING DRUGS MINIMUM PENALTY

The CIAC expects member schools to monitor their student-athletes to assure that they are free of performance enhancing substances and to report any violations in a timely manner.

A student-athlete who has been determined to have used, in or out-of-season, androgenic/anabolic steroids or other performance enhancing substances (as defined in 4.12.J.) shall be declared ineligible for all CIAC-controlled activities for one hundred eighty (180) school days on each occurrence. The 180 school day period of ineligibility commences on the day the CIAC Board of Control makes such determination.

Any student-athlete who refuses to submit to testing as part of a member school's board of education-approved random drug testing policy shall be ineligible to participate in any CIAC-controlled activities.

All CIAC contests/games/tournaments/championships in which the offending athlete participated while under the influence of performance enhancing substances shall be declared forfeitures and all records will be expunged.

A member school may apply to the CIAC Board of Control for reinstatement of the athlete's eligibility to participate in CIAC-controlled activities. Any such application must include:

1. The results of a CIAC-approved medically validated drug test which confirms that the student-athlete is chemical free. The test must have been completed within 30 days prior to the application. The CIAC shall not be responsible for any expenses related to this testing.

2. A statement of the compelling circumstances on which the member school bases its application for reinstatement of the athlete's eligibility.

4.12.J. PERFORMANCE ENHANCING SUBSTANCES AND PRACTICES SUBJECT TO THIS POLICY

Includes but are not limited to the following:

1. Anabolic Agents, Diuretics, Peptide Hormones and Analogues
2. Blood doping (the intravenous injection of whole blood, packed red blood cells, or blood substitutes.
3. Substances and practices identified as banned by the NCAA and the USOC.

The CIAC allows member schools to make exceptions for those student-athletes with a documented medical history demonstrating the need for regular use of substances that are banned in this policy. These identified substances shall be medically prescribed by the student-athlete's doctor for therapeutic purposes. The documentation should contain information as to the diagnosis, medical history and dosage prescribed.

4.12.K. CONCUSSION EDUCATION AND AWARENESS FOR STUDENT-ATHLETES AND PARENTS

In 2010 the Connecticut legislature passed a law requiring concussion management education and an annual review for all coaches. Since the law our coaching education program has provided over 33,000 coaches with the proper course developed in consultation with the State Department of Education, the Connecticut Concussion Task Force and the Connecticut Athletic Trainers Association. In 2014, the law was updated to include that the education be extended to student-athletes and parents. Additionally, schools must now notify a parent if a student-athlete is removed from participation for exhibiting signs or symptoms of a concussion. The notification must be within 24 hours from the removal. The Connecticut Interscholastic Athletic Conference has mandated all CIAC member schools require education about the signs and symptoms of concussions to all student-athletes and their parents prior to the student engaging in interscholastic activities. Schools are required to spend time in each pre-season meeting to present pertinent information regarding the recognition of a concussion signs and symptoms, the means of obtaining proper medical treatment for a person suspected of sustaining a concussion, the nature and risks of concussion, including the danger of continuing to play after sustaining a concussion and the proper method of allowing a student-athlete who has sustained a concussion to return to play. Each student-athlete and parent must sign a consent form prior to the start of each season. Supportive material which can aide in the dissemination of the information may include written material and videos found on the CIACsports.com web site (by choosing the “Sports Medicine and Concussion Information” option under the “CIAC for Students and Parents” menu, or via the “Downloads” tab in the Online Eligibility Center.

4.12.L. SUDDEN CARDIAC ARREST EDUCATION

Beginning July 1, 2015 all CIAC member schools must issue and collect a signed parent/legal guardian consent form which includes a summary of the sudden cardiac arrest awareness education program approved by the Connecticut State Department of Education and a summary of any applicable local or regional board of education’s policies regarding sudden cardiac arrests. The educational plan shall include: The warning signs and symptoms associated with a sudden cardiac arrest, including, but not limited to, fainting, difficulty breathing, chest pain, dizziness and abnormal racing heart rate; the risks associated with continuing to engage in intramural or interscholastic athletics after exhibiting such warning signs and symptoms; the means of obtaining proper medical treatment for a person suspected of experiencing a sudden cardiac arrest, and; the proper method of allowing a student who has experienced a sudden cardiac arrest to return to intramural or interscholastic athletics.

Furthermore, any person who holds or is issued a coaching permit by the State Board of Education and is a coach of intramural or interscholastic athletics shall annually review the program described above prior to commencing the coaching assignment for the season of such intramural or interscholastic coaching.

4.0 ATHLETIC ADMINISTRATION

4.13 MINIMUM NUMBER OF GAMES TO ENTER TOURNAMENT – See sports information packets

4.14 2024-2025 NATIONAL TESTING DATES

Please be advised that because there are many options for student-athletes to take the SAT and ACT tests during the course of the school year, schools should make their teams aware of the CIAC tournament schedule that is posted three years in advance to avoid a conflict. In most sports, it is necessary for CIAC to schedule multiple games on the same day and a morning game on the day of an SAT or ACT test cannot be avoided. **(* These dates will conflict with CIAC tournaments – please plan accordingly.)**

ACT Test Dates	SAT Test Dates
September 14, 2024	August 24, 2024
October 26, 2024	October 5, 2024
December 14, 2024 *	November 2, 2024
February 8, 2025	December 7, 2024 *
April 5, 2025	March 8, 2025 *
June 14, 2025 *	May 3, 2025
	June 7, 2025 *

4.15 NATIONAL HIGH SCHOOL ATHLETIC CHAMPIONSHIPS

CIAC endorses fully the position of NASSP and the National Federation, which are firmly opposed to national athletic championships for high school students. To discourage the formulation of such programs, the NASSP developed the policy statement below for consideration and approval by other educational associations, to include the National School Boards Association and AASA.

This policy statement does not extend to high school graduates who are considered to be under collegiate or private jurisdiction.

Statement

The Consortium of Educational Leaders supports the participation of students in interscholastic athletics within their own local conferences and at the state level where authorized. The Consortium considers this involvement in athletics and in other student activities as beneficial to the growth and development of secondary school students. It constitutes an important dimension of the total educational experience.

The Consortium, however, opposes vigorously the establishment of any national athletic championship program for students enrolled in secondary schools. This position is held for these reasons:

1. National championships would provide an over emphasis upon athletics at this age level. Inter-district and state championships afford to athletes a high level of competition while not interfering with the sound concept of providing a well-rounded academic, athletic and cultural experience for students.

2. National championships would require that students miss a significant amount of class time to train for and participate in the scheduled games. Many of these students are not sufficiently proficient in school to afford to miss additional days for national contests. Some, in fact, could benefit from supplemental work in reading, writing, or mathematics to carry them beyond their active athletic years.

3. High school students are at an impressionable age and often are unable to handle adequately the publicity attendant to state-level competition. This problem would be compounded by national championships and would only further distort their perspective and their basic values.

4. An over involvement with athletics interferes with the operation of schools for the majority of students. It is unfortunate, but true, that when athletics become too important, then classes are canceled for rallies, special arrangements have to be made for athletes missing their work, a "privileged class" develops in the student body, and the basic values of the school become masked by the momentary glamour of it all.

5. It is quite possible that commercial programs will develop to exploit athletes selected for any national athletic championship program. The Consortium has no objection to the selection of students for recognition by commercial interests, but it would object strongly to an actual sponsorship of national high school athletic contests by commercial firms.

Athletics are an important part of the lives of many students and adults. It is important, however, that a proper perspective be maintained so that promotional endeavors do not harm the many benefits which accrue to persons who participate in athletic activities.

4.16 PHILOSOPHY OF ATHLETICS

A comprehensive and balanced activities program is an essential complement to the basic program of instruction. The activities program should provide opportunities for youth to develop interests and talents in sports, debate/speech, dance, drama, journalism, music, student government and academic-related areas. Participation in such activities should provide students with a lifetime basis for personal values, for work and leisure activities.

Interscholastic athletics can play an important role in the learning and growth process. They encourage the acceptance of responsibility to self, to team and to school. They encourage good physical health, good personal habits. They teach sportsmanship. They expose the athlete to some of life's difficult lessons, e.g. defeat, humility. They offer the opportunity to know success, self-satisfaction, pride, experiences desirable in the balanced growth of an individual.

The interscholastic athletic program should be conducted in accordance with existing board of education policies, rules and regulations. While the board of education may take pride in winning, it should not condone "winning at any cost" and should discourage all pressures which might tend to neglect good sportsmanship and good mental health. At all times the athletic program must be conducted in such a way as to justify it as an educational activity.

Leadership of athletic programs should be of the highest quality so as to exemplify to the participants the desired type of behavior to be developed from the programs. Measurement of leadership success should not be in terms of a "won/lost" record, but rather in the character development factors that are an outgrowth of the athletic program. At all times the athletic program should place the total educational curriculum primary in emphasis; the athletic program should constantly strive for the development of well-rounded individuals capable of taking their place in modern society.

4.0 ATHLETIC ADMINISTRATION

4.17 PROTESTS – TOURNAMENTS/REGULAR SEASON CONTESTS – RE: NATIONAL FEDERATION RULES AND PLAYING RULES FOR ALL SPORTS

Protests arising from the decisions, interpretations and misapplication of the playing rules (National Federation, USGA, USTA or other CIAC game rules) by officials during contests will not be considered. The decision and interpretations of the rules by game officials are final. CIAC does not adjudicate regular season contests or protests. League protest procedures prevail in regular season contests provided the protest is in accordance with CIAC and NFHS rules.

The record of the official scorekeeper at the conclusion of the contest is final unless an error in addition, subtraction, division or multiplication is discovered. Such error shall be corrected as covered by specific contest rules.

Any team leaving the contest area before the conclusion of the contest because of dissatisfaction with the officiating will render the school liable to disciplinary action.

4.18 CLOTHING, APPAREL WORN FOR RELIGIOUS REASONS

The CIAC conforms to National Federation rules for each sport as it relates to uniforms.

4.19 PROSTHESIS (ARTIFICIAL LIMB)

The National Federation has placed the responsibility of approving or disapproving the wearing of a prosthesis on each State High School Association. In a number of the National Federation rule books the following statement appears: "Artificial limbs, which in the judgment of the State High School Association are no more dangerous to players than the corresponding human limb and do not place an opponent at the disadvantage, may be permitted." The CIAC accepts this responsibility for each sport in which the rules so indicate.

The CIAC procedure for approving the wearing of a prosthesis by a student-athlete will be as follows:

1. The member school must notify the CIAC that an athlete wishes to participate in interscholastic athletics while wearing prosthesis, and the school must arrange for a meeting to determine the legality of the prosthesis;

    a. The meeting should be attended by the principal or designee, the athletic director or trainer, coach, parent or guardian, the rules interpreter or other official, and the athlete with the prosthesis. The school should provide the official with a signed copy of the letter from the prescribing physician granting permission for the athlete to participate in the specific sport, and the signed parent's permission form;

    b. The official should apprize everyone of the NFHS rule regarding the padding of the prosthesis and inform the school that the doctor's letter and the letter of approval from CIAC must be presented to the game officials prior to each game for final inspection;

    c. The official will inform CIAC that the prosthesis was inspected and include a statement as to its compliance with NFHS game rules;

    d. CIAC will either grant or deny the request of the school for the athlete to participate while wearing the prosthesis.

2. The criteria recommended as guidelines to follow in determining the legality and suitability of wearing a prosthesis in a sport are:

    a. The prosthesis must have been fabricated by a certified prosthetist. (Practitioner)

    b. The prosthesis must be properly padded.

    c. Written approval to participate from the prescribing physician. Such approval must be presented to the officials before each game for the official's final inspection and approval, in accordance with National Federation Rules.

4.20 RECLASSIFICATION POLICY WHEN SCHOOLS MUST CONSOLIDATE/SEPARATE

If a board of education, in its response to the need to consolidate/separate schools, takes official action which either reduces, increases or balances the grades 9-12 enrollment of a given high school, the following conditions must be met in order to accommodate proper placement for tournament play.

A minimum of two years advance notice must be provided to CIAC before the change is actually made. Thus, if a board votes to consolidate/separate two high schools and can give the projected enrollment as of October 1, two years from October 1 of the reporting year, the adjustment in classification can be made.

If more advance notice can be provided to the CIAC, and the official board of education action is submitted to the CIAC Board of Control, it could be possible to merge the school's teams and adjust the school's classification prior to actual building consolidation or separation. This early merger and resulting classification would be for only one year.

Where a board of education has not taken official action to merge, under no circumstances would schools which retain their separate identities be allowed to consolidate individual sports teams.

Recognizing that circumstances may vary, it shall be the policy of the CIAC that each such case shall be judged upon its merits after consideration of all attendant factors.

4.21 REGULATION INTERPRETATION/CIAC PROTOCOL IN PROVIDING INFORMATION AND DECISIONS TO SCHOOL PERSONNEL AND PUBLIC (Effective July 1, 2006)

1. All CIAC <u>official</u> interpretation requests of CIAC bylaws, rules and regulations must be submitted to the CIAC in writing.

2. All CIAC <u>official</u> interpretations will be provided in writing.

3. The CIAC Executive Director, or his/her designee, will provide official decisions, where appropriate, specific to the CIAC code of eligibility to high school principals, assistant principals and athletic directors only.

4. The CIAC staff will not discuss CIAC rules and regulations with anyone other than school administrators and athletic directors. Telephone inquiries from parents and coaches will not be honored. **All calls from anyone other than the athletic director or school administrator will be referred back to the school**.

4.0 ATHLETIC ADMINISTRATION

4.22 CIAC REGULATION RE: SALES / SOLICITATIONS

This regulation provides CIAC control of all sales and solicitations during all CIAC-run tournaments, meets or games.

1. Only CIAC promotional items will be sold at CIAC-sponsored events unless approved by the CIAC Board of Control.

2. Solicitations, sales of publications or products, or similar activities are NOT permitted without prior authorization from CIAC. Food and beverage are NOT included in this policy.

3. The CIAC is the sponsoring association for all levels of state tournament championships and the sale or distribution of items or audio visual reproductions. Sale or distribution of clothing, souvenirs or other items is strictly prohibited without permission of the CIAC.

5.23 SPORTS

All information pertaining to each sport can be found in the respective sport information packet.

4.24 CHEERLEADING PLACEMENT AND REGULATIONS

1. Cheerleading is an athletic/activity, and for regulation purposes, falls under the control of the CSAC Board.

2. Tournaments
   - The maximum number of competitions in which a squad may participate annually shall be four (4) exclusive of one league and the CSAC-CIAC state competitions. Schools without a league-sponsored tournament may substitute participation in another.
   - The CSAC will sanction all tournaments with the assistance of the cheerleading committee chair and tournament director.
   - Tournaments will be sanctioned under the following criteria:

     --National Federation spirit rules will be followed in full.
     --Shall be sponsored by a CIAC member school, or a member school of another state athletic association.
     --Shall conform to CIAC time out-of-school guidelines.
     --The site shall comply with established health and safety guidelines.
     --Events shall be judged by qualified officials.
     --Events cannot be scheduled on Sunday.

3. Out-of-season regulation, including the summer:
   - A cheer squad from each school will be permitted to attend an out-of-season / summer camp / clinic, not to exceed a seven (7) day period.
   - The school coach(s) may organize and/or attend and coach and instruct his/her team members at summer camps and clinics.

4. These regulations govern cheerleading teams (varsity, JV and freshman) identified as either "support/sideline" squads, or "competition" squads.
   - Schools may sponsor both "support" and "competitive" programs concurrently, but only one program may be designated for competition purposes.
   - Co-educational cheerleading squads are permitted.

4.0 ATHLETIC ADMINISTRATION

4.25 SPORTS PARTICIPATION SURVEY

See Appendix J

4.26 SPORTS AWARDS POLICIES

The CIAC will:

a. Select awards for all CIAC-sponsored sports.
b. Develop an annual budget for awards.
c. Negotiate and issue contracts for all awards.
d. Consider and act upon sports committee requests.
e. Regulate and evaluate all awards against a uniform set of criteria.

Criteria

1. Awards to teams and individuals for all sports must be equitable as to type.

2. In all sports which feature competition between individuals, CIAC will award medals for no more than six (6) competitors. (Exception: in boys and girls cross country open meets, medals will be awarded for places 1 through 25.)

3. Members of winning and runner-up teams will be awarded medals. Number of medals awarded to individuals in each sport will be determined by the Sports Awards Committee.

4. Medals will not be awarded for outstanding individual accomplishments other than for order of finish in an event.

5. There will be no merit awards for teams in any sport.

4.27 SPORTSMANSHIP

Member schools are expected to conduct their relations with each other at all levels of competition in a spirit of good sportsmanship. Everyone involved has the obligation to see clearly his/her influence and act accordingly. The CIAC acknowledges that the school administration is responsible for the athletic program, including the making of broad and specific policies and procedures relating to sportsmanship and the conduct of activities in the school. To that end, the CIAC urges each school principal to adopt the following sportsmanship procedures and standards for their school and to champion the "Class Act" sportsmanship program as these standards will be used in all CIAC post-season contests.

CIAC Sportsmanship Guidelines

The CIAC Standards for sportsmanship as defined in the Class Act program are found at http://ciacsports.com/site/?page_id=10438 .

4.0 ATHLETIC ADMINISTRATION

4.28 PROCEDURES FOR WELCOMING/TREATMENT OF OFFICIALS

1. Continually check the arbiter for officials assigned to games on a weekly and daily basis.

2. Be conscious of contacting officials on same day weather related changes. Notify officials a minimum two hours prior to the game time.

3. When appropriate, based on the game, there should be a designated parking area for officials. Please communicate the location of this parking area.

4. There may be times when officials would need to be escorted to their car after the game.

5. Officials should be greeted by the athletic director or their designee. For contests where there is no administrative presence, the official should be greeted by the home team coach. This may happen more frequently at sub-varsity contests.

6. The home team representative and the official should discuss who is responsible for the site and where the home team representative will be located.

7. Payment procedures and forms (including arbiter pay) should be concluded prior to the start of the game.

8. In sports with half times, the school site representative and the official should discuss where the officials should go at half time.

9. If the official needs to be escorted to the half time area, the school representative should have access and a key to that area/room.

    a. The half-time area could be used for pre-game conferences.
    b. The half-time area could be used for dressing/showering facility.
    c. The school representative should keep all other people out of the officials room.

10. Any special events, presentations or celebrations should be made known to the officials. (e.g. senior night, 1000 point scorer, extended half-time, etc.)

11. The athletic trainer should introduce themselves to the official. Athletic departments should have an Emergency Action Plan, communicate that plan to all coaches and be prepared to invoke the plan in case of emergencies.

12. Game control – Coaches, officials and athletic directors, by the nature of their positions have great influence over the control of the game. They must exert this influence on the game in a positive manner by showing complete respect for each other at all times.

13. If there is an unruly spectator, the official should not engage with that individual. The school site representative should address any spectator misbehavior. The official, should they become aware of such an individual, should inform the school site representative.

14. Communicate with police and security personnel as to their role at athletic contests.

4.0 ATHLETIC ADMINISTRATION

4.29 CIAC GUIDE TO EFFECTIVE COMMUNICATION BETWEEN COACHES AND OFFICIALS

CIAC athletics is an education-based endeavor. Sports are a continuation of the classroom and as such should foster the most positive learning experiences as possible. Both coaches and officials are the adults most accountable for assuring good sportsmanship. Communication between coaches and officials becomes vital to the effective operation of athletic events. The responsibility is on both parties to work together constructively, professionally and positively, especially since they serve as role models for student-athletes.

Coaches and officials represent the integrity of their sports. As a part of the overall educational experience, both must display exemplary conduct on and off the field or court, but most especially when acting as agents of high school athletics and representatives for their school and the CIAC.

Both Coaches and Officials Need to:

1. Have respect for the game and understand that this experience belongs to the kids.

2. Address each other professionally, even if you know each other personally.

3. Greet each other professionally. Don't hug, muck it up, or show other signs of fraternity that give the impression that you are there for any other purpose than to do the job. Perceptions start before the game. Do not give the impression that you have a special relationship other than coach-official.

4. Have a productive pre-contest meeting. The pre-game meeting with coach and captains are used to deliver the message that good sportsmanship is expected by all stakeholders at all times.

5. Post contest, say goodbye discreetly. No hugging, pats on the back or handshakes.

6. Follow the proper channels when dealing with lingering issues. Other than during the game situation, there should be no communication of any kind between coaches or officials. Contingent issues should be dealt with between the athletic director and the official's assigner.

7. Avoid discussing the game in any other context, even if you are personal friends, other than when you are at the event performing your duties.

8. Avoid holding grudges left over from previous games.

Officials Need to:

1. Understand that the game you are assigned to on any given night is very important to the participants.

2. *Know the situation* – Be aware of body language and the tone of your voice. Attempt to build a relationship of respect. Non-verbal behaviors can escalate or de-escalate a situation. It should never come down to coach versus official. Body Language – eye-to-eye contact, tone and choice of words are critical.

3. *Don't react – but respond* – Answer questions and acknowledge statements. Communication should be a response and not a reaction. Be professional and respectful and listen. While effective communication is a key part of the coach-official dynamic in the game, it doesn't require engaging in conversation throughout the contest.

4. *Be authentic* – We are all human and capable of a "bad night". You should embody fairness, honesty, and an openness to communicate rather than being seen as robotic or too businesslike.

5. Do not respond to a coach on every whistle. Avoid anticipating coaching motives. Don't assume a coach has a motive to their techniques of asking questions. Remain neutral. Don't attempt to influence or appear overly friendly with coaches. Find a balance.

6. Avoid responding to everything a coach says if there has been an increase in conversations. It is a balancing act. Try to communicate but every play does not deserve an explanation. Respond to legitimate questions.

7. Actions speak louder than words. Officials should strive to excel at their craft. Using approved signals and mechanics, understanding positioning and overall rules knowledge will garner respect from coaches and fans.

8. Use the technical unsportsmanlike penalty call when necessary for the sake of integrity of the game. When feasible, give coaches a chance to intervene, and correct a player before it gets to the point of issuing an unsportsmanlike penalty.

9. When feasible give a warning to the coach rather than issue an unsportsmanlike penalty immediately.

10. Process unusual or difficult situations between officials and take the time to explain the call to both coaches.

11. Have a feel for the game. Don't overreact. Unnecessary penalties for sportsmanship are counterproductive. Understand when to assert yourself.

12. Make sure your communication is clear and effective. Speak clearly but don't shout. Avoid arguments:

    a. Listen first
    b. Don't engage with volatile coaches.
    c. Use one liners – "I had a clear view coach", "coach I'm 100% sure", "coach you've made your point that's enough", Or say "ENOUGH!" and walk away.
    d. It's ok to admit a mistake.
    e. Don't ignore a coach's concern.
    f. Walk away after issuing an unsportsmanlike penalty.
    g. Use captains to help with relaying messages.

13. Hustle. Being in position to make the call is not only critical for getting it right, but also eliminates much of the criticism.

14. Avoid giving off the impression of arrogance. Be approachable.

15. Improve communication skills so explanations are short and effective. Head coaches are entitled to an explanation of all unusual rulings or situations and the following information for all fouls.

    a. Nature of the foul or penalty.
    b. A brief description of the act.
    c. The number or position of the offending player.

d. The enforcement and the result of the enforcement. If the play is unusual, or the rule is something not seen often, give a full explanation to both sidelines. When you talk to one coach, make sure you offer to talk to the other. Explaining unusual rulings can diffuse situations later.

16. Assistant coaches and other authorized sideline personnel (e.g. athletic trainers, chain crew, photographers, athletic directors, security personnel, etc.) are not entitled to any information from the officials. However, saying things like, "I don't talk to assistant coaches," shows a lack of respect and professionalism.

17. If asked by the head coach for an explanation, give it, and allow it to be heard … don't walk away after giving a curt answer.

18. Address the coach as "Coach". Don't use first names or nicknames.

Coaches Need to:

1. Attend the pre-game meeting with the officials and captains. The head coach should attend the pre-game meeting. Not the assistant coach. By sending the assistant coach to the pre-game meeting you are disrespecting the officials and sending the message that sportsmanship is not important to you.

2. Have the head coach shake hands with opponent players, coaches and officials; not the assistant. If the head coach has the assistant shake hands you are sending the message that sportsmanship does not deserve your attention.

3. Game control is not only the responsibility of the officials. Game control starts on the sidelines and works its way onto the field or court. Realize that players and spectators take their cues from you.

4. Understand that you are not "owed" an explanation by the officials. Their job is to call the game and if they feel there is not time or purpose to giving you an explanation then you need to move on. If you're asking for an explanation, allow the official to explain. Don't walk away.

5. Be responsive to warnings by the official. If the official tells you "That's enough!" then it is time to let go of the issue and stop complaining.

6. Never get an unsportsmanlike penalty. Unnecessary penalties against the coach are counterproductive. Keep your cool. Penalties only hurt your team, tarnish your reputation, and make the school look bad.

7. Call the official by name in a manner that is acceptable according to the culture of your sport. ("Ump", "Blue", "Ref" in some sports. In others, calling them by their name is acceptable.)

8. Constant complaining or "officiating from the bench" is not effective communication. Pick your spots. Coaches will quickly lose credibility.

9. Assistant coaches should never address the officials, only the head coach.

10. Never attempt to purposefully get an unsportsmanlike call against yourself in an effort to motivate your team, or "fire up" the crowd. It is completely unacceptable and has no place or purpose in high school sports. A coach who does so should face corrective disciplinary action from the school's athletic director.

11. Know the personalities of your players, especially the more volatile student-athletes, and try to circumvent problems before they occur.

12. Communicate fairly. Questioning an official in anger by yelling at officials from a long distance is inappropriate. Your approach is important – be discreet; avoid broad gestures such as waving your arms. If you need an explanation from an official, wait until one of them are in close proximity. Question discreetly and fairly.

13. Do not question the integrity of officials (e.g. stating the fouls/penalty counts or ask that the game be called "the same at both ends"). These actions suggest and infer that the officials are cheating.

14. Make adjustments to how the officials are calling the game. If you feel the officials are calling the game "too tight" or "letting too much go" help your players to adjust by coaching them on it.

15. Intimidation is bad sportsmanship. The edge you should strive for is in having the best-prepared and trained team possible.

16. Remember that your job is to coach your players. When you argue or complain excessively, you are not doing your job to instruct kids. You can't be thinking about what to say to an official and while instructing your players. The real job is to instruct players. When things don't go well for the team, it is an opportunity to teach them to work through difficult situations. Most people find more difficult situations in their real life than they do in sports. So using adverse sports situations as a teaching tool is a good way to transfer the lessons of a difficult sports situation into a lesson on how they can grow as a person.

17. Know the rules. By having a strong, in-depth understanding of the rules for your sport, you will avoid many misunderstandings. Know what can and cannot be corrected. *Anticipate trends* – These are due to rule changes and adjustments to a sport. Coaches need to be aware and understand rule changes and the rationale for them.

References and Sources – Referee Magazine September 2020 and February 2021. Pomperaug High School Athletic Handbook.

4.30 TOURNAMENT BALLS – OFFICIAL

The following game balls must be used in all CIAC tournament games from July 1, 2022 through June 30, 2027.

Football --	Spalding Alpha Football (Game ball)	(Item #72-6758)
Soccer --	Spalding TF-5000	(Item #64-7929)
Volleyball --	Spalding TF-VB5 – Red/White/Blue (Game ball)	(Item #72-1338)
Volleyball --	Spalding – TF-VB3 – Red/White/Blue (Practice)	(Item #72-1418)
Boys' Basketball --	Spalding TF1000 Legacy	(Item #74-7169)
Girls' Basketball --	Spalding TF1000 Legacy 28.5	(Item #74-7359)
Baseball –	Spalding TF Pro Baseball	(Item #41-100HS)
Softball --	Dudley WT12 Y FP	(Item #43-873)

4.0 ATHLETIC ADMINISTRATION

4.31 SUBMISSION OF TOURNAMENT ROSTERS

Member schools wishing to participate in CIAC tournaments must submit their tournament roster listing all the student-athletes from their eligibility list who will or may be participating for the member school in any round of the tournament competition. The roster must be submitted via the Online Eligibility Center or the "submit scores/forms" option under the CIAC for coaches menu at ciacsports.com by the deadline stated in the sport's tournament information packet and must include all information requested on the submission form.

By submitting your tournament roster, you are certifying that these student-athletes are physically, academically, etc. eligible.

1. **In sports where individual athletes are seeded or entered based on records, qualifying marks, or a like method**, changes may be requested prior to the time the tournament is seeded and the seeding information is posted for viewing by the general public by contacting the CIAC office. In such cases the school will be subject to an administrative fine for not entering their information correctly prior to the deadline. Because any changes after the point of seeding and posting will affect other athletes and schools and allow for the potential of manipulation, **NO** changes to school/team entries will be allowed after the point of posting seeded information.

2. **In team sports where individual athletes are not seeded,** if a school uses an athlete who was not included on the school's official tournament roster submission or added to the roster prior to the team playing a game in the tournament but was on the school's official eligibility list, met all eligibility standards at the time of the game, and the addition of said athlete(s) to those included on the roster would not put the school over the limit for the number of student-athletes allowed on a school's roster in the sport, the school will be subject to an administrative fine for not entering their information correctly prior to the deadline. If this situation arises the school must notify the CIAC office no later than 24 hours after the game and request the necessary adjustment(s) to the school's roster.

4.32 ADMINISTRATIVE SUPERVISION AT TOURNAMENT EVENTS

Schools must provide supervisory personnel at all CIAC tournament contests commensurate with the magnitude of the contest. The size of the anticipated crowd attending from your school, the rivalry of the opponent and the distance to travel to the site should all be considered. The CIAC should always be contacted for guidance. Below is a list of responsibilities the participating school needs to perform.

Pre-contest:

1. Contact the site director and discuss contest details. (Time doors will open, estimated number of spectators attending. Pre-sale tickets sold, identify the supervisory leader, etc.)
2. Arrange for the appropriate number of supervisors.
3. Read the CIAC sportsmanship script over the public address to the student body.

During the contest:

1. Upon arrival make certain the supervisory leaders identify themselves to the site director.
2. Seat supervisory personnel within the student section and lend a hand to any on-site personnel dealing with an issue. (We prefer you handle issues with your students.)
3. Make certain a clear separation is maintained between your school spectators and any opposing school's spectators.

4.0 ATHLETIC ADMINISTRATION

Post contest

1. Be available at the very conclusion of the game to be visible to the student body to avoid them "storming" the floor, field, etc.
2. Assist with any post game ceremony.
3. Do not leave the contest until a majority of your students and players have left.

4.33 FINE POLICY

Penalties – The Board of Control may impose penalties on member schools in addition to the fines listed below when rules violations dictate-- probation, prohibition and suspension.

1. **Eligibility Violations**

*Violations of Rules of Eligibility, Article IX – CIAC By-laws, inclusive,
…… $100.00 per player per game
Maximum to $500.00

*Violations CIAC regulations as described in the CIAC Handbook
…… $250.00 per incident
Maximum to $750.00

*Recruitment Violations …… $1,000.00 to $10,000.00 per incident

*Failure to comply with CIAC Player/Coach Disqualification Ejection Policy
……. $250.00

*Violations of Sports Committee game and tournament regulations as described in individual sport information brochures and publications …… $250.00

2. **Administrative Violations**

*Filing of athletic schedules, administrative forms, eligibility lists, and after the deadline
……. $50.00

*Roster submission errors correctable under rule 4.37… $50.00

*Failure to comply with regulations which affect tournament outcomes
…….. $1,000.00

*Incorrect tournament information provided to sport committees
…….. $500.00

This fine schedule does not preclude the CIAC Board from determining fines for violations not specifically covered above. In all cases these amounts are minimum and may be increased by the CIAC Board. Punitive monetary fines not to exceed $10,000.00 may be imposed.

4.0 ATHLETIC ADMINISTRATION

4.34 ELECTRONIC GAME REPRODUCTION AND PHOTOGRAPHY

A. **CIAC Tournament Contests**

1. Recording or filming tournament games by participating schools is permitted, provided the film will not be used for broadcast purposes and prior arrangements are made with the CIAC site director.

2. Recording or filming by spectators:
   --Shall be for personal use
   --Shall not interfere with the view of the athletic contest by other spectators.
   --Equipment will not be permitted in any playing area – only in spectator seating area.
   --Equipment shall not create a safety hazard.
   --Violations of this regulation may result in removal of offender(s) from the premises.

3. Recording or filming/broadcasting for commercial purposes:
   --Commercial enterprises wishing to broadcast any CIAC tournament contest in any round must submit the broadcast application available online and receive prior approval from the CIAC.
   --Permission to broadcast any CIAC tournament event, in any format, must be granted by contacting John Holt, Director of Media/Sports Information.

4. Recording or Filming for Commercial-free, Non-profit Purposes:
   --Non-profit commercial enterprises must have prior approval from the state tournament director. Application online at casciac.org. No fees are charged.

5. Photographing for a commercial venture is prohibited unless approved by the CIAC.

4.35 ELECTRONIC GAME SCORE SUBMISSION

In order to ensure that standings and rankings on both the CIAC's websites and other sites which draw their data from us are timely and accurate, all regular season scores must be entered online on the same day the game is played. It is highly recommended that scores are entered from the site as soon as the game ends.

Scores may be entered via the online eligibility center, the "submit scores/forms" option of the "CIAC for Coaches" menu at ciacsports.com, or the "Submit Scores" button in our ciacmobile.com mobile site. Entering scores at ciacsports.com or ciacmobile.com requires either a coaches or scorekeepers access code, those codes are managed via the online eligibility center and can be retrieved from a school's athletic director.

5.0 SCHEDULING AND SEASON LIMITATIONS

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5.0 SCHEDULING AND SEASON LIMITATIONS

5.1 SCHEDULES, REGULAR SEASON

The CIAC has no jurisdiction over regular season interscholastic scheduling problems except as they relate to violation of CIAC policies. Schedule of interscholastic contests within CIAC season limitations is the responsibility of individual schools and/or leagues.

Schedules for all sports in which the CIAC sponsors championships must be submitted, and kept current when game dates and/or time change, via the password-protected online eligibility center. No games may be added to the schedule that count for the tournament after the first play date in each sport. Games played after the last date to count will NOT be used in determining CIAC tournament qualification or rankings.

Schools are expected to resolve the conflicts between themselves and make the necessary changes to their schedules prior to:

Winter – September 27, 2024 Spring – January 24, 2025 Fall – May 23, 2025

Following the date for resolving conflicts, schedules will be given to officials assigners and made available to the general public. At this time officials will be assigned. Changes to schedules may be made following this date as long as they are in accordance with CIAC regulations for the specific sport, and are approved by both participating schools. **Every effort should be made to reduce schedule changes that are not weather-related.**

5.2 RULES FOR OUT-OF-STATE CONTESTS

1. Scrimmages vs. out-of-state schools cannot count as a game.

2. CIAC member schools cannot form a co-op with an out-of-state school.

3. CIAC member schools can send students to an out-of-state clinic providing they follow the rules for camps and clinics.

4. In all sports, schools must include their contests versus out-of-state schools on their schedule and abide by the schedule submission deadlines for that sport.

5. In all sports, schools must adhere to the weekly and seasonal limitations for that sport. Contests versus out-of-state opponents count toward weekly and seasonal limitations.

6. Out-of-state games will count for CIAC tournament qualification only when the opponent is a member of the state association and their state association governs the sport.

    a. If the state association governs the sport but does not adhere to the same exact NFHS rules for that sport as the CIAC then that contest will not count. Example: If a school plays a basketball game vs. an out-of-state opponent that uses a 30 sec. shot clock instead of a 35 sec. shot clock that game cannot be included in the school's record for state tournament qualification.

7. Understanding and compliance with the out-of-state rules is inherent as part of the membership agreement and therefore schools will no longer be required to submit an "out-of-state" schedule form.

8. Non-compliance will result in a fine.

9. If a contest against an out-of-state team is cancelled during the season, member schools will not be permitted to add a game to their schedule.

5.0 SCHEDULING AND SEASON LIMITATIONS

5.3 POSTPONED GAMES

While the CIAC supervises, regulates and controls the interscholastic athletic activities of the member schools both individually and collectively, it has never, at any time in its history, had any involvement in either the formation or governance of athletic leagues beyond the already established requirement that the league member schools abide by CIAC rules and regulations in league operation.

Thus, in keeping with this basic principle, the two guidelines that follow are offered as effective methods that can be used by leagues and schools to control postponed games.

When contests are scheduled among two or more league teams, the league should determine the definition of what constitutes a postponed game.

When contests are scheduled among two or more non-league teams, the principals of the schools involved should mutually determine what constitutes a postponed game.

Note: The CIAC Board approves the use of Sundays after 12:30 p.m. for make-up games in all sports upon the mutual agreement of both schools.

5.4 COMPLETION OF REGULAR SEASON SCHEDULES

Member schools must make every effort to complete their season as scheduled, including make-up games. Any effort to gain an advantage by not playing a game is unacceptable and subject to action by the CIAC Board of Control. Cancellation of any regular season contests/make-up to play in a league tournament will not be allowed.

5.5 RELIGIOUS HOLIDAYS AND SCHOOL ACTIVITIES

The Board of Control has been asked on many occasions to provide direction to its membership regarding the scheduling of school activities so as not to conflict with religious holidays. The Board of Directors advises that it is not within its province to oversee the school calendars of the individual school districts throughout the state. In planning CAS-CIAC state activities the Board attempts to avoid conflicts with major religious holidays, or other major activities of statewide importance but it is not always possible. The Board, therefore, urges that the individual schools be sensitive to the social and religious mores of their individual communities and that they plan their school and student activities calendar so as not to conflict with the extra-school needs of large numbers of students, or to place them in the extreme position of having to choose between their religion and a major school activity. Please note that CIAC publishes dates two years in advance and schools should plan accordingly when scheduling school events such as proms to avoid conflict. Athletes should also be apprised of testing dates <u>that do not conflict with their sport</u>.

5.6 SEASON LIMITATIONS REGULATIONS RELATIVE TO SCHEDULING

5.6.A. FIRST DAY OF THE WEEK

Sunday is to be considered the first day of a calendar week for all sports.

5.0 SCHEDULING AND SEASON LIMITATIONS

5.6.B. GAME LIMITATIONS / SEASON AND WEEKLY

The limit in the number of games/contests per season is to exclude games/contests played with alumni (one per season) and games/contests in CIAC-sponsored tournaments, and league sponsored and administered playoff games/contests. Please call the CIAC office if you have questions about alumni games. The limit of games per week is to exclude postponed games/contests, one league playoff game/contest and games/contests played in CIAC-sponsored tournaments.

5.6.C. COMPLIANCE WITH WEEKLY LIMITATIONS ON "OUTSIDE" COMPETITION

With increased frequency athletes are competing "unattached" in approved "outside" competition over a two or three-day period. In most cases where this happens a participant would qualify on the first day and then compete again on the second and/or third day.

A competitor competing in a one, two or three day outside meet/tournament shall have that meet / tournament count as one of the allowable weekly competitions.

When a two or three day meet is conducted on both a Saturday and Sunday, a choice may be made as to which week it will count as one of the allowable weekly CIAC competitions. However, for Friday through Sunday events it must count in the week containing the Friday.

If a one, two or three day outside meet / tournament is conducted within one week, the one charged weekly competition must be counted within that week.

5.6.D. UNATTACHED STATUS (DEFINITION)

A student-athlete may participate in practices or contests in cross country, golf, gymnastics, indoor track, outdoor track, swimming, and tennis as an individual and not as a member of a team during the authorized contest season without loss of interscholastic eligibility provided the following criteria are met:

1. Compliance with weekly limitations for the specific sport. (Exception: golf)
2. In cross country, gymnastics, swimming, indoor track, outdoor track and tennis, no more than four (4) unattached outside meets per season are permitted. In the sport of golf no more than eight (8). Athletes in these sports may practice but not compete as a member of a non-CIAC team during the season. Such practices may not interfere with or replace member school practices.
3. Prior approval of athletic director, coach, principal and parent.
4. Prior arrangements to complete academic lessons, assignments, tests, etc.
5. Student and parent agree to not accept, directly or indirectly any awards, gifts, trips, merchandise, etc., which would be in violation of CIAC regulations.
6. Athletes will not miss any CIAC-sponsored tournament contest for which he/she is eligible unless excused by the CIAC Board of Control. It is the philosophy of the conference that student-athletes owe loyalty to their school and team. During the regular season, the school administration will make the determination as to whether a student-athlete may be excused from a contest to attend an event as an "unattached" competitor.

The outside event will be defined as a team event and, therefore, become a violation of the in-season rules, if any of the following criteria is met:

5.0 SCHEDULING AND SEASON LIMITATIONS

1. The athlete's performance contributes to a team score.
2. The athlete wears the same apparel, or the same style and color clothing as other athletes or wears a similar logo.
3. The same group of students participate in a competition where they advance as a team.
4. The athlete's name is part of a roster that is submitted to the event as a group.
5. The athlete qualifies as an individual for an event but represents a club, organization, municipality, or state, along with others, in a competition.

5.6.E. GAME LIMITATIONS / LEAGUE PLAYOFFS

A. Weekly limitations may be extended by one (1) contest during one week only for the purpose of running a league tournament. At no time may weekly limitations exceed three (3) or four (4) * total regularly scheduled games and tournament games combined in any one week. League playoff games are excluded from the season limitation.

   *Depending on the weekly limitations per sport.

B. League tournament games will count for CIAC tournament qualification under the following conditions:

   - Game(s) must be included in the maximum regular season game limitations for the sport.
   - Game(s) must be listed on the regular season schedule submitted to the CIAC in accordance with the time lines established by CIAC sports committee. Those contests should be identified by the title of the tournament in which the team may qualify.
   - Game(s) must be played prior to the last day established by the CIAC for tournament qualifications.
   - Game(s) played as a third contest with another team during the regular season will not count for tournament purposes.

C. League tournament games will not count for tournament qualifications under all other conditions.

5.6.F. POST SEASON LEAGUE TOURNAMENT POSTPONEMENTS (SUNDAY)

As is the case with the regular season, Sunday play of league tournament games/meets (post season) is permitted in accordance with the following policy:

1. Your league must approve Sunday play.
2. No Sunday game/meet may start before 12:30 p.m.
3. The Saturday postponement must be weather-related. Also, if a weather-related postponement makes it necessary to reschedule the semi-finals to Saturday, the final game (originally scheduled for Saturday) may be rescheduled for Sunday.

POST SEASON LEAGUE TOURNAMENT POSTPONEMENTS – QUESTIONS & ANSWERS

1. **The quarter-final round of the league basketball tournament, scheduled for Saturday, is snowed out. Is it permissible to reschedule this round on Sunday?**
   Yes, but after 12:30 p.m.

5.0 SCHEDULING AND SEASON LIMITATIONS

2. **The league wrestling tournament is scheduled for Saturday. If a weather-related postponement occurs, may the league reschedule this event for Sunday?**
   Yes

3. **The semi-final round of the league baseball tournament is rained out and rescheduled for Saturday, the date reserved for the final game. May the final game in this case be rescheduled for Sunday?**
   Yes, since the finals were originally scheduled for Saturday and it had to be moved as a result of a weather-related postponement.

4. **May a league elect not to permit Sunday play?**
   Absolutely. This is a permissive policy and leagues may decide to prohibit Sunday play in any or all league tournaments.

5.6.G. TEAM AND INDIVIDUAL PRACTICE REQUIREMENTS

CIAC member schools are required to ensure that all student-athletes are properly conditioned and prepared prior to their first athletic contest. **All sports teams and individual athletes must have a minimum of ten (10) physical / exertional school practice days before the date of the first scheduled competition. (Exception – Golf)**

An **individual athlete** must participate in a minimum of ten (10) practices prior to competition unless the athlete has been participating in a sport – for example a football player in the CIAC championship series that overlaps with a winter sport would not be required to complete ten (10) practices prior to competition.

No team/athlete shall practice / compete with their school more than six (6) consecutive days to provide a day of rest. Saturdays, Sundays, and holidays may be used unless prohibited by local board policy.

<u>Practice Limitations Questions and Answers</u>

1. **May I have a film session or chalk talk on the day of rest?**
   Yes, as long as there is no physical / exertional activity such as weightlifting or conditioning.

2. **When does the seven (7) day cycle requiring a day of rest begin?**
   The cycle begins the first date you begin your full practice regimen. It does not include conditioning week for pitchers and catchers or football.

3. **How do I plan my day of rest if we have a postponement of a game due to weather and a workout day is necessary pre-empting the day of rest?**
   This CIAC regulation for providing a day of rest is in effect for regularly scheduled practice days and games. Postponements for inclement weather would not have an impact on this regulation.

4. **May I have ten (10) consecutive days of physical / exertional practices if I give my team two days off?**
   No, a day of rest must be with a seven day cycle to avoid seven consecutive days of practice/competitions.

5.0 SCHEDULING AND SEASON LIMITATIONS

5.6.H. PRACTICING WITH ANOTHER CIAC TEAM BY AN ATHLETE

During each sport season players who are members of a CIAC team may not practice with another CIAC school in the same sport unless it is sanctioned by the principals of both schools or it is an approved activity governed by other CIAC rules and policies. Players who have ended their competitive season are not allowed to practice with another CIAC school in the same sport unless prior written permission is given by the principals of both schools. However, school teams may continue to practice until the end of tournament season.

56.I. SCRIMMAGE (DEFINITION) – A Practice Contest

A scrimmage is a practice and is to be treated as such. **Teams must have a minimum of three (3) days of practice prior to scheduling any interscholastic activity. In football five (5) days of conditioning practice plus three (3) days of practice in full pads is required before any interscholastic activity.** Scrimmages are not to be used as a way to add a game to a school's schedule that does not count towards seasons limitations. Scrimmages may be conducted under the following regulations:

1. Scrimmages are informal practice competitions where the coach(s) may interrupt play to provide instruction.
2. Scrimmages are not bound by length of game regulations.
3. Scrimmages are practices; therefore, they are not bound by National Federation Rules.
4. Scrimmages may be conducted any time during the season including the post-season – the period from the conclusion of the regular season to the end of the tournament.
5. A school may not enter a tournament and call the game(s) a scrimmage.
6. Game uniforms <u>should only</u> be worn in the last scrimmage prior to the start of the season.
7. Officials may be used.
8. A scrimmage must be considered a scrimmage by both teams – no one may count a scrimmage as a regular season game. This includes scrimmages with out-of-state teams.
9. Scores are usually kept by quarter / period / inning and not as a regular game.

Any contest, including a tournament that is called a scrimmage that is actually played as a game will be considered a CIAC violation.

5.6.J. JAMBOREE (DEFINITION)

CIAC Definition – A jamboree is a pre-season, non-CIAC contest among three or more teams in which no team may play more than the equivalent of the regulation time established for that sport, and no team may participate against the same opponent for more than one-half of the normal regulation time established for that sport. The purpose and conditions of a jamboree are as follows:

1. Formal contest that simulates game conditions, officials are present.
2. Team may not play more than the total regulation time for that sport and no more than ½ of the regulation time against any one opponent.
3. Published on an announced schedule.
4. Must meet all game conditions established by CIAC.
5. May not be held earlier than the 3rd day of practice.
6. Must be sponsored by a CIAC member school.
7. Admission to contests may be charged.
8. Usually announced in newspapers and results reported in newspapers.
9. Uniforms usually worn, score and time usually kept.
10. May not be conducted after the first scheduled contest of the regular season.

5.0 SCHEDULING AND SEASON LIMITATIONS

5.7 SEASON LIMITATIONS POLICY / COMMITTEE

The establishment of a standing committee whose responsibility is to regulate all dates for all sports, impartial comprehensive coordination the CIAC has recognized as a need as its programs and tournaments continue to increase in number and capacity.

The Seasons Limitations Committee will:

1. Establish all starting and closing dates for all sports in as equitable a manner as possible. This shall be scheduled a minimum of two years in advance.

2. Deal with any concerns which are related to these dates.

3. Establish the specific seasons sports are to be played after seeking the advice of the relevant CIAC sports committee.

4. Calendars will show, on a seasonal basis, the starting dates for practice and interschool competition, the closing dates for the regular season and the beginning and final dates for post season competition. It will be the responsibility of the seasons limitations committee to set the limits regarding maximum games per season, games per week, and last date for games to count for tournament qualification.

5.7 GAME LIMITATIONS AND PRACTICE DATES CALENDARS

BOYS 2024-2025 CIAC GAME LIMITATIONS AND PRACTICE DATES

Sport	First Practice Date	Date of First Contest	Maximum Games Season	Minimum Games CIAC Tournament	Maximum Games Per Week	Last Date to Count Tournament	Tentative Tournament Dates
Cross Country	Aug. 19	Sept. 3	14	4	2	Oct. 24	Class Oct. 26; Open Oct 31; NE Nov. 9
Fall Golf	Aug. 12	Aug. 20	16 ***	10	3	Oct. 16	Divisionals Week of Oct. 21; NE Oct 28
Football	**See below** **(Conditioning – See below)**	Sept. 12	10	8	1	Nov. 28	Quarters Dec. 3; Semis Dec. 8; Finals Dec. 14
Soccer	Aug. 19	Sept. 3	16	10	2 *	Oct. 28	Qual. Oct 30; Begin Nov. 1; Finals Nov. 16, 17
Basketball	Dec. 5	Dec. 17	20	12	2 *	Feb. 25	Begin Mar. 1; Finals Mar. 15, 16** see explanation on girls page
Ice Hockey	Dec. 2	Dec. 16	20	12	2 *	Mar. 6	Begin Mar. 10; Finals Mar. 21, 22, 23
Indoor Track	Dec. 5	Dec. 19	14	1	2	Feb. 10	Class Feb. 13, 14, 15; Open Feb. 22; NE Mar. 8
Swimming	Dec. 5	Dec. 19	18	4	2 *	Mar. 8	Qual. Mar. 15; Class Mar. 18, 19; Open Mar. 22 (tentative – pending facilities)
Wrestling	Dec. 2	Dec. 16	18 ** (** 8 of 18 may be multi-meets)	8	2	Feb. 13	Class Feb. 21, 22; Open Feb. 28, Mar 1; NE Mar. 7, 8
Baseball	Mar. 22 (Conditioning Mar. 15)	Apr. 5	20	12	3	May 29	Qual. May. 31; Begin June 2; Finals June 13, 14
Golf	Mar. 22	Mar. 31	16 ***	10	3	June 4	All classes June 9, 10, 11; Open TBA
Lacrosse	Mar. 22	Apr. 5	16	10	2 *	May 28	Begin May 30; Finals June 14
Tennis	Mar. 22	Apr. 5	20	10	3	May 28	Classes May 30, 31, June 2, 3, 4; Open June 6, 7, 9
Track	Mar. 22	Apr. 5	16	1	2	May 28	Class June 3, 4, 5; Open June 9; NE June 14, Decathlon June 17, 18
Volleyball	Mar. 22	Apr. 5	20** (**3 of 20 may be non-counting Multi-team tournaments)	12	3	May 29	Begin June 4; Finals June 12

Important Holidays
Labor Day – September 2, 2024 / Thanksgiving Day -- November 28, 2024 / Memorial Day – May 26, 2025

WHEN PLAY DOWN GAMES ARE NECESSARY, THESE GAMES WILL BE SCHEDULED PRIOR TO THE FIRST TOURNAMENT DATE LISTED ABOVE.

* Exception: May schedule three (3) contests in a week four (4) times during the regular season.

*** Exception: Boys Golf – may schedule "In Season Tournaments" on two additional dates that will not count toward qualifying for the state tournament as a team or as individuals.

Required practice days – **Team** – 10 days / **Individual** – 10 days -- **Sunday practices may be counted to fulfill the 10 day requirement.**

All sports teams and individual athletes must have a minimum of ten (10) physical/exertional practice days with their school before the date of the first scheduled competition. No team/athlete shall practice/compete with their school more than six (6) consecutive days to provide a day of rest. Saturdays, Sundays, and holidays may be used unless prohibited by local board policy.

FOOTBALL – ORGANIZED TRAINING ACTIVITIES (OTA's) – Thursday, August 15; Friday, August 16; Saturday, August 17, 2024 (SUNDAY, AUGUST 18 IS PROHIBITED)
Conditioning Week – Monday, August 19, 2024
First Contact Practice – Saturday, August 24, 2024

SUMMER OUT OF SEASON COACHING OPPORTUNITIES – START JUNE 10, END AUGUST 10

GIRLS 2024-2025 CIAC GAME LIMITATIONS AND PRACTICE DATES

Sport	First Practice Date	Date of First Contest	Maximum Games Season	Minimum Games CIAC Tournament	Maximum Games Per Week	Last Date to Count Tournament	Tentative Tournament Dates
Cross Country	Aug. 19	Sept. 3	14	4	2	Oct. 24	Class Oct. 26; Open Nov.1; NE Nov. 9
Field Hockey	Aug. 19	Sept. 3	16	10	2 *	Oct. 28	Qual. Nov. 1, 2; Begin Nov.4; Finals Nov. 16
Soccer	Aug. 19	Sept. 3	16	10	2 *	Oct. 28	Qual. Oct 30; Begin Oct 31; Finals Nov. 16, 17
Swimming	Aug. 19	Sept. 3	18	4	2 *	Nov. 2	Qual. Nov. 9; Class Nov. 12, 13; Open Nov. 15, 16 (tentative – pending facilities)
Volleyball	Aug. 19	Sept. 3	20 ** (**3 of 20 may be non-counting Multi-team tournaments)	12	3	Oct. 28	Begin Nov. 4, 5; Finals Nov. 15, 16
Basketball	Dec. 2	Dec. 13	20	12	2 *	Feb. 25	Begin Mar. 1; Finals Mar 15, 16**
Gymnastics	Dec. 5	Dec. 19	14	6	2	Feb. 17	Team/Ind. Feb. 22; Open Mar 1; NE Mar 8
Indoor Track	Dec. 5	Dec. 19	14	1	2	Feb. 10	Class Feb. 13, 14, 15; Open Feb. 22; NE Mar. 8
Golf	Mar. 22	Mar. 31	16***	10	3	June 4	June 9, 10, 11; Open TBA
Lacrosse	Mar. 22	Apr. 5	16	10	2 *	May 28	Begin May 30; Finals June 15
Softball	Mar. 22 (Conditioning March 15)	Apr. 5	20	12	3	May 29	Qual. May 31; Begin June 2; Finals June 14
Tennis	Mar. 22	Apr. 5	20	10	3	May 28	Class May 30, 31, June 2, 3, 4; Ind June 7, 9, 10
Track	Mar. 22	Apr. 5	16	1	2	May 28	Class June 3, 4, 5; Open June 9; NE June 14, Heptathlon June 17, 18

Important Holidays
Labor Day – September 2, 2024 / Thanksgiving Day -- November 28, 2024
Memorial Day – May 26, 2025

WHEN PLAY DOWN GAMES ARE NECESSARY, THESE GAMES WILL BE SCHEDULED PRIOR TO THE FIRST TOURNAMENT DATE LISTED ABOVE.

* Exception: May schedule three (3) contests in a week four (4) times during the regular season.

*** Exception: Girls Golf – may schedule "In Season Tournaments" on two additional dates that will not count toward qualifying for the state tournament as a team or as individuals.

** Exception – for this year only the Boys and Girls Basketball season has been altered to accommodate a scheduling conflict at Mohegan Sun Arena

Required Practice Days **– Team –** 10 days / **Individuals –** 10 days -- **Sunday practices may be counted to fulfill the 10 day requirement.**

All sports teams and individual athletes must have a minimum of ten (10) physical/exertional practice days with their school before the date of the first scheduled competition. No team/athlete shall practice/compete with their school more than six (6) consecutive days to provide a day of rest. Saturdays, Sundays, and holidays may be used unless prohibited by local board policy.

SUMMER OUT OF SEASON COACHING OPPORTUNITIES – START JUNE 10, END AUGUST 10

BOYS 2025-2026 CIAC GAME LIMITATIONS AND PRACTICE DATES

Sport	First Practice Date	Date of First Contest	Maximum Games Season	Minimum Games CIAC Tournament	Maximum Games Per Week	Last Date to Count Tournament	Tentative Tournament Dates
Cross Country	Aug. 18	Sept. 2	14	4	2	Oct. 23	Class Oct. 25; Open Oct.31; NE Nov. 8
Fall Golf	Aug. 11	Aug. 19	16***	10	3	Oct. 15	Divisionals Week of Oct. 20; NE Oct. 27
Football	**See below** **(Conditioning – See below)**	Sept. 11	10	8	1	Nov. 27	Quarters Dec. 2; Semis Dec. 7; Finals Dec. 13
Soccer	Aug. 18	Sept. 2	16	10	2 *	Oct. 27	Qual. Oct. 29; Begin Oct. 31; Finals Nov. 15, 16
Basketball	Dec. 4	Dec. 18	20	12	2 *	Mar. 3	Qual. Mar. 6; Begin Mar. 9; Finals Mar. 21, 22
Ice Hockey	Dec. 1	Dec. 15	20	12	2 *	Mar. 5	Begin Mar. 9; Finals Mar. 19, 23, 24
Indoor Track	Dec. 4	Dec. 18	14	1	2	Feb. 9	Class Feb. 12, 13, 14; Open Feb. 21; NE Mar. 7
Swimming	Dec. 4	Dec. 18	18	4	2 *	Mar. 7	Qual. Mar. 14; Class Mar. 17, 18, Open Mar. 21 (tentative – pending facilities)
Wrestling	Dec. 1	Dec. 15	18 ** (** 8 of 18 may be multi-meets)	8	2	Feb. 12	Class Feb. 20, 21; Open Feb. 27, 28; NE Mar.6, 7
Baseball	Mar. 21 (Conditioning Mar. 14)	Apr. 4	20	12	3	May 28	Qual. May 30; Begin June. 1; Finals June 12, 13
Golf	Mar. 21	Mar. 30	16***	10	3	June 3	All classes June 8, 9, 10; Open TBA
Lacrosse	Mar. 21	Apr. 4	16	10	2 *	May 27	Begin May 29; Finals June 14
Tennis	Mar. 21	Apr. 4	20	10	3	May 27	Classes May 29, 30, June 1,2,3, Open June 5, 6, 8
Track	Mar. 21	Apr. 4	16	1	2	May 27	Class June 2,3,4; Open June 8; NE June 13; Decathlon June 16, 17
Volleyball	Mar. 21	Apr. 4	20** (**3 of 20 may be non-counting Multi-team tournaments)	12	3	May 28	Begin June 3; Finals June 11

Important Holidays
Labor Day – September 1, 2025 / Thanksgiving Day -- November 27, 2025 / Memorial Day – May 25, 2026

WHEN PLAY DOWN GAMES ARE NECESSARY, THESE GAMES WILL BE SCHEDULED PRIOR TO THE FIRST TOURNAMENT DATE LISTED ABOVE.

* Exception: May schedule three (3) contests in a week four (4) times during the regular season.
*** Exception: Boys Golf – may schedule "In Season Tournaments" on two additional dates that will not count toward qualifying for the state tournament as a team or as individuals.
Required practice days – **Team** – 10 days / **Individual** – 10 days -- **Sunday practices may be counted to fulfill the 10 day requirement**

All sports teams and individual athletes must have a minimum of ten (10) physical/exertional practice days with their school before the date of the first scheduled competition. No team/athlete shall practice/compete with their school more than six (6) consecutive days to provide a day of rest. Saturdays, Sundays, and holidays may be used unless prohibited by local board policy.

FOOTBALL – ORGANIZED TRAINING ACTIVITIES (OTA's) – Thursday, August 14; Friday, August 15; Saturday, August 16, 2025 (SUNDAY, AUGUST 17 IS PROHIBITED

Conditioning Week – Monday, August 18, 2025. First Contact Practice – Saturday, August 23, 2025
SUMMER OUT OF SEASON COACHING OPPORTUNITIES – START JUNE 16, END AUGUST 8

GIRLS 2025-2026 CIAC GAME LIMITATIONS AND PRACTICE DATES

Sport	First Practice Date	Date of First Contest	Maximum Games Season	Minimum Games CIAC Tournament	Maximum Games Per Week	Last Date to Count Tournament	Tentative Tournament Dates
Cross Country	Aug. 18	Sept. 2	14	4	2	Oct. 23	Class Oct. 25; Open Oct. 31; NE Nov. 8
Field Hockey	Aug. 18	Sept. 2	16	10	2 *	Oct. 27	Qual. Oct. 31, Nov.1; Begin Nov. 3; Finals Nov. 15
Soccer	Aug. 18	Sept. 2	16	10	2 *	Oct. 27	Qual. Oct. 29; Begin Oct. 30; Finals Nov. 15, 16
Swimming	Aug. 18	Sept. 2	18	4	2 *	Nov. 1	Qual. Nov. 8; Class Nov. 11, 12; Open Nov. 14, 15 (tentative – pending facilities)
Volleyball	Aug. 18	Sept. 2	20 ** (**3 of 20 may be non-counting Multi-team tournaments)	12	3	Oct. 27	Begin Oct. 31; Finals Nov. 14, 15
Basketball	Dec. 1	Dec. 15	20	12	2 *	Feb. 24	Qual. Feb. 27; Begin Mar. 2; Finals Mar 21, 22
Gymnastics	Dec. 4	Dec. 18	14	6	2	Feb. 23	Team/Ind. Feb. 28; Open Mar 7; NE Mar 14
Indoor Track	Dec. 4	Dec. 18	14	1	2	Feb. 9	Class Feb. 12, 13, 14; Open Feb. 21; NE Mar. 7
Golf	Mar. 21	Mar. 30	16***	10	3	June 3	June 8, 9, 10; Open TBA
Lacrosse	Mar. 21	Apr. 4	16	10	2 *	May 27	May 29; Finals June 13
Softball	Mar. 21 (conditioning Mar. 15)	Apr. 4	20	12	3	May 28	Qual. May 30; Begin June 1; Finals June 13
Tennis	Mar. 21	Apr. 4	20	10	3	May 27	Class May 29, 30, June 1,2,3; Ind June 6, 8, 9
Track	Mar. 21	Apr. 4	16	1	2	May 27	Class June 2, 3, 4; Open June 8; NE June 13; Heptathlon June 16, 17

Important Holidays
Labor Day – September 1, 2025 / Thanksgiving Day -- November 27, 2025
Memorial Day – May 25, 2026

WHEN PLAY DOWN GAMES ARE NECESSARY, THESE GAMES WILL BE SCHEDULED PRIOR TO THE FIRST TOURNAMENT DATE LISTED ABOVE.

* Exception: May schedule three (3) contests in a week four (4) times during the regular season.

***Exception: Girls Golf – may schedule "In Season Tournaments" on two additional dates that will not count toward qualifying for the state tournament as a team or as individuals.

Required Practice Days – **Team –** 10 days / **Individuals –** 10 days -- **Sunday practices may be counted to fulfill the 10 day requirement.**

All sports teams and individual athletes must have a minimum of ten (10) physical/exertional practice days with their school before the date of the first scheduled competition. No team/athlete shall practice/compete with their school more than six (6) consecutive days to provide a day of rest. Saturdays, Sundays, and holidays may be used unless prohibited by local board policy.

SUMMER OUT OF SEASON COACHING OPPORTUNITIES – START JUNE 16, END AUGUST 8

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6.0 ELIGIBILITY

The stated premise throughout all CIAC Eligibility Rules is that "…regulations are minimal and do not prohibit a school from establishing more rigid eligibility standards."

6.1 ELIGIBILITY FOR FALL SPORTS

The CIAC has consistently maintained that in order to be eligible for fall sports, a student must have received credit toward graduation at the close of the school year preceding the contest in at least four Carnegie Units of work or its equivalent. The number of courses passed is not material; it is the number of credits toward graduation which must be the determining factor. Year-end failures may be made-up through successful completion of LEA approved summer school work in courses failed.

6.2 ELIGIBILITY BY MARKING PERIOD – RE. ATTENDANCE POLICY

A school which has an attendance policy should be allowed to interpret and apply the credits-toward-graduation factor based on that attendance policy in whatever manner it wishes. If the principal concludes that the student is earning passing grades in four Carnegie Units of work, and if he/she chooses not to apply the credits-toward-graduation factor on a marking period basis but rather applies it at year's end when the credit for the course is to be either granted or denied, the student can be considered eligible for sports participation.

If the principal wishes to be more stringent, and interpret each marking period as carrying <u>at its conclusion</u> a fraction of the course's credit toward graduation, he/she can conclude that the student is ineligible.

6.3 CIAC ACADEMIC ELIGIBILITY REGULATION – RE. BLOCK SCHEDULING

The use of block scheduling has called into question the present CIAC academic regulation and how it is to be applied for those schools. Therefore, in order to assist member school principals, the following clarifying language is offered:

ELIGIBILITY RULE I – SCHOLARSHIP

Existing language states: A Carnegie Unit is defined as "200 minutes of recitation during a period of five consecutive school days for an entire school year." Further, "If a course is scheduled a minimum of 200 minutes during a period of five consecutive school days for a traditional nine-week marking period and awards at least ¼ credit for that period, that course should be considered one-quarter of a Carnegie Unit of work.

<u>CIAC Interpretation Under Block Scheduling</u>

Any course taken under a block schedule design which is scheduled a minimum of 400 minutes during a period of five consecutive school days for traditional nine-week marking period and awards at least ½ credit for that period, that course should be considered one-half of a Carnegie Unit of work.

6.0 ELIGIBILITY

CIAC Interpretation for Online Courses

CIAC requires, for eligibility purposes, that grades for online courses be determined in accordance with traditional course grading periods.

ELIGIBILITY RULE I.B. – MINIMUM COURSE REQUIREMENTS

Existing language states: "A pupil cannot at any time represent a school unless taking at least four (4) quarter Carnegie Units of work or its equivalent. During the school year a pupil must have received a passing mark in at least four (4) quarter Carnegie Units of work or its equivalent at the end of the regular marking period next preceding the contest and have earned four (4) credits toward graduation at the end of year to be eligible for fall sports."

CIAC Interpretation Under Block Scheduling

A pupil cannot at any time represent a school unless taking at least two one-half Carnegie Units of work or its equivalent. During the school year a pupil must have received a passing mark in at least two (2) one-half Carnegie units of work or its equivalent at the end of the marking period next preceding the contest.

6.4 CIAC ACADEMIC ELIGIBILITY 1.B. – WHEN ELIGIBILITY IS DETERMINED

Official eligibility for all students is determined on the date that official grades are posted for all students (entire school eligibility) or on the fourteenth (14th) calendar day (whichever comes first) following the end of the marking period. The means by which official grades are distributed to all students will be determined by the school.

How and When Athletic Eligibility Is Determined In Addition to CIAC Rules of Eligibility – CIAC By-Laws, Article Ix, Section I, II and III

1. **Is an athlete's eligibility declared once his/her name appears on the official eligibility list submitted to the CIAC?**
   No. The official team eligibility list submitted online to the CIAC is the official document used by the principal to verify that the players listed are eligible according to CIAC regulations to participate in the sport, i.e., academic, residence, medical, etc.

2. **Is an athlete's eligibility declared if he/she is a member of a school team but never plays in a contest on the freshman, JV or varsity level?**
   No. Athletes must actually participate in a contest, at any level of play (regular season or post regular season), to declare athletic eligibility.

6.5 CODE OF ELIGIBILITY

See Appendix B – The Rules of Eligibility and Control for Boys and Girls High School Athletics in Connecticut.

6.0 ELIGIBILITY

6.6 ELIGIBILITY COMMITTEE MODUS OPERANDI

In order to serve the member schools and student-athletes in an efficient and business-like manner, the following methods of operation will be in effect during the course of the year.

1. All requests for eligibility decisions must be IN WRITING to the Executive Director and MUST BE SIGNED BY THE PRINCIPAL.

2. Requests will be acted on monthly by the Eligibility Committee – usually on the third Thursday of the month, September through May. Requests received after this date will not be acted on until the following month.

3. Notification of decisions by the Committee will be communicated by the Executive Director.

4. Routine interpretations may be offered by the Executive Director and/or Assistant Executive Directors – preferably upon written request.

5. Telephone requests for final eligibility decisions will not be honored.

6. Principals should anticipate potential eligibility problems so that the Committee will have a reasonable margin of time within which to make decisions.

6.7 FOREIGN STUDENT ELIGIBILITY

A foreign exchange student who is placed in a CIAC member school by an exchange program approved by the Council on Standards for International Educational Travel (CSIET) are eligible to participate in CIAC-sponsored sports providing:

- The student is not considered a high school graduate or its equivalent;
- The student meets CIAC age requirements.

The Council on Standards for International Educational Travel referred to in Eligibility Rule II.H. (CSIET) is a non-profit organization committed to establishing standards for international educational travel, monitoring compliance with those standards, and sharing information about organizations operating international educational travel and exchange programs at the high school level on behalf of schools, communities, and educational groups in the United States. The CIAC accepts all programs listed and accepted by CSIET as being bona-fide exchange programs for the purposes of establishing eligibility of athletes who are exchange students. A list of approved programs may be obtained from:

Council on Standards for International Educational Travel (CSIET)
212 South Henry Street, Alexandria, VA 22314

Telephone (703) 739-9050
Fax (703) 739-9035
E-mail Exchanges@aol.com

6.0 ELIGIBILITY

6.8 FOREIGN STUDENT ELIGIBILITY – NON-CSIET PROGRAMS AND F-1 VISA STUDENTS

A foreign exchange student not in an approved CSIET program will be eligible providing:

- The student is living with a parent or legal guardian (**as determined by Probate Court**);
- The student is not considered a high school graduate or its equivalent;
- The student meets all other CIAC eligibility requirements – age, academic standards, number of seasons played (eight consecutive semester rule), etc.

However, students attending a CIAC member school while on an F-1 Visa are ineligible for participation in varsity athletics for 365 days upon enrollment and may only participate in varsity competitions for two years.

Note: If any F-1 Visa student transfers into a CIAC member school the 365 days of ineligibility in varsity athletics will restart to coincide with the date of transfer.

6.9 CHANGING TEAMS

A student shall not participate in or represent his or her school in more than one sport in a given sport season, nor may that student represent more than one school during a season unless the student satisfies the conditions of Eligibility Rule II.C.

6.10 LISTS – ELIGIBILITY

6.10.A. POLICY STATEMENT ON FILING OF ELIGIBILITY LISTS

(Rules of Eligibility – General Procedures – Rule IV.D.)

Within two (2) school days after the first game of each sport, an eligibility list must be submitted via the CIAC web site in each sport. An alphabetical list of pupils by name, date of birth, grade, school last attended (if a transfer student as defined under II.C.) certifying that these pupils are eligible for that season. As changes occur in eligibility (additions and/or deletions) they must be submitted, via the CIAC web site within two (2) school days.

Delinquent Lists – Schools delinquent in filing eligibility lists shall be granted thirty days to show cause why they should not be placed on probation for failure to supply the missing eligibility lists. If the missing lists are not in within thirty days, any school delinquent must come before the CIAC board of control and show cause why it should not be placed on prohibition (the school cannot participate in any CIAC-sponsored meet or tournament in those sports in which the lists are not received).

6.0 ELIGIBILITY

6.10.B. ADMINISTRATIVE PROCEDURES FOR VERIFYING INFORMATION ON ELIGIBILITY LISTS

All information on eligibility lists on file at the CIAC office is available to member schools. Only principals and/or athletic directors of member schools may initiate requests for information contained on those lists.

Coaches who wish information contained on eligibility lists must forward their inquiries through their principal or athletic director.

All questions of eligibility verification must be referred to the Executive Director or his/her assistants, 30 Realty Drive, Cheshire, CT 06410 – telephone (203) 250-1111 / Fax (203) 250-1345 / E-mail – casciac.org.

6.11 NCAA AND NAIA

6.11.A. NCAA – NAIA ACADEMIC REQUIREMENTS FOR INCOMING FRESHMAN

Please go online to the NCAA for the most up-to-date information – www.ncaa.org and go to Eligibility Center or the NAIA web site – www.naia.org .

Please call the NCAA Eligibility Center if you have questions – Toll free number – (877) 262-1492.

6.11.B. PROTECTING YOUR COLLEGE ELIGIBILITY

For complete details on recruitment violation and limits secure the College Bound Student-Athlete Guide published by the NCAA. The address is National College Athletic Association, 700 W. Washington Street, PO Box 6222, Indianapolis, Indiana 46206-6222. Telephone (317) 917-6222 / Fax (317) 917-6888.

6.11.C. NCAA ELIGIBILITY CENTER

Please go online to the NCAA for the most up-to-date information – www.ncaa.org and go to Eligibility Center.

6.12 ELIGIBILITY RULES AND DUE PROCESS

Although the Connecticut courts have consistently ruled that a student has no due process right to participate in interscholastic athletics, the CIAC Board of Control believes that it is important that all athletes be familiar with the CIAC Rules of Eligibility. To that end, the CIAC Board of Control will annually make available copies of the rules of eligibility to school principals and athletic directors who will be responsible for distribution to all student-athletes.

In many instances member schools have stricter regulations than the CIAC minimum regulations; schools are free to supplement CIAC regulations. However, in accordance with schools' membership agreements, eligibility requirements cannot be less than those of CIAC. Many member schools have reported that they have prepared a poster-size digest for placement in gyms or locker rooms and have distributed to individual students the clear and concise digest of CIAC eligibility rules available from the CIAC office.

6.0 ELIGIBILITY

6.13 RIGHTS OF DUE PROCESS – ATHLETES

See Appendix B – "Athletes' Rights of Due Process"

6.14 ELIGIBILITY OF SPECIAL EDUCATION STUDENT TO COMPETE

A student attending an alternative education program in a school which is not a member of CIAC is eligible to compete in interscholastic athletics when the following conditions are met:

1. If the school in which the student has been placed through the PPT process does not have its own interscholastic athletic program, then he/she is eligible to participate in the interscholastic program of the sending school.

2. The student must be carried on the membership roll of the sending school and the principal of the sending school must assume full responsibility for and authority over the student for determining athletic eligibility.

3. The student must be enrolled in a full-time program which leads to the fulfillment of requirements for a diploma.

4. The student must be otherwise eligible according to CIAC By-laws and Code of Eligibility.

5. Student-athlete participation at any state authorized public school of choice or any state authorized charter, magnet, regional cooperative, inter-district, satellite school students: Eligibility to participate in interscholastic athletics at the sending school or school from which he/she would normally matriculate is extended to any student when the school does not offer any interscholastic athletic program.

6.14A. GRIEVANCE PROCEDURES FOR SECTION 504 OF THE REHABILITATION ACT OF 1973 (See Appendix I)

6.15 CIAC EIGHT (8) SEMESTER REGULATION (See Appendix B)

A student has eight (8) consecutive semesters or four (4) consecutive years of eligibility from the date of entry into ninth grade to be eligible for interscholastic competition. Date of entry is defined as the first date of enrollment as a grade 9 student taking four (4) or more high school subjects. (**1**) Students who are not eligible or elect to not participate do not preserve additional semesters for use at a later time. That is, there is no fifth year of eligibility per se. (**2**) A student who has attended 15 days or more may apply through the member school for consideration of a hardship waiver. Hardship waiver requests will be considered for unforeseen, unavoidable or unusual circumstances that were beyond the control of the student and resulted in the student being unable to complete their academic requirements in four (4) years or eight (8) consecutive semesters. All such requests must be well documented. Waivers for serious medical situations that are well documented will also be considered when it is demonstrated the student was unable to complete any significant school work due to their medical condition and it is verified the school made every effort to provide an appropriate alternative program to the student. Injuries sustained in playing a CIAC-sponsored sport will not constitute grounds for a medical waiver for an additional

semester/year of play in the sport in which the injury occurred. A waiver will be granted for a student who has been absent one or more semesters because of required military service. If a waiver is granted in any situation, the semester granted must be the same as the semester waived – fall for fall, spring for spring. **A waiver of the eight consecutive semester/four consecutive year rule will be granted only once to any athlete.** (**3**) The fact that a student has not participated for four seasons will not justify allowing such student to participate in interscholastic sports beyond the eighth semester after his or her entrance into the ninth grade. (**4**) This is an eight semester attendance rule, i.e., eight semesters of time not eight semesters of participation or competition rule. (**5**) Exception: A student who interrupts his/her school career in order to participate in a CSIET approved foreign study program may have his/her eligibility extended for up to two semesters, provided the student does not participate out-of-country in sports he/she wishes to play upon his/her return, subject to approval by the CIAC.

The implementation date was July 2006, affecting all students entering 9th grade in September 2006 and after. (The three season rule was phased out as of June 30, 2009).

6.16 TRANSFER RULE (See Appendix B)

The intent of the transfer rule (Rule II.C.) is to discourage schools and/or adults from exploiting the student-athlete or allowing or enabling that student to benefit improperly from his own act or the acts of others.

The CIAC transfer rule is based upon the fundamental principle that, if at all possible, a student should live with his/her parents and attend public or parochial school in the school district in which the parent resides. Without regulation of the eligibility of transfer students, student-athletes and their families – with or without outside influence – could permit athletic interests to become dominant factors in educational decisions. In either of these instances, athletics would assume an improper and abusive perspective. Schools believe rules to deter such situations are warranted. Therefore, the transfer rule exists to:

a. Prevent the recruiting of student-athletes;
b. Prevent “school jumping” by students for athletic reasons;
c. Minimize the influence of athletics upon the family’s decision regarding school attendance;
d. Protect and maintain equitable opportunity for students whose families are legitimate residents of a school district;
e. Maintain an equitable standard for interscholastic competition between public schools which are restricted by legally established boundaries and private schools which have no such boundaries; and
f. Provide common ground for interscholastic athletic competition between schools.

The transfer rule is standard in the majority of state high school associations in the United States and, when applied fairly, has withstood all legal tests. It is recognized that it is incumbent upon schools to provide a warning to students transferring in or out of high schools that their athletic eligibility may be in jeopardy. An informed student body and informed parents should reduce any potential harm caused by the transfer rule.

6.16.A. TRANSFER RULE II.C. REQUIREMENT #19 (Waiver) (See Appendix B)

A student in grades 10, 11, or 12 who does not qualify for the transfer rule requirements #1 through #18 will be granted eligibility by application to the CIAC Eligibility Committee if the following are satisfactorily completed.

6.0 ELIGIBILITY

After a period of time equal to at least 50% of the school's varsity schedule following date of enrollment (first day of attending classes) in the receiving school for the affected sport played at the previous school, or from the date of the first school contest after the date of enrollment, if entry is after the first allowable play date, eligibility will be granted to a student who has participated (i.e. actually played in a CIAC-approved contest) at the JV or varsity level of play at any time during the present or preceding year at the sending school, who does not otherwise qualify for any of the above exceptions and when both the sending and receiving school principals sign a CIAC transfer notification form certifying to the best of their knowledge that the student has not transferred for athletic reasons. * If the season ends before the athlete sits a period of time equal to at least 50% of the varsity schedule has been completed, any remaining days of ineligibility shall be satisfied from the first allowable play date of the present school's regular season in that sport during the next school year unless he/she is a multi-sport athlete. In these cases, the remaining portion of the games will be served successively in any sport effected by the transfer rule. To qualify for the provisions of this section, a student must be a member of the team during the season in which the 50% wait period is applied.

*__A transfer for athletic reasons is defined as but not limited to__:

a. Seeking a change to a new school due to inducement or recruitment to play a sport.
b. Seeking a superior athletic team.
c. Seeking relief due to a conflict with the philosophy or action of an administrator, teacher or coach relating to sports.
d. Seeking a team consistent with the student's athletic abilities.
e. Seeking a means to nullify punitive action by the sending school for athletic reasons.
f. Seeking to escape academic or other ineligibility at the sending school due to the school's academic standards.

* When the sending school principal indicates on the transfer notification form that he/she believes the transfer is for athletic reasons the following process should be followed:

a. The sending school must provide to the CIAC office evidence of the reasons that the sending school believes the transfer was for athletic reasons along with the submission of the transfer notification form.
b. The principal of the receiving school has seven days to contact the CIAC office to appeal the decision to respond to the sending school's submission. The CIAC Eligibility Committee will determine, based on the evidence provided, whether the transfer was made for athletic reasons at its next regularly scheduled meeting.
c. The principal of the receiving school or sending school has seven days to contact the CIAC office that they will appeal the decision of the CIAC Eligibility Committee to the CIAC Eligibility Review Board at its next scheduled meeting.

**Season ends on the last date to count for tournament play. Tournament play does not count toward the completion of 50% of the schedule.

<u>Points of Emphasis</u>

1. The transfer rule does not apply to grade nine (9) students. They may transfer at any time during or at the end of the ninth grade and remain eligible.

2. The transfer rule applies only when a student enters grade 10 and plays for the school in an interscholastic athletic contest. Athletic eligibility is then declared in that sport only. It is at that point that the CIAC transfer rule takes effect.

3. The addition to the transfer rule assures students who transfer after entering grade 10 and having had played in a sport during grade 10, 11, or 12 during the present or preceding year, the opportunity to become eligible following a 50% of the varsity schedule wait period for the sport, **IF** the principal of the sending school and receiving schools sign a CIAC transfer notification form certifying that to the best of their knowledge the student has not transferred for athletic reasons. This form is completed online in the Eligibility Center.

Questions and Answers

1. **When would a junior JV volleyball player who transfers during the summer and qualifies under exception 19, be allowed to be placed on the school's eligibility roster and begin competing?**
   The school would count the number of contests on its original varsity schedule submitted to the CIAC and divide that number in half. When the player has sat for that many games then the school may enter the player on the eligibility roster and from that point on would be allowed to participate in any game at any level. (In an 18 game varsity schedule the player could be placed on the eligibility roster once the student has sat for the first 9 varsity games, in a 17 game varsity schedule the player could be placed on the eligibility roster once the student has sat for the first 9 varsity games, for a 16 game schedule it would be the first 8 varsity games, etc.

2. **May a school count any sub-varsity games towards the wait period?**
   No. Regardless of what level the athlete will compete at he/she is not eligible until the wait period has been satisfied using the varsity schedule.

3. **What happens if during the 50% wait period we postpone a game to a date later in the season?**
   Regardless of postponements, cancellations or any other scheduling issues the athlete MUST sit out for the required number of games. (For example, a soccer player from a school with a 16 game varsity schedule has out 7 games and on the day of the school's 8th game it is postponed for several weeks, he/she would have to sit the next game in succession on the schedule to comply.)

TRANSFER RULE II.C. #18 – HARDSHIP (See Appendix B)

Eligibility may be granted to a transfer student who does not meet the CIAC transfer standard when sufficient evidence, as determined by the CIAC Eligibility Committee, is provided to show that it was necessary for the student to transfer because of unforeseen, unavoidable, or unusual circumstances including, but not limited to, broken home conditions, terminal or serious illness of parent, sibling, or self, death of a parent or guardian, abandonment, loss of school accreditation, bankruptcy and/or loss of principal income of legal guardian(s), and provided the transfer was not for athletic reasons and there was no undue influence. Hardship is defined as an unforeseeable act, condition or event which may not reasonably and/or practically be avoided or corrected and which causes the imposition of a severe burden upon the student or his/her family. A hardship situation may be a situation which is unique to the student or his/her family which could not have been predicted, which does not apply to others in a similar setting, and over which the family has no control.

6.16.B. TRANSFER NOTIFICATION FORM

Located in the CIAC Eligibility Center

6.0 ELIGIBILITY

6.17 ELIGIBILITY OF HOME SCHOOLERS

See Appendix B – "Rules of Eligibility and Control – II.A. Pupil Eligibility

6.18 UNIFIED SPORTS

Unified Sports were created and developed to give individuals with intellectual disabilities the opportunity to train and compete in sports activities. To be eligible for participation in Unified Sports, a competitor must agree to observe and abide by the official Special Olympics sports rules. The following Unified Sports programs are offered to member schools: basketball, soccer, track and volleyball. Refer to the Unified Sports handbook for full information.

6.18.A. ELIGIBILITY FOR UNIFIED SPORTS

1. To be eligible for participation in Unified Sports, an outgrowth of Special Olympics, a competitor must agree to observe and abide by the official Special Olympics sports rules.

2. Unified Sports and its parent-arm, Special Olympics, were created and developed to give individuals with intellectual disabilities the opportunity to train and compete in sports activities. No person shall, on the grounds of sex, race, religion, color or national origin, be excluded from participation in, be denied the benefits of, or otherwise be subjected to discrimination under any program or activity of Special Olympics.

3. Eligibility for participation in Unified Sports:

   - General Statement of Eligibility – Every person with intellectual disabilities who is at least five years of age is eligible to participate in Unified Sports. A student who has a special education identification of intellectually disabled can participate in the CIAC-sanctioned Unified Sports program prior to reaching his/her 22nd birthday. This student must be enrolled in a CAS-CIAC member school with a documented individual educational program approved by the pupil placement team at such school.

   - Age Requirements – The minimum age requirement for participation in Unified Sports is five years of age.

   - Degree of Disability – Participation in Unified Sports training and competition is open to all persons with intellectual disabilities who meet the age requirement of this Section, regardless of the level or degree of that person's disability, and whether or not that person also has other mental or physical disabilities, so long as that person registers to participate in Unified Sports as required by these General Rules.

   - Identifying Persons with Intellectual Disabilities – A person is considered to have intellectual disabilities for purposes of determining his or her eligibility to participate in Unified Sports if that person satisfies any one of the following requirements.

     --The person has been identified by an agency or professional as having intellectual disabilities as determined by their localities; or

6.0 ELIGIBILITY

--The person has a cognitive delay, as determined by standardized measures such as intelligent quotient or "IQ" testing or other measures which are generally accepted within the professional community in that accredited program's nation as being a reliable measurement of the existence of a cognitive delay; or

--The person has a closely related developmental disability. A "closely related developmental disability" means having functional limitations in both general learning (such as IQ) and in adaptive skills (such as in recreation, work, independent living, self-direction, or self-care). However, persons whose functional limitations are based solely on a physical behavioral, or emotional disability, or a specific learning or sensory disability, may not be eligible to participate as Special Olympic athletes, but may be eligible to participate as a team member for Unified Sports.

6.18.B. UNIFIED PARTNER ELIGIBILITY

Definition

Special Olympics Unified Sports is a program that combines approximately equal numbers of Special Olympics athletes and athletes without intellectual disabilities (partners) on sports teams for training and competition. Age and ability matching of athletes and partners is specifically defined on a sport-by-sport basis.

Partner Eligibility

Though the above definition allows for partners with disabilities other than intellectual disabilities, Unified Sports was developed to provide Special Olympics athletes with the choice of a sports program that brings about meaningful inclusion with their non-disabled peers.

The spirit of Unified Sports intends to introduce opportunities to those Special Partners who do not qualify/play at a varsity or junior varsity level to participate on a Unified Sports team. However, Unified Sports programs would be remiss if we did not allow all non-intellectually disabled (ID) students to qualify as Special Partners.

Further options would allow a Special Partner who is a varsity/junior varsity, or freshman athlete to participate on a Unified Sports team as a partner, assistant coach, or a one-on-one aide during their sport season.

A varsity or junior varsity athlete may compete as a Special Partner in any Unified Sports sport season. Non-disabled student-athletes may participate as a partner on a Unified Sports team during their same sport season only in a non-scoring capacity (developmental or recreational level).

Questions regarding the partner eligibility statement can be directed to the CAS-CIAC office, Robert Hale, Director, Unified Sports – (203) 250-1111.

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7.0 FEES AND FINANCE

7.1 BUDGETS

7.1.A. BUDGETS – SPORTS COMMITTEES

Sports committee chairmen are advised that all decisions made by their committees which have an impact on the approved CIAC sport budget or the current fiscal year must be submitted to the CIAC Board of Control for approval before being implemented.

7.1.B. BUDGET IMPACT ON LEA'S

Any decisions which impact local school district budgets must allow one year lead time unless the Board of Control gives approval for earlier implementation.

7.2 ENTRY FEES – The following rates are subject to change

Fall Sports	
Boys / Girls Cross Country	$100 per team
Boys / Girls Soccer	$100 per team
Field Hockey	$100 per team
Football	$150 per team
Boys Fall Golf	$175 per team or $30 per individual
Girls Swimming	$100 per team plus $10 per individual, per event – Maximum $250
Girls Volleyball	$100 per team
Winter Sports	
Boys / Girls Basketball	$100 per team
Boys / Girls Indoor Track	$100 per team (10 or less) or $10 per athlete– Maximum $250
Boys Swimming	$100 per team plus $10 per individual, per event – Maximum $250
Girls Gymnastics	$125 per team / $15 per individual, per event for State Open
Ice Hockey	$150 per team
Wrestling	$100 per team plus $10 per wrestler entered, as well as alternates – Maximum $300
Spring Sports	
Baseball	$100 per team
Boys / Girls Golf	$175 per team or $30 per individual / Open $50
Boys / Girls Lacrosse	$100 per team
Softball	$100 per team
Boys Tennis	$100 per team in team tournament $15 per individual in the individual tournament
Girls Tennis	$100 per team in team tournament $15 per individual in the individual tournament
Boys / Girls Outdoor Track	$100 per team (10 or less) or $10 per athlete – Maximum $250
Boys Decathlon	$25 per entry
Girls Heptathlon	$25 per entry
Boys / Girls Steeplechase	$25 per entry
Boys / Girls Hammer Throw	$25 per entry
Boys Volleyball	$100 per team

7.0 FEES AND FINANCE

7.3 OFFICIALS

7.3.A. CIAC RECOGNIZED OFFICIALS GROUPS

The CIAC has recognized the following officials groups to officiate high school contests:

Connecticut State Board of Approved Baseball Umpires
Connecticut State Board of Approved Basketball Officials
Connecticut Football Officials Association
Connecticut Field Hockey Association Official's Board
Connecticut Charter of National Association of Women's Gymnastic Judges
Connecticut Chapter of National Ice Hockey Officials
Connecticut Lacrosse Officials Association
Western Connecticut Lacrosse Officials Association
Connecticut Women's Lacrosse Officials Association
Connecticut National Federation of Softball Umpires
Connecticut Soccer Officials Association
Connecticut Swimming Officials Association
Western Connecticut Swimming Officials Association
Connecticut Board of Volleyball Officials
Connecticut Wrestling Officials Association

7.3.B. EXCLUSIVITY

Exclusivity means that at all levels of play the CIAC requires all member schools to use only officials who presently are members of a recognized officials group and on the approved list established by CIAC unless assignments cannot be filled due to shortage of officials. This will include anyone who is a member of a group listed above. It also means that no new group of officials will be allowed to become eligible to officiate contests in member schools unless they become part of the state officials group which is presently recognized by the CIAC for negotiating purposes. These groups are listed below:

Connecticut State Board of Approved Baseball Umpires
Connecticut Board of Approved Basketball Officials
Connecticut Field Hockey Association Official's Board
Connecticut Football Officials Association
Connecticut Charter of National Association of Women's Gymnastics Judges
Connecticut Chapter of National Ice Hockey Officials
Connecticut Lacrosse Officials Association
Connecticut Women's Lacrosse Officials Association
Connecticut National Federation of Softball Umpires
Connecticut Soccer Officials Association
Connecticut Swimming Officials Association
Connecticut Board of Volleyball Officials
Connecticut Wrestling Officials Association

Note: When a state board does not exist, for negotiating purposes, the CIAC recognizes the officials group that services the largest number of CIAC member schools for that sport.

Officials are independent contractors and all groups train and certify all interested individuals. Check with the contact person for their training schedule.

7.0 FEES AND FINANCE

Although officials are independent contractors and have their own autonomy, membership provides the opportunity for officials to be part of the "CIAC Team" and work in concert with administrators, coaches, athletic directors and the CIAC to better serve high school athletics in Connecticut.

7.3.C. SERVICE TO MEMBER SCHOOLS

No officials group listed in 7.3.A and 7.3.B. will have the right to withhold services from any member school which seeks assignments without the expressed approval of the CIAC.

7.3.D. AGREEMENTS

Both CIAC member schools and the officials association which provide officiating services for CIAC member schools are obliged to honor the conditions of these respective agreements. Grievances or concerns related to any of the conditions of any agreement should be resolved between the official(s) and the school and, if necessary, be referred to the CIAC Officials Committee. CIAC sport committees are requested to notify the Officials Committee regarding any changes in rules or game conditions which may affect any provision of an agreement.

The CIAC instructs each member school to pay the fees as published for that sport in this handbook. Payment should be made within a 30 day period. Failure to meet financial obligations to game officials within sixty (60) days of the event will result in loss of game officials unless otherwise directed by the CIAC Board of Control.

The CIAC Board of Control herewith expresses its appreciation to the various officials associations for their cooperation and continued support of high school athletics.

Any concerns or questions related to these agreements should be made to the executive staff of CIAC.

7.3.E. RECOGNITION STANDARDS FOR SPORT OFFICIAL ASSOCIATIONS

1. Provide by July 1 an electronic membership roster to the CIAC Officials' Association of all officials certified to do high school contests. The electronic roster should be sent to officialsupdates@casciac.org and must include all of the information specified in the membership template. All officials must be 18 years old to service high school sports as an official.

2. Provide by July 1 of each year a constitution and by-laws.

3. Provide evidence that regular meetings are held during the year.

4. Provide by July 1 of each year a list of officers for the association.

5. Provide a list of criteria as evidence that the officials on the roster are skilled, trained, and knowledgeable of the game rules adopted by the CIAC in each respective sport.

6. Provide evidence that all officials have successfully completed yearly in-service training clinics, and an annual examination on the rules.

6.0 FEES AND FINANCE

7. **Provide evidence that all officials complete yearly in-service training in recognizing the signs and symptoms of concussion and the protocol to follow when an athlete is suspected of sustaining a concussion.**

8. Provide evidence that the association has an on-going program for evaluation officials.

9. Provide by July 1 a list of assignment commissioners including addresses, e-mails and telephone numbers.

10. Provide evidence that there is an on-going program to encourage new membership and to train new officials.

11. Provide a statement that the association does not discriminate according to age, gender, race, creed, etc.

12. Provide evidence that the association is serving a minimum of eight (8) CIAC member schools and does not limit service to one league exclusively.

13. Provide the criteria used to determine when an official is qualified to officiate varsity level contests (i.e. number of years at the sub-varsity level, etc.)

7.3.F. BACKGROUND CHECKS FOR OFFICIALS

All officials must be cleared through a CIAC background check to be included on the approved list for CIAC-sanctioned contests, and to be accepted as a member of the CIAC Officials Association. Such checks were performed on all current officials and new candidates during the initial year of the program (2011-12). Subsequently, background checks will be performed on new candidates only. Current members can be subject to a follow-up background check at any time at the discretion of CIAC.

It is the responsibility of the local officials association to obtain the date of birth of each of their members and verify for the CIAC that the individuals submitted to the CIAC Officials' Association have consented to the CIAC background check. To best serve our member schools and student-athletes, local boards are expected to adhere to the CIAC Policy for Connecticut High School Sports Officials that can be accessed at www.ciacofficialsassociation.org under downloads, and assign only those officials from the approved list to officiate CIAC-sanctioned contests.

7.3.G. CIAC STATE RULE INTERPRETERS AND PROTOCOL

Official game rules interpreters for sports that are governed by the National Federation are selected by their respective state officials' organizations. The primary responsibility for the CIAC State Rule Interpreter will be to assist the CIAC staff by interpreting game rules to member school athletic directors, coaches and others that need clarification or interpretation. This process allows for experienced and knowledgeable individuals to uniformly apply appropriate interpretations to game rules.

The athletic director shall contact the local board rules interpreter with the question or situation. If it is a routine information type question, the local interpreter will provide the ruling, or if necessary, he/she will consult with the state interpreter. If the inquiry from the athletic director is an actual game situation, the local interpreter must consult with the state rule interpreter before providing an official ruling. Athletic

directors should always work through their local interpreter and should not contact the state interpreter directly. The state interpreter is responsible for communicating with CIAC regarding all requests for rulings that result from an actual game situation. Contact information for local and state interpreters can be accessed on the www.ciacofficialassociation.org web site.

CIAC STATE RULE INTERPRETERS

Baseball –	DJ Nadeau	C – (203) 915-4704
Basketball –	Charlene Shepard	C – (860) 208-2796
Field Hockey –	Cindy Fabian	C – (860) 306-7338
Football –	Bill Riccio	C – (475) 988-7593
Gymnastics –	Melissa Tott-Arms	C – (203) 623-7656
Ice Hockey –	Scott Klapik	C – (860) 983-1199
Boys Lacrosse –	Steven Hinchey	C – (860) 930-4585
Girls Lacrosse –	Patti Klecha-Porter	C – (860) 922-4169
Soccer –	Steven Wollins	C – (860) 212-0337
Softball –	Hank Koritkoski	C – (860) 803-3012
Swimming –	Michael Huffman	C – (860) 257-3053
Volleyball –	James Borbas	C – (203) 233-6438
Wrestling –	Carmen Delvecchio	C – (860) 982-9656

FEE SCHEDULES – 2024-25 *

***All CIAC member schools will only pay the fees published in this Handbook.**

7.3.H. BASEBALL

Fee Schedule – All Classifications	
Varsity	$103.05
Sub varsity	72.14
Playdown – Quarter-final	116.96
Semi-final	124.44
Finals	137.96

If only one official is used the cost for that official is equal to 1 ½ times regular fee.

7.3.I. BASKETBALL

Fee Schedule – All Classifications	
Varsity	$107.25
Sub varsity	75.08
Playdown – Qualifying – Quarter-final	121.05
Semi-final	128.36
Final	148.63
Alternate	113.79
Shot Clock – Varsity	69.68
Shot Clock – JV	48.78

Shot clock fees are applicable when the assignment is made by the official's board assigner.

If a crew of three is used each official receives a regular fee. If only one official is used the cost for that official is equal to 1 ½ times regular fee.

7.0 FEES AND FINANCE

7.3.J. FIELD HOCKEY

Fee Schedule – All Classifications	
Varsity	$100.55
Sub varsity	70.39
Playdown – Quarter-final	114.31
Semi-final	122.01
Final	135.72
Alternate	105.28

If only one official is used the cost for that official is equal to 1 ½ times regular fee.

7.3.K. FOOTBALL

Fee Schedule – All Classifications	
Varsity	$105.05
Sub varsity	73.54
Clock Operator	69.65
Thanksgiving Day and Post Season *	154.10
Clock Operator Thanksgiving Day & Post Season	98.35
Chain Crew Playoffs	34.81

If only two officials are used for a sub varsity game, the cost of each official is equal to 1.33 times the regular sub varsity fee.

*Thanksgiving Day and post season fees are used for all games played during Thanksgiving week, including postponements.

7.3.L. GYMNASTICS

Fee Schedule	
Varsity Dual	$101.55
Varsity Tri	115.59
Varsity Quad League	129.63
Sub varsity	80.13
Divisional and State	157.27

**There is a $25 fee increase added to above fees for schools opting to use the full “warm-up compete” procedures.

$16.28 for each athlete on a collaborative team.

$16.28 for each exhibition athlete.

7.0 FEES AND FINANCE

Gymnastics

Fees for dual, tri, quad and sub varsity meets are for two judges per meet. If there are four judges at a tri meet or quad meet, judging one event each, the pay is dual meet fee. State/Divisional meets are based on eight (8) judges, two per event, and one meet referee.

Gymnastics -- Meet Definition and Number of Competitors

Dual Meet --	Two (2) varsity or junior varsity teams, six (6) competitors per team, 12 per event.
Tri Meet --	Three (3) varsity or junior varsity teams, six (6) competitors per team, 18 per event.
Quad Meet --	Four (4) varsity or junior varsity teams, six (6) competitors per team, 24 per event.
League --	Fee based on maximum of six (6) teams, six (6) competitors per team, per event.

Note: Due to a severe shortage of gymnastics officials, schools are directed to pay the following:

1. One judge working a dual meet – pay 2 times dual meet fee.
2. One judge working in a tri meet – pay 2 times tri meet fee.

7.3.M. ICE HOCKEY

Fee Schedule – All Classifications

Varsity	$110.55
Sub varsity	77.39
Playdown – Quarter-final – Semi-final	132.19
Final	149.74
Alternate – Semi-final	100.98
Alternate – Final	114.90
Goal Judge	51.80

If only one official is used the cost for that official is equal to 1 ½ times regular fee. When a three official crew is used in the State Tournament the two referees will be paid the full fee and the linesman will be paid the alternate fee.

7.3.N. LACROSSE

Fee Schedule – All Classifications

Varsity	$107.25
Sub varsity	75.08
Preliminary – Qualifying – Quarter-final	121.05
Semi-final	128.36
Final	148.63
Alternate	113.79

If three official crew is used, each official receives regular fee. If only one official is used the cost for that official is equal to 1 ½ times regular fee.

7.0 FEES AND FINANCE

7.3.0. SOFTBALL

Fee Schedule – All Classifications

Varsity	$103.05
Sub varsity	72.14
Playdown – Quarter-final	116.96
Semi-final	124.44
Finals	137.96

If only one official is used the cost for that official is equal to 1 ½ times regular fee.

7.3.P. SOCCER

Fee Schedule – All Classifications

Varsity	$104.05
Sub varsity	72.84
Playdown – Quarter-final	118.23
Semi-final	125.54
Final	139.08
Final – Alternate	105.61

If only one official is used the cost for that official is equal to 1 ½ times regular fee.

7.3.Q. SWIMMING

Fee Schedule – All Classifications

Varsity or JV Dual	-	Referee	$ 92.56
	-	Judge	85.56

Double Dual (3 teams / 3 officials – one heat per event)

	-	Referee	117.81
	-	Judge	102.81

Tri-Meet (3 teams / 3 officials – one heat per event) Same as Double Dual

Note: CIAC is purposely not involved in fees for double-tri or larger participation meets.

Note: CIAC is not involved with individual league tournament fees which are determined individually depending on composition, cut-off times and total time involved.

7.0 FEES AND FINANCE

Swimming

Class Trials	-	Referee	$233.32
	-	Starter	213.32
	-	Judges	203.32
Class Finals	-	Referee	204.42
	-	Starter	194.42
	-	Judges	189.42
Diving (Class & Open)	-	Referee	234.07
	-	Judge	204.07
State Open	-	Referee	204.42
	-	Starter	194.42
	-	Judges	189.42
Seed Referee			128.30

7.3.R. VOLLEYBALL

Fee Schedule – All Classifications

Varsity	-	Referee 1	$ 94.05
	-	Referee 2	85.67
	-	One official	136.89
		Linesperson	73.78
JV & Varsity	-	Referee 1	159.89
	-	Referee 2	145.64
	-	One official	232.71
JV	-	Referee 1	65.84
	-	Referee 2	59.97
	-	One official	95.83
Playdown – Quarters	-	Referee 1	104.01
	-	Referee 2	104.01
	-	Linesperson	93.26
Semi-finals	-	Referee 1	109.99
	-	Referee 2	109.99
	-	Linesperson	93.26
Finals	-	Referee 1	128.43
	-	Referee 2	128.43
	-	Linesperson	99.43
	-	Libero Tracker	75.21
	-	Official Scorer	75.21

7.0 FEES AND FINANCE

7.3.S WRESTLING

Fee Schedule – All Classifications		
Varsity	(1-13 matches)	$104.05
Sub varsity	(6-13 matches)	72.84
(5 or less bouts - $3.50 per bout)		
State Class Tournament (per 13 matches worked)		113.06
Sectional – Class Championships		
Open Tournament	(per 13 matches worked)	117.19

7.3.T. LEAGUE CHAMPIONSHIP GAME FEES

Member schools/leagues must pay the following fees for league championship games:

1. All games of a league championship other than the final game – quarter-final CIAC tournament fee for that sport.
2. Final league championship game – semi-final CIAC tournament fee for that sport.

7.3.U. GUIDELINES FOR SCRIMMAGE FEES

- Officials should be compensated for working scrimmages.
- Schools and/or leagues that are able to make their own arrangements with local officials to work scrimmages may pay mutually agreed upon fees. That should be determined during budget season so districts can prepare for paying the cost.
- Long-standing scrimmage fee arrangements for ice hockey and lacrosse and for geographical areas of the state will remain in effect.
- Officials who are asked to work more than two (2) hours or the length of a regular game contest should receive additional compensation for the extra time worked.
- Schools should expect to pay fees only for the number of officials who work games in that sport. Fees may be shared among officials if more officials than needed work the contest.
- If schools request officials' organizations to assign scrimmages, officials will be paid a minimum of 50% of a regular season fee for working the scrimmage.

7.0 FEES AND FINANCE

7.4 CIAC OFFICIALS MISSING CONTESTS RESOLUTION

1. School complaints resulting from officials missing contests must first come before the local officials board to determine the validity of the complaint.

2. Only cases which result in the cancellation of contests will be acted upon. If contests are not cancelled, but rather played through alternate arrangements, the matter will not be forwarded to the respective officials' organization for resolution.

3. Only cases which result from CIAC-sponsored activities at any high school level will be heard.

4. When a complaint is heard by the state officials' association and the official in question is found to be at fault and caused the cancellation of a contest, the maximum financial penalty will not be greater than the fee that would have been paid to the guilty party(s).

5. All cases that cannot be resolved by the state officials' association will be referred to the CIAC officials committee, whose responsibility it will be to meet with the school and official(s) in question along with the state officials' board, and negotiate an agreement.

7.5 COMMUNICATION PROTOCOL BETWEEN MEMBER SCHOOLS AND OFFICIALS' GROUPS

The CIAC Board of Control expects principals to remind all of the coaches of their responsibilities as role models for good sportsmanship, especially in their interaction with the officials during the game and immediately after the contest. It is inappropriate for coaches to confront an official after a game and to publicly criticize the game officials in the media. It is also important that officials conduct themselves in a professional manner at all times and be a calming force when confronted with a volatile situation.

The communication protocol has been established to continue to enhance the personal and professional relationship between member schools and officials' groups and to keep the lines of communication open for mutual benefit. It is the expectation of the CIAC Board of Control that this protocol will be followed by all parties to resolve issues that may arise.

7.6.A. LODGING A COMPLAINT – MEMBER SCHOOLS TO OFFICIALS' GROUPS

To lodge a complaint or express a concern regarding game officials or other members of the officials' association, coaches and others should work through the athletic director of the school. The athletic director will contact the assigner first, or the president of the officials' board, only when necessary so the matter can be referred to the person or group designated by the board to handle issues of this nature. Depending on the nature of the complaint, the officials' board may request that the concern be expressed in writing.

The appropriate individual will look into the matter and follow-up with the athletic director.

7.0 FEES AND FINANCE

7.6.B. LODGING A COMPLAINT – OFFICIALS' GROUPS TO MEMBER SCHOOL

To lodge a complaint regarding a coach or to express other school related concerns, the official or the association should work through the assigner or the person or group designated to handle issues of this nature. The appropriate individual will contact the athletic director first or the principal, only when necessary. Depending on the nature of the complaint, the school may request that the concern be expressed in writing. The athletic director will look into the matter and follow-up with the appropriate person.

7.7 RESOLUTION

The goal is for all parties to be satisfied that the concern was addressed appropriately and in a timely manner. Also, that the matter was handled with professionalism and through proper channels.

The expectation is that every effort will be made by all parties to resolve the issues on the local level. If an impasse results related to any of the conditions of any agreement, the matter can be referred to the CIAC Officials Committee for a resolution, only if necessary.

7.8 SAMPLE OFFICIALS CONTRACT

AGREEMENT
Between the (Officials Board)
and
CAS/CIAC

It is agreed by and between the CIAC and the (Name of Officials Board) that the following provisions will be in effect for a one (1) year period beginning July 1, 20__ and ending June 30, 20__.

A. **Game Conditions**
Every effort will be made to adhere to the following:

1. Established Starting Times – Both teams will assume the responsibility to adhere to the agreed-upon starting times.

2. Postponements – If a school official is unable to reach the assigned official by phone, e-mail or text (if email or text messages are used the message must be confirmed by the official) a minimum of two (2) hours before game time, the school should contact the Commissioner assigning the official, or the individual designated to fulfill this responsibility, and notify that person of the cancellation. If this is done two hours prior to game time, the school's obligation to notify officials will be fulfilled. Failure to do so will require full payment of the game fee.

   If a game begins and is discontinued for any reason, the officials shall receive the full fee.

Weather or Emergency Related – If a school official is unable to reach the assigned official by phone, e-mail or text (if e-mail or text messages are used the message must be confirmed by the official) a minimum of two hours before a game time, the school should contact the Commissioner assigning the official, or the individual designated to fulfill this responsibility and notify that person of the cancellation. If this is done, the school's obligation to notify officials will be fulfilled. Failure to do so will require full payment of the game fee.

Games having to be postponed due to bus cancellations will be categorized as Weather or Emergency Related requiring only a minimum of two hours notice for officials and assignors prior to the game start time.

Non-Emergency Related – Games cancelled for non-emergency related reasons must be done 24 hours in advance of the scheduled game time. The school should contact the Commissioner assigning the official or the individual designated to fulfill this responsibility and notify that person of the cancellation. If this is done, the school's obligation to notify officials will be fulfilled. Failure to do so will require full payment of the game fee.

3. Game Control – Coaches and officials, by the nature of their positions, have great influence over the control of the game. They must exert this influence on the game in a positive manner by showing complete respect for each other at all times.

4. Private Dressing Facilities – The home team shall provide private dressing facilities with showers for those officials who are working the game(s). A school official will be responsible for keeping all other individuals out of these private dressing facilities.

5. Playing Facilities – School officials should ascertain that the field of play and appurtenances shall be according to standard regulations. No conditions shall be permitted which restrict the performance or safety of the player or official.

B. **Terms and Conditions -- Fee Schedule – All Classifications**

1. Fee structure will be based on the average teacher salary increase as published by the Connecticut Association of Boards of Education (CABE) for the year prior to the effective year of the contract.

2. See Fee Schedule attached hereto and a part hereof. (Section 7.0, pages 163-168)

   Schools will be charged and pay the published fees only.

C. **Assignment Commitments and Procedures**
The (Name of Officials Board) will service equally all CIAC member schools by providing officials, clinics, etc., whenever possible.

D. **Commissioner's Fees**
The aforementioned fees have been established to include CIAC member schools' financial responsibility for Commissioners' fees. Hence, no league or member school will be responsible for the payment of fees for Commissioners.

E. **Travel and Meals**
No travel or meal allowance will be paid for regular season and tournament games.

7.0 FEES AND FINANCE

F. **Publicity**
Responsibility for publicity is to be assumed by the CIAC Officials Committee. Agreed-upon game conditions, fee schedule and tournament fee schedule are to be printed in the CIAC Handbook.

G. **Protection for Official**
The host school will provide sufficient protection for game officials both on and off the field and in the parking lots.

H. **Grievance Procedures**
A grievance related to any condition of this agreement shall be resolved between the official and the school and, if necessary, be referred to the CIAC Officials Committee.

I. **Reserved Parking**
The host school will provide reserved parking for all officials.

J. **Recognition Standards**
The aforementioned officials association will show evidence to the CIAC board of control, through its officials committee, of full compliance with CIAC recognition standards. Full compliance must be met by sports officials associations by the first practice date of their respective sports season.

K. **Officials Background Checks**
All officials must be cleared through a CIAC background check to be included on the approved list for CIAC-sanctioned contests, and to be accepted as a member of the CIAC Officials Association. Such checks were performed on all current officials and new candidates during the initial year of the program (2011-12). Subsequently, background checks will be performed on new candidates only. Current members can be subject to a follow-up background check at any time at the discretion of CIAC.

It is the responsibility of the local officials association to obtain the date of birth of each of their members and verify for the CIAC that the individuals submitted to the CIAC Officials' Association have consented to the CIAC background check. Local boards are expected to adhere to the CIAC Policy for Connecticut High School Sports Officials that can be accessed at www.ciacofficialsassociation.org under downloads, and assign only those officials from the approved list to officiate CIAC-sanctioned contests.

L. National Federation Rules will govern all play.

(Signatures)

7.9 CIAC TICKET PRICES *

See individual sports information packets.

7.10 TOURNAMENT WORKERS FEES

7.10.A. BASKETBALL – BOYS AND GIRLS

Site Director ……	$125.00 Per Game
	175.00 Finals
Tickets …… ……...	50.00
Supervisor ……..	50.00
Timer …….	50.00
Scorekeeper ……	50.00
Police ……..	Per Contract

7.10.B. BASEBALL

Site Director ……..	$100.00 Per Game
	150.00 Finals
Tickets ……..……..	50.00
Scorer ……	50.00

7.10.C. CROSS COUNTRY – BOYS AND GIRLS

Meet Director ……	$325.00 Class
	185.00 Open
Site Director ……	187.00 Class
	142.00 Open
Head Finish …….	106.00
Head Chute ……..	106.00
Starter ……..	106.00
Sound System ……..	158.00
Registration …….	79.00
Start Coordinator …….	79.00
Referee ……	79.00
Chute ……	79.00
Finish ……...	53.00
Helper ……..	32.00
Results / Copier ……	32.00 Open
Marshall ……	53.00

7.10.D. FOOTBALL

Site Director ……	$240.00
Tickets …….	50.00
Doctor ……..	200.00
Ambulance ……..	Per Contract
Police ……	Per Contract
P.A. Announcer …….	50.00
Supervisor …….	50.00
Ball Boy ……	10.00

7.0 FEES AND FINANCE

7.10.E. FIELD HOCKEY

Site Director …….	$100.00 Per Game
	150.00 Finals
Tickets …….…….	50.00

7.10.F. GOLF – BOYS AND GIRLS

Site Director ……..	$160.00

7.10.G. GYMNASTICS

Site Director ……..	$215.00
Meet Director ……	215.00
Computer Scorer ……..	150.00
Announcer ……	50.00
Tickets …….…….	50.00
Supervisor ……	50.00
Timer ……	50.00

7.10.H. ICE HOCKEY (Set reimbursement – Qualifying and First Round)

Site Director ……..	$100.00
	120.00 Finals
Tickets …….……..	50.00
Clock Operator …….	50.00
Scorer ……	50.00
Police ……	Per Contract
Supervisor …….	50.00

7.10.I. LACROSSE – BOYS AND GIRLS

Site Director ……	$ 100.00 Per Game
	150.00 Finals
Tickets ……	50.00
Police ……..	Per Contract

7.10.J. SOCCER – BOYS AND GIRLS

Site Director ……	$100.00 Per Game
	150.00 Finals
Tickets ……	50.00
Scorer / Timer …….	50.00
Ball Boys (2) ……	10.00
Announcer ……	50.00 Finals Only

7.0 FEES AND FINANCE

7.10.K. SOFTBALL

Site Director …….	$100.00 Per Game
	150.00 Finals
Tickets …….…….	50.00
Scorer ……	50.00

7.10.L. SWIMMING – BOYS AND GIRLS

Site Director ……..	$175.00
Meet Director ……	150.00 Trials
	175.00 Class Meets
	175.00 Open Meets
Timing System Operator …… ……..	265.00
Tickets ……..	50.00
Computer Operator ……	100.00
Announcer …….	100.00
Awards ……..	50.00
Scorer (1) ……..	50.00 Divisionals
Scorer (1) ……..	50.00 Open
Lifeguards …….	Per Contract
Police ……	Per Contract

7.10.M. BOYS TENNIS

Site Director ……..	$522.00 Class & Open
Umpire (if needed) ……..	112.00 Class & Open

7.10.N. GIRLS TENNIS

Site Director ……	$275.00 Class/Open

7.10.0. VOLLEYBALL – BOYS AND GIRLS

Site Director ……	$100.00 Per Game
	150.00 Finals
Tickets ……	50.00
Scorer ……..	50.00
Supervisor (if needed) ……	50.00
Clock Operator ……	50.00

7.0 FEES AND FINANCE

7.10.P. INDOOR TRACK – BOYS AND GIRLS

Meet Director ……	$215.00
Site Director ……..	115.00
Head Finish ……	90.00
Finish …….	90.00
Starters (3) …….	95.00
Head Track Referee ……..	95.00
Head Field Referee ……	95.00
Chief Umpire …….	95.00
Umpire (3) ……	90.00
Bullpen Clerk ……..…….	90.00
Start Clerk ……..	90.00
Lap Counter …….	90.00
Clerk of Course (2) ..…….	90.00
Chief Shot Put ……	90.00
Shot Put (3) ……	80.00
Chief Long Jump ……..	90.00
Long Jump (3) ….……..	80.00
Chief High Jump ……	90.00
High Jump ……..	90.00
Chief Pole Vault .. ……..	90.00
Pole Vault (2) ……..	90.00
Announcer …….……	90.00
Awards …….……..	90.00
Tickets …….…..……	90.00
Marshalls …….	70.00
Helpers / Runner……..	40.00
Records ……..……..	65.00

7.10.Q. WRESTLING

Meet Director ……	$350.00 Class
	215.00 Open
Tickets …….	50.00 / Session
Police ……	Per Contract
Doctor ……..	Per Contract
Announcer ……	50.00 / Session
Statistician ……	50.00 / Session
Supervision ……..	55.00 / Session
Scorers, Timers …….	20.00 *

*Friday -- $20.00 / One session only
Saturday -- $20.00 / per session / Two sessions only

7.10.R. OUTDOOR TRACK – BOYS AND GIRLS

Meet Director …….	$320.00
Site Director ……	145.00
Referee ……	110.00
Head Finish …….	90.00
Starter ……..	106.00
Head Field Judge ……	106.00
Announcer ……..	93.00
Clerk of Course ……..	93.00
Awards ……	93.00
Tickets ……	93.00
Timer / Scorer …….	93.00
Finish ……..	93.00
Inspector …….	93.00
Marshall ……..	65.00
Shot Put Judge …….	93.00
Discus Judge ……	93.00
Javelin Judge ……	93.00
Long Jump / Triple Jump Boys ……	93.00
Long Jump / Triple Jump Girls ……	93.00
High Jump Judge …….	93.00
Pole Vault Boys ……	93.00
Pole Vault Girls ……	93.00
Field Event Helper ……	45.00
Hurdle Crew …….	35.00
Runner Copier ……..	55.00

7.10.S. CHEERLEADING

1 Site Director (3 sessions) ……	$250.00
1 Tickets (each session) ……..	50.00
1 Timer (per session) …….	50.00
1 Scorer (per session) …….	50.00
1 Supervisor (per session) ……..	50.00
1 Announcer (per session) …….	50.00

NOTE: EMT / Trainer fees will be set by CIAC for all events at a maximum of $45 per hour.

8.0 NATIONAL FEDERATION

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8.0 NATIONAL FEDERATION

8.1 CIAC POLICY ON FEDERATION RULES

The CIAC Board of Control on Tuesday, December 4, 1979, voted to clarify an earlier position regarding Federation rules. This ruling specifies that National Federation playing rules which now govern most CIAC tournament sports are applicable both DURING REGULAR SEASON PLAY AND TOURNAMENT PLAY. Modifications of the rules may be made ONLY by the CIAC Board of Control.

8.2 CIAC POLICY ON USE OF NATIONAL FEDERATION RULES (Effective September 1983)

It is the policy of the National Federation of State High School Associations to permit modifications or deviations from National Federation rules by "state adoption." However, such modifications or deviations shall be submitted to the National Federation executive committee. Such modifications shall be limited in scope and have a declared duration. Such modifications may not materially alter the sport in question.

CIAC Policy

The CIAC Board of Control directs all CIAC sports committees to follow National Federation rules, if such rules exist for their particular sport. Requested modifications will be considered by the rules committee upon receipt of written justification for such action from a CIAC sports committee. Compliance with National Federation rules is an extremely important objective of the CIAC. Hence, modifications will be permitted only after clear evidence that the request has been well researched and sound documentation of evidence for modifications to rules is available.

Procedures to be Followed in Request for Modifications and Deviations

1. CIAC sports committees may recommend to the Board of Control modifications of Federation rules for a duration of one year only.

2. The CIAC Board of Control may:

    a. Petition the National Federation to allow a rule modification. The National Federation will consider permitting rules changes related to: postponed games, interrupted games, protests, forfeits, etc. State association policies should not include deviations from rules of play, rules regarding playing equipment, safety rules, etc.

    b. Approve the rule modification with National Federation authorization.

    c. Disapprove of CIAC sports committee request.

Criteria for Rules Modification / Exception

1. Requests must be submitted by A CIAC sports committee through its chairperson to CIAC staff.

2. CIAC staff must first seek approval from the National Federation either as a rule modification or a rule experimentation.

8.0 NATIONAL FEDERATION

3. Every National Federation rule must remain unaltered for a two (2) year period before a modification will be granted.

4. All National Federation rule modifications must be approved by the CIAC Board of Control on an annual basis and will remain in effect for a minimum of two (2) years.

5. All National Federation rule modifications must be approved by the Board of Control prior to June 30 of any year. This will permit modifications to be published annually in the CIAC Handbook, to be distributed to appropriate officials organizations, and member school coaches.

6. All modifications to game rules which would have a financial impact on school and/or CIAC budget(s) must be decided in sufficient time so these changes can be included in budget proposals.

7. Modifications to National Federation rules will not be permitted if they:

    a. Significantly alter the playing rules of the sport unless such modification relates to the unique conditions of New England, i.e., climate, travel, facilities, crowd control, economic factors, etc.

    b. Change specifications of playing equipment or facilities and by doing so alters existing safety regulations without the endorsement of the CMS Sports Medicine Committee member.

    c. Impacts health and safety recommendations or regulations established by National Federation without first receiving the endorsement of the CMS Sports Medicine Committee member.

    d. Substitute new events for deleted events in individual sports.

    e. Significantly alter weigh-in procedure in wrestling.

8. Modifications to existing National Federation procedures for handling postponed games, interrupted games, protests, forfeits or playoffs will be considered by the rules committee upon requests from CIAC sports committees.

8.3 GUIDELINES TO BE USED BY NATIONAL FEDERATION EXECUTIVE COMMITTEE WHEN EVALUATING REQUESTS BY STATE ASSOCIATIONS FOR PERMISSION TO CHANGE OR MODIFY NATIONAL FEDERATION SPORTS RULE

If the answer is “yes” to any question under Item #1, then the requested change or modification shall not be approved.

1. Do the proposed modifications:

    a. Extend for more than one season? This does not apply if a modification is more restrictive and falls in an area which does not require national Federation approval.

    b. Significantly alter the playing rules of the sport?

c. Alter specifications of playing equipment or facilities?

d. Reduce existing safety requirements?

e. Substitute new events for deleted events in individual sports?

f. Significantly alter weigh-in procedures in wrestling?

3. State adoptions or procedures in the following area will not be considered as changes in National Federation rules.

   a. Deletion of events in individual sports so long as new events are not substituted for deleted events.

   b. Procedures for handling postponed or interrupted games, protests or forfeits.

   c. Playoff series administrative procedures.

4. The National Federation may grant permission for states to experiment with rule changes with the understanding such experiments can't exceed three years in duration and further, that the association agrees to supply the National Federation with desired data pertaining to approved experiments.

8.4 MODIFICATION TO NATIONAL FEDERATION GAME RULES

National Federation member state associations have the option as to whether they use National Federation sports rules as published by the National Federation or make exceptions. If a state association uses the rules with no exceptions or with exceptions which have been approved by the National Federation, then that state may:

a. Have full participation in the rules questionnaire program.

b. Submit to the executive committee nominations for rules committee membership in that sport when a vacancy occurs in their section.

If a state makes exceptions which have not been approved, then it will not be privileged to participate fully in the questionnaire program for that sport nor be eligible for representation on that sports rules committee.

It was determined that the most equitable procedure for evaluating requests by state associations for permission to modify National Federation sports rules and remain eligible for rules committee membership and full participation in that sports rules questionnaire program would be as follows.

Using the guidelines previously approved by the executive committee for evaluating requests by state associations for permission to modify National Federation sports rules:

1. Each sport is to be evaluated separately, and should a state decide to make exceptions in one sport, there would be no carry-over effect to other sports.

8.0 NATIONAL FEDERATION

2. State associations will be given an opportunity annually to declare in each sport their degree of use of the National Federation sports rules. If a state makes exceptions and submits those exceptions to the National Federation, they will be individually evaluated by the National Federation staff member responsible for working with that sports rules committee. The state association will then be notified as to whether the exception qualifies for approval under criteria established by the National Federation executive committee. Should the state choose to pursue the appeal procedure, until the appeal is resolved, no one from the state involved will be eligible for the appointment to the sports rules committee involved. Should the state involved already have a person serving on the sports rules committee involved, that person will remain on the committee until the appeal is resolved.

3. If a state association's exception has not been approved by the National Federation staff liaison, and the association wishes to appeal, their request will then be submitted to the sports rules body by ballot. The state should submit in writing on plain white paper to the national Federation their request for modification as they wish it presented to the sports rules committee members. When the material is disseminated to the rules committee members, they will not be informed which state is making the request, but will evaluate the exception on its merits only. Should that state association making the appeal have a representative on the rules committee, then that committee member will be disqualified for that particular evaluation because of a possible conflict of interest.

4. If the rules committee denies the appeal, the state association may exercise the last option of appeal by presenting their request to the national Federation executive committee for final evaluation.

Source: National Federation Executive Committee Meeting – 7/2/81

8.5 RULES EXPERIMENTATION

Experimentation by state associations shall be permitted and encouraged by National Federation under specified guidelines. Requests for experimentation shall be submitted to the National Federation in writing by the CIAC Board of Control through its executive director. The requests should meet the following criteria:

a. Provide rationale why the experiment is desired.

b. Agree to keep accurate statistics on forms provided by the National Federation office.

c. Submit results of experiment to the National Federation office.

d. Limit experimentation on the same rule to a maximum of three years.

e. An experiment, on or before the completion of a three year period, shall either be approved by the appropriate rules committee or abandoned.

CIAC sports committees may submit requests for rules experimentation in writing to the CIAC Board of Control. It will be the decision of the Board of Control as to whether or not the request is submitted to the National Federation under the above criteria.

8.0 NATIONAL FEDERATION

8.6 THE NATIONAL FEDERATION OF STATE HIGH SCHOOL ASSOCIATIONS

The National Federation is made up of state high school associations which have united to secure the benefits of cooperative activities. The executive director of the National Federation is Dr. Karissa Niehoff and the office is located at P.O. Box 690, Indianapolis, Indiana 46206.

This cooperation eliminates much unnecessary duplication of work and increases efficiency. The efforts of all who are engaged in high school athletic activities are pooled and coordinated through the close contacts which are thus made possible.

The national organization had its beginning at a meeting in Chicago on May 14, 1920. L.W. Smith, secretary of the Illinois High School Athletic Association, issued invitations to neighboring states and state association representatives came from Illinois, Indiana, Iowa, Michigan, and Wisconsin. The primary purpose of the meeting was to discuss problems which had resulted from high school contests which were organized by colleges and universities or by other clubs or promoters. In many cases little attention was paid to the eligibility rules of the high school associations or to other high school group regulations, and chaotic conditions had developed. At this first meeting it was decided that the welfare of the high schools required that a more active part in the control of such athletic activities be exercised by the high schools through the state associations and that this control necessitated the formulation of a national organization. A constitution and by-laws were adopted and the group decided on the name "Midwest Federation of State High School Athletic Associations." Principal George Edward Marshall, Davenport, Iowa, was elected President and Principal L.W. Smith of Joliet, Illinois, was elected Secretary-Treasurer.

In 1921, four states, Illinois, Iowa, Michigan and Wisconsin, continued their interest and became charter members through formal ratification of the constitution. Largely due to their efforts, the national organization grew during the early years.

In 1922, the Chicago annual meeting was attended by representatives from 11 states, and the present name of the National Federation was adopted. A number of college and university representatives who attended the meeting expressed sympathy for an interest in the efforts to introduce a high degree of order in the regulation of interscholastic contests.

Since that time the National Federation has had a healthy growth to its present nationwide membership. By 1940, a national office with a full-time executive staff became necessary and such office was established in September of that year.

8.7 NATIONAL FEDERATION ATHLETIC SANCTIONING

Note: The interscholastic community urges event sponsors to plan and schedule interstate competition in a manner that minimizes the amount of time student participants will be absent from the regular school day.

8.0 NATIONAL FEDERATION

8.7.A. NFHS SANCTIONING

Sanctioning interstate and international events has grown exponentially over the last several years. In fact, we are sanctioning more events now than in the 90 year history of the National Federation of State High School Associations, Inc. (NFHS).

Events That Require NFHS Sanctioning

- Any interstate or international event involving two (2) or more schools which is co-sponsored by or titled in the name of an organization outside the school community (e.g., a college/university, a theme park, a service organization (Kiwanis, Optimist) or an athletic shoe/apparel company).
- Events in non-bordering states if five (5) or more states are involved.
- Events in non-bordering states if more than eight (8) schools are involved.
- Any event involving two (2) or more schools that involves a team from a foreign country. The host school should complete the international sanction application. This would include any event(s) that involves international traveling teams that play in multiple games in multiple states. (The exceptions to this rule are Canada and Mexico which are considered "bordering states to every U.S. state.")

Interested individuals who want to host an event will go online at the NFHS web site, register as an event manager, create an event and fill out the online application (identical to the paper version) then an e-mail is sent to the host school's principal and host state association. The state association reviews the application online and determines if they will approve or deny the application, once approved the event sponsor is notified by the NFHS that payment is required. Credit card payment and electronic check are the only forms of payment accepted. Once the payment is received by the NFHS, the invited states/schools are notified that they have been invited and it is listed on the NFHS web site. As the invited states respond to the sanction it is automatically updated on the NFHS web site. Once every invited state has responded, the application is approved for sanctioning.

NFHS Sanctioning Application Fee Schedule for State Association Member Schools

- $150 if the application is received sixty (60) days or more prior to the event date.
- $300 if the application is received 59-15 days prior to the event date.
- $500 if the application is received less than 15 days prior to the event date.

If the NFHS does not receive the sanction application within five (5) calendar days prior to the event, the event will not be sanctioned.

As always, we appreciate the effort you put forth in giving our students an opportunity to grow through athletics. If you have any questions, please feel free to contact the NFHS Sanctioning Department at (317) 972-6900.

Bordering state and NFHS Interstate sanctioning forms are available in Section 8.7.B. (pages 185-187)

8.0 NATIONAL FEDERATION

8.7.B. BORDERING STATES ATHLETIC SANCTIONING

CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE
30 Realty Drive, Cheshire, Connecticut 06410
Telephone (203) 250-1111 / Fax (203) 250-1345

APPLICATION FOR SANCTION OF BORDERING STATES ATHLETIC EVENT

Note: Applications are to be initiated by the host school not later than 30 days prior to the date of the meet or tournament.

On behalf of _____
(School or Organization Sponsoring the Meet) Street City/State
I hereby apply for sanction of the following event:_____
(Name of Meet)
in (Sport)_____ to be held on _____
to be held at (Facility)_____
The meet will be managed by _____
(Name of School conducting Meet) City/State
Manager_____ Position_____ Email_____

We desire to invite schools from the following states only: (Also, please attach a list of schools to be invited)
_____
The maximum number of schools which will compete is:_____
Maximum value of awards, if any:_____ Entry fees, if any:_____

Note: It is recommended that invitations to schools not be issued until event is approved for the participation of such schools.

Contest conditions include the following:
1. Each school guarantees its membership and good standing in its own state high school association and also guarantees that participation in this event shall not violate any rule of that association or of the National Federation. The sanction is void if such membership has been terminated or if participation is found to be contrary to the state or national rules.
2. Each participant shall be eligible under rules of his/her home state association.
3. Awards shall be limited to such as are permitted by the most restrictive state high school association from which competitors enter.
4. If a school fails to fulfill its contract obligation, that school shall make amends in accordance with terms fixed by the National Federation Executive Committee after consultation with the high school association executive officers of the states involved.
5. No entry shall be accepted for any competitor from any state or section of a state not included in the list of states for which sanction is granted.

Signed (Principal or Designee)_____ Official Position_____
After completing the above form, send it to the CIAC, 30 Realty Drive, Cheshire, CT 06410 or Fax (203) 250-1345.

APPROVAL OF HOST STATE ASSOCIATION

I recommend that this meet be (SANCTIONED) (NOT SANCTIONED) Date_____
Signature of State Executive_____ State_____
Comments:_____
(If you sanction the event, send copies of this form to the executive officer of the high school association in each state named in the application. If the event is not sanctioned, return the form to the applicant.)

ENDORSEMENT OF INVITED STATES

We (SANCTION) (DO NOT SANCTION) Date_____
If not sanctioned, reason_____
Limitations / Comments_____
Signed_____ State_____

Please Fax Back to CIAC Office (203) 250-1345
Note: This application is online in the sanctioning section of the CIAC web site.

8.0 NATIONAL FEDERATION

8.7.B. INTERSTATE ATHLETIC SANCTIONING

APPLICATION TO NFHS FOR SANCTION OF INTERSTATE ATHLETIC EVENT
(For use when NFHS sanction is required)

Section 1 (To be completed by host school) – Description of Event Application Date_____

*Sport_____ □ Girls □ Boys * Date of Event_____ *Time of Event_____
*Name of Event_____
*Host high school (required)_____
Member high school Street City State Zip
*Sponsor_____
Street City State Zip
*Schools invited from the following states_____
_____ (List all schools & Addresses)
*Number of participating schools_____ Will any junior varsity teams be participating? □ Yes □ No
*Entry Fee: □ Yes - Amount_____ □ No *Admission Fee Charged: □ Yes - Amount_____ □ No
*Event will be managed by:_____
State association approved school or other sponsor City State Zip
*Name of Manager/title:_____ Phone:_____ Fax:_____
E-mail address_____

Description of Awards and Other Compensations and Maximum Retail Value

Ind. Student Athlete Participant Awards: Team Awards: Coach Awards:

Max. retail value for each item: Max. retail value: Max. retail value:

Principal's responsibility: Execution of this form constitutes an agreement by the principal of the host school, upon request, to submit a financial report about the event to the NFHS on the NFHS Financial Report Form found at www.nfhs.org. Execution also constitutes an agreement by the principal to assume oversight responsibility for the event, and to be present on site during the event, either in person or by a designee.

Executed by:_____ Phone:_____ Date:_____
Principal of host high school – Signature/Printed Name *
E-mail address:_____

Section 2 -- Action by State Association of Host School

School membership: □ State Association Member School □ School Approved by State Association □ Non-Member School
Action: □ Sanction Event □ Do Not Sanction Event □ No Jurisdiction
If "No Jurisdiction," explain why:_____
Limitations/Other Comments:_____
Signature of State Executive_____ Date_____ State_____
If event is sanctioned, send copies to the NFHS. If application not sanctioned, return to applicant.

Section 3 -- Action by State Association of Invited School(s)

School membership: □ State Association Member School □ School Approved by State Association □ Non-Member School
(If more than one school invited, please indicate member status of each school next to the listing on next page)
Action: □ Sanction Event □ Do Not Sanction Event □ No Jurisdiction
If "No Jurisdiction," explain why:_____
Limitations/Other Comments:_____
Signature of State Executive_____ Date_____ State_____

Section 4 -- Action by NFHS

Event SANCTIONED by the following state(s)_____
_____
Event NOT SANCTIONED by the following state(s)_____
_____
The following state(s) declared NO JURISDICTION_____
_____
Invite only schools from states indicating approved schools may attend.

NFHS Sanctioning Officer_____ Date_____

*If a state association, rather than a school, sponsors or co-sponsors the event, its executive director should sign

8.0 NATIONAL FEDERATION

Please list all invited schools, including addresses, contact persons and telephone numbers:
Note: If school is not a full member of its NFHS member association, please indicate accordingly.
(Attach additional sheets if necessary)

Name of School/Address	Contact Person	Telephone Number

Will club teams be participating in this event? (The following states do NOT allow their member schools to participate against club teams: AL, AK, AZ, AR, CA, CO, DE, DC, FL, GA, HI, ID, IL, IA, KS, KY, MD, MA, MO, NE, NM, NV, NJ, NY, OR, PA, RI, TN, UT, VT, VA, WA, WV and WY)
□ Yes □ No
Officials for the competition are assigned from an agency that regularly assigns high school officials:
□ Yes □ No
The officials are registered to officiate high school events:
□ Yes □ No

In ALL INTERSTATE CONTESTS, each participating school shall follow the contest rules of the state association of which it is a member or rules which have been approved by the state association for interstate competition. The rules referred to are contest rules only and not rules applying to age, number of semesters of attendance, residency or academic accomplishments. No school may violate its own state association rules.

Any approval or sanction granted to the applicant does not constitute a representation by either the NFHS or any named state association that it has investigated the accuracy of the information provided by the applicant, or that the NFHS or any named state association will oversee the organization, performance or financial integrity of the event.

Any approval or sanction granted to the applicant may not be used in the marketing or promotion of the event without prior written approval of the NFHS and/or any named state association, as the case may be.

8.0 NATIONAL FEDERATION

8.8 ALL SPORTS NATIONAL HIGH SCHOOL RECOGNITION APPLICATION

National Federation of State High School Associations
P.O. Box 690, Indianapolis, Indiana 46206
Telephone (317) 972-6900 / Fax (317) 882-5700

Please complete all information below. Please type or print. Application must be completed in full for consideration by the National High School Records Committee. One application per mark or performance. If more than one mark or performance, please include comprehensive list and attach to application. Applications are invited for all performances which might be considered for inclusion in the National High School Sports Record Book, whether as a new national record or for listing among the top performances in a particular category. Track and field and swimming and diving performances require special applications available only from the National Federation.

This application must be forwarded to the home state high school association for its endorsement. Required along with the application are newspaper accounts of the performance and any other material (i.e., score books, etc.) that can help certify and document the performance. Photographs of the performance and of the individuals or teams involved are requested.

This application should be forwarded to the state high school association as soon after the performance (single game) or completion of season (season or career marks) as possible. Applications received more than 28 days after the performance or completion of season may be too late for inclusion in the next edition of the record book.

The state high school association, after its recommendation, will forward the application and other required material to the National Federation office marked – Attn: National Records Committee.

Performances must be established in competition conducted in compliance with the eligibility rules of the state high school association(s) involved and all National Federation playing rules for the sport involved if the National Federation publishes a rules book for that sport, unless in the judgment of the records committee the different rules of play do not significantly give advantage to the establishment of the record performance.

This application is for: □ National Record □ New Performance Listing □ Listing Update

Record Application _____
(List full name of individual and school)

Present Home Address_____
(Street) (City/State) (Zip Code)

School Address_____
(Street) (City/State) (Zip Code)

Home Telephone ( )_____ School Telephone ( )_____

Age (When performance was attained) _____ Grade in school (when performance was attained) _____

Sport_____ Date of Performance_____

Site of Performance_____
(Facility) (City/State) (Zip Code)

Performance (Give full details and please be specific)_____
_____

Final Score or Standings (if applicable)_____

Opponent_____
(Give full name of individual (as in wrestling) or school (as in baseball)

Opponent' School Address_____

8.0 NATIONAL FEDERATION

APPLICANT'S ENDORSEMENT

I submit this application for recognition in the National Federation Sports Record Book. All facts contained herein are duly certified. I realize any inaccuracies could disqualify the mark or performance from recognition. It is also understood that, although the National Records Committee may approve this performance for inclusion in the National High School Sports Record Book, the passing of time and the continuing improvement in high school athletics might cause the performance to be deleted from the next edition of the record book.

I grant to the National Federation the right to publicize this performance in any and all ways it wishes, including through the print, broadcast and television media.

The signature appearing below should be the: (1) individual involved if an individual mark is involved; or (2) the relay team captain or coach if a relay mark is involved, or (3) the coach if a coaching or team mark is involved.

Signature_____
Date_____

PRINCIPAL'S ENDORSEMENT

I hereby certify that applicant was, at the time of performance, eligible to represent _____ High School and that the performance was conducted as prescribed by the rules of the National Federation.

Full name (print)_____
Title_____
Signature_____
Date_____

STATE HIGH SCHOOL ASSOCIATION'S ENDORSEMENT

I hereby certify that the facts contained on this application are, to the best of my knowledge true, that the signatures are authentic and valid, and that the competitor(s) and the school involved in this performance were eligible to and did compete under the bylaws and rules of the _____(please indicate complete state high school association name) and the National Federation.

RECORD COMMITTEE ACTION

The National Records Committee hereby accepts / does not accept the performance listed here for inclusion in the National High School Sports Record Book.

Chairman_____
Date_____

SPORTSMANSHIP STATEMENT: The National High School Records Committee is pleased to recognize outstanding achievements by teams and individuals. Although it is impossible to determine intent when marks are established, the committee strongly encourages recognition of performances in the true spirit of interscholastic competition. Running up scores or embarrassing an opponent for the primary purpose of inclusion in the record book is not consistent with the ideals of good sportsmanship.

9.0 PERSONNEL

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9.0 PERSONNEL

9.1 AN ATHLETIC CODE FOR SUPERINTENDENTS AND PRINCIPALS

The superintendent and principal are the final authorities responsible for the athletic activities of the school. In realization of this responsibility these guiding principles should prevail:

9.1.A. FOR THE SUPERINTENDENT

1. I will use all means possible to bring to my community a full realization of the value of athletics as an educational tool in training citizens.

2. I will have a definite understanding with principals and athletic directors concerning the school athletic policy and expect and give support in carrying out that policy.

3. I will judge the success of those in charge of the athletic programs by the conduct and attitude of contestants and spectators rather than on the number of games won or lost.

9.1.B. FOR THE PRINCIPAL

1. I will have a complete understanding of the athletic policy of this school system and of the individual responsibility of all concerned as well as all CIAC rules and regulations.

2. I will be honest in my certification of contestants and base that certification on complete information concerning the student's athletic and scholastic status. Questionable cases will be referred to the Executive Director of the Connecticut Interscholastic Athletic Conference before the privilege of competition is given.

3. I will give my loyal support to the coaches and athletic director in their efforts to carry out national, state and local athletic policies.

4. I will make every effort to instruct the student body in its responsibilities in making the athletic program a valuable one and point out desirable types of conduct at "home" and "away" games.

5. I will endeavor to foresee possible differences and misunderstandings with other schools and, as far as possible, settle them or provide means of settlement before they materialize.

6. I will insist that any misunderstandings that may arise be settled privately between official representatives of the schools concerned.

7. I will have a definite understanding with the athletic director about officials, schedules, finances, care of fields and gymnasiums, handling of spectators, etc., and give that person every assistance in carrying out such duties.

8. I will consider it unprofessional to withhold from another school any seemingly authentic information which calls to question the eligibility of any of its players.

9. I or a member of my administration will attend athletic contests in which my school participates.

10. I will commend opposing schools for outstanding examples of fine citizenship.

9.0 PERSONNEL

9.2 AN ATHLETIC CODE FOR ATHLETIC DIRECTORS AND COACHES

The Athletic Director and coach are the official representatives of the school in interscholastic athletic activities. In this important capacity, these standards should be practiced:

9.2.A. BY THE ATHLETIC DIRECTOR

The Athletic Policy and the Mission Statement of the School Should:
1. Be definitely understood with director's responsibility clearly defined.
2. Include only those schedules which are educationally and physically sound for the athlete.
3. Cooperate with the community in making a character building athletic program.
4. Refuse admission to athletic contests to persons who have shown chronic lack of sportsmanship.
5. Should be based upon an athletic mission statement that is linked to the academic mission of the school.
6. Be thoroughly explained to athletes and parents at a pre-season meeting as well as postings of the policy at appropriate locations.

The Securing of Officials Should Include:
1. Work cooperatively with assignors.
2. Complete support of officials in cases of adverse rulings.
3. Definite contractual agreements naming fee, expenses and time and place of game.

Game Preparation Involves:
1. Provision of programs giving rules changes, names of players and of officials, and emphasizing good sportsmanship.
2. Proper handling of crowds so there is no encroachment on playing space.
3. Maintaining sidelines for exclusive use of players, coaches and officials.

9.2.B. BY THE COACH

The School May Expect:
1. Work of the coach to be an integral part of the school system with its educational contribution.
2. Mastery of the principles of good teaching and consequent improvement in teaching as well as coaching.
3. Loyalty to superiors in making athletics fit into the general school program.
4. Insistence upon high scholarship and enforcement of all rules of eligibility.

The Athletes May Expect:
1. A genuine and up-to-date knowledge of that which the coach proposes to teach.
2. Fair, unprejudiced relationship with all squad members.
3. Careful attention to the physical condition of players at the time of each contest.
4. Competent and trustworthy officials whose decisions will always be supported.

Sportsmanship Includes:
1. Teaching athletes to win by use of legitimate means only.
2. Counteracting unfounded rumors of questionable practices by opponents.

9.0 PERSONNEL

The Influence of the Coach Necessitates:
1. Being the sort of person he/she wants boys and girls to become.
2. Discouragement of gambling, profanity, smoking, obscene language, use of alcohol and drugs at all times.

9.3 AN ATHLETIC CODE FOR OFFICIALS AND ATHLETES

Competent, impartial officials and clean, hard-playing athletes have made a place for interscholastic athletics in the educational program. Sportsmanship and fair play demand these practices.

9.3.A. BY THE OFFICIAL

The Contest Demands:
1. A professional relationship calling for the highest type of service.
2. Thorough preparation.
3. A rested body and an alert mind.
4. Reporting for duty at least thirty (30) minutes before time of the game.
5. A neat, distinct uniform.

The Rules Demand:
1. Rectifying mistakes in judgment without "evening up."
2. Adherence to right decisions despite disapproval of spectators.
3. Control of tempter at all times in warning crowds or inflicting penalties for unsportsmanlike conduct.
4. Respect for judgment of companion officials in making decisions.
5. That interpretations and announcements be made clear to both teams.
6. That players or players of other teams not be discussed in the presence of prospective opponents.

9.3.B. BY THE ATHLETE

The Contest Demands:
1. Fair play at all times.
2. A "square deal" to opponents by players and spectators.
3. Playing for the joy of playing and for the success of the team.
4. Playing hard to the end.
5. Keeping one's head and PLAYING the game, not TALKING it.
6. Respect for officials and expectation that they will enforce the rules.
7. That an athlete should not quit, cheat, bet, or "grandstand."

The School Demands:

1. Out-of-school and out-of-town conduct on the highest type.
2. Faithful completion of school work as practical evidence of loyalty to school and team.
3. Complete observance of training rules as a duty to school, team and self.

Sportsmanship Demands:

1. Treatment of visiting team and officials as guests and the extension of every courtesy to them.
2. Giving opponent full credit when they win and learning to correct one's own faults through failures.

3. Modesty and consideration when one's team wins.
4. An athlete will not "crow" when the team wins or blame the officials when it loses.

9.4. COACHING REQUIREMENTS

9.4.A. Sec. 10-145d-790 – Coaching Permits

a. A coach (regardless of coaching assignment)* of intramural or interscholastic athletics in elementary, middle or high schools, shall meet the requirements of subsections (b) through (e), inclusive, of this section:

   1) A coaching permit; or
   2) A temporary coaching permit; or

b. A person serving as a director of athletics at the elementary or secondary school level, not responsible for supervision, shall be required to hold a coaching permit;

c. A person serving as a director of athletics at the elementary or secondary school level, responsible for the supervision of coaches, shall be required to hold a coaching permit and a valid Connecticut educators certificate;

d. A person serving as a director of athletics, with district-wide responsibilities for the athletic program or evaluation of certified staff, shall be required to hold a coaching permit and a Connecticut educators certificate endorsed for intermediate administration or supervision.

e. An individual who serves as a coach (paid or unpaid) must hold a coaching permit or a temporary coaching permit. An individual, not serving as any type of coach, may assist a coach, if working under the direct and continual supervision of a coach.

*Note: Includes volunteer coaches who work with or instruct student-athletes.

Sec. 10-145d-791 – Validity of Coaching Permit (Implementation date: July 1, 1999)

A coaching permit shall be valid from the effective date and will be renewed every five years upon completion of not less than 15 clock hours of seminars, course work and workshops providing information on safe and healthful coaching practices and understanding child and adolescent development and the concussion management refresher course, as approved by the Department. Upon written request of an employing agent, the Department, for good cause shown, may defer the 15 clock hour requirement for 12 months.

Sec. 10-145d-792 – Requirements of Coaching Permit

To receive a coaching permit, an applicant must meet the requirements in subsection (a), (b), (c) and either (d) or (e) of this section:

a. Attain the age of 18 years;

b. Hold a high school diploma or its equivalent;

c. Current standard first aid and CPR certification;

d. Complete a minimum of three semester hours of credit from a regionally accredited institution or 45 clock hours of instruction in a program offered by a board of education or the Connecticut Interscholastic Athletic Conference and approved by the Department, which must include each of the following topics:

1) Legal and safety aspects of coaching children and adolescents;
2) Medical aspects of coaching children and adolescents; and
3) Principles and practices of coaching children and adolescents and child and adolescent sports psychology;
4) State approved concussion management course.

e. Hold a valid Connecticut educator certificate, Standard or Permanent Certificate.

Sec. 10-145d-793 – Validity of Temporary Coaching Permit

A temporary coaching permit shall be valid for one year from the date of issuance.

Sec. 10-145d-794 – Requirements for Temporary Coaching Permit

To receive a temporary coaching permit, a board of education shall submit an application on forms provided by the Department giving evidence that the applicant for a temporary emergency coaching permit has met the following requirements.

1) Attain the age of 18 years;
2) Holds a high school diploma or its equivalent; and
3) Completed successfully, no earlier than one year prior to the date of application, a standard first aid course and CPR certification.
4) State approved concussion management course.

Sec. 10-145d-795 – Reissuance of Temporary Coaching Permit

a. A temporary coaching permit may be renewed for one additional year, provided that the applicant:

1) Completed a standard first aid and CPR course which must be valid for one year from the date of application;
2) Complete or is enrolled in at least two semester hours of credit from a regionally accredited institution or 30 clock hours of instruction in a program offered by a board of education, or the Connecticut Interscholastic Athletic Conference approved by the Department, covering at least two of the following topics.

--Legal and safety aspects of coaching children and adolescents;
--Medical aspects of coaching children and adolescents; and
--Principles and practices of coaching children and adolescents and children and adolescent sports psychology;
--State approved concussion management course.

b. At the expiration of the renewal, the applicant must either obtain a coaching permit or discontinue coaching.

9.0 PERSONNEL

VOLUNTEER COACHES – COACHING PERMITS

Sec. 10-145d-423 – When Required

Either a coaching permit or a temporary emergency coaching permit, is required for a coach of intramural or interscholastic athletics in kindergarten through grade 12, inclusive, including volunteer coaches who work with or instruct student-athletes.

For the purposes of these regulations, a coach shall mean an individual responsible for instructing students in grades K-12, inclusive, in intramural or interscholastic athletics but shall not mean any person working directly with a coach. A person assisting a coach but not instructing or working with the athletes shall not be required to hold a coaching permit or temporary emergency coaching permit.

1. **Does a non-certified individual, designated as an assistant coach, need some type of coaching permit?**
   Yes. The determinative question is the job function not the job title. If a school district designates an individual as an assistant coach and makes the individual responsible for instructing students and performing the duties of a coach, then he or she would need a coaching permit. For example, the coach of a freshman or sub-varsity team needs a coaching permit even if he or she has the title of assistant coach.

2. **Does a volunteer need some type of coaching permit?**
   Yes. If a volunteer is working with and/or instructing student-athletes, then the volunteer must have a coaching permit.

COACHING PERMIT – CHEERLEADING / DANCE TEAM

Effective July 1, 1995, the State Department of Education has mandated that all cheerleading advisors, chaperones, coaches to be properly certified as a coach. However, CIAC does NOT regulate cheerleading /dance team activities.

Cheerleading/dance team is regulated by the CAS Student Activities Board of Control.

9.4.B. TERMINATION OF COACHES STATUTE (PA 04-243) (Adopted 6/8/04 by CT State Legislature)

Local and regional boards of education that employ athletic coaches shall require the coaches' immediate supervisor to evaluate such coaches on an annual basis and to provide such coaches with copies of such evaluations.

Any local or regional board of education acting directly, or through its duly authorized agent, that terminates or declines to renew the coaching contract of an athletic coach who has served in the same coaching position for three or more consecutive school years shall inform such coach of such decision no later than ninety (90) days after the completion of the sport season covered by the contract. Such coach shall have an opportunity to appeal such decision to the local or regional board of education in a manner prescribed by such local or regional board of education. Nothing in this subsection shall prohibit a local or regional board of education from terminating the coaching contract of an athletic coach at any time (1)

for reasons of moral misconduct, insubordination or a violation of the rules of the board of education, or (2) because a sport has been canceled by the board of education.

For the purposes of this section, "athletic coach" means any person holding a coaching permit who is hired by a local or regional board of education to coach for a sport season.

9.4.C. INSTRUCTIONAL PROGRAMS

Connecticut institutions have provided instructional programs aimed at meeting the instructional portion of the coaching permit requirements. These institutions have been state universities and community colleges.

As more and more lay people enter the coaching ranks, it is necessary for local communities to offer curriculum and instruction for the purpose of certifying coaches. Most lay people have strong reservations about returning to state universities or even community college due to unfamiliarity, time, travel and expense.

Therefore, a curriculum has been developed by the "American Coach Effectiveness Program" and "Program for Athletic Coaches Education" which has been endorsed by the CIAC and the Connecticut Association of Athletic Directors and may be used toward meeting the instructional requirement in certifying coaches. Copies may be obtained by contacting the CIAC, 30 Realty Drive, Cheshire, CT 06410.

The course may be offered by a local or regional board of education or a regional educational service center. The course must have a written attendance requirement. To complete the course 45 clock hours of instruction are required. A system for keeping, maintaining and making records available of individuals who have completed successfully part or all of the program must be in place. Instruction must be delivered by individuals qualified and certified by the local educational agency and the State Department of Education.

Note: Several school districts and in some cases leagues have joined forces to offer coaching instruction in a geographic area. In addition, the CIAC offers the course three times per year at a cost substantially less than from the university or college system.

9.5 CODE OF ETHICS FOR COACHES

The function of a coach is to educate students through participation in interscholastic competition. An interscholastic program should be designed to enhance academic achievement and should never interfere with opportunities for academic success. Each student-athlete should be treated as though he or she were the coaches' own, and his or her welfare should be uppermost at all times. Accordingly, the following guidelines for coaches have been adopted by the NFHS Coaches Association.

The coach shall be aware that he or she has a tremendous influence, for either good or ill, on the education of the student-athlete and, thus, shall never place the value of winning above the value of instilling the highest ideals of character.

9.0 PERSONNEL

The coach shall uphold the honor and dignity of the profession. In all personal contact with student-athletes, officials, athletic directors, school administrators, the state high school athletic association, the media, and the public, the coach shall strive to set an example of the highest ethical and moral conduct.

The coach shall take an active role in the prevention of drug, alcohol and tobacco abuse.

The coach shall avoid the use of alcohol and tobacco products when in contact with players.

The coach shall promote the entire interscholastic program of the school and direct his or her program in harmony with the total school program.

The coach shall master the contest rules and shall teach them to his or her team members. The coach shall not seek an advantage by circumvention of the spirit or letter of the rules.

The coach shall exert his or her influence to enhance sportsmanship by spectators, both directly and by working closely with cheerleaders, pep club sponsors, booster clubs, and administrators.

The coach shall respect and support contest officials. The coach shall not indulge in conduct which would incite players or spectators against the officials. Public criticism of officials or players is unethical.

Before and after contests, coaches for the competing teams should meet and exchange cordial greetings to set the correct tone for the event.

A coach shall not exert pressure on faculty members to give student-athletes special consideration.

A coach shall not scout opponents by any means other than those adopted by the league and/or state high school athletic association.

9.6 CODES FOR THE ADMINISTRATION OF ATHLETICS

Statement of Relationship

Membership in the Connecticut Association of Schools is comprised of individual schools, so approved by their respective boards of education. The superintendent is responsible for the athletic activities of the school system. The duties will vary according to the size of the school system, ranging from the larger schools where all duties are delegated, to the smaller schools where the superintendent may be both the administrative and executive officer. In either case, it is a duty to have set up a definite school athletic policy and have a complete understanding of that policy by those concerned.

The principal is the official representative of the member school and is directly responsible for the general attitude of the student body and the conduct of the athletic affairs by the athletic director and the coach.

It is the duty of the above named officers to derive from the athletic program a full measure of educational value in developing good sportsmanship on the part of the student body, faculty, parents, and general public. Mutual cooperation is essential in order to carry out properly the work of any or all of these officers.

9.0 PERSONNEL

9.7 SAMPLE JOB DESCRIPTION – ASSISTANT COACH

Title: Assistant Coach

Qualifications:

1. Possess proper Connecticut certification
2. Should have a background in the sport
3. Such alternatives to the above qualifications as the board may find appropriate and acceptable.

Primary Function:

To help each participating student achieve a high level of skill, an appreciation for the values of discipline and sportsmanship and an increased level of self-esteem.

Reports to: Head Coach

Supervises: Students

Major Duties and Responsibilities:

1. Coaches individual participants in the skills necessary for excellent achievement in the sport involved.
2. Plans and schedules with the head coach a regular program of practice in season (including holiday or vacation periods).
3. Works closely with the head coach in scheduling interscholastic contests.
4. Assists the head coach in recommending purchase of equipment, supplies and uniforms, as appropriate.
5. Assists the head coach in maintaining necessary attendance forms, insurance records, accident reports and similar paperwork.
6. Assists in overseeing the safety conditions of the facility or area in which assigned sport is conducted at all times that students are present.
7. Enforces rules and regulations which have been established by the head coach and distributes copies of same to all squad members prior to the start of the season.
8. Provides for the orderly distribution and collection of all athletic equipment.
9. Will evaluate their programs and submit written reports to the head coach at the conclusion of their season.
10. Conforms to rules and regulations as stated in the coaches manual and/or teachers manual.
11. Performs such other duties as are consistent with the nature of the position and as may be requested by the head coach.

Terms of Employment:

Salary and work period to be established by the board of education in compliance with rules and regulations**.**

Evaluation:

Will be conducted by the head coach in conjunction with the athletic director and reviewed by the principal in accordance with performance responsibilities.

9.0 PERSONNEL

9.8 SAMPLE JOB DESCRIPTION – HEAD COACH

Title: Head Coach

Qualifications:

1. Possess proper Connecticut certification.
2. Should have background in the sport
3. Such alternatives to the above qualifications as the board may find appropriate and acceptable.

Primary Function:

To help each participating student achieve a high level of skill, an appreciation for the values of discipline and sportsmanship and an increased level of self-esteem.

Reports to: Athletic Director and/or Principal

Supervises: Students

Major Duties and Responsibilities:

1. Coaches individual participants in the skills necessary for excellent achievement in the sport involved.
2. Plans and schedules with the Athletic Director and regular program of practice in season (including holiday or vacation periods).
3. Works closely with the Athletic Director in scheduling interscholastic contests.
4. Recommends purchase of equipment, supplies and uniforms as appropriate.
5. Maintains and completes necessary attendance forms, insurance records, accident reports and similar paperwork.
6. Oversees the safety conditions of the facility or area in which assigned sport is conducted at all times that students are present.
7. Establish written rules and regulations in consultation with the athletic director and/or principal, for distribution to all squad members prior to the start of the season. Enforces discipline and sportsmanlike behavior at all times and imposes penalties for breach of such standards by individual students.
8. Provides for the orderly distribution and collection of all athletic equipment.
9. Will evaluate their assistant coaches and program and submit written reports to the athletic director at the conclusion of their season.
10. Conforms to the rules and regulations as stated in the coaches manual and/or teachers manual.
11. Perform such other duties as are consistent with the nature of the position and as may be requested by the athletic director and/or principal.
12. Follow all applicable state laws and CIAC regulations related to concussion and sports injury.

Terms of Employment:

Salary and work period to be established by the board of education.

Evaluation:

Will be conducted by athletic director and reviewed by the principal in accordance with the performance responsibilities.

9.0 PERSONNEL

9.9 SAMPLE JOB DESCRIPTION – DIRECTOR OF ATHLETICS – ADMINISTRATIVE POSITION

Title: Director of Athletics

Qualifications:

1. Valid Connecticut certification in intermediate administration
2. Valid Connecticut coaching permit
3. Evidence of successful coaching and/or athletic administrative experience.

Primary Goal:

To provide each student with an opportunity to participate in an extracurricular athletic activity that will foster physical skills, personal growth, a sense of worth and confidence, and a knowledge and understanding of the pleasures of sport and the principles of fair play.

Reports to: Building Principal / Superintendent

Supervises: All personnel assigned to and associated with the athletic program.

Major Duties and Responsibilities:

1. Organize and administer the overall program of interscholastic athletics.
2. Keep the superintendent and building principal informed of current trends in athletics.
3. The administering of policies and procedures and coordinate the recruiting, interviewing, selection, and assignment of coaches.
4. Evaluate all head coaches annually.
5. Require head coaches to assess assistant coaches annually.
6. Maintain the necessary certification for all coaches, as required by the State Department of Education.
7. Interpret and communicate to staff, students and parents, all school, conference and CIAC regulations governing interscholastic athletics.
8. Assume responsibilities for planning, organizing and conducting staff meetings and in-service programs.
9. Represent school at league meetings.
10. Arrange for transportation requirements for all athletic teams.
11. Schedules all interscholastic athletic events.
12. Hire officials, police, and other supervision as required and assume general responsibility for the proper supervision of all home contests.
13. Develop and implement appropriate rules and regulations governing the conduct of athletic activities.
14. Arrange all details of visiting teams and official's needs as appropriate.
15. Arrange practice schedules for use of athletic fields and facilities.
16. Review, revise and distribute student-athlete handbook.
17. Review, revise and distribute coaches' handbook.
18. Maintain eligibility rules and submit certified lists to the CIAC.
19. Provide and arrange for proper notification to student-athletes on local, league, and state athletic eligibility requirements.
20. Submit to the CIAC all other appropriate forms and information as required regarding the athletic program.
21. Keep records of results of all school athletic contests, and maintain a record file of all award winners.

22. Provide athletes with information on eligibility, transfer rules, and other athletic regulations.
23. Provide medical coverage as needed for athletic contests and ensure that physical exam requirements are met by all student-athletes.
24. Supervise the athletic trainer and athletic department secretary, if applicable.
25. Assist personnel in the improvements of knowledge and instructional skills by encouraging participation in clinics, workshops, and state meetings.
26. Foster support for the athletic program and school spirit among non-participants.
27. Maintain proper levels of sportsmanship at all athletic contests.
28. Serve as a vehicle through which all matters pertaining to athletics are brought to the attention of the principal.

Financial Duties:

1. Prepare and administer the athletic program budget in cooperation with the principal.
2. Requisition program supplies and equipment.
3. Review and sign all invoices submitted for payment.
4. Conduct scheduled reviews of athletic accounts.
5. Supervise all ticket sales and assume responsibility for proper handling and accounting of funds.

Property, Equipment and Supplies:

1. Establish procedures for use and care of all athletic facilities, equipment and supplies.
2. Direct coaches to prepare and submit inventories.
3. Supervise the maintenance of both indoor and outdoor athletic facilities.
4. Order, receive and distribute all newly purchased equipment and supplies.
5. Arrange for reconditioning and storage of out-of-season equipment and supplies.
6. Oversee preparation of all sites for home contests.

Public Relations:

1. Plan and supervise a recognition program for school athletes.
2. Create good will and public relations among respective league members, parents, coaches and school administration.
3. Serve as liaison to booster groups.

Other:

Perform such other duties that are consistent with the nature of the position and that may be requested by the principal and/or superintendent.

Evaluation:

Evaluation will be conducted by the principal and reviewed by the superintendent in accordance with the performance responsibilities.

9.0 PERSONNEL

9.9.A. NEW CERTIFICATION REQUIREMENTS FOR ATHLETIC DIRECTORS – Effective October 1, 2013

The Connecticut State Legislature has passed a law that gives statutory recognition to the position of athletic director. This law will define the position of athletic director and establish qualifications for hiring anyone after October 1, 2013. Athletic directors employed prior to October 1, 2013 are grandfathered as long as they possess the proper credentials according to current State Department of Education certification regulations.

The athletic director position is now defined in the new law – The new law spells out general duties and responsibilities of an athletic director stating – "An athletic director administering the athletic program of a school or school district shall have the following responsibilities: (1) Ensuring that each athletic coach in the athletic program holds a coaching permit issued by the state board, (2) supervising and evaluating athletic coaches, pursuant to section 10-222e of the general statutes, as amended by this act, (3) supervising students participating in interscholastic athletics, (4) possessing knowledge and understanding of all rules and regulations of the governing authority for interscholastic athletics, (5) administering and arranging the scheduling of an transportation to athletic activities and events, (6) administering and arranging the hiring of officials, (7) ensuring a safe and healthy environment for all athletic activities and events, and (8) any other duties relevant to the organization and administration of the athletic program for the school or school district." Of course school districts can create additional responsibilities as many do but the law now outlines the basic covenants of the position.

How this new law affects current athletic directors – The law grandfathers all current athletic directors in their current positions provided that they are currently holding the proper credentials according to the current certification regulations that went into effect July 1998. Anyone hired after July 1998 is currently required to hold a coaching permit AND either a Connecticut teaching certificate if they are a school athletic director, or just the coaching permit if they are considered an athletic program facilitator with no supervisory responsibilities. Those hired prior to July 1998 are grandfathered in their current positions in their current district only. Anyone grandfathered who moves into a new district or to a new position must comply with the new law effective October 1, 2013

The law spells out new hiring standards – Effective October 1, 2013, any school district hiring an individual as "school" athletic director must make certain the applicant has a coaching permit and either a state of Connecticut approved teaching certificate or the appropriate certification from the National Interscholastic Athletic Administrators Association. For school districts hiring an individual as a "district-wide" or "multi-school" athletic director must make certain the applicant have a coaching permit and either a state of Connecticut approved certificate in administration and supervision (092) or the appropriate master certification from the National Interscholastic Athletic Administrators Association. For more information about the new hiring standards call Fred Balsamo, Executive Director, Connecticut Association of Athletic Directors, (203) 651-3921. For more information about the National Interscholastic Athletic Administrators Association (NIAAA) certification program go to www.caadinc.org.

9.0 PERSONNEL

9.10 SAMPLE JOB DESCRIPTION – DIRECTOR OF ATHLETICS – NON-ADMINISTRATIVE POSITION

Title: Director of Athletics

Qualifications:

1. Valid Connecticut teaching certification
2. Valid Connecticut coaching permit
3. Evidence of successful coaching and/or athletic administrative experience.

Primary Goal:

To provide each student with an opportunity to participate in an extracurricular athletic activity that will foster physical skills, personal growth, a sense of worth and confidence, and a knowledge and understanding of the pleasures of sport and the principles of fair play.

Reports to: Building principal

Supervises:

With the assistance of the building principal, supervises all personnel assigned to and associated with the athletic program.

Administrative and Supervisory Responsibilities:

1. Assists the principal with organizing the overall program of interscholastic athletics.
2. Keep the superintendent and building principal informed of current trends in athletics.
3. Assists the principal with the administering of policies and procedures and coordinates the recruiting, interviewing, selection, and assignment of coaches.
4. Assures all head coaches are evaluated annually.
5. Assures all head coaches assess assistant coaches annually.
6. Assists the principal in maintaining the necessary certification for all coaches, as required by the State Department of Education.
7. Interpret and communicate to staff, students and parents, all school, conference, and CIAC regulations governing interscholastic athletics.
8. Arranges for planning, organizing and conducting staff meetings and in-service programs.
9. Represent school at league meetings.
10. Arrange for transportation requirements for all athletic teams.
11. Schedules all interscholastic athletic events.
12. Hire officials, police, and other supervision as required and assume general responsibility for the proper supervision of all home contests.
13. Assists the principal with the development and implementation of appropriate rules and regulations governing the conduct of athletic activities.
14. Arrange all details of visiting teams and official's needs as appropriate.
15. Arrange practice schedules for use of athletic fields and facilities.
16. Review, revise and distribute student-athlete handbooks.
17. Review, revise and distribute coaches' handbook.
18. Assists the principal with eligibility rules and submits certified lists to the CIAC.
19. Assists the principal to provide and arrange for proper notification to student-athletes on local, league, and state athletic eligibility requirements.
20. Assists the principal with submitting to the CIAC all other appropriate forms and information as required regarding the athletic program.

21. Keep records of results of all school athletic contests and maintain a record file of all award winners.
22. Assists the principal with providing athletes with information on eligibility, transfer rules, and other athletic regulations.
23. Assists the principal in providing medical coverage as needed for athletic contests and ensure that physical exam requirements are met by all student-athletes.
24. Assists the principal in the supervision of the athletic trainer and athletic department secretary, if applicable.
25. Assist personnel in the improvements of knowledge and instructional skills by encouraging participation in clinics, workshops and state meetings.
26. Foster support for the athletic program and school spirit among non-participants.
27. Assists the principal with maintaining proper levels of sportsmanship at all athletic contests.
28. Serve as a vehicle through which all matters pertaining to athletics are brought to the attention of the principal.

Financial Duties:

1. Prepare and administer the athletic program budget in cooperation with the principal.
2. Requisition program supplies and equipment.
3. Assists the principal with all invoices submitted for payment.
4. Assists the principal with scheduled reviews of athletic accounts.
5. Assists the principal with supervising all ticket sales and for proper handling and accounting of funds.

Property, Equipment and Supplies:

1. Establish procedures for use and care of all athletic facilities, equipment and supplies.
2. Direct coaches to prepare and submit inventories.
3. Supervise the maintenance of both indoor and outdoor athletic facilities.
4. Order, receive and distribute all newly purchased equipment and supplies.
5. Arrange for reconditioning and storage of out-of-season equipment and supplies.
6. Assists the principal with the preparation of all sites for home contests.

Public Relations:

1. Assists the principal with planning a recognition program for school athletes.
2. Create good will and public relations among respective league members, parents, coaches and school administration.
3. Serve as liaison to booster groups.

Other:

Perform such other duties that are consistent with the nature of the position and that may be requested by the principal and/or superintendent.

Evaluation:

Evaluation will be conducted by the principal and reviewed by the superintendent in accordance with the performance responsibilities.

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10.0 POLICY STATEMENTS

10.1 CONNECTICUT ASSOCIATION OF ATHLETIC DIRECTORS ENDORSEMENT OF CIAC (Adopted CAAD Board May 7, 2001)

The Connecticut Association of Athletic Directors (CAAD) endorses the Connecticut Interscholastic Athletic Conference (CIAC) as the sole regulatory body for interscholastic athletics in Connecticut. Throughout the decades of the previous century, the CIAC demonstrated the principle that it espouses in its mission statement; namely, the promotion of interscholastic athletics in a manner that assures quality experiences for all concerned. The twenty-first century will see many changes in interscholastic athletics in our nation, including significant changes in Connecticut. It is the CIAC that is best qualified to manage those changes. CAAD joins with the CIAC in its intention to offer programs and contests that demonstrate high ethical standards, fairness, and sportsmanship for Connecticut's student-athletes and coaches; therefore, this endorsement is offered without qualification.

10.2 CONNECTICUT ASSOCIATION OF BOARDS OF EDUCATION ENDORSEMENT OF CIAC (Voted CABE Board of Directors March 30, 1998)

The Connecticut Association of Boards of Education endorses CIAC's authority to determine eligibility for interscholastic athletics.

10.3 CONNECTICUT ASSOCIATION OF PUBLIC SCHOOLS SUPERINTENDENTS ENDORSEMENT OF CIAC – POSITION STATEMENT (Adopted CAPSS February 6, 1998)

1. Superintendents must not permit or endorse any change in CIAC rules and regulations which would compromise either the organization's eligibility standards for student participation in athletics or the CIAC's ability to monitor the application of those rules and regulations.

2. CIAC eligibility requirements are monitored through the organization's designated member schools. Membership is based upon an institutional recognition by CIAC, including private schools approved by the State Department of Education.

3. Eligibility to participate in interscholastic athletics is not to be extended to any student whose program is not under the direct supervision of a CIAC member school.

4. Any participation in interscholastic athletics at the local district level must be governed by what is permitted under CIAC eligibility standards and the enforcement/monitoring of those standards.

5. Participation in interscholastic athletics has been and is limited to those students registered in the member schools/school districts. These students must follow all existing school practices as stated in Board of Education policy/regulations and the schools' student handbooks. This requirement is in the best interest of the students of Connecticut.

10.0 POLICY STATEMENTS

10.4 CONNECTICUT HIGH SCHOOL COACHES ASSOCIATION'S ENDORSEMENT OF CIAC AS THE REGULATORY AGENCY (Voted CHSCA Board of Directors October 1993)

The Connecticut High School Coaches Association states its unequivocal support and endorsement of the Connecticut Interscholastic Athletic Conference as the only agency that should regulate the athletic programs of schools in Connecticut. CHSCA recognizes the positive relationships that have existed for years between the two groups. CIAC is assured that its collective voice will be heard. We may continue to have different philosophical views. However, it should be most clear that any non-school related agency could not possibly serve the needs and interest of school athletics in the state. Although unfortunately, there are a very small number of individuals who sometimes publicly criticize the actions of CIAC, the great majority of coaches realize that CIAC actions result for the most part on recommendations from sport committees, which include representation from coaches. CHSCA stands ready to utilize its statewide network of coaches to assist in the CIAC meeting any and all challenges from its regulatory function of school athletics in the state of Connecticut.

10.5 ELIGIBILITY OF HOME SCHOOLERS

10.5.A. CAS POSITION STATEMENT ON THE ELIGIBILITY OF HOME-SCHOOLED STUDENTS TO PARTICIPATE IN INTERSCHOLASTIC ATHLETICS

The Board of Directors of the Connecticut Association of Schools strongly supports the existing Connecticut Interscholastic Athletic Conference (CIAC) position concerning the eligibility of home-schooled students to participate in interscholastic athletics. Current CIAC regulations dictate that the opportunity to participate in interscholastic sports be extended to only those students who are enrolled in its member schools and who meet all CIAC eligibility requirements. More specifically, eligibility is to be restricted to those students who are otherwise eligible and whose educational program is under the direct supervision of a CIAC member school.

The CAS Board of Directors neither permits nor endorses any changes in any CIAC regulations which would accommodate the eligibility of home-schooled students to participate in interscholastic sports in Connecticut. The Board of Directors holds that the inclusion of home-schooled students in interscholastic sports activities would interfere with the CIAC's ability to ensure the uniform and consistent application of its rules governing eligibility. The current regulation, which excludes home-schooled students from participation, is requisite to the CIAC's ability to maintain a fair, equitable and safe environment for the student-athletes of Connecticut.

10.5.B. CHSCA POSITION STATEMENT ON HOME-SCHOOLED STUDENTS

The Executive Board of the Connecticut High School Coaches Association unanimously endorses the position of the CIAC with regards to the following three items:

- The transfer rule
- Home-schooling and participation in CIAC sanctioned sports
- The State Attorney General's position with regards to Connecticut State Department of Education review of CIAC Board of Control decisions.

The Connecticut High School Coaches Association supports in spirit, content and intent, the position of the CIAC Board of Control on each of the above items and publicly states such with this document.

10.0 POLICY STATEMENTS

10.5.C. CAPSS POSITION STATEMENT ON HOME-SCHOOLED STUDENTS

Participation in interscholastic athletics has been and is limited to those students registered in the member schools/school districts. These students must follow all existing school practices as stated in board of education policy/regulations and the schools' student handbooks. This requirement is in the best interest of the students of Connecticut.

10.6 CIAC POSITION STATEMENT – FEMALE OFFICIALS

There are numerous opportunities for women in high school officiating, and the CIAC enthusiastically encourages all interested women to seriously consider becoming a certified official in your favorite sport or sports. We want you to know that you would be most welcomed in all CIAC sponsored sports for both girls and boys. We have many outstanding female officials whose presence on the field, court, mat, and in the pool serve as much needed role models for all high school athletes. Most importantly, officials derive great satisfaction from being involved in their favorite sports, earning additional income, and contributing to high school athletics in Connecticut.

10.7 POSITION STATEMENT: CIAC – CHSCA – CAAD – ALL-STATE SELECTION PROCESS

The Connecticut Interscholastic Athletic Conference and the Connecticut Association of Athletic Directors strongly objects to any mandate for membership by any coaching organization as a criteria for student-athletes to be eligible for all-state or any other post season honors.

The Connecticut Coaches Association "strongly concurs with the CAAD Executive Board in objecting to any group which would remove a student-athlete from all-state consideration on the basis of his/her coaches organization or affiliation."

10.8 DIRECTOR OF ATHLETIC POSITION – ENDORSEMENT

The CIAC and the National Federation of State High School Associations endorse the position of Director of Athletics as an integral part of the administrative team of a high school, essential to the coordination and implementation of a wholesome athletic program. The litigation climate, staffing problems, budgetary concerns, sports medicine implications and many other aspects of today's high school sports programs require sound leadership which can be provided by a competent athletic administrator.

Furthermore, the magnitude and scope of the duties and responsibilities of an athletic director dictate that qualified individuals should be assigned this task and adequate released time must be provided to fulfill the expectations of the position.

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10.0 POLICY STATEMENTS

10.9 PAY-TO-PLAY

10.9.A. CIAC POSITION – PAY-TO-PLAY

At its January 20, 2005 meeting the CAS Board of Directors voted to declare its strong opposition to the local board of education policies which establish a fee system for students who wish to participate in co-curricular or extra-curricular activities, athletic and/or non-athletic
The Board is of the opinion that students should not be assessed fees for the privilege of participating in activities which have been traditionally recognized as integral and meaningful in the total school program. These activities have through the years provided immediate and long-range benefits to participants as well as to schools. Requiring "pay-to-play" is shortsighted educational policy and can be discriminatory to the needy.

10.9.B. CAAHPE POSITION – PAY-TO-PLAY

The Administrators of Health and Physical Education support the current practice of funding interscholastic athletics through local board of education funds. We feel a direct assessment on the individual families of athletes is contrary to the educational philosophy so deeply rooted in our nation, and is wrong because it places an undue tax on selected members of the community. Interscholastic athletics is an integral part of the normal education process of many students and therefore we feel that it should be funded directly through board of education funds.

Athletics as an extra-curricular activity is unique in that it provides a possible predictor of student success in later life; and affords adolescent boys and girls an opportunity to establish a physical and social identity along with the intellectual identity they develop while in the classroom.

Owen B. Kiernan, then Executive Director of the National Association of Secondary School Principals, commented: "more and more students reveal that their participation in extra-curricular activities is one of the most important facets of a secondary school education." In support of that notion is a pair of studies conducted by the American Testing Service and College Entrance Examining Board. The former completed a study comparing four factors thought to be possible predictors of student success: achievement in extra-curricular activities, high grades in high school, and high grades in college as well as high scores on the SAT. It was found that the only factor which could be validly used to predict success in later life was achievement in extra-curricular activities. The latter study examined the accuracy of the SAT in predicting how successful a person might be at a chosen career upon graduation from college. The results showed that there was virtually no correlation between scores on the SAT and success in later life. The study did find, however, that those students who were active in extra-curricular activities were most likely to be successful."

10.9.C. CAPSS POSITION – PAY-TO-PLAY

CAPSS believes that boards of education should not establish a fee system for students who wish to participate in athletic and non-athletic co-curricular or extra-curricular activities. Traditionally, these activities have been recognized as integral and meaningful and of long range benefit to participants as well as schools. Requiring "pay-to-play" is shortsighted educational policy and can be discriminatory to the needy.

Free public education includes the student's right to participate in activities offered by a school district. The student should not be denied participation because of lack of funds or the refusal to pay a fee.

10.0 POLICY STATEMENTS

With declining resources and with cutbacks in budgets, funding these activities becomes increasingly more difficult. State and Federal governmental agencies should not deliberately preclude the right of each local board of education to find ways other than use fees to support extra-curricular and co-curricular activities.

10.9.D. CHSCA / CAAD POSITION – PAY-TO-PLAY

The Connecticut High School Coaches Association and the Connecticut Association of Athletic Directors state its opposition to board of education policies which require students to pay for the educational opportunities provided in athletic programs.

Most philosophies of education adopted by school boards include the "physical, moral and social development," (or words to that effect) as educational objectives. Participation in athletic programs contributed greatly to the realization of these educational goals. A decision by a student to participate in an athletic program is no more "voluntary" than a decision to take a "non-required" course. Athletic administrators feel a policy to charge a fee for an educational program which takes place outside the classroom is therefore discriminatory.

The American Testing Service and College Entrance Board report that students who were active in co-curricular activities are most likely to be successful in adult life. This participation is a better predictor of success in adult life than classroom grades or SAT scores. Successful adult living represents a significant core of the educational process. The development of a diligent work ethic evolving from the demands of participation in athletics answers the appeal of employers throughout the country to prepare young people for the world of work. Discrimination, with the charging of fees, especially to the needy, represents a possible deprivation of educational opportunity in a society where free public school offerings have been deeply rooted in our nation. Many educational leaders believe a decision to charge a fee for such opportunity would not be supported in the courts.

10.10 SCHOOL START TIMES – CIAC POSITION

The decision regarding school start time is the prerogative of each school district based upon what the district believes is best for their students and their community. If the decision is made to move to a later start time CIAC recommends that consideration be given to the impact such decision will have on athletic and non-athletic student activities to avoid travel issues and late ending events especially during the fall and winter seasons. Further, CIAC recommends that policies and procedures be established in the event it is necessary and appropriate to dismiss students early to participate in school-sponsored events.

10.11 NFHS GUIDELINES ON HANDLING PRACTICES AND CONTESTS DURING LIGHTNING OR THUNDER DISTURBANCES

These guidelines provide a default policy to those responsible or sharing duties for making decisions concerning the suspension and restarting of practices and contests based on the presence of lightning or thunder. The preferred sources from which to request such a policy for your facility would include your state high school activities association and the nearest office of the National Weather Service.

10.0 POLICY STATEMENTS

Proactive Planning

1. Assign staff to monitor local weather conditions before and during practices and contests.
2. Develop an evacuation plan, including identification of appropriate nearby safe areas.
3. Develop criteria for suspension and resumption of play:

    a. When thunder is heard or a cloud-to-ground lightning bolt is seen, the leading edge of the thunderstorm is close enough to strike your location with lightning. Suspend play for 30 minutes and take shelter immediately.
    b. Thirty-minute rule. Once play has been suspended, wait at least 30 minutes after the last thunder is heard or flash of lightning is witnessed prior to resuming play.
    c. Any subsequent thunder or lightning after the beginning of the 30-minute count will reset the clock and another 30-minute count should begin.

4. Review annually with all administrators, coaches and game personnel.
5. Inform student-athletes of the lightning policy at start of season.

Whenever possible, the CIAC strongly recommends the use of a “lightning strike” monitor or App to confirm that a storm has left the contest or practice area.

APPENDIX A

CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE
2024-25 MEMBERSHIP AGREEMENT

The Connecticut Interscholastic Athletic Conference (CIAC) is a private, voluntary, nonprofit subsidiary of the Connecticut Association of Schools, Inc. (CAS). The Conference is comprised of public and non-public high schools which are approved by the State Board of Education for certification and tuition purposes, whose boards of education/governing bodies have voluntarily applied for and received membership on behalf of their secondary schools. No school may be considered for membership in CIAC which has not been admitted to general membership in CAS. CIAC sponsors statewide tournaments and makes eligibility rules with respect to participation in such CIAC-sponsored tournaments in various sports. Each board of education/governing body that wishes to participate in such meets and tournaments must join the CIAC and agree to abide by and enforce the rules, regulations and qualifications concerning eligibility, game rules, and tournament policies and procedures of CIAC.

Institutional members of CAS-CIAC participating in any interscholastic activity or contest shall be subject to the rules and regulations established by the appropriate board of control for that activity or contest.

AUTHORITY AND RESPONSIBILITY OF MEMBER SCHOOLS REGARDING
CIAC BY-LAWS AND REGULATIONS

As the voting representative to the association and as a condition of membership, member school principals will be responsible for the following: (CIAC By-law Article III, Section B)

1. All member schools have a data privacy agreement with CAS-CIAC that continues with this agreement. Any school entering as a new CAS-CIAC member should confirm an agreement for their district is in place.
2. Knowing and adhering to the rules and regulations of CIAC
3. Requiring appropriate school personnel to attend CIAC rules and regulations workshops on an annual basis.
4. Educating athletic director, guidance faculty and other appropriate faculty and staff on the rules and regulations of CIAC.
5. Requiring mandatory meetings at the start of each season with coaches, student-athletes and their parents (guardian) to review CIAC rules and regulations.
6. Developing a written athletic handbook and contract for all student-athletes which delineates CIAC rules of eligibility and is signed by the student-athlete and parent prior to participation.
7. Requiring all members of the certified coaching staff to attend pre-season game rules interpretation meetings in their sport at the local, regional or state level.
8. Reporting all violations of CIAC rules and regulations in a timely manner.
9. Establishing a protocol for processing eligibility questions from student-athletes, parents, and coaches within their school.
10. Requiring all newly appointed athletic directors to attend the CIAC summer workshop on CIAC rules and regulations.
11. Meeting financial obligations for CIAC dues by September 15 annually.
12. Filing a signed annual membership agreement by September 15.
13. Meeting financial obligations for all CIAC tournament fees by the stated deadlines.
14. Meeting all financial obligations to game officials within thirty (30) days of the event.
15. Ensuring that its regional or local board of education is in compliance with the legislation requiring the implementation of a state-and-CIAC-approved concussion education plan. Such plan shall utilize written materials, online training videos or in-person training and shall address, minimally, the signs and symptoms of a concussion; the means of obtaining proper medical treatment for a person suspected of sustaining a concussion; the nature and risks of concussion; the danger of continuing to play after sustaining a concussion; the proper method of allowing a student-athlete who has sustained a concussion to return to play; and current best practices in the prevention and treatment of a concussion. Parents and student-athletes must also sign a unified consent form indicating that they have been made aware of and understand the material contained in such plan.
16. Member schools are required to submit concussion data as requested by CIAC. Confidentiality is covered under the data privacy agreement.

Failure to comply with all of the above responsibilities may result in action by the CIAC Board of Control including termination of membership, removal from CIAC tournaments, or other appropriate actions as determined by the Board. Failure to meet financial obligations to game officials within sixty (60) days of the event will result in loss of game officials unless otherwise directed by the Board of Control.

Legal Action (CIAC By-law Article III, Section F.)

1. Legal Action Against the CIAC Board of Control by a Member School – Any institutional or individual associate member which initiates legal action to overturn, stay or enjoin an eligibility ruling not appealable beyond the CIAC Board of Control, and is unsuccessful in seeking such an award, will be liable for reasonable costs and attorney's fees incurred by the Association in defending against such action. Further, should the Association be forced to initiate legal action to collect the aforementioned costs and attorney's fees, the institutional or individual associate member shall be additionally liable for the Association's reasonable costs and attorney's fees resulting from the collection action.
2. Legal Expenses Incurred by the Board of Control or CAS Board of Directors in Due Process Proceedings – Any institutional or individual associate member which, in the exercise of due process, employs legal counsel to initiate and/or conduct hearing procedures which then require the CIAC Board of Control or the CAS Board of Directors to engage legal counsel to assist in or moderate procedures or to defend an action of the Board of Control or the Board of Directors, and is subsequently unsuccessful in its attempt to overturn, alter or stay a ruling of either Board, shall be liable for reasonable costs and attorney's fees incurred by either Board in the matter at issue. Further, should the Association be forced to initiate legal action to collect the aforementioned costs and attorney's fees, the institutional or individual associate member shall be additionally liable for the Association's reasonable costs and attorney's fees resulting from the collection action.
3. Notwithstanding other costs as otherwise described in Sections F.1. and F.2. of this Article, no student-athlete or legal guardian shall be assessed any legal fees or costs incurred by the CAS Board of Directors or the CIAC Board of Control for any appeal initiated by and processed by an individual athlete or individual legal guardian.

The undersigned is authorized to enter into a membership agreement with the Connecticut Interscholastic Athletic Conference (CIAC) for the 2024-25 academic school year. By signing this agreement, the school agrees to abide by the Connecticut Association of School's (CAS) Constitution, CIAC By-laws, rules and regulations established in the 2024-25 CIAC Handbook, and to abide by the decisions of the Executive Director, the CAS Board of Directors and the CIAC Board of Control. The undersigned also agrees to comply with all provisions of the CIAC appeals procedures as outlined in the Handbook.

Further, as a member of the Connecticut Interscholastic Athletic Conference, I agree that the principal of each member school is responsible to enforce all rules, guidelines, regulations and policies set forth in the CIAC Handbook and other CIAC publications as well as any interpretations of the same by the CIAC that pertain to interscholastic activities. CIAC understands that local school districts may have rules that exceed CIAC minimum standards.

This membership agreement is to be signed by the school principal or headmaster annually, on behalf of the school district, and be on file at the CIAC office prior to the school or district being permitted to participate in any interscholastic activity, or prior to October 25, whichever comes first, of each school year.

By signing this agreement, I acknowledge that I have read the above information and agree to the terms and conditions of this membership agreement.

_____	_____	_____
Principal/Headmaster	School	Date

This agreement must be on file at the CIAC office, 30 Realty Drive, Cheshire, CT 06410 by October 25, 2024. Please submit with 2024-25 CIAC Annual Reporting Form.

APPENDIX B

RULES OF ELIGIBILITY AND CONTROL FOR BOYS AND GIRLS HIGH SCHOOL ATHLETICS IN CONNECTICUT (Article IX – CIAC By-laws)

As adopted by

THE CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE, INC.

Effective July 1, 2024

These rules apply in every athletic contest in all CIAC-controlled sports listed in Section VIII of this code in which a member school participates, regardless of opponent. These are minimal regulations of the CIAC. All levels of play of CIAC-controlled athletic contests including varsity, junior varsity, freshman or sports clubs representing any member school in interscholastic competition shall conform to the eligibility rules of the CIAC. Athletic teams are made up entirely of boys or entirely of girls; or are as otherwise provided in Section IV, paragraph F.

I. SCHOLARSHIP

For purpose of this rule the term "unit" refers to the traditional Carnegie Unit. A Carnegie Unit is herein defined as "200 minutes of recitation during a period of five consecutive school days for an entire school year." Principals may equate any course offering with the Carnegie Unit, no matter what the scheduling pattern, by referring to the following: if a course is scheduled a minimum of 200 minutes during a period of five consecutive school days for a traditional nine-week marking period and awards at least ¼ credit for that period, including independent study, that course should be considered one-quarter of a Carnegie Unit of work; mini-courses, tri-semester courses, alternative school programs, shared time programs, D.E., D.W.E., and other cooperative community programs must meet the minimum time and credit requirements above to be considered a quarter of a Carnegie Unit of work.

A. To be eligible for fall sports a student must have received credit toward graduation at the close of the school year preceding the contest in at least four (4) Carnegie Units of work or its equivalent for which he or she has not previously received credit. "Equivalent" is any number of courses which are equal to one Carnegie Unit. Credit must be earned during the same academic year.

Through the PPT process or Section 504 meeting, the principal will make a determination on what constitutes an identified student's equivalent of four (4) Carnegie Units of credit for athletic purposes. To this end, the principal shall rely on the student's most recent IEP or Section 504 Plan to make the determination. A student enrolling in ninth grade for the first time will be eligible for the first grading period regardless of the previous academic achievement. Thereafter, in order to be eligible, a student in grades 9-12 must meet the requirements found in Rule I.B.

B. A student cannot at any time represent a school unless taking at least four quarter Carnegie Units of work or its equivalent. During the school year a student must have received a passing mark in at least four (4) quarter Carnegie Units of work or its equivalent at the end of the regular marking period preceding the contest. Student eligibility will be determined for all students on the date that official grades are posted for all students (whole-school eligibility) or on the fourteenth calendar day following the end of the marking period, whichever comes first. The means by which official grades are distributed to all students will be determined by the school. No Carnegie Unit or equivalent for which the student has already received credit shall be included in those required by this rule.

C. If computer, arena, or hand scheduling assigns an athlete less than four quarter Carnegie Units or equivalent of work in a marking period, that student is ineligible unless additional courses needed are added to the schedule.

D. Scholastic failures cannot be made up for eligibility purposes in any manner until the next report, except that credits earned during the summer by any regularly approved board of education procedure will be accepted for the purpose of determining the eligibility of students desiring to participate in the athletic program of the school in September. Scholastic incompletes must be made up within ten (10) school days following the date that student eligibility was determined for the respective marking period as defined above. Incomplete grades are not to be considered as passing grades.

It should be understood that the above regulations are minimal and do not prohibit a school from establishing more rigid eligibility standards.

Marking period grades (not semester grades) are to be used in determining scholastic eligibility to participate in interscholastic athletics during any given marking period.

To be eligible for fall sports, a student must have received credit toward graduation of four (4) Carnegie Units of work for which he has not previously received credit. The final academic grade average determines fall eligibility. Semester courses or mini courses completed earlier in the school year may be counted toward the four (4) units used in determining eligibility for fall season. Year-end failures may be made up through successful completion of LEA approved summer school work in courses failed.

II. STUDENT ELIGIBILITY

A. The student shall be a member of that school in grades 9, 10, 11 or 12 and is only eligible to participate in the athletic program associated with that school. A graduate or a student who has completed all necessary course work from any secondary school is ineligible. In local public school districts where grade 10-12 high school exist, 9th grade students in a public JH/MS school, with local public school district approval, may participate at the local public school, where grades 10-12 exist. No student below grade 9 is allowed to practice or participate in any CIAC controlled sport or any CIAC activity. All situations which are not covered by this rule are to be referred in writing to the CIAC Board of Control prior to participation. **HOME SCHOOLED STUDENTS**: Eligibility to participate in interscholastic athletics is not to be extended to any student whose program is not under the direct supervision of a CIAC member school. This prohibition includes any recognition by member schools of home schooling as school district sponsored "alternative programs." Alternative programs, for the purposes of interscholastic athletics, are only to be recognized if they are developed by and function under the direct control of the local school system to serve the educational needs of a targeted group of students. Such programming generally relates to modifications in existing courses or placement in an alternative school which a district may sponsor and is available to all eligible students. Student-athlete participate at any state authorized public school of choice or any state authorized CHARTER, MAGNET, REGIONAL COOPERATIVE, INTER-DISTRICT SATELLITE SCHOOL STUDENTS: Eligibility to participate in interscholastic athletics at the sending school or school from which he/she would normally matriculate is extended to any student when the school does not offer any interscholastic athletic program. **(1)** The above listed alternative schools must be state authorized. **(2)** The above listed alternative schools need not be members of CIAC in order for their athletes to be allowed to play for the sending (home) school. **(3)** A student who chooses to attend any authorized public school of choice or any state authorized CHARTER, MAGNET, REGIONAL COOPERATIVE, INTER-DISTRICT SALLITE SCHOOL and upon entering ninth grade has the choice of designated schools as defined by the student's home district will be permitted to participate in athletics at one of the designated schools. Once the choice of school has been made, the student will only be permitted to participate in athletics at that school for his/her entire high school tenure. **(4)** The principal of the CIAC member school at which the athlete would normally matriculate has the right to make the decision on the acceptance of these students in his/her athletic programs. The CIAC will allow such participation. However, the CIAC member school must approve of such participation before an alternative school athlete can participate. **(5)** The CIAC member school which accepts students from state approved alternative schools will be fully responsible for determining their eligibility status. An ineligible player from an alternative school will have the same impact on the status of the team from which he/she plays as all other athletes. **(6)** The CIAC will evaluate the eligibility of an alternative school athlete in the same manner that it now handles all other athletes. Student-athletes from the alternative school shall comply with all eligibility requirements of the sending school. Eligibility to participate in interscholastic athletics at the sending school or school from which he/she would normally matriculate is NOT extended to any student when the receiving school does provide an interscholastic athletic program regardless of its offerings. However, choice programs housed in a member high school where academic programs and services are shared between the choice program and the member school, and the students who attend said programs receive their diploma from the host member high school, may participate in athletics in the high school in which their choice program is located.

The student must have been in membership at a secondary school for at least twelve (12) school weeks immediately preceding the time of participation, or regularly admitted from an elementary, middle, or junior high school within ten (10) school days from the opening of the succeeding school term. The time of summer vacation spent in summer school or private tutoring shall not be counted in the required twelve (12) weeks of school membership.

FOREIGN STUDENTS: A foreign exchange student who is placed in a CIAC member school by an exchange program approved by the Council on Standards for International Educational Travel (CSIET) is eligible to participate in CIAC-sponsored sports providing (1) the student is not considered a high school graduate or its equivalent; and (2) the student meets CIAC age requirements.

A foreign exchange student <u>not</u> in an approved CSIET program or an F-1 Visa student will be eligible providing (1) the student is living with a parent or legal guardian (as determined by Probate Court); (2) the student is not considered a high school graduate or its equivalent; and (3) the student meets all other CIAC eligibility requirements – age, academic standards, number of seasons played (eight consecutive semester rule), etc. Students attending a CIAC member school while on an F-1 Visa are ineligible for participation in <u>varsity</u> athletics for 365 days upon enrollment and may only participate in varsity athletics for two years.

B. The student shall not have reached his or her twentieth (20th) birthday. A student-athlete will not be allowed to start a season or compete during a season in which his/her twentieth (20th) birthday falls.

A student has eight (8) consecutive semesters or four (4) consecutive years of eligibility from the date of entry into ninth grade to be eligible for interscholastic competition. **No student-athlete shall participate in the same branch of athletics more than four (4) seasons in grades 9-12 at any school**. Date of entry is defined as the first date of enrollment as a grade 9 student taking four (4) or more high school subjects. **(1)** Students who are not eligible or elect to not participate do not preserve additional semesters for use at a later time. That is, there is no fifth year of eligibility per se. **(2)** Once a student has attended 15 days or more, may apply through the member school for consideration of a hardship waiver.

Hardship waiver requests will be considered for unforeseen, unavoidable or unusual circumstances that were beyond the control of the student and resulted in the student being unable to complete their academic requirements in four (4) years or eight (8) consecutive semesters. All such requests must be well documented. Waivers for serious medical situations that are well documented will also be considered when it is demonstrated the student was unable to complete any significant school work due to his/her medical condition and it is verified the school made every effort to provide an appropriate alternative program to the student. Injuries sustained in playing a CIAC-sponsored sport will not constitute grounds for a medical waiver for an additional semester/year of play in the sport in which the injury occurred. A waiver will be granted for a student who has been absent one or more semesters because of required military service. If a waiver is granted in any situation, the semester granted must be the same as the semester waived – fall for fall, spring for spring. A waiver of the eight consecutive semester/four consecutive year rule will be granted only once to any athlete. **(3)** The fact that a student has not participated for four seasons will not justify allowing such student to participate in interscholastic sports beyond the eighth semester after his or her entrance into the ninth grade. **(4)** This is an eight semester attendance rule, i.e., eight semesters of time not eight semesters of participation or competition rule. **(5)** Exception: A student who interrupts his/her school career in order to participate in a CSIET approved foreign study program may have his/her eligibility extended for up to two semesters, provided the student does not participate out of country in sports he/she wishes to play upon his/her return, subject to approval by the CIAC.

The implementation date was July 2006, affecting all students entering 9th grade in September 2006 and after.

C. A student who transfers from an in-state school or out-of-state school to a CIAC member school during grade 10-11, or 12 without at the same time changing legal residence to another school district or school service area, or satisfying at least one of the following requirements must complete at least one year (365 days) of approved membership before being eligible for interscholastic competition in the same sport in which he or she was a participant in the present or preceding season during grades 10, 11 or 12 on the junior varsity or varsity team. (Legal residence is defined as location of legal guardian.) **(1)** A student who transfers after not less than a 90 calendar day membership from a non-state association member school to a member school and resides with a parent or legal guardian and satisfies Rule II.A. **(2)** A student who is a ward of the court or state and is placed in another school district or school service area by court order. Guardianship other than court administered does not fulfill this requirement. **(3)** A foreign exchange student who is placed in a member school by an exchange program approved by CSIET. Also, a student not in an approved CSIET exchange program who has NOT participated in an organized sports program, equivalent to or on a higher level than CIAC high school programs. **(4)** A student who marries and establishes a new residence in another school district or school service area. **(5)** A student who transfers to another school because his or her school ceases to operate or the school is no longer a CIAC member school. **(6)** A student who transfers to another school as the result of a reorganization, consolidation or annexation of his/her school in the district where he/she resides. In school districts without a high school that tuitions out their students, when a new option becomes available to all students in the district, in the first year only of the new option a student can transfer without loss of eligibility providing the transfer occurs at the start of the school year. Transfers during the school year will be subject to the transfer rule. **(7)** A student ordered transferred within a school system, for other than athletic purposes, by a board of education or the governing body of a private or parochial school system. Transfer must take place within the same school system. **(8)** A student who, because of the divorce or separation of his/her parents or because of the death of a parent or legal guardian, moves into another school district or school service area or retains the same residence with one of the aforementioned parents and a parent(s) certifies the reason for the move as it relates to the divorce/separated parents or because of the death. For purposes of eligibility, transfer is permitted once per twelve month period which commences on the date of said transfer and must be approved by the CIAC Eligibility Committee before the student competes in interscholastic athletic competition. **(9)** A student eighteen (18) years or older who moves from one school district or school service area to another without being with a parent or parents and resides within the school district or school service area and complies with local board of education residency requirements will be eligible for participation.

The transfer will be permitted once per twelve month period which commences on the date of said transfer and must be approved by the CIAC Eligibility Committee. **(10)** A student who completes the last grade available in the school system previously attended. **(11)** A student entering into a board of education approved exchange program between CIAC member schools for less than a full academic school year will retain interscholastic athletic eligibility with the sending school. **(12)** A student who transfers because the sending school discontinues a sport maintains athletic eligibility in any sport discontinued by the sending school, but is subject to the transfer rule in all sports not discontinued by the sending school. Such transfer will be permitted once per twelve month period commencing on the date of transfer and must be approved by the CIAC Eligibility Committee. **(13)** A special needs student, as identified by an IEP or 504 Plan, may transfer without loss of eligibility if the principal of the sending school attests in writing that the school is unable to provide the support services necessary for the student's academic success. Such transfer will be permitted once per high school career and must be approved by the CIAC Eligibility Committee. **(14)** When for educational reasons and awaiting occupancy of a new residence a student enrolls at a new school at the beginning of a new year or semester, eligibility will begin on the date the family actually transfers residence. Approval must be granted by the CIAC Eligibility Committee and can occur not more than once during each school year. **(15)** When for educational reasons a parent or legal guardian moves to a new school district, the student, to gain eligibility at the new school without establishing a 365 day period of attendance, must transfer his/her enrollment simultaneously with the transfer of residence of parent or legal guardian, or no later than the beginning of the next school year. **(16)** A member school student returning from any foreign exchange program may resume interscholastic competition at the point of re-entry without receiving credits towards graduation provided the student meets all other requirements relative to age, years of eligibility, etc. **(17)** A student whose parents move out of the district any time after he or she becomes a grade 10 student may continue to be eligible in the same school provided enrollment is continuous (unbroken) in the same school. **(18) Hardship** – Eligibility may be granted to a transfer student who does not meet the CIAC transfer standard when sufficient evidence, as determined by the CIAC Eligibility Committee, is provided to show that it was necessary for the student to transfer because of unforeseen, unavoidable, or unusual circumstances including, but not limited to, broken home conditions, terminal or serious illness of parent or sibling, death of a parent or guardian, abandonment, loss of school accreditation, bankruptcy and/or loss of principal income of legal guardian(s), and provided the transfer was not for athletic reasons and there was no undue influence. Hardship is defined as an unforeseeable act, condition or event which may not reasonably and/or practically be avoided or corrected and which causes the imposition of a severe burden upon the student or his/her family. A hardship may be a situation which is unique to the student or his/her family which could not have been predicted, which does not apply to others in a similar setting, and over which the family has no control. **(19)** A student in grades 10, 11, or 12 who does not qualify for the transfer rule requirements 1 through 18 will be granted eligibility by application to the CIAC Eligibility Committee if the following are satisfactorily completed. After a period of time equal to at least 50% of the school's varsity schedule following date of enrollment (first day of attending classes) in the receiving school for the first affected sport played at the previous school, or from the date of the first school contest after the date of enrollment, if entry is after the first allowable play date, eligibility will be granted to a student who has participated (i.e., actually played in a CIAC-approved contest) at the JV or varsity level of play at any time during the present or preceding year at the sending school, who does not otherwise qualify for any of the above exceptions and when both the sending and receiving school principals sign a CIAC transfer waiver form certifying to the best of their knowledge that the student has not transferred for athletic reasons.* If the season ends** before the athlete sits a period of time equal to at least 50% of the varsity schedule has been completed, any remaining days of ineligibility shall be satisfied from the first allowable play date of the present school's regular season in that sport during the next school year unless he/she is a multi-sport athlete. In these cases, the remaining portion of the games will be served successively in the next sport affected by the transfer rule.

To qualify for the provisions of this section, a student must be a member of the team during the season in which the 50% wait period is applied.

*See page 152 if the sending principal indicates that the transfer was for athletic reasons.

A transfer for athletic reasons is defined as but not limited to:

a. Seeking a change to a new school due to inducement or recruitment to play a sport.
b. Seeking a superior athletic team.
c. Seeking relief due to a conflict with the philosophy or action of an administrator, teacher or coach relating to sports.
d. Seeking a team consistent with the student's athletic abilities.
e. Seeking a means to nullify punitive action by the sending school for athletic reasons.
f. Seeking to escape academic or other ineligibility at the sending school due to the school's academic standards.

**Season ends on the last date to count for tournament play. Tournament play does not count toward the completion of 50% of the schedule.

RESIDENCY AS IT PERTAINS TO THE TRANSFER RULE – The fact the guardianship papers have been issued, placing a student under the control of a person or persons other than his/her parent(s), does not establish eligibility in the district of the guardian unless such papers are issued through a probate court judge. Residence with and support by any individual or individuals for a period of one calendar year does establish the residence of that individual or individuals as the residence of the student for athletic purposes.

D. A student shall not participate in or represent his or her school in more than one sport in a given sport season, nor may that student represent more than one school during a season unless the student satisfies the conditions of Eligibility Rule II.C.

E. The CIAC season is defined as the period between the date officially designated by the CIAC as the beginning of the season for that sport and the close of the post season CIAC tournaments, except for those teams and/or athletes qualifying for the New England Tournaments. The conclusion of the New England tournaments will be the end of the season for these teams and/or athletes. In the case of a sport in which the CIAC does not sponsor a tournament, the three (3) sports seasons shall be defined as follows: Fall – the Monday of the week immediately preceding Labor Day to December 2, inclusive; Winter – November 1 to April 1; Spring – March 15 to the end of the school year.

F. A student who is a member of a school team after the first scheduled tournament, meet or game in any season shall not practice or compete with an outside team, or participate as an individual in non-CIAC tournaments, meets, tryouts*, skills assessment*, showcases or games in the same branch of athletics. (*Please see exceptions-3.0 - Article XII. 1.1 in Handbook.) After the first tournament, meet or game of the CIAC seasons a student competing or practicing with a non-CIAC team or as an individual in non-team sports is not eligible to become a member of the CIAC team or squad in the same branch of athletics. Exceptions to Rule II.F. are: **(1)** Participation in parent/child tournaments and caddy tournaments. **(2)** Swimming, tennis, gymnastics, golf, indoor and outdoor track – a student may practice but not compete with a non-CIAC team or as an individual during the season as long as such practices do not interfere with or replace member school practices.

G. A student shall not participate as a member of a team or as an individual in competition from which he or she receives personal economic gains because of his or her athletic skill. (See updated Amateur Guidelines – pg. 100)

A student shall always participate under his or her OWN NAME.

H. A student shall not participate in a post-season contest as a representative of his or her school except as provided in Article VII, Section A, of the CIAC by-laws.

I. Requests for exceptions to the eligibility rules (including the transfer rule) and related appeals to the Eligibility Review Board may be considered only after the actual transfer to the new school has taken place.

III. PENALTIES

Violations of any sections of Rule II (Student Eligibility) shall mean that the student is suspended from all interscholastic athletics until he or she shall have been reinstated by the Board of Control of the CIAC.

A student of any member school of the CIAC may be barred from participation in athletic contests for violation of the CIAC by-laws. A student against whom a charge or protest has been filed shall have the privilege of having his or her case presented by his or her principal at the next scheduled meeting of the Board of Control.

IV. GENERAL PROCEDURES

A. If a team uses an ineligible player, the game, whether won or lost, shall be counted, at the discretion of the CIAC Board of Control, as a defeat for the team on which the ineligible player played. For the opposing team such a game shall be counted as a victory. All such games shall be counted on the schedule of both teams as games played.

B. No member of the administration or teaching staff of a member school shall engage in or cooperate in negotiations to induce a potentially eligible student to engage in professional sports, or to sign a contract before graduation or before leaving school. In case of violation the school will be issued a warning in writing for the first offense and be subject to suspension for the second offense.

C.1. A member school or any affiliated person or organization of that school may not recruit a student for athletic purposes. **C.2.** Recruiting is the use of undue influence and/or special inducement by anyone associated with a school in an attempt to encourage a prospective student to attend or remain at that school for the purpose of participating in interscholastic athletics. Refer to CIAC bylaw Art. X, Recruitment.

D. Within two (2) school days after the first game of each sport, an eligibility list must be submitted via the CIAC web site in each sport. An alphabetical list of pupils by name, date of birth, grade, school last attended (if a transfer student as defined under II.C.) certifying that these pupils are eligible for that season. As changes occur in eligibility (additions/deletions) they must be submitted, via the web site within two (2) school days to the CIAC. Failure to comply with this rule may be cause for probation. ALL questions of eligibility verification must be referred to the Executive Director.

E. The headmaster or principal of each member school agrees that the interpretation of these eligibility rules made by the Committee on Eligibility Rules of the Connecticut Interscholastic Athletic Conference shall be final, subject only to review by the Board of Control of the Conference.

F. Students will be eligible to participate in athletics when they and their parent(s) have signed the informed consent form provided by the school indicating that they know and understand all of the best practices of dealing with a concussion and that they can recognize the signs and symptoms of such injuries and know and understand the return-to-play requirements.

G. Students will be eligible to participate in athletics when they and their parent(s) have signed the informed consent form provided by the school indicating that they know and understand all of the best practices of dealing with sudden cardiac arrest and that they can recognize the signs and symptoms of such an event.

H. Girls may participate on boys' teams. Girls may participate on either a girls team or a boys team in the same sport, but not both, within a time period of one school year. However, a member school has discretion to exclude girls from boys teams when it can demonstrate that its overall sports program does not limit athletic opportunities for girls.

Girls who participate on boys' teams, because the school does not offer a girls program in that sport, may enter either the boys or the girls tournament, but not both. Girls who choose to participate on a boy's teams when the school offers a girls' team in that sport, may only enter the boys' tournament. Boys may not participate on girls teams.

I. On the eve of or during a tournament event, when there is not sufficient time to follow normal administrative procedures regarding student or team ineligibility, or when any other issue arises that will interrupt normal tournament procedures, the executive director of CIAC (or his/her designee) in consultation with the CIAC chairperson, eligibility committee chairperson, and the chairperson of the tournament committee in question will make an appropriate ad hoc decision in consideration of the best interests of the tournament as a whole.

V. SANCTIONS

For these rules of eligibility and control the following definitions shall be used by the CIAC Board of Control:

PROBATION – A period of trial during which the school is monitored to determine compliance with the requirements of CIAC regulations.

PROHIBITION – The school cannot participate in any CIAC-sponsored meets or tournaments.

SUSPENSION – A school is removed from the CIAC and has the status of a non-member in all activities.

FINE – Punitive monetary fines not to exceed $10,000 may be imposed.

VI. EXCEPTIONS

Requests for exceptions to the eligibility rules must be made according to Article VIII, Section B, 4, of the CIAC bylaws.

VII. APPEALS

Any appeals from the decisions of the Eligibility Committee must be made according to Article VIII, Section B, 6, of the CIAC bylaws.

VIII. LIST OF CIAC-CONTROLLED ATHLETIC ACTIVITIES

GIRLS ACTIVITIES

Fall	Winter	Spring
Cross Country	Basketball	Golf
Field Hockey	Gymnastics	Lacrosse
Soccer	Indoor Track	Outdoor Track
Swimming		Softball
Volleyball		Tennis

BOYS ACTIVITIES

Cross Country	Basketball	Baseball
Football	Ice Hockey	Golf
Golf	Indoor Track	Lacrosse
Soccer	Swimming	Outdoor Track
	Wrestling	Tennis
		Volleyball

IX. EFFECTIVE DATE

These rules shall be in effect on, and after July 1, 2024.

X. For the rule interpretations, Sunday is considered the first day of a calendar week.

APPENDIX B

CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE
30 Realty Drive, Cheshire, Connecticut 06410
Telephone (203) 250-1111 / Fax (203) 250-1345

To CIAC Student Athletes:

The CIAC has provided this document so that you, the student-athlete, might have the means to be informed both of the CIAC bylaws and your rights under those bylaws. This is also your personal copy of the Rules of Eligibility and Control with which all member schools and their athletes are required to comply. You and your parents or legal guardian are strongly urged both to read this document carefully to acquaint yourselves with the important information it contains, and to save it for future reference. This document does not purport to list all CIAC athletic policies or regulations. Those can be found in the CIAC Handbook, a copy of which is available to all member high schools.

ATHLETES' RIGHTS OF DUE PROCESS

There may come a time when, because of special circumstances, an athlete either commits an act, or fails to perform a duty, which results in his/her being declared ineligible to compete in a high school sport. In some cases, exceptions to the eligibility rules can be granted. All athletes have the right to the due process procedures listed below in seeking to have their eligibility restored.

Step 1 – The athlete should first discuss the matter with the appropriate coach or athletic director. If it is felt that the circumstances of the case warrant a request for the exception to the rule, the high school principal should be informed.

Step 2 – The high school principal then requests in writing to the CIAC Eligibility Committee that the matter be examined and an exception granted. Address of the committee: 30 Realty Drive, Cheshire, CT 06410.

Step 3 – The CIAC Eligibility Committee will examine the facts of the case at its next regular meeting. The committee has the right to require that medical reports and/or other relevant documentation be provided.

Step 4 – If the appeal is denied, the student's ineligibility remains in force for the period required in the regulations. The school has the right to request a hearing on the denial before the Eligibility Review Board within seven (7) days after said decision. If the Eligibility Committee decides that the circumstances of the case merit an exception, the matter will be forwarded to the Eligibility Review Board. In both cases the Eligibility Review Board will conduct a full hearing on the matter at its next scheduled meeting. Meeting time lines will be followed. At that time, the athlete, parents of the athlete, school representatives, and any other persons that may help to represent the athlete's case may appear and present evidence before the Eligibility Review Board. The Board has the right to require presentation of medical reports, financial data or other relevant documentation.

Step 5 – The Eligibility Review Board will only consider the evidence presented in support of the athlete's case which has previously been disclosed to the school(s) or person(s) involved or who will be involved in the hearing or proceeding in sufficient time for such school(s) or person(s) to have reviewed the evidence, to have conducted an investigation of the matter, if appropriate, and to be prepared to present to the Board information deemed relevant to the athlete's case.

Step 6 – The Eligibility Review Board will, following a full hearing and proper consideration of the facts of the case, render its decision, either to grant or deny the requested exception or to uphold the decision of the Eligibility Committee. If the exception is granted, the athlete's eligibility is restored immediately and retroactively. If it is denied, the student's eligibility remains in force for the period required in the regulations.

A member principal on behalf of the student-athlete has the right to request the Board of Control to review the Eligibility Review Board's decision within fourteen (14) days after said decision. Appeals of decisions of the CIAC Eligibility Review Board are final except the CIAC Board of Control reserves the right to review and act upon only those cases which it believes involve issues of critical and conflicting opinion among the Eligibility Committee and the Eligibility Review Board or which, as a result of other compelling reasons, deserves the attention of the CIAC Board of Control.

APPENDIX B
CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE

Policy Regarding Confidentiality of Information Relating to Student-Athletes, Member Schools, Sports Officials and Other Adults

CIAC respects and seeks to protect the legitimate privacy interests of student-athletes. The following policy outlines what student-athlete information one should expect to provide to CIAC and how CIAC handles the use and disclosure of such information. The policy further sets forth how information relating to member schools, CIAC-registered officials and other adults will be handled by CIAC.

STUDENT-ATHLETE INFORMATION

CIAC regularly requires production of certain factual information needed to determine athletic eligibility of students and/or to enforce the CIAC constitution, bylaws, policies and procedures, and rules and regulations. The information includes both public and personal private student information. Such information routinely includes the student's (1) name; (2) home address; (3) age and date of birth; (4) academic records; (5) attendance records; and (6) information relating to a student's participation in interscholastic athletic competition. In some instances, CIAC may require certain health, and/or other records of students and/or financial records of parents/guardians.

A. **General Policy** – It is CIAC policy that personal private information concerning student-athletes, provided by students or schools for the purpose of determining the eligibility of a student and to enforce the CIAC constitution, bylaws, policies and procedures, and rules and regulations, shall unless a waiver of disclosure is provided by the student or the student's parent(s) if the student is under the age of 18, be limited to such purposes and shall not be disclosed to persons not properly involved in the handling of the matter.

   The name of the student, the name of the student's school, the eligibility rule at issue, and the mere finding of eligibility or ineligibility are not considered confidential.

B. **Confidentiality Prior to and During, Eligibility and Disciplinary Proceedings**

   1. Initial Consideration of Eligibility Matters – On agendas of meetings and notices of special meetings to consider eligibility matters, the CIAC shall identify the name of students whose eligibility is in question, the name of the students' schools, and the eligibility rule(s) at issue.

      Documents submitted to the CIAC in support of or opposing the eligibility of a student, and which contain personal private information about a student, should not be disclosed to third parties without approval of the student or, if the student is under the age of eighteen (18), the student's parent(s).

      Where there is no dispute concerning the eligibility of a student or group of students, the CIAC shall, in open session, approve requests for determination of eligibility without discussion of particular circumstances. Where, however, there is any question of eligibility and consideration of the particular circumstances requires discussion of personal private information, such discussion should occur in executive session. Action taken merely to schedule an eligibility hearing should be taken in public session.

   2. Conduct of Eligibility Hearings – During eligibility and disciplinary hearings, when a student, the student's family, and/or the student's school, anticipates that personal private information relating to the student-athlete and/or the student's family or others may be disclosed, the student, the student's family, and/or the student's school may request that all or

parts of the matter be closed to persons not involved in the hearing or affiliated with CIAC. Absent objection, and under normal circumstances, the presiding officer should honor such request.

If any person objects to closure of the hearing, the presiding officer shall consider the merits of the respecting positions and determine whether complete or partial closure of the matter is appropriate. In reaching such decision, the presiding officer shall carefully consider the privacy interests of students as the primary factor to be weighed, but shall take into account a general goal of openness of proceedings. Where closure is deemed appropriate, and it is feasible to do so, the presiding officer should limit closure to those parts of the hearing where personal private information of the student or the student's family is likely to be disclosed.

3. Disclosure of Eligibility, Disciplinary, and Other Decisions – Copies of correspondence, minutes of CIAC meetings, and other documents merely stating the determination of eligibility or ineligibility shall be freely disclosed to others. Copies of correspondence and other documents setting forth rationales for decisions may be disclosed unless such documents include discussion of personal private information of students and/or their families or others, in which case such documents shall be sent only to (1) the student- athlete; (2) appropriate representatives of the school(s) involved in the proceeding; (3) the student's and school's legal counsel, if identified; (4) members of the board of control; (5) appropriate members and employees of the relevant district committee(s); (6) the CIAC administrative staff; and (7) legal counsel for CIAC. Other persons may receive copies of such correspondence upon approval of the CIAC Executive Board (officers of CIAC).

   CIAC may publish, on its web site, minutes and newsletters, the following: (1) the name of the student whose eligibility was in question; (2) the name of the student's school; (3) the eligibility rule at issue; and (4) the finding of eligibility or ineligibility. Where such information is provided, no discussion of the circumstances of the student's situation or the reasons or rationale for the decision shall be provided. For the benefit of the CIAC membership, summaries of the recommendations and rationales may be posted on its web site, minutes and newsletters, provided that no personal private information of the student, the student's family, or others, is disclosed.

   Except as stated above, absent approval of the CIAC Executive Board, the CIAC administrative staff, board of control, and CIAC legal counsel shall treat personal private information of students, their families and others, including individual student records and letters setting forth rationales of decisions as confidential. All inquiries should be directed to the affected school(s). Upon request, the CIAC Executive Board may, in its discretion, authorize the disclosure of the rationales of the board of control or board(s) of appeal provided that such disclosure does not include personal private information of a student.

   Any of the restrictions on disclosure set forth above may be waived upon consent of the student, if the student is under age of eighteen (18), the parents of the student whose eligibility is at issue.

C. **Information Relating to Athletic Performance of Students** – CIAC regularly obtains or develops information related to the athletic performance of student-athletes who participate in CIAC-sponsored interscholastic athletic competition. As such, performances occur in a public setting and cannot be considered confidential, such information will not be treated as confidential.

INFORMATION CONCERNING MEMBER SCHOOLS AND ADULTS

A. **General Policy** – It is CIAC policy that, as a general matter, information concerning (1) member schools; (2) personnel and representatives of member schools; (3) CIAC-registered officials; and (4) other adults, may be freely used and discussed by CIAC with no restrictions. Exceptions to this general approach are set forth below.

B. **Confidentiality During Hearings** – Where actions may be taken against a school or its personnel, or CIAC-registered officials, pursuant to the provisions of the CIAC bylaws, the school or adults involved may request that all or parts of the matter be closed to persons not involved in the hearing or affiliated with CIAC. Under normal circumstances, and if no objection is made, such request may be honored by the presiding officer when potentially criminal conduct or the employment of member school coaches or other employees may be at issue. In other instances, the presiding officer should be reluctant to close the hearing.

   If any person objects to closure of any part of the hearing, the presiding officer shall consider the merits of the respecting positions and determine whether complete or partial closure of the matter is appropriate. In reaching such decision, the presiding officer shall weigh the privacy interests of member school personnel and the legitimate interest of CIAC members and the public in knowledge of enforcement of the CIAC constitution, bylaws, policies and procedures, and rules and regulations. Where closure is deemed appropriate, and it is feasible to do so, the presiding officer should attempt to limit closure.

C. **Disclosure of Disciplinary and Other Decisions** – Copies of correspondence, minutes of CIAC and other documents merely stating the determination of eligibility or ineligibility shall be freely disclosed to others. Copies of correspondence and other documents which include discussion of personal private information of individuals or information which relates to possible criminal matters and/or employment disciplinary matters shall be sent only to (1) appropriate representatives of the school(s) involved in the proceeding; (2) the school's legal counsel, if identified; (3) members of the board of control; (4) appropriate members of the relevant CIAC committee(s); (5) the CIAC administrative staff; and (6) legal counsel for CIAC. Other persons may receive copies of such correspondence upon approval of the CIAC Executive Board.

   For the benefit of the CIAC membership, CIAC may publish, on their respective web site, minutes and newsletters, summaries of the decisions and rationales, provided that personal private information of individuals and information which relates to possible criminal matters and/or employment disciplinary matter is not published.

APPENDIX C

CIAC RULES OF ELIGIBILITY
TRANSFER RULE II.C.
REQUIREMENT #19

A student who does not qualify for the transfer rule requirements 1 through 18 will be granted eligibility by application to the CIAC Eligibility Committee if the following are satisfactorily completed:

After a period of time equal to at least 50% of the school's varsity schedule following date of enrollment (first day of attending classes) in the receiving school for the affected sport, or from the date of the first school contest after the date of enrollment, if entry is after the first allowable play date, eligibility will be granted to a student who has participated (i.e. actually played in a CIAC-approved contest) at the JV or varsity level of play at any time during the present or preceding year at the sending school, who does not otherwise qualify for any of the above exceptions and when both the sending and receiving school principals sign a CIAC transfer notification form certifying to the best of their knowledge that the student has not transferred for athletic reasons. *If the season ends **before the athlete sits a period of time equal to at least 50% of the varsity schedule has been completed, any remaining days of ineligibility shall be satisfied from the first allowable play date of the present school's regular season in that sport during the next school year unless he/she is a multi-sport athlete. In these cases, the remaining portion of the games will be served successively in any sport effected by the transfer rule. To qualify for the provisions of this section, a student must be a member of the team during the season in which the 50% wait period is applied.

To qualify for the provisions of this section, a student must be a member of the team during the season in which the wait period is applied.

All questions, concerns or interpretations of the application of Requirement #19 should be immediately referred to CIAC staff. Appeals of actions related to Requirement #19 will be made before the Eligibility Review Board.

*Definition of athletic reasons:

A transfer for athletic reasons is defined as, but not limited to:

a. Seeking a change to a new school due to inducement or recruitment to play a sport.
b. Seeking a superior athletic team.
c. Seeking relief due to a conflict with the philosophy or action of an administrator, teacher or coach relating to sports.
d. Seeking a team consistent with the student's athletic abilities.
e. Seeking a means to nullify punitive action by the sending school for athletic reasons.
f. Seeking to escape academic or other ineligibility at the sending school due to the school's academic standards.

**Season ends on the last date to count for tournament play. Tournament play does <u>not</u> count toward the completion of 50% of the schedule.

<u>Points of Emphasis</u>

1. The transfer rule does not apply to grade nine (9) students. They may transfer at any time during or at the end of the ninth grade and remain eligible.

2. The transfer rule applies only when a student enters grade 10 and plays for the school in an interscholastic athletic contest. Athletic eligibility is then declared in that sport only. It is at that point that the CIAC transfer rule takes effect.

3. The addition to the transfer rule assures students who transfer after entering grade 10 and having had played in a sport during grade 10, 11, or 12 during the present or preceding year, the opportunity to become eligible following a wait period from the time of the first allowable play date for the sport, **IF** the principal of the sending school and receiving schools sign a CIAC waiver form certifying that to the best of their knowledge the student has not transferred for athletic reasons.

TRANSFER NOTIFICATION FORM

To be completed and submitted ONLY via online eligibility center

APPENDIX D

CONNECTICUT INTERSCHOLASTIC ATHLETIC CONFERENCE
30 Realty Drive, Cheshire, Connecticut 06410
Telephone (203) 250-1111 / Fax (203) 250-1345

FORFEITURE FORM

(Section 4.0, Article 4.8, CIAC Handbook)

Forfeitures will be honored by CIAC sports committees when there is mutual agreement between the principals of the two schools involved in a game not played or terminated and the reasons for the forfeit have been approved by CIAC. If there is not mutual agreement and not playing the game impacts the tournament in any way, the CIAC sports committee Chair, in conjunction with CIAC staff and the tournament director will make the determination if the game should be forfeited. In the sport of football there must be an outcome to all games scheduled due to the tournament qualification point system.

When a game is being forfeited both schools involved must: (a) submit the forfeit form, which is found under the options for the sport in question in the CIAC Online Eligibility Center, within 72 hours of the scheduled time of the contest; and, (b) record the result of the game on their schedule as a win or loss (depending on if the school is giving or receiving the forfeit) with the word "Forfeit" entered in the field for the score of the game.

On the eve of a tournament when there is not sufficient time for normal administrative procedures (72 hours) if a question of team forfeiture arises the Executive Director or his/her designees, in consultation with the Chairman of the sports committee affected and the principals of the two schools will make an appropriate ad hoc decision in consideration of the best interests of the tournament as a whole.

Member schools must make every effort to complete their season as scheduled, including make-up games. Any effort to gain an advantage by not playing a game is unacceptable and subject to action by the CIAC board of control. Cancellation of any regular season contest/make-up to play in a league tournament will not be allowed.

Member schools will be required to submit regular season schedules for all sports controlled by CIAC in which member schools participate. (Determination of forfeitures will be based on this schedule.)

(CIAC interpretation of terms – postponed contest means the contest <u>will be</u> played at a later date – cancelled contest means the contest <u>will not</u> be played.)

<u>Varsity level contests ONLY. Do not report any contest other than a varsity contest.</u>

FORFEITURE FORM MUST BE SUBMITTED VIA THE ONLINE ELIGIBILITY CENTER

APPENDIX E

CIAC RULES AND REGULATIONS
GRIEVANCE PROCEDURES FOR SECTION 504
OF THE REHABILITATION ACT OF 1973

CONNECTICUT ASSOCIATION OF SCHOOLS

Section 504 Grievance / Complaint Procedures

Section 504 prohibits discrimination on the basis of disability. For the purposes of Section 504, the term "disability" with respect to an individual means: (a) a physical or mental impairment that substantially limits one or more major life activities of such individual; (b) a record of such an impairment; or (c) being regarded as having such an impairment.

I. DEFINITIONS

Major Life Activities – Include, but are not limited to, caring for oneself, performing manual tasks, seeing, hearing, eating, sleeping, walking, standing, lifting, bending, speaking, breathing, learning, reading, concentrating, thinking, communicating and working. A major life activity also includes the operation of a major bodily function, including, but not limited to, functions of the immune system, normal cell growth, digestive, bowel, bladder, neurological, brain, respiratory, circulatory, endocrine and reproductive functions.

Physical or Mental Impairment – (a) Any physiological disorder or condition, cosmetic disfigurement, or anatomical loss affecting one or more of the following body systems: Neurological, musculoskeletal, special sense organs, respiratory, including speech organs, cardiovascular, reproductive, digestive, genitourinary, hemic and lymphatic, skin and endocrine or (b) any mental or psychological disorder, such as mental retardation, organic brain syndrome, emotional or mental illness, and specific learning disabilities.

II. PROCEDURES FOR GRIEVANCES/COMPLAINTS ALLEGING DISCRIMINATION ON THE BASIS OF DISABILITY

A. Any eligible person who feels that he/she has been discriminated against on the basis of disability may submit a written complaint to the Section 504 Coordinator within thirty (30) calendar days of the alleged occurrence. Timely reporting of complaints facilitates the prompt investigation and resolution of such complaints. If the complaint is made verbally, the individual taking the complaint will reduce it to writing.

B. Retaliation against any individual who complains pursuant to the organization's policy and regulations listed herein is strictly prohibited. The organization will not tolerate any reprisals or retaliation that occur as a result of the good faith reporting or complaint of disability-based discrimination, or as a result of an individual's participation or cooperating in the investigation of a complaint. The organization will take necessary actions to prevent retaliation as a result of filing a complaint or the participation in an investigation of a complaint.

C. If the Section 504 Coordinator is the subject of the complaint, the complaint should be submitted directly to the Executive Director who may conduct the investigation or appoint a designee to conduct the investigation.

D. Complaints will be investigated promptly within timeframes identified below. Timeframes may be extended as needed given the complexity of the investigation, availability of individuals with relevant information and other extenuating circumstances. Confidentiality will be maintained by all persons involved in the investigation to the extent possible.

E. The complaint should contain the following information:

1) The name of the complainant;
2) The date of the complaint;
3) The date(s) of the alleged discrimination;
4) The names of any witness(es) or individuals relevant the complaint; and
5) A detailed statement describing the circumstances in which the alleged discrimination occurred.

However, all complaints will be investigated to the extent possible, even if such information is not included in the complaint. In such circumstances, additional information may be requested by the investigator as part of the investigation process.

F. Upon receipt of the complaint, the individual investigating the complaint shall:

1) Provide a copy of the written complaint to the Executive Director;

2) Meet with the complainant within ten (10) business days to discuss the nature of the complaint, identify individuals the complainant believes has relevant information, and obtain any relevant documents the complainant may have;

3) Provide the complainant with a copy of the organization's Section 504 policy and applicable procedures;

4) Investigate the factual basis for the complaint, including interviews with individuals with information and review of documents relevant to the complaint;

5) Maintain confidentiality to the extent practicable throughout the investigative process, in accordance with state and federal law;

6) Communicate the outcome of the investigation in writing to the complainant, and to any individual properly identified as a party to the complaint (to the extent permitted by state and federal confidentiality requirements) within fifteen (15) business days from the date the complaint was received by the Section 504 Coordinator or Executive Director. The investigator may extend this deadline for no more than fifteen additional business days if needed to complete the investigation. The complainant shall be notified of such extension. The written notice shall include a finding whether the complaint was substantiated and if so, shall identify how the organization will remedy any identified violations of Section 504;

7) After an investigation, the parties may attempt to resolve any potential violation of Section 504 and/or the complainant's concerns, if possible;

8) Ensure that appropriate corrective action is taken whenever allegations are verified.

9) If a complaint is made during summer recess, the complaint will be reviewed and addressed as quickly as possible given the availability of staff and/or other individuals who may have information relevant to the complaint.

G. If the complainant is not satisfied with the findings and conclusions of the investigation, the complainant may present the complaint and written outcome to the Executive Director for review and reconsideration within thirty (30) calendar days of receiving the findings. This process provides an opportunity for complainants to bring information to the Executive Director's attention that would change the outcome of the investigation. In submitting the complaint and written outcome for review, the complainant must explain why he/she believes the factual information was incomplete, the analysis of the facts was incorrect, and/or the appropriate legal standard was not applied, and how this would change the investigator's determination in the case. Failure to do so may result in the denial of the review.

Upon review of a written request from the complainant, the Executive Director shall review the investigative results of the Section 504 Coordinator and determine if further action and/or investigation is warranted. Such action may include consultation with the investigator and complainant, a meeting with appropriate individuals to attempt to resolve the complaint or a decision affirming or overruling the investigator's conclusions or findings. The Executive Director shall provide written notice to the complainant of the proposed actions within ten (10) business days following the receipt of the written request for review.

III. **The Section 504 Coordinator for this organization is**:

Dr. Glenn Lungarini, Executive Director, CAS-CIAC

Telephone: (203) 250-1111

CONNECTICUT ASSOCIATION OF SCHOOLS

SECTION 504 DISCRIMINATION COMPLAINT FORM

1. Name of Complainant_____

   Date_____

2. Contact Information for Complainant

   Address_____

   Home Telephone Number_____

   Cell and/or Work Telephone Number_____

3. Name of the Covered Individual_____

4. Address of Covered Individual (if different from above)

   _____

   _____

5. Please describe the nature of your complaint

   _____
   _____
   _____
   _____
   _____
   _____
   _____
   _____

CONNECTICUT ASSOCIATION OF SCHOOLS
SECTION 504 / ADA
EMPLOYEE REQUEST FOR ACCOMMODATION

1. Name of Employee_____ Title/Position_____

2. Eligibility Determination
Individuals considered eligible for protection from discrimination under Section 504/ADA are those who have a physical or mental impairment that substantially limits a major life activity.

   A. Please describe your mental or physical disability:_____
   _____
   _____

   B. Please describe the major life activity substantially limited by your disability:_____
   _____
   _____

   C. Please describe how your disability affects your ability to perform essential job functions:_____
   _____
   _____
   _____
   _____

   D. Please describe the specific accommodation(s) being requested:_____
   _____
   _____
   _____

   E. Have you attached medical documentation to support your request? ___ Yes ___ No

   F. If "no", please provide the name and contact information for your treating physician:
   Name_____
   Address_____
   _____
   Telephone Number_____

3. Authorization to Communicate with Medical Provider
I hereby authorize my employer, the Connecticut Association of Schools, to obtain, and for the medical provider listed above, to release, confidential protected health information to the CAS-CIAC Executive Director for the limited purpose of determining any work related restrictions and/or accommodations which may be necessary in order to fulfill the essential function of my employment responsibilities. Any information received by my employer pursuant to this authorization shall be subject to all applicable state and federal confidentiality laws governing further use and disclosure of such information. In addition, pursuant to the Genetic Information Nondiscrimination Act of 2008 (GINA), this authorization does **not** include permission for my medical provider to provide any genetic information relating to me or a family member, except as otherwise specifically allowed by GINA, to my employer. 'Genetic information,' as defined by GINA, includes an individual's family medical history, the results of an individual's or family member's genetic tests, the fact that an individual or an individual's family member sought or received genetic services, and genetic information of a fetus carried by an individual or an individual's family member or an embryo lawfully held by an individual or family member receiving assistive reproductive services.

_____ _____
Employee Signature Date

ONCE COMPLETED, THIS FORM, ALONG WITH SUPPORTING DOCUMENTATION SHOULD BE FORWARDED TO CAS-CIAC EXECUTIVE DIRECTOR.

APPENDIX F

CIAC APPLICATION FOR COOPERATIVE TEAM SPONSORSHIP

(Cooperative team policy information can be found in CIAC bylaws Section 3.0, of this Handbook)

Application deadlines: Fall sports – May 1; Winter sport – September 15; Spring sports – January 15

Application for: □ Initial □ Renewal Application Date_____

1. Names of Schools Applying	2. City/Town	3. Principal's Name
Host School (1)_____	_____	_____
Coop School (2)_____	_____	_____
Coop School (3)_____	_____	_____

4. Sport (boys or girl)_____ Total # of athletes allowed by CIAC_____
5. Effective Date of Co-op_____
6. Name of Co-op_____

7. **Potential Participation** (List number of students in each school who are expected to participate on this team.) ***
Include eligibility lists for previous year.

Grade	Host School (1)	Co-op School (2)	Co-op School (3)	Total
*9	_____	_____	_____	_____
10	_____	_____	_____	_____
11	_____	_____	_____	_____
12	_____	_____	_____	_____
Total	_____	_____	_____	_____

*Note: This figure must include the expected participants from the incoming 9th graders if this application is submitted the previous school year.

8. **Current Program Status** (List the number of participants included in your program during the sport season preceding this application.)

Grade	Host School (1)	Co-op School (2)	Co-op School (3)	Total
9	_____	_____	_____	_____
10	_____	_____	_____	_____
11	_____	_____	_____	_____
12	_____	_____	_____	_____
Total	_____	_____	_____	_____

Dissolving an active CIAC approved co-op lies solely between the schools involved.

Addendums to this Application: (The following items must accompany this application in order for it to be processed.)

A. A written statement expressing the reason for formation of this co-op.
B. A written statement from all schools involved that they will adopt a "no cut" policy for this co-op.
C. A written statement from your league or six (6) competing schools approving this co-op.
D. The eligibility lists of previous sport season.

NOTE: Member schools are advised that when a cooperative athletic team is dissolved for any reason, any and all remaining players from the school that is no longer participating in the co-op are not eligible to continue participating with the host team. For purposes of clarification, the host team is that team which was previously part of the co-op team and has increased its team membership to a level which the CIAC determines sufficient to sponsor its own school team independent of a co-op arrangement.

COOPERATIVE TEAM APPLICATIONS MUST BE SUBMITTED VIA THE ONLINE ELIGIBILITY CENTER.

APPENDIX G

CERTIFICATIONS / COACHING CERTIFICATIONS

- Coaching Education Overview – Required coaching certifications, including medical certifications, can be found at this link: http://www.ctcoachinged.org/

- Information on Coaching Permit Renewal for the State of Connecticut can be found at: https://portal.ct.gov/SDE/Certification/Coaching-Permit-First-Time-Issuance

- Temporary coaching permit application can be found at this link: https://portal.ct.gov/-/media/SDE/Certification/Forms/ed_186.pdf

- 5 Year coaching permit application can be found at this link: https://portal.ct.gov/-/media/SDE/Certification/Forms/ed_185.pdf

- Coaching Course Registration: http://ctcoachinged.org/Permit.html

- Sudden Cardiac Arrest Renewal: https://portal.ct.gov/-/media/SDE/Certification/Coaching/coaches_sudden_cardiac_arrest_awareness_annual_review.pdf?la=en

- Information on concussion training and certification can be found at this link: http://www.ctcoachinged.org/concussionpage.html

- Concussion Renewal Form for Coaches: https://casci.ac/8237

- Mandated Reporter Training: https://portal.ct.gov/DCF/Mandated-Reporter-Training/Home

- Epipen Training: https://www.redcross.org/take-a-class/preview-kits/anaphylaxis-epinephrine-auto-injector

- Coaches Guide to Dehydration and Other Heat Illnesses: https://www.nata.org/practice-patient-care/health-issues/heat-illness

- Heat Illness Legislation for Coaches, Parents and Students: https://www.cga.ct.gov/2021/ACT/PA/PDF/2021PA-00087-R00HB-06492-PA.PDF

- Exertional Heat Illness Review for Coaches: http://www.casciac.org/pdfs/22-23HeatIllnessReview.docx

Volunteer Coaches – The State of Connecticut Department of Education does not distinguish between volunteer or paid coaches when considering certifications or responsibilities. All coaches who are responsible for, or instruct students in any way must follow Connecticut State Law for certifications and responsibilities. Therefore, volunteer coaches are required to obtain the same certifications as all other coaches.

APPENDIX H

Connecticut Interscholastic Athletic Conference
Exertional Heat Illness Program & Annual Review
Annual Review 2024-25
Required for ALL School Coaches in Connecticut

NOTE: This document was developed to provide coaches with an annual review of current and relevant information regarding exertional heat illness. In addition to reviewing this document, the annual review must include the following prescribed resource - https://www.youtube.com/watch?v=1lmy_o7k1B4 . A new form is required to be read, signed, dated and kept on file by their associated school district annually to comply with Connecticut Interscholastic Athletic Conference requirement for Exertional Heat Illness Awareness Education program.

Part I – Exertional Heat Illness **- What is exertional heat illness?**
There are four types of Exertional Heat Illnesses:

1. Heat Cramps - are painful, involuntary cramping often in the legs, arms and abdomen with muscle contraction.
2. Heat Syncope - is a fainting episode that occurs when an individual in a hot environment does not have adequate blood flow to the brain and loses consciousness.
3. Heat Exhaustion - is the inability to continue to exercise in the heat due to cardiovascular insufficiency and energy depletion that may not be associated with physical collapse and is the most common heat related condition.
4. Heat Stroke - occurs when the body's temperature rises so much that the cooling system stops working. Heat Stroke is a life threatening condition and should be treated immediately.

Part II - Signs and Symptoms of Heat Exhaustion and Heat Stroke

	Signs and Symptoms
Heat Exhaustion	Cool, moist skin Heavy sweating Headache Nausea or vomiting Dizziness Lightheadedness Weakness Thirst Irritability Fast heart beat
Heat Stroke	Temperature greater than 105°F (40.5°C) Altered consciousness, disorientation or Dizziness Headache Confusion or just look "out of it" Nausea or vomiting Loss of muscle function/balance Profuse sweating Rapid pulse Low blood pressure Quick breathing

PART III - Heat Acclimatization and Prevention of Exertional Heat Illness
Heat acclimatization is a series of adaptations that helps the body prepare for exercise in the heat. These changes help the body maintain lower temperature and heart rate, enhance sweating, and store more water. The lower heart rate and body temperature means that athletes can exercise longer and at a higher intensity, which lowers the risk for heat illness. This complex series of changes or adaptations occur in a controlled environment over the course of 7 to 14 days.

To prevent exertional heat illness, a coach must be aware of an athlete's medical history. Some health conditions such as obesity can cause athletes to be more vulnerable to heat, which can lengthen their adaptation to the heat. A coach must make sure athletes are hydrating enough. Athletes should have unlimited access to water during exercise/activity. When exercise is greater than 60 minutes or in exercise is going to be intense and in the heat, athletes should have access to sports drinks. Coaches should encourage athletes to hydrate before and after practice. Every athletic program should have guidelines for activity regarding heat. The best practice for determining these guidelines is using a Wet Bulb Globe Temperature (WBGT). Activity should be modified based on the on-site WBGT reading. Coaches must keep track of the duration of practices by having a practice plan based on the heat acclimatization progression and periodization coaches are kept on track with regards to length and intensity of practice.

Part IV Treatment

Heat Cramps - rest, stretching of the muscle, and provide fluids for rehydration.
Heat Syncope - cool the individual by moving them to a shaded/cool area and elevate legs to promote blood returning to the heart.
Heat Exhaustion - move the individual to a cool/shaded area and remove excess clothing; elevate legs to promote blood return; cool the individual with fans, rotating ice towels, or ice bags; and provide fluids for rehydration.
Heat Stroke - Remove all equipment and excess clothing; cool the individual as quickly as possible via whole body ice water immersion (place them in a **tub/stock tank** with ice and water approximately 35–58°F); stir water and add ice throughout the cooling process. If immersion is not possible (no tub or no water supply), take the individual to a shaded, cool area and use rotating cold, wet towels to cover as much of the body surface as possible. Maintain airway, breathing and circulation. After cooling has been initiated, activate the EMS by calling 911. Exertional heat stroke has had a 100% survival rate when immediate cooling (via cold water immersion) was initiated within 10 minutes of collapse. Cooling should continue until the body temperature reaches 102°F, known as "Cool First, Transport Second."

RETURN TO PLAY

Individuals suffering from heat cramps may return to play as soon as cramp has subsided. Individuals who suffer from an EHI must be cleared by a healthcare professional. The athlete must be asymptomatic and lab tests must be normal. The length of recovery time is primarily dictated by the severity of the incident. In cases of heat stroke, the athlete should avoid exercise for at least one (1) week after the incident. When the athlete returns, they should begin a gradual RTP protocol in which they are under the direct supervision of an appropriate health-care professional such as an athletic trainer or physician. The type and length of the RTP program may vary among individuals, but a general program may include:

- Easy-to-moderate exercise in a climate-controlled environment for several days, followed by strenuous exercise in a climate-controlled environment for several days
- Easy-to-moderate exercise in the heat for several days, followed by strenuous exercise in the heat for several days
- If applicable to the individual's sport: easy-to-moderate exercise in the heat with equipment for several days, followed by strenuous exercise in the heat with equipment for several days

I have read and understand this document and understand the requisite that requires me to annually review this Connecticut Coaching Education Program requirement for Exertional Heat Illness Awareness Education program.

Coach: _____ School _____
(Print Name)

Coach Signature: _____ Date _____

Sources:
Korey Stringer Institute

ADDENDUM

HEAT ACCLIMATIZATION GUIDE FOR FOOTBALL

(should be modified for all sports)

Preseason Heat-Acclimatization Guidelines

Area of Practice Modification	Practices 1-5		Practices 6-14
	Days 1-2	Days 3-5	
# of Practices Permitted Per Day	1		2, only every other day
Equipment	Helmets only	Helmets & Shoulder Pads	Full Equipment
Maximum Duration of Single Practice Session	3 hours		3 hours (a total maximum of 5 hours on double session days)
Permitted Walk Through Time	1 hour (but must be separated from practice for 3 continuous hours)		
Contact	No Contact	Contact only with blocking sleds/dummies	Full, 100% live contact drills

NOTE: warm-up, stretching, cool-down, walk-through, conditioning, and weight-room activities are included as part of practice time

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